



Rights List

Fall 2025

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2025 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben - Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section, you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title, you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles.

We hope you enjoy browsing our catalogue and look forward to hearing from you!

With best wishes,
Foreign Rights Department

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THOMAS SEITERICH

Late Storm

A Story of Love and Resistance in the Third Reich

ISBN: 978-3-8436-1570-9 | Patmos | Hardcover | 192 pages | 14 x 22 cm | € 20.00

Forbidden love that overcame everything

Charlotte is Jewish and goes into hiding in the Kaiserstuhl area of Germany. Hans ends up as a political prisoner in the Dachau concentration camp. Later, the Wehrmacht takes him to Italy as an interpreter. In 1944, he deserts – to the Vatican! But it is sealed off by the Germans. Hans sends a fervent message of love to his hidden bride via Vatican Radio. Will the forbidden message reach her? Despite great danger (the Nazis deny Vatican neutrality), even Pope Pius XII shows that he has a big heart. Will the two be reunited?



ULRICH MERKL

The Incredible World of Brilliant People with Autism

ISBN: 978-3-8436-1523-5

Patmos

Ulrich Merkl presents an entertaining account on the lives of world-famous personalities who are or were most likely affected by Asperger's syndrome. With the help of never-before-heard facts, he creates a comprehensive picture of autistic ways of living.



PETER SCHMIDT

A Valentine's Day Cactus

ISBN: 978-3-8436-0211-2

Patmos

He cannot understand others' feelings, nor can he interpret their facial expressions. All this doesn't exactly make him Prince Charming, but he is nevertheless happily married with children.

Sold: German film rights optioned



SIGRID TSCHÖPE-SCHEFFLER

I Used to be a Snazzy Bird

ISBN: 978-3-8436-1233-3

Patmos

The humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in wonderful stories that show how even a care situation can be enriching.



KAROLINE ROSCHER-LAGZOULI

The Woman Beyond the Veil

ISBN: 978-3-8436-1356-9

After growing up as an atheist, the author converted to Islam in her twenties. In this biography, she tells about her life in the community, the conflicts with her family, her "awakening" and her continuing search for an authentic expression of her faith.



ILKA BRÜHL

Beautiful In a Different Way

ISBN: 978-3-8436-1255-5

Patmos

Ilka Brühl looks different. She was born with a facial cleft. As a child, she was berated as a witch. As a young woman, she withdrew from the world. Her path to self-confidence was worth it. She has turned her special appearance into a trademark.



DÖRTE MAACK

How to Build a Castle from Ruins

ISBN: 978-3-8436-1260-9

Patmos

Dörte Maack leads the life of a dazzling circus performer until she is diagnosed with an eye disease. She makes two plans: A: Not to become blind. B: If she does, take her own life.



NORA-MARIE ELLERYMEYER

Life Fog

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.



BIRGIT SAALFRANK

I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life - even if it means giving up her profession.

The bond between dogs and humans

- ▶ Adventurous life story
- ▶ Amazing parallels between dogs and humans



Gerd Schuster probably owes his life to dogs, just like many dogs were rescued by him. Born into a broken family, he already experienced neglect as a small toddler in a children's home and violence in his adoptive family. As a teenager, he fled to the streets with a strong longing for freedom. The dog Rosco – a retired border guard dog that is his companion, friend and family in one – was always by his side. Schuster turned his gift for intuitively understanding dogs and interpreting their emotions and needs into his profession. He is now a highly respected dog expert, known for his success especially with problematic and aggressive dogs since they have usually had experiences like his own. His method is characterized by understanding and trust, not coercion or conditioning. This is an exciting and touching life story about the intimate connection between dogs and humans, as well as how every animal and human deserves a second chance.

GERD SCHUSTER / JASMIN GÖHMANN

Stray at Heart

Dogs, Humans and the Longing for Freedom

ISBN: 978-3-8436-1539-6

Patmos

Hardcover

224 pages

14 x 22 cm

€ 24.00

GERD SCHUSTER was born in Nuremberg into unstable family circumstances in 1973. He grew up in a children's home, later in an adoptive family and then lived on the streets as a punk. Thanks to his gift of intuitively understanding dogs, he slowly found his way back into society. Together with his family, he founded the Middle Franconia Dog Centre in 2011, which has earned him great respect in the dog scene. Schuster also observes and documents the lives of street dogs on his travels. www.hundezentrum.de

JASMIN GÖHMANN, born in Hannover in 1982, has been a freelance PR consultant and editor since 2014. In 2022, she published the brochure *abRATGEBER Tier-schutzhund* (Animal Welfare Dog Guide), in which Gerd Schuster is featured as an expert, among others. Her heart's desire is to give people a better understanding of dogs, especially foreign dogs. She also has a dog and is a certified dog trainer.



Also available:

CHRISTIANE FLORIN
Not an Isolated Case

ISBN: 978-3-8436-1509-9

Patmos

Christiane Florin tells the story of a man caught between courage, anger and despair. She confronts the institutions with his biography – and only gets lip service. What happened? How was it possible? Who takes responsibility for it? This research is moving.



SEBASTIAN KECK

The Coach from the Children's Room

How My Daughter Taught Me to Lose My Fear and Live in the Moment

ISBN: 978-3-8436-1553-2 | Patmos | Paperback | 160 pages | 14 x 22 cm | € 18.00

Why the smallest people are often the biggest teachers

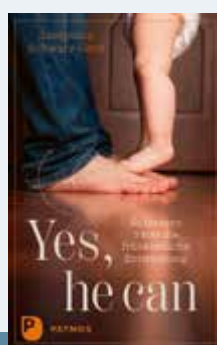
In a hectic and precisely planned world, people often lose sight of what is essential. This is what happened to Sebastian Keck, whose life was caught up in a maelstrom of anxiety and depression – until his little daughter showed him how simple and valuable it can be to live in the moment. The laughter while playing, the joy of a summer's day, the enthusiasm for seemingly simple things became a new source of strength and vitality for him. In the report on his experiences that is full of imagination and clever insights, Sebastian Keck shows how even very dark life crises brighten when people can open up to everyday miracles.

UDO RAUCHFLEISCH
Love Is ColorfulISBN: 978-3-8436-1582-2
Patmos

Udo Rauchfleisch addresses worries and fears revolving around homosexuality. By using many case studies, he discusses the specific problems, shares and explains the current psychological and sexual knowledge about homosexuality and bisexuality. This provides parents of homosexual and bisexual children specific tips.

URSULA FRÜHE
Thunderstorm of NeuronsISBN: 978-3-8436-1507-5
Patmos

Ursula Frühe knows how stressful and nerve-wracking it is to raise one or more children with ADHD from her everyday life with two affected sons. She gives a refreshingly direct account of the daily battle about homework and after-work evenings that don't deserve that name.

JOSEPHINE SCHWARZ-GERÖ
Yes, He CanISBN: 978-3-8436-1560-0
Patmos

The mother is still considered to be more competent in the first years of a child's life. This is a well-founded and experience-based guide on how mothers and fathers can complement each other in their respective roles for the benefit of their child, as well as a plea to just let daddy do it!

CLAUS KOCH
Children of SeparationISBN: 978-3-8436-1108-4
Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.

HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-EsteemISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal with it in a helpful way. It is possible to strengthen children's self-esteem!

Sold: CzechRITA STEININGER
When Little Dragons Spit FireISBN: 978-3-8436-1188-6
Patmos

When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage.

ELISABETH RAFFAUF
They Don't Just Do Nothing: They Lie There and GrowISBN: 978-3-8436-1019-3
Patmos

This book reminds readers of their own chaos years and helps understanding today's young people in their conflict between need for affection and rebellion.

Sold: KoreanFELICITAS RÖMER
Chill Out, Mom!ISBN: 978-3-8436-0528-1
Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease.

“Why should you bring children into the world if it’s going to perish?”

- ▶ Current topic: fears in children and adolescents
- ▶ How parents can instill confidence
- ▶ Concrete advice and tips



Current studies agree that children and adolescents are more stressed than previous generations. The global situation with crises, wars and climate change – but also the increasing pressure to perform at school and addictive potential of TikTok & Co. are causing children and adolescents anxiety and triggering a variety of fears. Many children have a general fear of the future and worry that they simply will not be able to cope with life, which is a disturbing new phenomenon.

Elisabeth Raffauf takes the fears of children and adolescents seriously. She explores connections with the current global situation but also how parents deal with their own fears. She gives valuable tips from her practice on how to counteract fears despite the many triggers and how to instill children with confidence in the world.

ELISABETH RAFFAUF

Fear: Growing Up in Uncertain Times and How We Can Help Our Children Face the World with Courage

ISBN: 978-3-8436-1583-9

Patmos

Paperback

168 pages

14 x 22 cm

€ 18.00

ELISABETH RAFFAUF is a qualified psychologist at an educational counselling center and in her own practice in Cologne. She works for the educational series Herzfunk (Heart Radio) on WDR and is part of the advisory team for the children's LOGO news program on ZDF. She is the author of many parenting guides and educational books. Elisabeth Raffauf is the mother of a daughter and a son.

www.elisabethraffauf.de



By the same author:

ELISABETH RAFFAUF

Just Raise Us!

ISBN: 978-3-8436-1322-4

Patmos

Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right but can they give children what they need to grow up.



IRMTRAUD TARR

Loneliness

The Courage to Encounter Yourself and Others

ISBN: 978-3-8436-1588-4 | Patmos | Paperback | 170 pages | 14 x 22 cm | € 18.00

Overcoming the shame of loneliness

Loneliness is still associated with shame. We often find it hard to talk about it and admit that we are lonely. With her book, the renowned psychotherapist Irmtraud Tarr wants to help us understand that this taboo feeling is part of everyday life and not something that we must hide. Loneliness can be understood as a warning signal that makes us sit up and take notice, motivating us to change something: namely, to develop compassion for ourselves and others. Accepting our loneliness can create a kind of serenity if we do not see it as a deficit but an opportunity to encounter ourselves and others.

IRMTRAUD TARR
Humor

ISBN: 978-3-8436-1496-2

Patmos

Renowned author Irmtraud Tarr explores the many facets of humor in this book and comes to an exciting insight: Humor is a gift that helps us to face this world's shortcomings with cheerful serenity. It refers to a state of mind, an attitude towards life or the world that makes people laugh even when things become difficult.

IRMTRAUD TARR
Letting Go

ISBN: 978-3-8436-1457-3

Patmos

This book encourages us to ask ourselves some questions: Why is it so hard for me to let go? How could I learn to let go of problems in everyday life? At the same time, it also has some unusual, thought-provoking and quite practical Ideas for the answers.

GUY BODENMANN
You Should Quarell!

ISBN: 978-3-8436-1433-7

Patmos

Using case studies, experienced couple therapist Guy Bodenmann describes various conflict patterns and their effect on the couple and the children. His book offers many hints and tips on how couples can recognize and change their destructive behavior.

GUY BODENMANN
Love With All Your Heart

ISBN: 978-3-8436-1306-4

Patmos

With the help of exercises and practical tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment to survive times of crises. This is a book that helps people sustain love and find their way to a happy relationship.

HEINZ-PETER RÖHR
The Art of Appreciating Yourself

ISBN: 978-3-8436-0391-1

Patmos

Heinz-Peter Röhr shows how it is possible to develop appreciation for oneself and find a way to create a happy and successful life. Over 10,000 copies sold.

Sold: Complex Chinese, Czech, Polish

UDO RAUCHFLEISCH
Understanding Transgender People

ISBN: 978-3-8436-1484-9

Patmos

Psychotherapist Udo Rauchfleisch helps relatives, friends and colleagues of transgender people to understand the phenomenon of trans identity and encounter these people without fear of contact.

ELLEN SPANGENBERG
Trusting Life Again

ISBN: 978-3-8436-1455-9

Patmos

Ellen Spangenberg gives comprehensive information on the consequences of sexual violence, discusses the latest treatment possibilities and shares tested methods of self-help. This book does not replace therapy but helpfully accompanies it.

CHRISTIAN FIRUS
When the World Falls to Pieces

ISBN: 978-3-8436-1458-0

Patmos

The author describes what helps in everyday life against fear, as well as what we can do to look more confidently towards the future. This book helps in discovering the opportunities of fear and gives advice.

What everyone should know about mental health

- ▶ 7 basic needs of our soul
- ▶ New book by bestselling author
- ▶ Facing life's challenges with strength



We are usually very aware of our physical needs such as sleeping and eating. If we neglect them, we quickly feel the effects. But what about our basic emotional needs such as connection with others, feeling valued or being allowed to experience ourselves as authentic? If we do not adequately tend to these needs, the consequences for our health are just as serious – however, we usually feel the effects with a delay instead of immediately. We may no longer feel so alive. We may be exhausted and discouraged to the point of physical or psychological symptoms or illnesses.

Renowned psychotherapist Christian Firus describes the seven basic needs of our soul and how we can feel and satisfy them. Only when these needs are sufficiently satisfied in everyday life, at work and in interpersonal relationships, can we be well-prepared to face life and its challenges.



By the same author:

CHRISTIAN FIRUS

What We Gain When We Do Without

ISBN: 978-3-8436-1253-1

Patmos

Doing without what is superfluous is what we need to be happy. This approach offers a path to better health, more freedom and greater personal development. Christian Firus takes the reader on a surprising journey.

CHRISTIAN FIRUS

Seven Things for the Soul

What We Really Need to Stay Mentally Healthy

ISBN: 978-3-8436-1612-6

Patmos

Softcover with flaps

144 pages

12 x 19 cm

€ 18.00

CHRISTIAN FIRUS is a physician specialized in psychosomatic medicine and psychotherapy, psychiatry, trauma therapy and systemic therapy. He is a senior staff member at a rehabilitation clinic in the Black Forest region and author of a book. His areas of expertise include the further development of approaches to trauma therapy in groups, the treatment of depression and burnout, as well as promoting mental health.



HEIKE HERMANN

The Self-Care Book

Reduce Emotional Stress and Increase Well-Being

ISBN: 978-3-8436-1621-8 | Patmos | Hardcover | 200 pages |
16 x 22 cm | € 22.00

Self-care is more than a bathtub and a cappuccino

Taking good care of our own emotional well-being is not so easy for many of us. We have often internalized the idea that we must be concerned about others first, leaving neither the time nor energy for ourselves. If we did not have helpful role models who showed us how to deal with stress when we were children, we often unconsciously adopt unhealthy coping patterns. And we only notice that something is going wrong when problems overwhelm us or the symptoms become obvious. In this lovingly illustrated book, renowned therapists teach the 10 most important skills and strategies for supporting ourselves in an effective way: such as through self-compassion, helpful ways of dealing with stressful feelings and thoughts, as well as letting go of old patterns. Self-care can be learned and practiced – we just need to know how.

REGINA VON EINSIEDEL / MICHAELA SEUL

The Third Half of Life

Consciously Designing and Enjoying Retirement

ISBN: 978-3-8436-1608-9 | Patmos | Paperback | 192 pages |
14 x 22 cm | € 20.00

How to master the new phase of life

For many people, retirement is something like a “golden goal” at the end of their working life – the best time to finally do whatever they want. But when the time comes, some suddenly fall into a deep hole. On the one hand, this is because the old life structure completely disappears and they first need to develop something different for this new phase of life. On the other hand, the baby boomer generation is especially characterized by a performance-oriented mindset. Allowing themselves to do less or simply enjoy life is a true challenge for many retirees. The authors of this book offer readers very practical advice and insights on how to achieve a successful retirement. They discuss important attitudes such as contentment and acceptance, as well as providing specific exercises and easy-to-learn techniques from psychotherapy, schema therapy and coaching. After all, those who actively design their retirement can also actively enjoy it!

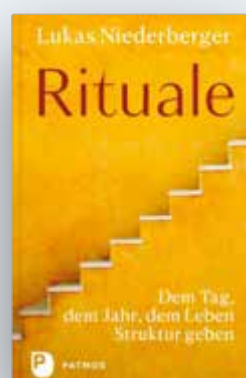


Not doing anything is more than doing nothing

- ▶ Getting back in tune with our own lives
- ▶ Encouragement for greater satisfaction in life
- ▶ Experiences and reflections on daring to take more personal space



“Nothing comes from nothing.” “No pain, no gain.” “First the work, then the pleasure.” “Idleness is the root of all evil.” Sayings like these testify to the deeply rooted work ethic that shapes our thoughts and actions on an individual and collective level. Work and speed, performance and diligence are praised and rewarded with recognition and love. Other people look down at us or reprimand us for supposed dawdling and lazing around. But the value of life cannot be measured by productivity. This book raises awareness of how performance-oriented thinking puts us under pressure. It sheds a new light on supposed vices such as pleasure and enjoyment, slowness and boredom, leisure and idleness, as well as laziness and inaction. And it encourages us to live self-determined and creative lives.



By the same author:

LUKAS NIEDERBERGER
Rituals

ISBN: 978-3-8436-1264-7
Patmos

The purpose of this book is to communicate both a theoretical background and practical help. Readers are encouraged to create harmonious rituals of their own in everyday life, in the course of the year or for significant life transitions according to their own wishes and ideas.

LUKAS NIEDERBERGER

From Achieving to Living

Idleness Is the Root of All Virtues

ISBN: 978-3-8436-1604-1

Patmos

Hardcover

160 pages

13 x 21.3 cm

€ 20.00

LUKAS NIEDERBERGER, born in St. Gallen, Switzerland, in 1964, has headed the well-known educational center »Lassalle Haus« in Switzerland until 2007. Today the theologian and philosopher is executive director of the »SGG, the Swiss Society for Charitable Works«. A former Jesuit, he also advises organizations, individuals and couples in decision processes and devises rituals for transitions. As a publicist and seminar leader, he is involved with themes including volunteer work, leadership, ethics, decision making, dialogue between religions, spirituality and rituals.

VERENA KAST

Saying Goodbye as a Beginning

Life Is Change

ISBN: 978-3-8436-1551-8 | Patmos | Hardcover with dust jacket | 160 pages |
12 x 19 cm | € 19.00

The courage to let go

Life is unpredictable and the future is open, not fixed. This enables us humans to be creative, explore possibilities and be in the flow of life. But time and again, we can't start anything new unless we say goodbye to the old by letting it die. And we ourselves are also born and ultimately must die. Birth and death, farewells and new beginnings – these dynamic shapes our lives, as Verena Kast shows in her new book. The renowned Jungian analyst and bestselling author vividly describes how when we let go of what we have outlived, we once again have our hands free to tackle new and necessary things.



CHRISTIANE NEUEN (ED.)

Verena Kast: Life Is Relationship

ISBN: 978-3-8436-1461-0

Patmos

For Verena Kast's 80th birthday, texts from her extensive works have been compiled and make it clear: Kast's psychology is a psychology of the relationship, which focuses on turning towards other people and the world. It provides essential impulses for a successful life.



WOLFGANG KNÜLL

Near-Death Experiences

ISBN: 978-3-8436-1454-2

Patmos

This book is intended as a type of reference work on the topic near-death experiences. A short and concise, yet sufficiently detailed, scientifically substantiated summary on the status of the research and possibilities of interpreting these experiences.



BRIGITTE DORST

The Knowing of the Heart

ISBN: 978-3-8436-1419-1

Patmos

In this comprehensible introduction, Brigitte Dorst focuses on the spiritual depth dimensions that characterize analytical psychology and differentiate it from other psychologies. The book emphasizes the key significance of spirituality in analytical psychology, which we also understand as a "spiritual psychology."



INGRID RIEDEL

C.G. Jung and Meister Eckhart

ISBN: 978-3-8436-1550-1

Patmos

The renowned Jungian analyst and theologian sheds new light on the encounter between the great depth psychologist and the major Christian mystic. At the same time, her book clearly shows the serenity, joy and art of living that can arise from Meister Eckhart's unconventional thinking.



INGRID RIEDEL

Finding a Taste for Life

ISBN: 978-3-8436-1422-1

Patmos

Finding a taste for life – is there anything that we desire more in a person? This book is a journey of discovery through our five senses – and it simultaneously takes us on a path to (once again) finding what gives our life a meaning or a "taste" for life.



INGRID RIEDEL

Discovering the Inner World

ISBN: 978-3-8436-1372-9

Patmos

The world of our lives is becoming more and more complex and challenging. Ingrid Riedel shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.



VERENA KAST

Starting Anew Time and Again

ISBN: 978-3-8436-1280-7

Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.



VERENA KAST

Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0

Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russian

The art of self-esteem

- ▶ New: the topic of self-esteem from Jung's perspective
- ▶ An abundance of practical advice
- ▶ Important current topic



The topic of self-esteem plays a key role in modern life. Many people suffer from a lack of self-confidence or feelings of inferiority. Some mental illnesses such as anxiety or depression are also related to this problem. However, C. G. Jung's analytical psychology makes it possible to strengthen it in a particularly profound way, as analyst Isabelle Meier shows in this book. She initially uses the concept of the self-esteem complex and explanation of unconscious biographical backgrounds to identify the causes of self-esteem issues. In the second part, she vividly illustrates how depth psychological work with fairy tales and symbols can strengthen self-esteem and activate resources. This book enables readers to get in touch with their innermost core, the self, and develop a stable and confident sense of self-worth in this way.

ISABELLE MEIER

Good Enough

Strengthening Your Self-Esteem

ISBN: 978-3-8436-1567-9

Patmos

Hardcover

176 pages

12 x 19 cm

€ 18.00

ISABELLE MEIER, Dr. phil., completed advanced training in the Analytical Psychology of C. G. Jung and Catathymic Imaginative Psychotherapy (CIP). After many years as a journalist, she earned her doctorate in psychology and psychopathology at the University of Zurich. She is now a teaching analyst, lecturer and supervisor at the C. J. Jung Institute Zurich in Küsnacht. She is also the author of several publications and editorial board member of the *Analytische Psychologie* journal.



Also available:

SYLVESTER WALCH

Paths to What Is Essential

ISBN: 978-3-8436-1354-3

Patmos

Altered states consciousness - especially those activated by holotropic breathing - can make it possible for us to free ourselves from restrictive life patterns and allow us access to what is known as the transpersonal worlds of experience, i.e. spiritual dimensions that extend far beyond our own personality.



BRIGITTE HAERTEL

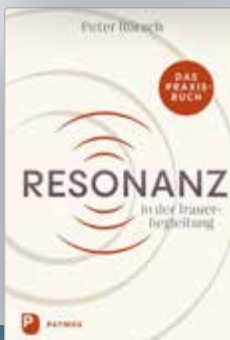
The Hour of the Night Wind

Protocol of a Mourning

ISBN: 978-3-8436-1508-2 | Patmos | Hardcover with ribbon | 208 pages |
13 x 21 cm | € 22.00

Life in the land mourning

Three-and-a-half weeks lie between the diagnosis of incurable liver cancer and Günter's death. But Brigitte Haertel not only talks about this time of fear and hope: She describes their first meeting on the stairs of a Düsseldorf residential building, the eight years of their late happiness together and then his absence – to which her life still refuses to become accustomed. In a very personal and literary way, Brigitte Haertel tells her moving story of finding and losing, of a time that is no more and yet remains forever.



PETER RÖRSCH

Resonance in Grief Counselling

ISBN: 978-3-8436-1481-8
Patmos

Grief often causes people to withdraw and fall silent. Grief counselling is intended to help people find their lost resonance and tune back into life. The book includes a theoretical section and a practical part with 60 grief sessions with various focal points.



ANTJE WENZEL-KASSMER

The World Suddenly Stands Still

ISBN: 978-3-8436-1477-1
Patmos

This book offers helpful rituals, texts and symbols for accompanying grieving parents, especially those of Star Children. The experienced grief counselor gives suggestions and assistance for the first contact with the parents, the funeral and further accompaniment.



THOMAS ACHENBACH

Men Grieve Differently: What Helps and Benefits Them

ISBN: 978-3-8436-1131-2
Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



THOMAS ACHENBACH

The ABCs of Grief

ISBN: 978-3-8436-1462-7
Patmos

Anyone who has lost a loved one is in turmoil since it's difficult to sort out what is happening inside. The 77 keywords and impulses that grief counselor Thomas Achenbach has compiled in this book provide support and security for this rough terrain.



PETRA SUTOR

Grieving for a Star Child

ISBN: 978-3-8436-1323-1
Patmos

When a child dies, it's a decisive turning point that accompanies most parents throughout their lives and has effects on the entire family system. This book accompanies parents of star children in an informative and warm-hearted way.



PETRA SUTOR

Mourning at the Workplace

ISBN: 978-3-8436-1212-8
Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture.



FLOR SCHMIDT

Getting Through Grief with Medicinal Plants

ISBN: 978-3-8436-1377-4
Patmos

Medical plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the significance of these plants, as well as experience their beneficial effects in the grieving process.



IRMTRAUD TARR

What Rescues Us

ISBN: 978-3-8436-1317-0
Patmos

When we must cope with loss, we need the sources of strength that are always available to us. Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain.

Practising dying – is that possible?

- ▶ With exercises, questionnaires, expertise and diagrams
- ▶ Includes touching stories about how to successfully say farewell
- ▶ For clinics, palliative care units, hospices and families



If you accompany dying and mourning people professionally, voluntarily or privately, it is important to know how you personally feel about death and dying. Only when you know your own feelings can you distinguish between what concerns you and what concerns the person who you are accompanying. Do you feel their grief or is it your own? Do you feel their helplessness or are you being touched by something that makes you feel helpless? This book invites you to explore your own stance with exercises: How has your attitude towards death and dying developed from your own life experiences? Do you want to change it (and how)? It offers comprehensible knowledge about death and dying, as well as end-of-life and grief counselling. “Practising Dying” can transform your fears and lead you deeper into your aliveness.

SABINE RACHL

Practising Dying to Let Life Unfold
Basic Principles, Case Histories and
Self-Reflection for End-of-Life and
Grief Counselling

ISBN 978-3-8436-1513-6

Patmos

Paperback

228 pages

14 x 22 cm

€ 22.00

SABINE RACHL works as music therapist in the Children's Hospice in Wuppertal, as lecturer and educational consultant for the dealing with loss and grieving. Among other things, she has founded a school with her husband.



Also available:

NATALIE KATIA GREVE

The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



CHRISTIAN HEIDRICH Why I Am a Christian

ISBN: 978-3-8436-1537-2 | Patmos | Hardcover | 176 pages | 13.5 x 21 cm | € 20.00

Believe with confidence

Those who remain Christians and do not leave the church must be able to answer questions in our current age. But being a Christian has never been easy. In every era, the followers of Jesus have had to justify their faith. Christian Heidrich takes this tradition and gives it a contemporary color in three essayistic chapters: In "The Gift," he describes the enthralling sound of the Jesus story in the New Testament; in "Citizens Like Beggars," he reflects on the reasons why the Christian community is successful; in "The Unfinished," he develops fragments of a spirituality that draws its strength from the movement and not from possession. This book confidently creates a dialogue about the strengths of being a Christian.



NIKLAUS KUSTER / SARAH KREUTZER
Grounded and Inspired
ISBN: 978-3-8436-1571-6
Patmos

What has turned St. Francis, the mystic from the Middle Ages into a prophet in the present? The answer is found in his life. The Bardi panel with 20 scenes from his life is analyzed in detail here for the first time.



NIKLAUS KUSTER
Having Less - Being More
ISBN: 978-3-8436-1547-1
Patmos

Conscious and decisive elimination is an art that can be practiced. Something less wants to be connected with something more: more space and time for something else, better health and more vitality that benefit us and others.



ANDREA SCHWARZ
The Longing Lives On
ISBN: 978-3-8436-1298-2
Patmos

Once, Andrea Schwarz set out on the Way of St. James to Santiago de Compostela. Today she reads her pilgrimage diary and realizes how the fundamental experiences have shaped her life since then. This book is about the longing for life.



JOSEF EPP
When Everything Turns Out Differently
ISBN: 978-3-8436-1444-3
Patmos

Crises are part of every individual and social life experience: Loss, illness, disability, mental illness, professional upheaval, separation – all of these are experienced in vastly diverse ways. As a result, the focus of this book is on personal life crises as the starting point for various perspectives.



SOPHIA WEIXLER
I Breathe Hope
ISBN: 978-3-8436-1438-2
Patmos

Sister Sophia has had her language restored to her by the Psalms after she experienced spiritualized and sexualized abuse of power. She has rewritten the Psalms of the Bible in her own words. By writing and praying, she felt her way back to God.



MARIE KORTENBUSCH
How God Made Me
ISBN: 978-3-8436-1447-4
Patmos

Lesbian and a committed Catholic? Still a struggle today, this was especially true in the 1980s when there were hardly any words for queer identity and no acceptance whatsoever. Despite everything, Marie Kortenbusch refuses to give up her Church.



SARAH VECERA
How Did Jesus Become White?
ISBN: 978-3-8436-1352-1
Patmos

Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how we can do something against them.



STEFAN HEROK
Bless Our Nerves
ISBN: 978-3-8436-1479-5
Patmos

People who participate in the Church despite all of the scandals need resilient nerves. This book is aware of the embarrassment that the Church does not get exhausted in all of this.

Enticement into life

- An impulse for every day
- Short and concise words of wisdom
- 40th anniversary of Andrea Schwarz as an author



Andrea Schwarz has been one of the most popular German-language authors for forty years. Her success as a writer began with her first book in 1985: *Ich mag Gänseblümchen* (I Like Daisies), a bestseller that sums up an entire generation's attitude towards life. Her secret is that she does not write to impress but to express herself – her life, her longing, her pain and her dreams. "Give life a chance!" is the message of this new annual reader with short, concise texts for each day: a poem, a short story or an impulse. It offers inspiration to make every day special: to be fully alive.

ANDREA SCHWARZ
Give Life a Chance
 365 Days a Year

ISBN: 978-3-8436-1629-4
 Patmos
 Hardcover
 264 pages
 13 x 21.3 cm
 € 20.00

ANDREA SCHWARZ is trained industrial management assistant and social worker and active in Catholic community work. She lives in Emsland and supports the voluntary projects of the Mariannhill Sisters in South Africa. Andrea Schwarz is one of the most widely read Christian writers of our time.



By the same author:

ANDREA SCHWARZ
Growing Towards Heaven
 ISBN: 978-3-8436-1586-0
 Patmos

Andrea Schwarz is inspired by sentences from the Psalms and finds impulses in them for life today. Her meditations allow readers to step out of the routines and self-evident aspects of everyday life and consciously perceive their own life. Then the perspective can change.



HERMANN WOHLGSCHAFT

Failure

Our Most Loyal Companion on the Path to Happiness

ISBN: 978-3-8436-1576-1 | Patmos | Hardcover | 224 pages | 14 x 22 cm | € 22.00

Fail and get smarter!

Disappointments, setbacks and failures are a part of life. No human being is spared the experience of failure. Hermann Wohlgshaft impressively shows that people – since Adam and Eve to the present day – have always been confronted with failure and have had to overcome it in all areas of life. He is convinced that failure does not have to discourage us. It is part of life, but life itself is ultimately stronger. God can also make something good out of personal failure. This book speaks to everyone who asks about the deeper meaning of life and does not rule out a perspective beyond earthly existence.



ANDREAS MALESSA

And Afterwards, They Were Heroes!

ISBN: 978-3-8436-1522-8

Patmos

Andreas Malessa tells stories about men who became more effective posthumously than they were during their lifetimes. He shows that even geniuses had to go through dry spells and dead ends, only proved to be right and demonstrated their importance later.



ROLAND BREITENBACH

Meditations of the Heart

ISBN: 978-3-8436-1370-5

Patmos

Jesus for all people. He invites us to follow in his footsteps. As his legacy, priest and writer Roland Breitenbach has left us meditations of the heart on the path of Jesus of Nazareth. The book includes reflections, practical meditation exercises and prayers, which are being published for the first time.



ULRICH SCHAFFER

Courage and Love

ISBN: 978-3-8436-1549-5

Patmos

With the perspective offered by this book, we can change everything: our attitude towards ourselves and our relationships, our view of society and politics, as well as our approach to nature. With every decision we make, we live more consciously – and we will succeed in developing hope again.



ULRICH SCHAFFER

With You, Without You

ISBN: 978-3-8436-1439-9

Patmos

Ulrich Schaffer tells the story of a great love – despite his partner's dementia – in thoughtful prose, poems and sensitive black-and-white photos. He describes their happy days and concludes with ageing, as well as a creative approach to dementia and dying.



ULRICH LUZ

The New Testament for Beginners

ISBN: 978-3-8436-1095-7

Patmos

"Normal" men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a "reader-proof" book with information on Jesus, early Christianity and the New Testament.



URSULA WOLLASCH

Trans and Catholic

ISBN: 978-3-8436-1536-5

Patmos

Based on the three steps of seeing - judging - acting, this book describes the lifeworld experiences of trans people as it analyses various doctrinal statements on trans identity and places them in the context of Jesus' message.



SABINE MEGHARIA

Out of the Shadows

ISBN: 978-3-8436-1432-0

Patmos

Muslim women of various generations and professions invite you to get to know them quite personally beyond the clichés. The articles paint a colorful, diverse picture of the life and faith of modern Muslim women.



PAUL M. ZULEHNER

Passion for the World

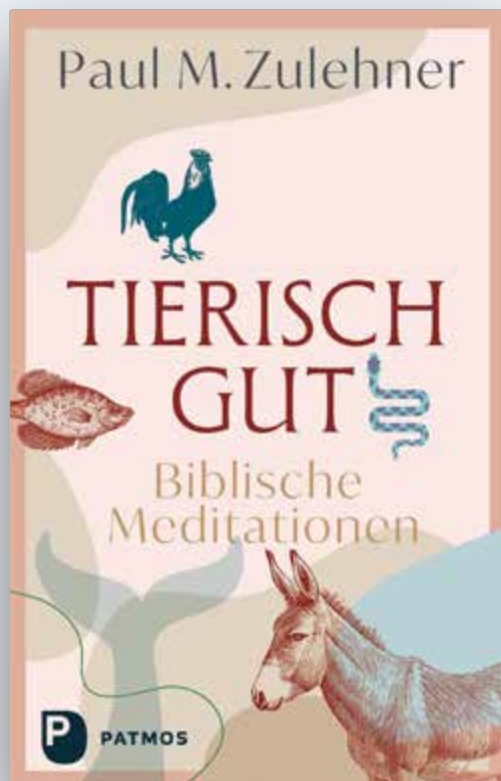
ISBN: 978-3-8436-1492-4

Patmos

How much space do people allow God? What images do they have of God? The answers are contemplated in small texts that are profound spiritual miniatures. God's passion for His world is awakening in an age that smells of the Apocalypse (Roland Schwab).

Simply beastly good!

- ▶ Spiritual and suitable for everyday life
- ▶ Ecologically sensitive
- ▶ Instructive and entertaining



Animals always play a significant role in ancient myths, fables such as those of Aesop, fairy tales and legends by the Brothers Grimm. Many animals also appear in the Bible: A supposedly stubborn donkey speaks to the prophet Balaam, Noah saves all species from the great flood in his ark at God's bidding and the world owes the dove of peace with an olive branch in its beak to this event. Apocalyptic horsemen – messengers of famine, war and death – announce the end of times. They are animals that convey messages to people that have a lasting impact on their lives. In 25 biblical meditations, Paul M. Zulehner invites us to discover the beauty of these animals and their message to us – for our everyday life and our spiritual life, which is interwoven with it.

PAUL M. ZULEHNER

Beastly Good: Biblical Meditations

ISBN: 978-3-8436-1595-2

Patmos

Paperback

216 pages

14 x 22 cm

€ 19.00

PAUL M. Zulehner holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious **SOCIOLOGY IN** Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His **NUMEROUS PUBLICATIONS** focus especially on the sociology of religion and the church, and pastoral theology.



By the same author:

PAUL M. ZULEHNER

Kindness In a Heartless World

ISBN: 978-3-8436-1517-4

Patmos

The author's look at what makes the world heartless today is followed by "courageous meditations" – inspirations for a way of thinking and acting that can bring warmth to the heartless world.

PETER WIDMER

Developing the Heart-Mind

Zen Poems for Meditation and Everyday Life

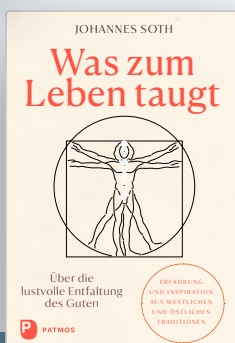
ISBN: 978-3-8436-1592-1 | Patmos | Hardcover | 136 pages | 16 x 19 cm | € 20.00

The beauty of Zen poetry: a key to inner peace

The most beautiful Zen poems from 1,400 years, woven into a journey through the world of meditation and everyday life: This book invites you to explore the depths of Zen poetry, which serves as a guide for those seeking wisdom and inner peace. Every poem touches the spirit and opens the heart. With reflections and advice on mindfulness, this text offers guidance for anyone who wants to create a deeper connection with themselves and the world.

SYLVIA WETZEL
CalmnessISBN: 978-3-8436-1581-5
Patmos

It can be very helpful to maintain constructive calmness in the sense of balance and confidence amid and despite any crisis. With an exciting and helpful approach, this book shows how to practice calmness as an attitude and develop trust in the big picture of life as a result.

JOHANNES SOTH
What Is Good for LifeISBN: 978-3-8436-1572-3
Patmos

The seven main virtues of Christian tradition correspond strikingly with the seven main chakras. There are apparently cross-cultural, universal ethical principles that are deeply rooted in human nature. Being good has always meant living better – everywhere in the world.

DORIS ZÖLLS
Resting In YourselfISBN: 978-3-8436-1565-5
Patmos

The texts by the Zen master Rinzai are the basis of Rinzai Zen, which has developed into one of the most important Zen schools. Doris Zöller shows that these texts are always about how truth is found beyond the commandments and concepts, ideologies and teachings.

DORIS ZÖLLS
Like a Bird In FlightISBN: 978-3-8436-1478-8
Patmos

The well-known Zen master Doris Zöller explores everyday reality in detail and discovers: Trust is what always guides and supports us in everything that we do as a matter of course. Once we become aware of this trust, nurture and cultivate it, we can draw on it in times of need.

NINA-MARIA MIXTACKI
Yoga et LaboraISBN: 978-3-8436-1538-9
Patmos

Nina-Maria Mixtacki is a pastor and a yoga teacher. She invites readers to experience the Christian faith holistically by addressing body, soul and spirit so they can meet God in movement or silence. This workbook has many step-by-step instructions.

SYLVIA WETZEL
Awakening and RedemptionISBN: 978-3-8436-1075-9
Patmos

Sylvia Wetzel interprets Christian symbols, images and terms from a Buddhist perspective. Her respectful and unconventional view of Christianity encourages readers to rediscover what is familiar.

SYLVIA WETZEL
High as the Sky, Deep as the EarthISBN: 978-3-8436-1369-9
Patmos

This book shows us that when we turn inwards and discover our own inner wealth, holistic growth can happen. Many exercises make it possible to gain clarity about ourselves and develop abilities that can help us.

HELMUT SCHLEGEL
In the Silence I Hear Your StepsISBN: 978-3-8436-1334-7
Patmos

This book describes encounters with God in a person's everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.

Breaking new ground

- An unusual view of shamanism
- Existential questions in a new light



NIKLAUS BRANTSCHEN

You Are the World

In Search of Shamanic Wisdom

ISBN: 978-3-8436-1544-0

Patmos

Hardcover

128 pages

13 x 21.3 cm

€ 19.00

Niklaus Brantschen encounters shamanism while visiting his niece – who laughs as she describes herself as a “herbal witch”. He learns about an attitude towards life that is characterized by a connection with nature and the entire world, as well as a mindful approach to the Earth’s resources and loving care for other people and fellow beings. He becomes curious and sets out on a quest for clues, describing his various encounters with shamanic wisdom in this book. The well-known Jesuit priest and Zen master comes to this conclusion: Shamanic wisdom leads to the original sources of spirituality. This book builds a fascinating bridge between shamanism, Zen and Christianity.

FR. NIKLAUS Brantschen SJ, born in 1937, is a Swiss Jesuit and Zen master. He is founder of the Lassalle-Institute for Zen – Ethics – Leadership within the Lassalle-House.



By the same author:

NIKLAUS BRANTSCHEN

Praying Without God

ISBN: 978-3-8436-1335-4

Patmos

In this book, the Jesuit and Zen master Niklaus Brantschen attempts to question the conventional ways of thinking and behavior patterns, rites and rituals, forms and formulas.



UWE WOLFF

A Thousand Nights Deep

Rilke and the Angels of His Poetry

ISBN: 978-3-8436-1531-0 | Patmos | Hardcover | 160 pages | 13 x 21.3 cm | € 18.00

Rilke's lifelong theme of angels

No one chooses the theme for their life. These life themes often exert their influence in secret but sometimes become urgent and demand clarification. They want to be accomplished, as Rainer Maria Rilke (1875–1926) knew. It is astonishing that a biography about Rilke and his angels has not been written up to now. Angels apparently fly under the radar of perception. They are too flighty for the sciences and too esoteric for the churches. However, Rilke's female friends took angels as his life theme seriously. Uwe Wolff explores the topic in this spiritual biography.



RUTH MÄCHLER

Freedom and Trust

ISBN: 978-3-8436-1545-7

Patmos

Older female and male members of monasteries tell of their difficult decisions, crises and moments of happiness and their personal path to inner freedom. This book about the lives that have been lived can provide more wisdom than any theories.



JAN FRERICHS

Wild Church

ISBN: 978-3-8436-1511-2

Patmos

Many people no longer feel at home in the institutional church. Most of them are looking for other forms and places to create a relationship between their lives and the divine. In his own search, Jan Frerichs has rediscovered the wild church – because the wild church has always existed.



JAN FRERICHS

Barefoot and Wild

ISBN: 978-3-8436-1032-2

Patmos

Nature is the first Bible. The willingness to accept an inner path is decisive. On this path, the living tradition knows other signposts: a life in the balance of contemplation and action, of dedication to God and the resulting dedication to life. Jan Frerichs invites his readers on an exciting path to a spirituality.



MARKUS GRÜNLING

The Art of Celebrating New Rituals

ISBN: 978-3-8436-1512-9

Patmos

With the decline in church affiliation, familiar rituals have disappeared from many people's lives. But parallel to that, there is a growing longing for new rituals. Markus Grünling shares his experiences since his book is based on collegial dialogue with other speakers, rite masters and ritual designers.



LUKAS KIEMELE

I, the World and the Meaning of Everything

ISBN: 978-3-8436-1394-1

Patmos

Lukas Kiemele succeeds in showing us the significance of philosophical considerations for our everyday actions. This is an easy-to-read examination of the youthful search for individuality, identity and self-realization.



STEFAN JÜRGENS

On Familiar Terms

ISBN: 978-3-8436-1367-5

Patmos

This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom Stefan Jürgens was allowed to search for ways to pray.

Sold: Italian

STEFAN JÜRGENS

From Magic to Mysticism

ISBN: 978-3-8436-1036-0

Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.

Sold: Italian

ANNETTE HEIZMANN

The Hildegard Code

ISBN: 978-3-8436-1209-8

Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible: She presents nine paths for renewing and strengthening the body, soul and mind.

Sold: English

Soul stories of animals, plants and places

- ▶ Entertaining and profound
- ▶ Current topic of the environment
- ▶ Inspires us to see the world with new eyes



Brigitte Romankiewicz writes about the deep connections between humans and nature in an entertaining and witty way. She presents stories about the soul of nature, the wisdom of things and the magic of landscapes. With firsthand experiences and philosophical reflections, Romankiewicz encourages us to perceive and appreciate the hidden forces of the soul around us. This book is thought-provoking and inspires us to see the world with new eyes.

BRIGITTE ROMANKIEWICZ

The Soul of Things

Butterflies, Office Plants and Sacred Mountains

ISBN: 978-3-8436-1626-3

Patmos

Hardcover

144 pages

13 x 21.3 cm

€ 18.00

BRIGITTE ROMANKIEWICZ, born in 1945, studied art, German and religion to become a teacher and worked for 20 years in that position. Further intensive studies in the field of religious and cultural history, as well as psychology, led her to the visual language of symbolism. She was a lecturer at the C. G. Jung Institute in Stuttgart for many years.



Also available:

MARIA ANNA LEENEN

Being Alone: Lifestyle – Challenge – Opportunity

ISBN: 978-3-8436-1396-5

Patmos

More than 27 years ago, Maria Anna Leenen made the decision to be alone. Since then, she has lived as a recluse and become familiar with many facets of seclusion. She discusses her experiences in this book, in the form of a diary.



WINFRIED KRETSCHMANN

The Meaning of Politics is Freedom

Why Hannah Arendt Gives Us Confidence in Difficult Times

ISBN: 978-3-8436-1603-4 | Patmos | Hardcover | 160 pages | 14 x 22 cm | € 20.00

Personal and political inspirations

Winfried Kretschmann describes how he discovered Hannah Arendt as a young man, how her understanding of politics changed his view of the world and has shaped his political actions ever since. He introduces readers to the great thinker – whose writings have accompanied him throughout his life – in a very personal way. And he shows how Hannah Arendt can give us stability and orientation in a time when we are losing the old certainties.



MARTIN KÄMPCHEN

The Scent of the Divine

ISBN: 978-3-8436-1574-7

Patmos

India is increasingly becoming the focus of public attention. But far too little is known in the West about how this country ticks. Martin Kämpchen fills this gap in an approach that is both understanding and critical.



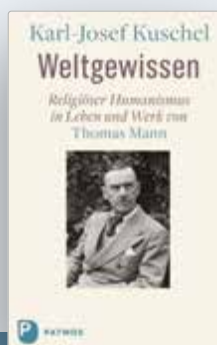
MICHAEL BLUME

Conspiracy Myths

ISBN: 978-3-8436-1573-0

Patmos

Michael Blume analyses the cultural-historical and psychological background, the reason why such myths exist, how they “work” and what role artificial intelligence now plays in these situations. He gives advice on how readers can deal with people who believe in conspiracies – and still keep a cool head.



KARL-JOSEF KUSCHEL

World Conscience

ISBN: 978-3-8436-1589-1

Patmos

Thomas Mann described the decline of religion, as well as the indestructible “idea of Christianity” and its lasting potential for securing free democracy. Karl-Josef Kuschel combines the writer of the century’s search movements into an overall picture and shows how his strong relevance continues today.



KARL-JOSEF KUSCHEL

Our Spirit Is the Spirit of the World

ISBN: 978-3-8436-1501-3

Patmos

For the first time in Stefan Zweig Research, this is a comprehensive and compellingly written study by Karl-Josef Kuschel of a poet whose work is well-known, but whose understanding of Judaism is virtually unfamiliar to most people.



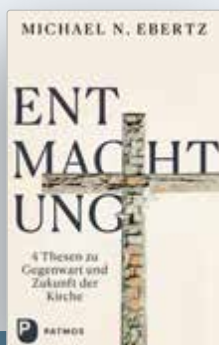
FRANZ KAMPHAUS

The Stranger from Nazareth

ISBN: 978-3-8436-1472-6

Patmos

Former bishop Franz Kamphaus invites readers to a stimulating examination of the Gospel of St. Mark’s provocations, which are challenging but rewarding for a living faith throughout the year.



MICHAEL N. EBERTZ

Disempowerment

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church’s disempowerment – and outlines the direction of possible paths into a future in four theses.



EUGEN DREWERMANN

The Immortality of Animals: Kinship of All Life

ISBN: 978-3-8436-1379-8

Patmos

According to traditional Christian teachings, the human being takes precedence over the animal. Does this mean that animals are just transitory useful beings that are intended to serve humans?



EUGEN DREWERMANN/

MARTIN FREYTAG

The Mystery of Jesus of Nazareth

ISBN: 978-3-8436-1080-3

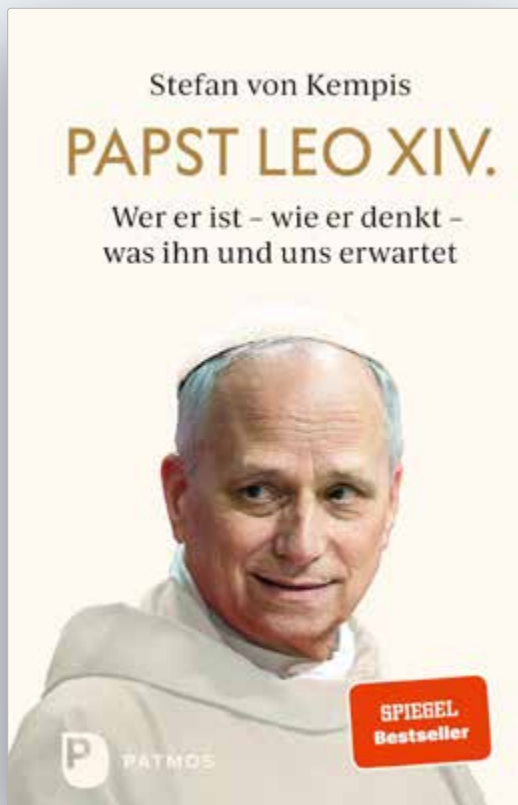
Patmos

The questions Eugen Drewermann answers in this book have been asked by students in religion class. Their teacher interviewed the well-known author.

Sold: French

Who Is Pope Leo XIV?

- Presented in words and pictures
- The personality, positions and agenda
- By Vatican expert Stefan von Kempis



Robert Francis Prevost, born in 1955, was elected in a surprisingly short conclave to succeed Pope Francis and took the name of Leo XIV. He was superior of the Augustinian Order in Rome and bishop in Peru before Pope Francis brought him to the Vatican Curia, giving him responsibility for the selection of Catholic bishops on a global scale and making him an archbishop and cardinal.

Despite this stellar career, his name was missing from the lists of the betting shops – but now all eyes are on him: Who is he? How does he think? What history does he bring with him, what has shaped him and what is important to him?

Stefan von Kempis, who knows the Roman actors like no other, introduces the new pope: the man behind the office, what awaits him and what we can expect.

STEFAN VON KEMPIS

Pope Leo XIV

Who He Is – How He Thinks –
What Awaits Him and Us

ISBN: 978-3-8436-1625-6

Patmos

Hardcover

160 pages

14 x 22 cm

€ 19.00

STEFAN VON Kempis is editorial director of the German-language department of Radio Vatican / Vatican News. He studied theology, history and Islam in Bonn, Freiburg, Paris, Cairo and Rome. The current focus of his work includes the world church and interreligious dialogue. He accompanied several popes on their travels, writing and publishing many books about the popes; he knows the papal texts and agenda like no other. He lives with his Spanish wife and their two sons in Rome.



Also available:

BRIGITTE FENNER

Trying to Somehow Be Human

ISBN: 978-3-8436-1569-3

Patmos

Hannah Arendt and Ruth C. Cohn never met, but it could have happened so easily. This novel creates a fictional encounter, connecting the life stories and thoughts of the great philosopher and important therapist.



PAUL M. ZULEHNER

Turning Point

The Tasks and Opportunities of Church Structural Reforms

ISBN: 978-3-7867-3382-9 | Grünewald | Paperback | 204 pages | 14 x 22 cm | € 25.00

Challenges that the churches must master

The churches are not finished but stuck at a turning point: They are called upon to undergo profound and painful reforms. In this process, they are not betraying their tradition but seeking an appropriate church form for remembering the Gospel entrusted to them within the changing cultures. This dramatic development is the subject of a study that focuses on the Catholic Church's structural reforms and evaluates them. The main result is sobering yet simultaneously looks forward far beyond the Catholic realm in ecumenical terms.

**JÜRGEN WERBICK
Kneeling Before the Spirit of the Times?**ISBN: 978-3-7867-3396-6
Grünewald

The identity of Christianity is currently undergoing a variety of transformation processes. Jürgen Werbick addresses and analyses these changes in the understanding of faith – something that distresses, alienates or inspires many people

**ANDREAS R. BATLOGG
Believing Jesus**ISBN: 978-3-7867-3389-8
Grünewald

Those who trust Jesus also learn to believe in Him. So that is possible: Believe Him and therefore (want to and can) believe in Him! We confess this in the Creed. But do we believe what we say? In his essay, Andreas R. Batlogg SJ addresses these issues of a contemporary, responsible faith in Jesus Christ today.

**JOHANNES WARMBRUNN
Thinking of God as Unfathomably Huge**ISBN: 978-3-7867-3370-6
Grünewald

Johannes Warmbrunn promotes the idea of God's all-encompassing work of Creation by examining the scientific findings. This allows him to present a broad view of the Christian image of God, revealing how it is a new and inspiring foundation for the Christian faith and life.

**NORBERT RECK
No Other Shore**ISBN: 978-3-7867-3357-7
Grünewald

After studying the Bible, history, psychoanalysis and sexology, Norbert Reck has come to this conclusion: Humanity cannot be divided into different types of desire: There is no such thing as one shore and the other shore. This book offers debates and enlightenment.

**NORBERT RECK
Jesus the Jew and the Future of Christianity**ISBN: 978-3-7867-3180-1
Grünewald

Ever since the Enlightenment, there has been a deep rift between church doctrine and critical studies of the Bible. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.

**BERND JOCHEN HILBERATH
Spiritless? Spirit, Let's Go!**ISBN: 978-3-7867-3330-0
Grünewald

People associate many different things with "spirit." The author explores these connections and focuses on them in view of spirit as the "Holy Spirit" in Christian churches: How do spirit and institution, charisma and ministry, spirituality and hierarchy relate?

**HANS KESSLER
Resurrection?**ISBN: 978-3-7867-3252-5
Grünewald

Hans Kessler examines the sources and foundations of the belief in resurrection and traces it back to a fundamental question for the Christian understanding of God: Who is this God, who wants all-encompassing life for every human being?

**MAGNUS STRIET
Priests (M/F/X) Wanted**ISBN: 978-3-7867-3275-4
Grünewald

Magnus Striet examines the question of how it was possible for the image of the priest to become exaggerated and whether the conditions for the papal ban on discussion are even given. This proposal for discussion could lead the Church out of its dilemma.

Epochal shift in the Church



Pope Francis' decision to hold a World Synod on "Synodality" in 2023 and 2024 was a productive approach to the unrest that prevails in the Catholic Church.

Thomas Söding kept a journal on every daily session in Rome with observations that provide a lively insight into the Synod's proceedings and topics. It becomes clear that the topics of the Synodal Path in Germany are also reflected in contributions from other countries and continents. The World Synod's complete documents are presented and commented on by the author in a knowledgeable and critical manner regarding their consequences, including the open questions for the World Church. Thomas Söding also traces the footsteps of Cardinal Robert Francis Prevost, who became Pope Leo XIV in May 2025: His work as a cardinal and first statements as pope give rise to the hope that the door of the Church's synodal renewal has been opened and will remain open.

THOMAS SÖDING

Where Does the Catholic Church Want to Go?

The World Synod and Pope Leo XIV

ISBN: 978-3-7867-3399-7

Grünwald

Paperback

584 pages

14 x 22 cm

€ 42.00

DR. THOMAS Söding is a Senior Professor of the New Testament at the Faculty of Catholic Theology, Ruhr University Bochum. From 2004–2014, he was a member of the International Theological Commission at the Vatican. He is an advisor to the Faith Commission of the German Bishop's Conference. Since 2021, he has been Vice President of the Central Committee of German Catholics and the Synodal Assembly of the Catholic Church in Germany, as well as a member of the Synodal Committee since 2023. He has been an appointed expert at several world synods.



Also available:

STEFAN KNOBLOCH

Where Are We Heading?

ISBN: 978-3-7867-3376-8

Grünwald

Stefan Knobloch allows himself to be challenged by tendencies towards trans- and post-humanism. He enters into a dialogue with these developments as part of today's digital world – with a theologically open and critically positive approach.



JÖRN HELLER
Instead of Flowers

Poems for Everyone and Special Days

ISBN: 978-3-98700-152-9 | Eschbach | Hardcover | 48 pages | 12 x 19 cm | € 10.00

This is what I give you

You can always make the right choice for birthdays, holidays, as an invitation or just because: The poems by Jörn Heller are an original alternative to the usual flower gifts. In poetic words, with a great deal of wit and even more charm, they express wishes, cheerfulness or encouragement that will bring a smile to every recipient's face. Colourfully illustrated with pictures by Lilo Fromm.



RAINER HAAK
The Bookstore by the Sea

ISBN: 978-3-98700-043-0

Eschbach

Lissy is looking forward to an exciting future: The children are out of the house, and she is open to new challenges. Then she gets a phone call that completely upsets her plans: A small bookstore by the sea needs her help.



ANDREA SCHWARZ
The Easter Bunny that helped St. Nicholas

ISBN: 978-3-98700-038-6

Eschbach

What happens when the Easter Bunny wakes up too early from its winter break and St. Nicholas urgently needs help and new ideas? Andrea Schwarz tells this magical tale of Christmas with a twinkle in her eye.



RAINER HAAK
A Thousand Stars in the Night Sky

ISBN: 978-3-86917-958-2

Eschbach

Rainer Haak's Christmas stories are set in our time, among people as we know them. The stories tell about how even today at Christmas people see the light, a star can become a gift and a friendly encounter can turn into an angel...



RAINER HAAK
Monsieur Jaque's Gift

ISBN: 978-3-86917-600-0

Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



DORIS BEWERNITZ
Little Mr Lu Chi in Paradise

ISBN: 978-3-86917-913-1

Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His every day and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



DORIS BEWERNITZ
Little Mr Lu Chi

ISBN: 978-3-86917-841-7

Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



EVA MUTSCHER
The Secret of the Little Sadness

ISBN: 978-3-86917-601-7

Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



EVA MUTSCHER
Visit from the Little Queen

ISBN: 978-3-86917-912-4

Eschbach

The Little Queen knows how to turn the days into friends. She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks on how to succeed in life. This story is full of worldly wisdom and happiness.

Live your dream

- ▶ A new story by Rainer Haak
- ▶ Inspirations for the journey of life



The most important journey does not have a timetable. It often comes completely unexpectedly and turns your life upside down – and suddenly everything is possible. This inspiring story encourages you to live your dream instead of dreaming your life.

RAINER HAAK

Time to Dream

A Story About the Journey into Life

ISBN: 978-3-98700-108-6

Eschbach

Hardcover

48 pages

12 x 19 cm

€ 10.00

RAINER HAAK worked as a waiter, book dealer, pastor, concert organizer and tour operator before he became one of the most **SUCCESSFUL BOOK** authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

Living with All That I AM

ISBN: 978-3-98700-069-0

Eschbach

Rainer Haak's story describes a big celebration. Its special highlight is that the various aspects of our lives encounter each other here as guests: joy, courage, and creativity - but also fear and pain.

HILDEGARD MÖLLER

Spritz

Alcoholic and Non-Alcoholic Cocktails

ISBN: 978-3-7995-2091-1 | Thorbecke | Hardcover | 64 pages | 19 x 19 cm | € 16.00

**Sparkling cocktail enjoyment with and without alcohol!**

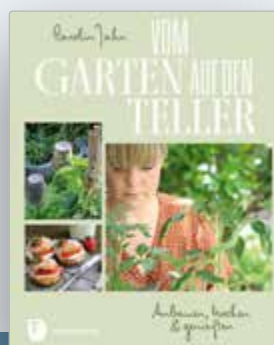
Immerse yourself in the colorful and tantalizing world of spritz cocktails, which not only look magical but also create unforgettable moments with friends. In this book, the classic Aperol Spritz gets a new twist with cider and cinnamon. Or you can enjoy a fresh Lillet Strawberry Spritz that is as light and sparkling as a warm summer night or the seductively aromatic Amaretto Plum Spritz for cooler days. If you are looking for non-alcoholic enjoyment, the Pineapple Ginger Lime Spritz with its shine and shimmer offers a sparkling taste experience without alcohol, for example.

**EILEEN PESARINI
Simple and Vegan**ISBN: 978-3-7995-2035-5
Thorbecke

Eileen Pesarini shows us that preparing delicious dishes without gluten and industrial sugar is child's play. Her creative and quick recipes are suitable for everyday use. With much love, the founder of Lini's Bites has compiled her best and least complicated recipes for breakfast, lunch, dinner and desserts.

**MARIE FELDT
Enjoyment In Your Backpack**ISBN: 978-3-7995-1981-6
Thorbecke

Simple, quick recipes for trips and hikes with packing lists, hiking tips and hints for environmentally friendly trekking tours - plus interesting facts about wild herbs, berries and zero waste in the mountains.

**CAROLIN JAHN
From the Garden to the Plate**ISBN: 978-3-7995-1545-0
Thorbecke

In her book, the author shares tips on how readers can easily grow their own vegetables, and which plants make good neighbors in the bed. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves.

**BELINDA HAUSNER
Wonderful Winter Cakes**ISBN: 978-3-8436-1560-3
Thorbecke

These wonderful cakes and torts are meant to be little islands in everyday life that pamper us even when just looking at them: creamy torts, little nibbles and dreams made of chocolate. In equally fantastic photographs, Belinda shows us her favorite recipes that are easy to bake with little effort.

**JANA EISERT
Ayurveda**ISBN: 978-3-7995-1590-0
Thorbecke

Jana Eisert has first-hand experience of how stress can affect health. But thanks to Ayurveda, her health problems are now a thing of the past. The trained Ayurveda nutritionist now shares her knowledge about healthy eating and dealing with stress.

**CAROLINE PRITSCHET
Happy & Healthy**ISBN: 978-3-7995-1546-7
Thorbecke

Instead of stress and career, the author focused on mindfulness, yoga and meditation, combined with a purely plant-based diet. In this book, she shares her best everyday recipes and provides background knowledge on how we can have healthier lives.

**JULIA RADTKE
My Vegetarian Family Meals**ISBN: 978-3-7995-1575-7
Thorbecke

Everyday family life is colorful, full of hustle and bustle - and sometimes even stressful. Keeping track of a healthy and balanced diet is not always easy. Julia Radtke shows how easy it is to serve uncomplicated, quick and varied meals with less than 7 ingredients.

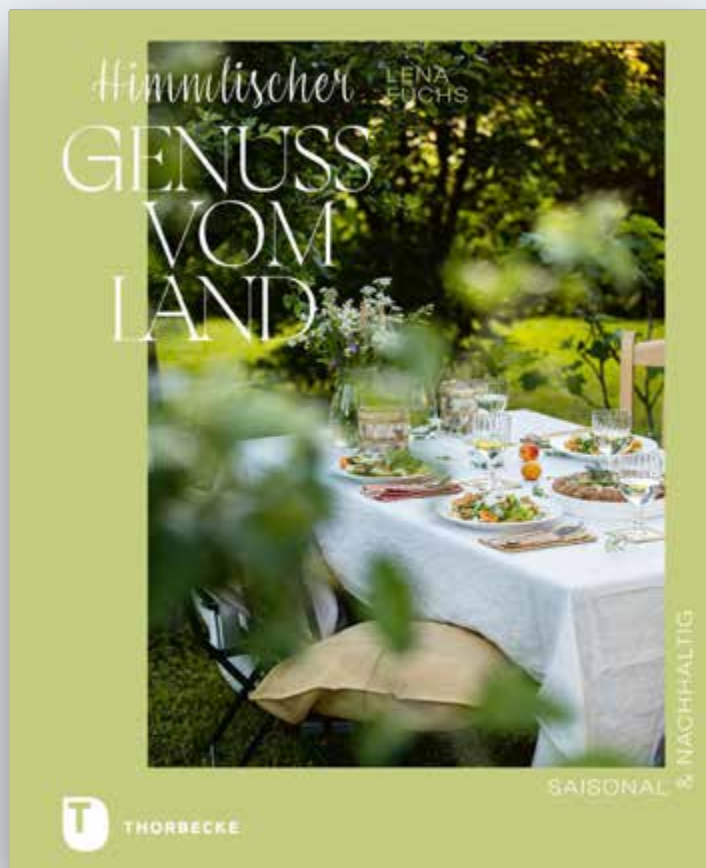
**At the Table in Paris**ISBN: 978-3-7995-1574-0
Thorbecke

Imagine strolling in Paris along the Seine while taking little breaks at street cafés. Boeuf Bourguignon and Crème Brûlée awaken memories of these beautiful days. With typical recipes, our cookbook invites readers to take a culinary stroll through Paris.

Sold: England (World)

My Delicious Life

- Zero waste and seasonal
- For everybody: vegetarian, vegan but also recipes with meat and fish on special days



Natural ingredients and the natural cycles determine what goes into Lena Fuchs' cooking pot and on her plate. For Lena Fuchs, food prepared with love and care is what nourishes our souls and connects us as human beings. She believes that self-love starts with good food and using it mindfully: This involves where we shop and what we buy, as well as how we eat it. In her book, the trained nutrition educator tells us how to live in a healthy and conscious way with simple, seasonal and natural recipes. Favorite dishes suitable for the everyday routine provide the perfect balance between good and delicious – almost all recipes are vegan or vegetarian, plus some selected meat and fish recipes for special days.

LENA FUCHS

Heavenly Foods from the Countryside

Seasonal & Sustainable

ISBN: 978-3-7995-2112-3

Thorbecke

Hardcover

248 pages

19 x 24 cm

€ 29.00

LENA FUCHS has been a passionate food blogger – www.meinleckeresleben.com – and a trained nutrition educator for many years. The joy of cooking and baking has accompanied her since early childhood.



Also available:

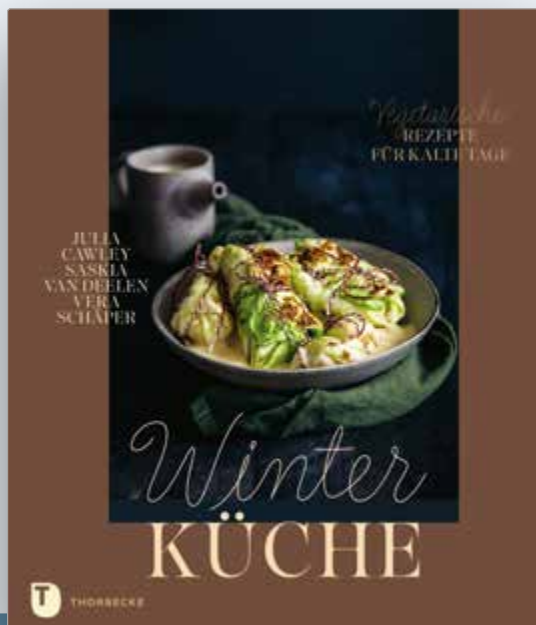
ELENA KLINK

Spring Enjoyment and Summer Love

ISBN: 978-3-7995-1596-2

Thorbecke

Spring, summer and sun: Just thinking about it makes us long for warmth and light, swimming in the river, blossoming flowers and summer picnics. Elena Klink describes bright spring and warm summer days, Easter brunch and summer picnics.



JULIA CAWLEY / VERA SCHÄPER / SASKIA VAN DEELEN

Winter Cuisine

Vegetarian Recipes for Chilly Days

ISBN: 978-3-7995-2129-1 | Thorbecke | Hardcover | 168 pages |
23 x 27 cm | € 32.00

Vegetarian feel-good recipes for autumn and winter

Inspired by Nordic nature and seasonal ingredients, this cook-book offers a wealth of vegetarian recipes. The evocative photographs – which not only showcase the dishes but also convey a sense of Scandinavian comfort and winter enjoyment – are particularly appealing. Each recipe has been carefully developed and is easy to follow. The warming recipes for creamy soups and hearty stews, crispy oven dishes, crunchy winter salads or sweet delicacies for cozy hours will help you discover the culinary diversity of the winter season.

ANDREA NATSCHKE-HOFMANN

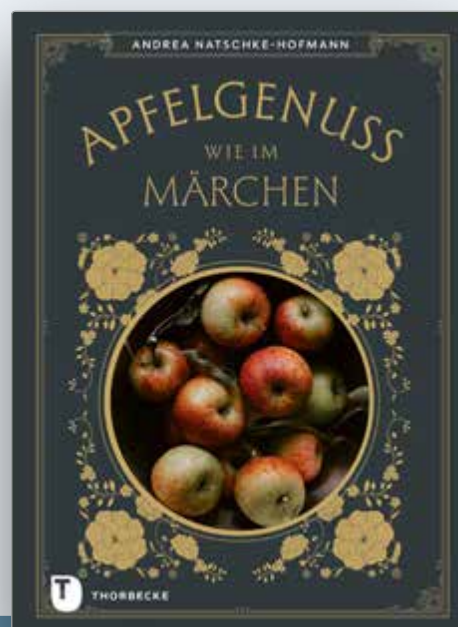
Enjoying Apples Like in a Fairy Tale

The Most Beautiful Fairy Tales & Recipes with Apples

ISBN: 978-3-7995-2111-6 | Thorbecke | Hardcover | 160 pages |
19 x 26 cm | € 26.00

Fairytale enjoyment for all the senses

These delicious apple recipes for cakes, cheesecakes, brownies, muffins, tarts and more provide enchanting baking ideas for cozy afternoons with family and friends. The recipes are accompanied by the loveliest apple fairy tales to read quietly and aloud. Spellbinding stories with apples trees, golden fruits and mysterious encounters touch the senses and bring the fragrance, taste and magic of the apple into your home. Immerse yourself in the sweet and fantastic world of apples!



ANDREA NATSCHKE-HOFMANN

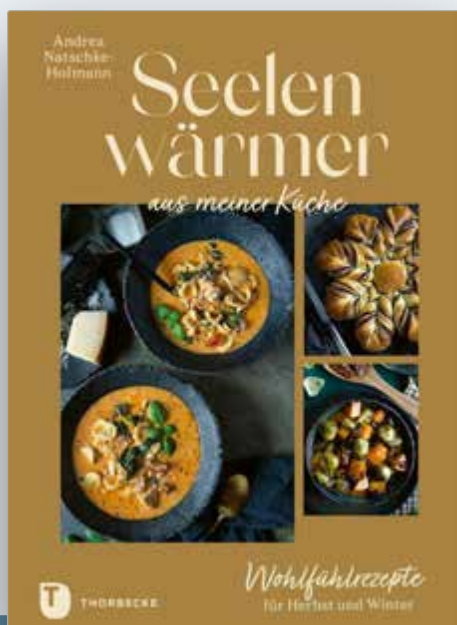
Heartwarming Food from My Kitchen

Feel-Good Recipes for Autumn and Winter

ISBN: 978-3-7995-2098-0 | Thorbecke | Hardcover | 168 pages |
19 x 26 cm | € 29.00

Heartwarming treats from the kitchen

When the days get shorter and the nights colder, there is nothing better than the smell of freshly baked apple pie or a warming onion soup. Delicious recipes for dishes from the oven and saucepan provide the right idea for every occasion from winter brunch to cozy afternoons with freshly baked cakes or homey dinners with friends or family. This book is a declaration of love to a cuisine that warms the heart and embraces the soul.



New recipes with the king of the season

- ▶ Best season recipes with pumpkin as the autumn classic
- ▶ Includes short portraits of the most important and popular pumpkin varieties



With its slight sweetness, creamy consistency and delicious autumn aroma, pumpkin is the perfect all-rounder for the cold season! Savory and sweet pumpkin recipes from around the world invite you to try them: Beef stroganoff with pumpkin buttons, pumpkin burgers with crispy halloumi and pumpkin-date chutney, pumpkin-chickpea stew with coconut milk and pomegranate seeds or pumpkin-speculoos cheesecake with crunchy pumpkin-seed brittle bring the variety of this healthy autumn vegetable to your plate!



By the same author:

SASKIA VAN DEELEN
Autumn Cuisine

ISBN: 978-3-7995-2067-6

Thorbecke

Autumn is harvest time! Even when she was very young, Saskia van Deelen was influenced by seasonal and regional cuisine due to her grandmother's vegetable garden. She has always kept her preference for simple but varied local dishes. Her cookbook provides delicious recipe ideas for seasonal feel-good cuisine.

SASKIA VAN DEELEN

Pumpkin Love

The Best Autumn Recipes: Savoury and Sweet

ISBN: 978-3-7995-2063-8

Thorbecke

Hardcover

152 pages

19 x 26 cm

€ 28.00

Saskia van Deelen lives and works in Hamburg. She develops recipes, cooks and styles food for her favorite clients, writes and photographs for her Dee's Kitchen blog. Growing up with her grandparent's large vegetable garden, she was already influenced by seasonal and regional cuisine at a very young age. She later dedicated the beginnings of her blog to her adult children during their time at the university so that they could have meals that were as tasty and healthy as at home. Saskia van Deelen has always kept her preference for simple but varied home cooking – feel-good cuisine without complicated kitchen jargon or fancy ingredients.



KATHRIN BLUM

Witches: The Secrets and Fates of Wise Women

99 Things Worth Knowing

ISBN: 978-3-7995-2128-4 | Thorbecke | Hardcover | 120 pages | 13 x 21.3 cm | € 19.00

Pyres and hocus-pocus: myths, magic and reality

The witches are back – from fairy tales like “Hansel and Gretel” and gruesome reports of witch hunts, they have wandered back into our modern world. They can now be found as masters of witchcraft or Wicca on book tables and Instagram. In 99 entertaining chapters, Kathrin Blum tells the stories of women from history, literature and legends who were called witches. This book includes the roots of the belief in witches, the rituals associated with them and the modern rediscovered witchcraft.



ANDREAS BARLAGE

In Search of the Green Gold

ISBN: 978-3-7995-1562-7

Thorbecke

There are fascinating stories behind many of our familiar garden flowers, fruit and vegetable plants. This book is about the courageous plant discoverers in search of “green gold”, long ship journeys with delicate plant treasures, strange errors and horticultural success.



ANDREAS BARLAGE

How Do Roots Know Where Down Is?

ISBN: 978-3-7995-1330-2

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to knowledge from his own garden.

Sold: Korean

ANDREAS BARLAGE

How Does the Louse Get on the Leaf?

ISBN: 978-3-7995-1479-8

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to knowledge from his own garden.

Sold: Korean

PAUL WERNICKE / KATHRIN BLUM

Understanding Birds

ISBN: 978-3-7995-1978-6

Thorbecke

Wilderness educator Paul Wernicke takes us on his forays through the local world of nature. He reports on how observing and experiencing birds has taught him to understand them better and gives tips on how we can do the same.



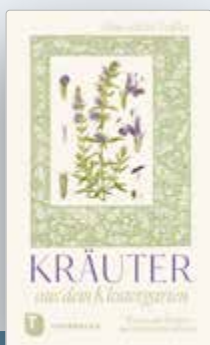
BENJAMIN HALLER

Gassy Herrings and Chilli-fearing Elephants

ISBN: 978-3-7995-1597-9

Thorbecke

Animal lover Benjamin Haller answers many fascinating questions about birds, fish, reptiles and mammals from all parts of the world, as well as our favorite pets. He collected the most strangest questions for this book.



HANS-DIETER STOFFLER

Herbs from the Monastery Garden

ISBN: 978-3-7995-2060-7

Thorbecke

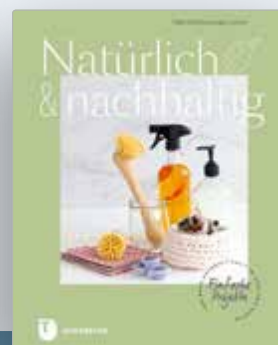
Hans-Dieter Stoffler invites us to take a walk through the medieval monastery garden. Colorful woodcuts and nostalgic illustrations from various eras show the herbs in all their splendor.

**Kitchen Herbs with Enjoyment**

ISBN: 978-3-7995-1563-4

Thorbecke

Kitchen herbs add their unique aromas to many dishes, look decorative and usually also have curative effects. In herb portraits, gardening expert Andreas Barlage shows what you need to know about the green spice wonders.

**Natural & Sustainable**

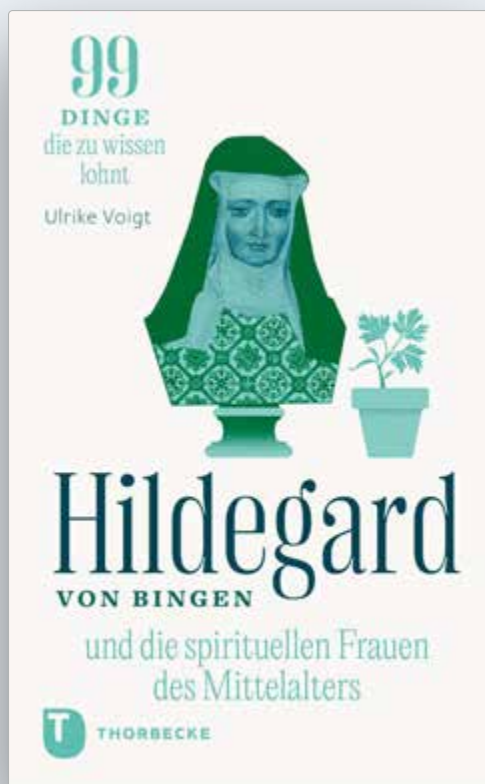
ISBN: 978-3-7995-1531-3

Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.

God, Politics & Passion: Women of the Middle Ages and Their Visions

- ▶ Surprising facts about women of the Middle Ages
- ▶ Entertaining and easy-to-understand description



99 brief chapters present Hildegard von Bingen and the female mystics of the Middle Ages from their spiritual but also their human side. Who were these women who described themselves as humble and weak, but often gained enormous influence? Within the confines of the convent, the female mystics of the Middle Ages developed their own unique spirituality, turning traditional notions of strength and spirit or dogmas of academic theology upside down: In their weakness and their female bodies – despised by others – they found the path to wisdom and light, had visions and immersed themselves in the love of God as if in a state of rapture. Both entertaining and profound, this book reveals the world of medieval mysticism and brings readers closer to the timeless wisdom and spiritual heritage of these powerful women: perfect for anyone seeking inspiration, inner reflection and spiritual depth!

ULRIKE VOIGT

Hildegard and Spiritual Women of the Middle Ages

99 Things Worth Knowing

ISBN: 978-3-7995-2108-6

Thorbecke

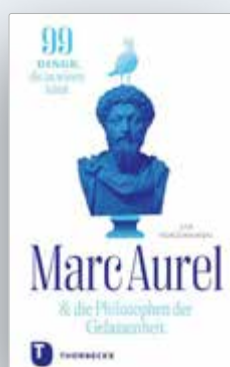
Hardcover

120 pages

13 x 21.3 cm

€ 19.00

DR. ULRIKE VOIGT studied German language and literature, as well as Protestant theology in Tübingen, Bamberg and Munich, where she also received her doctorate. She was a program director at various publishing houses and realized many book projects as a freelance editor. She is the author and editor of several biographies and anthologies. Dr. Voigt now works in the field of equal opportunity and diversity. She lives in Stuttgart.



Also available:

UTA KORZENIEWSKI

Marcus Aurelius

ISBN: 978-3-7995-2107-9

Thorbecke

Discover the timeless wisdom of the Stoics – and why their teachings are now more relevant than ever! In this fascinating book, you will learn not only how philosophers such as Marcus Aurelius, Seneca and Epictetus found their inner strength but also what exciting life stories and curious anecdotes are behind these great names.

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