



# Rights List

## Spring 2024

**PATMOS**  
**ESCHBACH**  
**GRÜNEWALD**  
**THORBECKE**  
**SCHWABEN**  
**VER SACRUM**

The publishing group that  
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Spring 2024 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben - Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section, you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title, you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

We hope you enjoy browsing our catalogue and look forward to hearing from you!

With best wishes,  
Foreign Rights Department

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[www.verlagsgruppe-patmos.de](http://www.verlagsgruppe-patmos.de)

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ANNE KRIESEL

**What Should Remain When I Leave?**

Lovingly Designing the Farewell

ISBN: 978-3-8436-1514-3 | Patmos | Paperback | 112 pages | 14 x 22 cm | € 15.00

**Creating last memories**

"I will die and so will you", says Anne Kriesel, founder of the German Bohana bereavement network. But what should actually remain when we go? How do we want people to remember us? Anne Kriesel talks about her own life and story of grief, giving many suggestions on how people can prepare for their own death and that of loved ones, starting with sorting through the tiresome "paperwork" to designing a treasure chest in which they can collect memories for their favorite people.



ULRICH SCHAFER

**With You, Without You**

ISBN: 978-3-8436-1439-9

Patmos

Ulrich Schaffer tells the story of a great love - despite his partner's dementia. The book tells how dementia brought the two together again in a completely new way. This is a sensitive, encouraging book to learn what it means to simultaneously hold on and let go.



KAROLINE ROSCHER-LAGZOULI

**The Woman Beyond the Veil**

ISBN: 978-3-8436-1356-9

After growing up as an atheist, the author converted to Islam in her twenties. In this biography, she tells about her life in the community, the conflicts with her family, her "awakening" and her continuing search for an authentic expression of her faith.



ILKA BRÜHL

**Beautiful In a Different Way**

ISBN: 978-3-8436-1255-5

Patmos

Ilka Brühl looks different. She was born with a facial cleft. As a child, she was berated as a witch. As a young woman, she withdrew from the world. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark.



DÖRTE MAACK

**How to Build a Castle from Ruins**

ISBN: 978-3-8436-1260-9

Patmos

Dörte Maack leads the life of a dazzling circus performer until she is diagnosed with an eye disease. She makes two plans: A: Not to become blind. B: If she does, take her own life. After hitting the bottom, she suddenly feels ground beneath her feet. Plan C begins to mature.



ELENA PIRIN

**My Lion Cub**

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves her son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

**Sold: Korean**

SIGRID TSCHÖPE-SCHEFFLER

**I Used to be a Snazzy Bird, But Now I'm a Lane Duck**

ISBN: 978-3-8436-1233-3

Patmos

The humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in wonderful stories that show how even a care situation can be enriching.



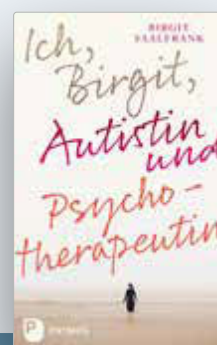
NORA-MARIE ELLERYMEYER

**Life Fog**

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

**Sold: Korean**

BIRGIT SAALFRANK

**I, Birgit, Autist and Psychotherapist**

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life - even if it means giving up her profession.

## From Beethoven to Greta Thunberg

- Entertaining, intriguing and quirky
- Fascinating stories about famous autistic people
- New facts about Asperger's autism



In Why was Beethoven arrested as a vagrant and spy? Why did Empress Sisi take her favourite cow along on all her trips? Why was Karl Lagerfeld never seen without sunglasses? Why can nothing in the world dissuade Greta Thunberg from her mission of climate protection?

All of these personalities have one thing in common: Asperger's syndrome. They are considered solitary, quirky, eccentric or shy misfits. However, their unusual view of the world, their often above-average intelligence and their astonishing talents and special interests enable them to achieve earth-shattering accomplishments. Ulrich Merkl presents an entertaining and knowledgeable account on the lives of world-famous personalities who are or were most likely affected by Asperger's syndrome – a milder form of autism. With the help of astounding anecdotes and never-before-heard facts, he creates a comprehensive picture of autistic ways of thinking and living that have had a decisive influence on the work of many creative geniuses. His book is also an invitation not to define autistic people by their weaknesses, but to learn from their creative and extraordinary solutions.



Also available:

PETER SCHMIDT  
**A Valentine's Day Cactus**

ISBN: 978-3-8436-0211-2

Patmos

He cannot understand others' feelings, nor can he interpret their facial expressions. All this doesn't exactly make him Prince Charming, but he is nevertheless happily married with children.

**Sold: German film rights optioned**

ULRICH MERKL

**The Incredible World of  
Brilliant People with Autism**

ISBN: 978-3-8436-1523-5

Patmos

Hardcover

350 pages

14 x 22 cm

€ 25.00

DR. ULRICH Merkl, born in 1965, studied art history, archaeology and Romance philology. As a freelance author and editor, he lives with his wife near Leipzig. He has ten children: two of flesh and blood and eight made of paper. Since 2017, he has known that he is affected by Asperger's autism. Visit the author on his blog: [www.ulrich-merkl.de](http://www.ulrich-merkl.de)



JOSEPHINE SCHWARZ-GERÖ

## **Baby, Why Aren't You Eating?**

Understanding and Solving Eating Problems

Supplemented and Revised New Edition

ISBN: 978-3-8436-1534-1 | Patmos | Paperback | 224 pages | 14 x 22 cm | € 22.00

### **Baby knows the solution!**

Eating problem in babies and toddlers can manifest in a variety of ways: One baby refuses the breast, a toddler seems to not be hungry at all and another child is a picky eater who only consumes certain foods and nothing else. Josephine Schwarz-Gerö has a solution for every baby and toddler eating problem, which involves perceiving children's signals since the problem draws attention to their needs. Responding to these signals sensitively is the most important step towards normal eating behavior.



JOSEPHINE SCHWARZ-GERÖ  
**A Dad Is Not a Mom**

ISBN: 978-3-8436-1092-6

Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

**Sold: Romanian**



CLAUS KOCH  
**Education to Open-Mindedness**

ISBN: 978-3-8436-1361-3

Patmos

This book doesn't give any tips on how to raise children but uses the form of a novel to describe how a child grows into the world and develops curiosity and understanding. It's a splendid plea for autonomy, tolerance and open-mindedness.



CLAUS KOCH  
**Children of Separation**

ISBN: 978-3-8436-1108-4

Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.



ELISABETH RAFFAUF  
**Just Raise Us!**

ISBN: 978-3-8436-1322-4

Patmos

Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right but can they give children what they need to grow up.



ELISABETH RAFFAUF  
**They Don't Just Do Nothing: They Lie There and Grow**

ISBN: 978-3-8436-1019-3

Patmos

This book reminds readers of their own chaos years and helps understanding today's young people in their conflict between need for affection and rebellion

**Sold: Korean**



FELICITAS RÖMER  
**Chill Out, Mom!**

ISBN: 978-3-8436-0528-1

Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease and can gladly "Chill out!".



RITA STEININGER  
**When Little Dragons Spit Fire**

ISBN: 978-3-8436-1188-6

Patmos

When children turn into little dragons it costs parents a lot of nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage.



HEINZ-PETER RÖHR  
**How I Can Help my Child Gain Strong Self-Esteem**

ISBN: 978-3-8436-0995-1

Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal in a helpful way. It is possible to strengthen children's self-esteem!

**Sold: Czech**



## Tips from the crying clinic

- ▶ The successful classic has been updated and supplemented
- ▶ Additional chapter on promoting the baby's self-regulation skills



Sometimes loving attempts at soothing are not enough. The baby cries for seemingly no reason and will not stop, causing much strain on the child and parents. Christine Rankl explains with sensitivity and competence how crying problems arise, provides the necessary knowledge about baby development and gives concrete help on how parents can solve a crying problem and achieve a greater sense of calmness. An additional chapter discusses how to promote children's self-regulation skills, which are very important for the rest of their lives.

CHRISTINE RANKL

### How to Calm My Baby

Completely revised new edition

ISBN 978-3-8436-1533-4

Patmos

Paperback

200 pages

14 x 22 cm

€ 22.00

CHRISTINE RANKL is a psychotherapist and co-founder of the Infant Psychosomatics Department at Vienna's Wilhelminen-spital hospital. She is also the mother of two children.



By the same author:

CHRISTINE RANKL

### Quiet Nights

ISBN: 978-3-8436-0748-3

Patmos

In this bestselling guidebook, psychotherapist Christine Rankl offers parents solutions for every kind of sleeping problem in children, from infants to school-aged kids.



MICHAELA SEUL

**Getting Older Is No Reason to Whine**

Dog Wisdom for More Serenity

ISBN: 978-3-8436-1499-3 | Patmos | Hardcover | 160 pages | 12 x 19 cm | € 20.00

**My dog, my coach**

No one is immune to getting older... but does it really have to be a reason to whine? After observing her dog, the bestselling author realizes: No! In a charming, entertaining, humorous and inspiring way, she leads us on the trail of a successful later phase of life. This approach gives readers a completely new, often surprising perspective on getting older. The “treats of dog wisdom” are backed up with the latest findings from psychology and behavioral research, which ensures that dog lovers and readers who want to broaden their horizons will get their money’s worth.



GUY BODENMANN

**You Should Quarell!**

ISBN: 978-3-8436-1433-7

Patmos

Using case studies, experienced couple therapist Guy Bodenmann describes various conflict patterns and their effect on the couple and the children. His book offers many hints and tips on how couples can recognize and change their destructive behavior.



GUY BODENMANN

**Love With All Your Heart**

ISBN: 978-3-8436-1306-4

Patmos

With the help of exercises and practical tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment to survive times of crises. This is a book that helps people sustain love and find their way to a happy relationship.



UDO RAUCHFLEISCH

**Understanding Transgender People**

ISBN: 978-3-8436-1484-9

Patmos

Psychotherapist Udo Rauchfleisch helps relatives, friends and colleagues of transgender people to understand the phenomenon of trans identity and encounter these people without fear of contact.



UDO RAUCHFLEISCH

**Living (and Loving) with Borderline Personality Disorder**

ISBN: 978-3-8436-0636-3

Patmos

Psychotherapist Udo Rauchfleisch helps friends and partners of people with borderline disorder to understand this serious psychological illness and gives concrete suggestions.



ELLEN SPANGENBERG

**Trusting Life Again**

ISBN: 978-3-8436-1455-9

Patmos

Ellen Spangenberg gives comprehensive information on the consequences of sexual violence, discusses the latest treatment possibilities and shares tested methods of self-help. This book does not replace therapy but helpfully accompanies it.



CHRISTIAN FIRUS

**When the World Falls to Pieces**

ISBN: 978-3-8436-1458-0

Patmos

The author describes what helps in everyday life against fear, as well as what we can do to look more confidently towards the future. This book helps in discovering the opportunities of fear and gives advice.



CHRISTIAN FIRUS

**What We Gain When We Do Without**

ISBN: 978-3-8436-1253-1

Patmos

Doing without what is superfluous is what we need to be happy. This approach offers a path to better health, more freedom and greater personal development. Christian Firus takes the reader on a surprising journey.



KERSTIN FRIEDRICH

**No Sport Also Isn't a Solution**

ISBN: 978-3-8436-1321-7

Patmos

All of us “actually” want to do more sport and have a healthier life. But we are often too comfortable. There are just thousands of excuses. Kerstin Friedrich, a couch potato herself, only got into sport at age 60.



## Discovering humour as a life force

- ▶ Humour as a life force and resilience factor
- ▶ Renowned author
- ▶ Written in a light and humorous way



“Humour is when you laugh anyway!”, as the saying goes. And this already implies that it means so much more than being witty or a good mood and laughter. This is why renowned author Irmtraud Tarr explores the many facets of humour in this book and comes to an exciting insight: Humour is a gift that helps us to face this world’s shortcomings with cheerful serenity. It refers to a state of mind, an attitude towards life or the world that makes people laugh even when things become difficult. It makes it possible for us to loosen up and relativise whatever is rigid, solidified and earnest – also by not taking ourselves and the circumstances so seriously. Humour is not only the rescue buoy in the river of life, but also the power that helps us to enjoy the ride on the water to the fullest.

IRMTRAUD TARR

**Humour: The Rescue Buoy in the River of Life**

ISBN 978-3-8436-1496-2

Patmos

Hardcover

128 pages

12 x 19 cm

€ 16.00

**DR. IRMTRAUD TARR** is a psychotherapist, university professor and internationally active concert organist. She is the author of more than 30 reference books and guide-books that have been translated into many languages. [www.irmtraud-tarr.de](http://www.irmtraud-tarr.de)



By the same author:

IRMTRAUD TARR

**Letting Go**

ISBN: 978-3-8436-1457-3

Patmos

This book encourages us to ask ourselves some questions: Why is it so hard for me to let go? How could I learn to let go of problems in everyday life? At the same time, it also has some unusual, thought-provoking and quite practical Ideas for the answers.

CHRISTIANE NEUEN (Ed.)

## Verena Kast: Life Is Relationship

From the Self to the World

ISBN: 978-3-8436-1461-0 | Patmos | Hardcover | 192 pages | 14 x 22 cm | € 22.00

### Jungian psychology for our age

The renowned Jungian analyst and psychotherapist Verena Kast has repeatedly used relatedness as the focus of her work, such as when she explains the emergence of complexes or emphasizes that individuation is a relationship process. Especially in her later works, she has illuminated current social and socio-political topics such as the phenomenon of the conspiracy narrative, xenophobia or dealing with hatred. For Verena Kast's 80th birthday, texts from her extensive works have been compiled and make it clear: Kast's psychology is a psychology of the relationship, which focuses on turning towards other people and the world. It provides essential impulses for a successful life.



### BRIGITTE DORST The Knowing of the Heart

ISBN: 978-3-8436-1419-1  
Patmos

In this comprehensible introduction, Brigitte Dorst focuses on the spiritual depth dimensions that characterize analytical psychology and differentiate it from other psychologies. The book emphasizes the key significance of spirituality in analytical psychology, which we also understand as a "spiritual psychology."



### BRIGITTE DORST Resilience

ISBN: 978-3-8436-1456-6  
Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst enables readers to strengthen the resilience of their spirit.



### INGRID RIEDEL Finding a Taste for Life

ISBN: 978-3-8436-1422-1  
Patmos

Finding a taste for life – is there anything that we desire more in a person? This book is a journey of discovery through our five senses – and it simultaneously takes us on a path to (once again) finding what gives our life a meaning or a "taste" for life.



### INGRID RIEDEL Discovering the Inner World

ISBN: 978-3-8436-1372-9  
Patmos

The world of our lives is becoming more and more complex and challenging. In this book, the renowned Jungian analyst and psychotherapist Ingrid Riedel shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.



### INGRID RIEDEL The Secret of the Second Half of Life

ISBN: 978-3-8436-1281-4  
Patmos

Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives. Her book can encourage women between 40 - 70 years to open up to transformation and renewal.



### VERENA KAST Starting Anew Time and Again

ISBN: 978-3-8436-1280-7  
Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.



### VERENA KAST Access to Liveliness

ISBN: 978-3-8436-1308-8  
Patmos

Interest is such a "normal" emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. If interest is lacking, boredom comes into play. Interest and boredom are emotions that make us feel alive.



### VERENA KAST Aging – Always Good for a Surprise

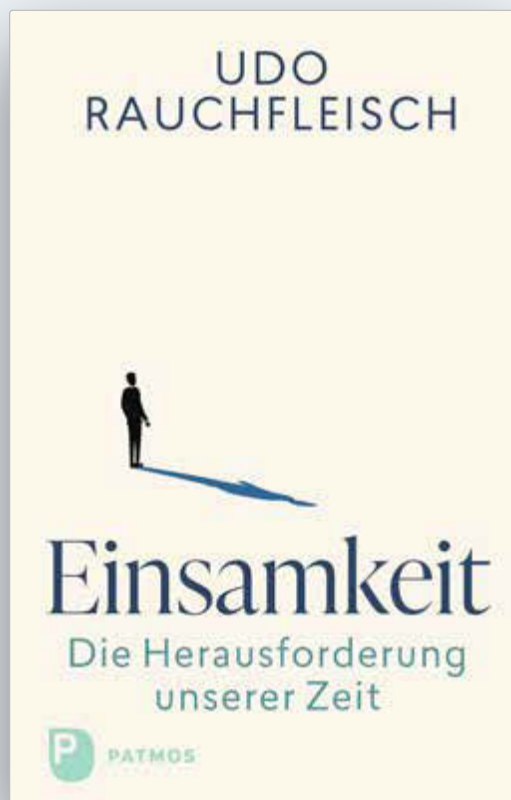
ISBN: 978-3-8436-0736-0  
Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

**Sold: Russian**

## What we can do about loneliness

- ▶ How to reduce loneliness
- ▶ Intelligent analyses of a central problem for our time
- ▶ Many examples from everyday life and psychotherapeutic practice



Loneliness has become a central issue that has been the subject of intense debate, especially in recent years. Its causes vary since feelings of loneliness can be individual – e.g. due to old age, illness or migration – or even interpersonal, such as separation, death or lack of relationship networks. There are social causes – including anonymity, a lack of solidarity or the gap between rich and poor – but also global ones such as the coronavirus pandemic or climate change. In this non-fiction book, the renowned psychoanalyst and psychotherapist Udo Rauchfleisch describes the causes, as well as the health and social consequences of loneliness. He uses many examples to illustrate a constructive approach in dealing with feelings of loneliness. In conclusion, he points out which social strategies and political activities are necessary to effectively combat loneliness.

UDO RAUCHFLEISCH

### **Loneliness: The Challenge of Our Time**

Analyses and Suggestions

ISBN 978-3-8436-1526-6

Patmos

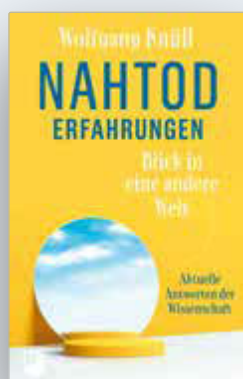
Hardcover

168 pages

14 x 22 cm

€ 22.00

UDO RAUCHFLEISCH, professor of clinical psychology, is a psychoanalyst and psychotherapist in private practice in Basel, Switzerland. Among his major areas of expertise are sexual identity and orientation, as well as psychosocial work in counseling, therapy, and pastoral care.



Also available:

WOLFGANG KNÜLL

### **Near-Death Experiences**

ISBN: 978-3-8436-1454-2

Patmos

This book is intended as a type of reference work on the topic near-death experiences. A short and concise, yet sufficiently detailed, scientifically substantiated summary on the status of the research and possibilities of interpreting these experiences.



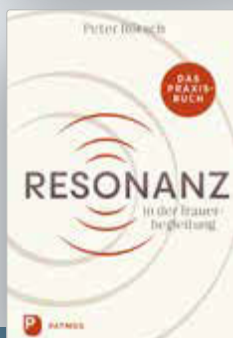


BRIGITTE HAERTEL  
**The Hour of the Night Wind**  
Protocol of a Mourning

ISBN: 978-3-8436-1508-2 | Patmos | Hardcover with ribbon | 208 pages |  
13 x 21 cm | € 22.00

**Life in the land mourning**

Three-and-a-half weeks lie between the diagnosis of incurable liver cancer and Günter's death. But Brigitte Haertel not only talks about this time of fear and hope: She describes their first meeting on the stairs of a Düsseldorf residential building, the eight years of their late happiness together and then his absence – to which her life still refuses to become accustomed. In a very personal and literary way, Brigitte Haertel tells her moving story of finding and losing, of a time that is no more and yet remains forever.



PETER RÖRSCH  
**Resonance in Grief Counselling**  
ISBN: 978-3-8436-1481-8  
Patmos

Grief often causes people to withdraw and fall silent. Grief counselling is intended to help people find their lost resonance and tune back into life. The book includes a theoretical section and a practical part with 60 grief sessions with various focal points.



ANTJE WENZEL-KASSMER  
**The World Suddenly Stands Still**  
ISBN: 978-3-8436-1477-1  
Patmos

This book offers helpful rituals, texts and symbols for accompanying grieving parents, especially those of Star Children. The experienced grief counsellor gives suggestions and assistance for the first contact with the parents, the funeral and further accompaniment.



THOMAS ACHENBACH  
**Men Grieve Differently: What Helps and Benefits Them**  
ISBN: 978-3-8436-1131-2  
Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



THOMAS ACHENBACH  
**The ABCs of Grief**  
ISBN: 978-3-8436-1462-7  
Patmos

Anyone who has lost a loved one is in turmoil since it's difficult to sort out what is happening inside. The 77 keywords and impulses that grief counselor Thomas Achenbach has compiled in this book provide support and security for this rough terrain.



PETRA SUTOR  
**Grieving for a Star Child**  
ISBN: 978-3-8436-1323-1  
Patmos

When a child dies, it's a decisive turning point that accompanies most parents throughout their lives and has effects on the entire family system. This book accompanies parents of star children in an informative and warm-hearted way.



PETRA SUTOR  
**Mourning at the Workplace**  
ISBN: 978-3-8436-1212-8  
Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture.



FLOR SCHMIDT  
**Getting Through Grief with Medicinal Plants**  
ISBN: 978-3-8436-1377-4  
Patmos

Medical plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the message and significance of these plants, as well as experience their beneficial effects in the grieving process.



IRMTRAUD TARR  
**What Rescues Us**  
ISBN: 978-3-8436-1317-0  
Patmos

When we must cope with loss, we need the sources of strength that are always available to us. Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain.

## Practising dying – is that possible?

- ▶ With exercises, questionnaires, expertise and diagrams
- ▶ Includes touching stories about how to successfully say farewell
- ▶ For clinics, palliative care units, hospices and families



If you accompany dying and mourning people professionally, voluntarily or privately, it is important to know how you personally feel about death and dying. Only when you know your own feelings can you distinguish between what concerns you and what concerns the person who you are accompanying. Do you feel their grief or is it your own? Do you feel their helplessness or are you being touched by something that makes you feel helpless? This book invites you to explore your own stance with exercises: How has your attitude towards death and dying developed from your own life experiences? Do you want to change it (and how)? It offers comprehensible knowledge about death and dying, as well as end-of-life and grief counselling. “Practising Dying” can transform your fears and lead you deeper into your aliveness.

SABINE RACHL

### Practising Dying to Let Life Unfold

Basic Principles, Case Histories and Self-Reflection for End-of-Life and Grief Counselling

ISBN 978-3-8436-1513-6

Patmos

Paperback

228 pages

14 x 22 cm

€ 22.00

SABINE RACHL works as music therapist in the Children's Hospice in Wuppertal, as lecturer and educational consultant for the dealing with loss and grieving. Among other things, she has founded a school with her husband.



Also available:

NATALIE KATIA GREVE

### The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.





ROLAND BREITENBACH  
**Meditations of the Heart**  
 Jesus and His Path

ISBN: 978-3-8436-1370-5 | Patmos | Hardcover | 88 pages | 12 x 19 cm | € 12.00

**The Path of Jesus for Everyone**

Jesus for all people: He did not found a new religion, and his path was different from that of the priests and religious people of his time: He set a movement of love in motion and invites us to follow in his footsteps. As his legacy, priest and writer Roland Breitenbach has left us "Meditations of the Heart" on the path of Jesus of Nazareth. The book includes reflections, practical meditation exercises and prayers, which are being published for the first time.



KATRIN BROCKMÖLLER  
**A Sign from Heaven**  
 ISBN: 978-3-8436-1482-5  
 Patmos

To discover the potential of Christmas, it helps to look at the promises of the Old Testament: great signs, justice and righteousness, healing, homecoming and peace. Christians have always placed Jesus and his birth within the horizon of these hopes.



JOSEF EPP  
**When Everything Turns Out Differently**  
 ISBN: 978-3-8436-1444-3  
 Patmos

Crises are part of every individual and social life experience: Loss, illness, disability, mental illness, professional upheaval, separation – all of these are experienced in vastly diverse ways. As a result, the focus of this book is on personal life crises as the starting point for various perspectives.



SOPHIA WEIXLER  
**I Breathe Hope**  
 ISBN: 978-3-8436-1438-2  
 Patmos

Sister Sophia has had her language restored to her by the Psalms after she experienced spiritualized and sexualized abuse of power. She has rewritten the Psalms of the Bible in her own words. By writing and praying, she felt her way back to God.



MARIE KORTENBUSCH  
**How God Made Me**  
 ISBN: 978-3-8436-1447-4  
 Patmos

Lesbian and a committed Catholic? Still a struggle today, this was especially true in the 1980s when there were hardly any words for queer identity and no acceptance whatsoever. Despite everything, Marie Kortenbusch refuses to give up her Church. Her book provides deeper insights.



SABINE MEGHARIA AND  
 OTHERS  
**Out of the Shadows**  
 ISBN: 978-3-8436-1432-0  
 Patmos

Muslim women of various generations and professions invite you to get to know them quite personally beyond the clichés. The articles paint a colorful, diverse picture of the life and faith of modern Muslim women.



SARAH VECERA  
**How Did Jesus Become White?**  
 ISBN: 978-3-8436-1352-1  
 Patmos

Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how we can do something against them.



STEFAN HEROK  
**Bless Our Nerves**  
 ISBN: 978-3-8436-1479-5  
 Patmos

People who participate in the Church despite all of the scandals need resilient nerves. This book is aware of the embarrassments, but it is also about ensuring that the Church does not get exhausted in all of this.



FRANZ KAMPHAUS  
**The Stranger from Nazareth**  
 ISBN: 978-3-8436-1472-6  
 Patmos

Former bishop Franz Kamphaus invites readers to a stimulating examination of the Gospel of St. Mark's provocations, which are challenging but rewarding for a living faith throughout the year.



## Time for love

- ▶ Andrea Schwarz's successful title in a new gift edition
- ▶ For lovers and couples, Valentine's Day, weddings, all couple and wedding commemorations
- ▶ The Bible's love poetry and contemporary love poems



Andrea Schwarz wants to encourage us to trust in the experience of love. Her poems are a "poetry of love" and inspire us to consciously perceive and live our own feelings, moods and experiences of love. She has juxtaposed her poems with the texts of the "Song of Songs" about love from the Old Testament – combining the experiences of passion and love from the poetic images of biblical times and our present day.

The new edition is published with illustrations by Beate Klein and an up-to-date epilogue by Andrea Schwarz. This is a very special erotic-spiritual reading experience.

ANDREA SCHWARZ

### Let You Touch Me Tenderly

Songs of Love

ISBN 978-3-8436-1520-4

Patmos

Hardcover with ribbon marker

120 pages

14 x 22 cm

€ 16.00 euros

ANDREA SCHWARZ is trained industrial management assistant and social worker and active in Catholic community work. She lives in Emsland and supports the voluntary projects of the Mariannhiller Sisters in South Africa. Andrea Schwarz is one of the most widely read Christian writers of our time.



By the same author:

ANDREA SCHWARZ

### The Longing Lives On

ISBN: 978-3-8436-1298-2

Patmos

Once, Andrea Schwarz set out on the Way of St. James to Santiago de Compostela. Today she reads her pilgrimage diary and realizes how the fundamental experiences have shaped her life since then. This book is about the longing for life - and the steps to follow this longing.



DORIS ZÖLLS

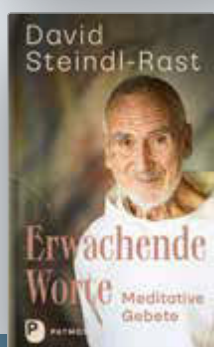
## Like a Bird in Flight

Gaining Trust from the Sources of Zen with Texts of the Shinjinmei

ISBN: 978-3-8436-1478-8 | Patmos | Hardcover | 96 pages | 12 x 19 cm | € 18.00

### Trust in life – the path out of resignation

Natural disasters and the world's political and economic crises, as well as perhaps our own life problems, leave us feeling disappointed and resigned time and again. What can we do about such feelings of powerlessness? The well-known Zen master Doris Zölls explores everyday reality in detail and discovers: Trust is what always guides and supports us in everything that we do as a matter of course. Once we become aware of this trust, nurture and cultivate it, we can draw on it in times of need.



DAVID STEINDL-RAST  
**Awakening Words**

ISBN: 978-3-8436-1427-6  
Patmos

David Steindl-Rast is a world-renowned spiritual teacher who draws on both Christian sources and the practice of Zen. In his new book, he presents 55 short meditations on individual words such as "breath" and "time," "spectre" and "magic power."



MARTIN KÄMPCHEN  
**My Life in India**

ISBN: 978-3-8436-1368-2  
Patmos

Martin Kämpchen has immersed himself in the religious, cultural and social life of India like no other contemporary. He is well-known as reporter as well as translator. This is the story of an extraordinary life and insights into Indian life from a close-up perspective.



SYLVIA WETZEL  
**High as the Sky, Deep as the Earth**

ISBN: 978-3-8436-1369-9  
Patmos

This book shows us that when we turn inwards and discover our own inner wealth, holistic growth can happen. Many exercises make it possible to gain clarity about ourselves and develop abilities that can help us to cope with difficult parts of our path in life.



SYLVIA WETZEL  
**Awakening and Redemption**

ISBN: 978-3-8436-1075-9  
Patmos

Sylvia Wetzel interprets Christian symbols, images and terms from a Buddhist perspective. Her respectful and unconventional view of Christianity encourages readers to rediscover what is familiar and be touched by the deep dimensions of both religions.



HELMUT SCHLEGEL  
**In the Silence I Hear Your Steps**

ISBN: 978-3-8436-1334-7  
Patmos

This book describes encounters with God in a person's everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.



Katharina Schridde  
**You Have Afflicted Me**

ISBN: 978-3-8436-1228-9  
Patmos

In trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, she answers the question if traumatic experiences are related to faith to other affected people and therapists.



BRIGITTE DORST  
**Everything Begins with Longing and Searching**

ISBN: 978-3-8436-0922-7  
Patmos

Sufism is often referred to as Islamic mysticism. Brigitte Dorst describes a contemporary Sufi path in which insights and methods of C.G. Jung's Analytical Psychology are connected with the rich legacy of Sufism.



KLAUS-WERNER STANGIER  
**The Master Issues a Certificate on Achieved Enlightenment**

ISBN: 978-3-8436-1158-9  
Patmos

This book brings Meister Eckhart, original representative of Christianity, into conversation with Hakuin, a well-known Zen Master. This book provides information and inspires us.

## Freedom needs a sense of security

- ▶ Finding support and orientation
- ▶ Eastern wisdom meets Western knowledge
- ▶ Concrete exercises for everyday life



SYLVIA WETZEL

### **Pillars of Life**

What Sustains Us

ISBN 978-3-8436-1524-2

Patmos

Paperback

160 pages

14 x 22 cm

€ 18.00

Many people are insecure these days since it is difficult to find orientation, especially in times of crisis. From the Buddhist point of view, life is “tragic and sublime” because its conditions are constantly changing. What can give us stability in the ups and downs of life? Sylvia Wetzel interprets the “five pillars of life” as known in sociology for our time:

1. Family and close relationships, 2. Housing and neighbourhood, 3. Work and leisure, 4. Health network, 5. Shared values

The well-known Buddhist meditation teacher shows how we can build and promote these pillars so that they sustain us – not only in difficult times. This book demonstrates how we can deal constructively with small and large changes, as well as how we can better cope with crises in our immediate environment and the world.

SYLVIA WETZEL is publicist and Buddhist meditation teacher. She trained in the Tibetan tradition and was a Buddhist nun. Since 2000 she works in continuing education for psychotherapists together with Luise Reddemann. She has published several books.



By the same author:

SYLVIA WETZEL

### **Pearls of Buddhist Wisdom**

ISBN: 978-3-8436-1440-5

Patmos

After a short and incisive introduction to Buddhism, the well-known Buddhist teacher Sylvia Wetzel interprets 45 key Buddhist wisdom texts for today. This is a book of timeless wisdom.





MARKUS GRÜNLING

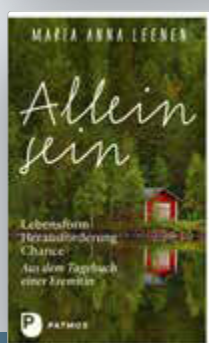
**The Art of Celebrating New Rituals**

What They Are, What They Need and How They Succeed

ISBN: 978-3-8436-1512-9 | Patmos | Hardcover | 160 pages | 14 x 22 cm | € 18.00

**Creating new rituals**

With the decline in church affiliation, familiar rituals have disappeared from many people's lives. But parallel to the evaporation of traditional religiosity, there is a growing longing for new rituals. They should be open and adapt to the respective personal circumstances and backgrounds without rigid dogmatism or bizarre esotericism. Markus Grünling shares his experiences since his book is based on his many years of collegial dialogue with other funeral or wedding speakers, rite masters and ritual designers.



MARIA ANNA LEENEN

**Being Alone: Lifestyle – Challenge – Opportunity**

ISBN: 978-3-8436-1396-5

Patmos

More than 27 years ago, Maria Anna Leenen made the decision to be alone. Since then, she has lived as a recluse and become familiar with many facets of seclusion. She discusses her experiences in this book, in the form of a diary.



LUKAS KIEMELE

**I, the World and the Meaning of Everything**

ISBN: 978-3-8436-1394-1

Patmos

Lukas Kiemele succeeds in showing us the significance of philosophical considerations for our everyday actions. This is an easy-to-read examination of (not only) the youthful search for individuality, identity and self-realization.



STEFAN JÜRGENS

**On Familiar Terms**

ISBN: 978-3-8436-1367-5

Patmos

This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom Stefan Jürgens was allowed to search for ways to pray - whether in seminars or as spiritual guidance.

**Sold: Italian**

STEFAN JÜRGENS

**From Magic to Mysticism**

ISBN: 978-3-8436-1036-0

Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.

**Sold: Italian**

ANNETTE HEIZMANN

**The Hildegard Code**

ISBN: 978-3-8436-1209-8

Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.



GISBERT GRESHAKE

**Walking**

ISBN: 978-3-8436-1041-4

Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.

**Sold: Italian, Spanish**

JÖRG STEINERT

**Pilgrimage at Home**

ISBN: 978-3-8436-1381-1

Patmos

The Way of St. James gathers believers, sceptics and seekers not only in Spain, but increasingly also on the various pilgrimage routes in Germany. Jörg Steinert has set out again and shares his tours and experiences through words and images.



PETER MÜLLER

**Pilgrimage In Everyday Life**

ISBN: 978-3-8436-1389-7

Patmos

For all of us who can't or don't want to go on a pilgrimage, this at-home guide offers enriching alternatives. Experience ten weekly themes with rituals, spiritual impulses and encouraging stories. This book makes it possible to have pilgrimage days at home.

## The book for spiritual homelessness

- ▶ Inspiring look at the festivals throughout the year
- ▶ Experiencing and connecting with grounded spirituality
- ▶ A different way of being the Church



Many people no longer feel at home in the institutional church. Most of them are looking for other forms and places to create a relationship between their lives and the divine. In his own search, Jan Frerichs has rediscovered the wild church – because the wild church has always existed. Its cathedrals are forests, mountains, valleys, riverbanks, deserts and the ocean. Since time immemorial, its believers have cultivated an intimate relationship with the landscape and creatures. We are all brothers and sisters: There is no hierarchy and no dogmatism. The first Bible of the wild church is the Creation itself with its living beings, phenomena and cycles – and it is an ancient art to read this Bible, which is the mirror for our souls. It is time to feel at home in this church once again.

JAN FRERICHS

### Wild Church

How We Can Reclaim Our  
Spiritual Home

ISBN 978-3-8436-1511-2

Patmos

Hardcover with ribbon

184 pages

14 x 22 cm

€ 20.00

JAN FRERICHS is the founder and director of the “Franciscan School of Life”. As a theologian, he accompanies people in spiritual time-outs and rites of passage. He is trained in the tradition of the “School of Lost Borders” and influenced by Franciscan spirituality (Richard Rohr: “Men’s Rites of Passage”). After five years as a Franciscan friar, he now belongs to the Third Order of the Franciscan Family. The former ZDF editor lives with his wife and two sons in Bingen am Rhein. [www.barfuss-und-wild.de](http://www.barfuss-und-wild.de)



By the same author:

JAN FRERICHS

### Barefoot and Wild

ISBN: 978-3-8436-1032-2

Patmos

Nature is the first Bible. The willingness to accept an inner path is decisive. On this path, the living tradition knows other signposts: a life in the balance of contemplation and action, of dedication to God and the resulting dedication to life. Jan Frerichs invites his readers on an exciting path to a spirituality of their own that will support them.



URSULA WOLLASCH  
**Trans and Catholic**

For a Church Where Transgender People Belong

ISBN: 978-3-8436-1536-5 | Patmos | Paperback | 208 pages | 14 x 22 cm | € 25.00

**Highly topical issue**

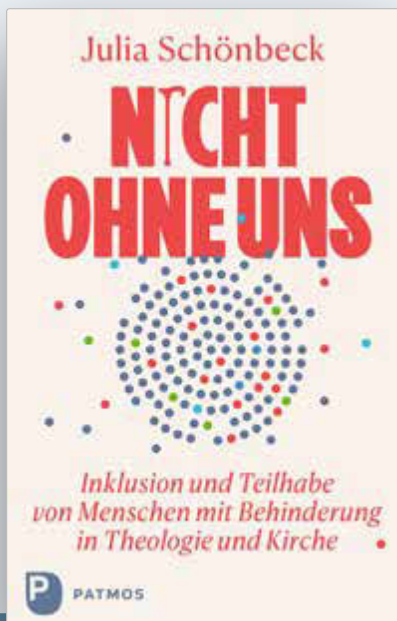
Transgender people are exposed to various forms of discrimination in our society. In contrast, how can the Church become a “safe place” for trans people that allows them to experience openness, belonging and community? Based on the three steps of seeing – judging – acting, this book describes the lifeworld experiences of trans people as it analyses various doctrinal statements on trans identity and places them in the context of Jesus’ message.

SR. MARIE-PASQUALE REUVER

**Responding with Sensitivity to People in the Church and Congregation Who Are Affected by Abuse**

ISBN: 978-3-8436-1516-7 | Patmos | Paperback | 176 pages | 14 x 22 cm | € 20.00

Abuse-sensitive speaking and working in the church and congregation  
 Increasingly more victims of sexualized violence are finding the courage to no longer remain silent, searching for words to express the unspeakable. But how should we react once the silence has been overcome? This book is intended to help those who are employed or involved in the Church in any way to reduce their fear of contact, as well as creating a welcoming space for persons who have been affected by abuse.



JULIA SCHÖNBECK  
**Only with Us**

Inclusion and Participation of People with Disabilities in Theology and the Church

ISBN: 978-3-8436-1490-0 | Patmos | Paperback | 192 pages | 14 x 22 cm | € 21.00

**Inclusion and the Church**

In recent years, the topic of diversity has also become increasingly important in the churches. However, the inclusion of people with disabilities still frequently plays a subordinate role. With the background of her own experiences as a disabled Christian and theology student, Julia Schönbeck writes about how German churches deal with the topic and gives an impetus for engaging with the various levels of an inclusive church.



## Karl-Josef Kuschel: Stefan Zweig and the universalism of Judaism

- ▶ Fascinating study of one of the greatest German-language poets
- ▶ Connection between religion, society and culture
- ▶ Universal significance of Judaism



Based on Stefan Zweig's works and autobiographical testimonies, Karl-Josef Kuschel describes the author's drama in times of growing anti-Semitism that ultimately came to a head in tragedy. At the same time, he shows that universalist thinking in Zweig's footsteps has remained alive in today's Judaism even after the Shoah. For the first time in Zweig Research, this is a comprehensive and compellingly written study of a poet whose work is well-known, but whose understanding of Judaism is virtually unfamiliar to most people.

KARL-JOSEF KUSCHEL  
**"Our Spirit Is the Spirit of the World"**

Stefan Zweig and the Drama of a Jewish Cosmopolitanism

ISBN 978-3-8436-1501-3

Patmos

Hardcover

664 pages

14 x 22 cm

€ 44.00

KARL-JOSEF KUSCHEL, born in 1948, is a professor of Catholic Theology at the University of Tübingen, Germany, where he teaches theology of culture and interreligious dialogue. Through his numerous books he has become familiar to a wide public. His works have also been translated into several languages.



By the same author:

KARL-JOSEF KUSCHEL  
**On the Tightrope: Franz Kafka**

ISBN: 978-3-8436-1518-1

Patmos

In this essay, Kuschel specifically explores the question of how Kafka's relationship to Judaism can be determined and what it means for his understanding of himself as an author.



EUGEN DREWERMANN / HERIBERT KÖRLINGS

**Living Out of Love – A Conversation with Heribert Körlings about Life and Death**

Eugen Drewermann Responds to Young People

ISBN: 978-3-8436-1385-9 | Patmos | Paperback | 120 pages | 14 x 22 cm | € 12.00

**Suitable for religious education**

“Doesn’t God restrict me in my life?”

“Will people who love each find each other again after death?”

“What do you say to people who want to believe in God but don’t feel a connection to him?”

“Jesus is supposed to ‘transform’ us. Should he control us so that we become like him?”

“Is love a proof of eternity?”

“Can faith make us happy?”

**AHMAD MILAD KARIMI  
Maradona and the Divine Game**

ISBN: 978-3-8436-1412-2

Patmos

In times of many crises, both the longing for security and experience of perpetual change are increasing. The author Ahmad Milad Karimi takes a radically serious stance on the experience that life remains elusive and reveals what is good about this.

**MICHAEL ALBUS  
Passing Through**

ISBN: 978-3-8436-1473-3

Patmos

Journalist and lecturer Michael Albus has compiled his memories of an eventful life. The author embarks on a quest to find out what was important and what has remained. And what still needs to be done in the face of crises and challenges.

**MARTIN WALSER/MICHAEL ALBUS (EDS.)****We Would Rather Dream It All Than Say It**

ISBN: 978-3-8436-1258-6

Patmos

This book of conversations between Martin Walser and Michael Albus was created at the author’s request. Martin Walser talks about what still matters and what no longer matters after a long and fulfilled life.

**ULRICH LUZ  
The New Testament for Beginners**

ISBN: 978-3-8436-1095-7

Patmos

“Normal” men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a “reader-proof” book with information on Jesus, early Christianity and writings of the New Testament.

**MICHAEL N. EBERTZ  
Disempowerment**

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church’s disempowerment – and outlines the direction of possible paths into a future in four theses.

**EUGEN DREWERMANN  
The Water of Life: A New Beginning in God’s Love and Human Love**

ISBN: 978-3-8436-1532-7

Patmos

Eugen Drewermann interprets the fairy tale “Water of Life” by Brothers Grimm. He explores it to the necessary reversal of existence in a world of emotional coldness, violence and greed.

**EUGEN DREWERMANN / MARTIN FREYTAG  
The Mystery of Jesus of Nazareth**

ISBN: 978-3-8436-1080-3

Patmos

The questions Eugen Drewermann answers in this book have been asked by students in religion class. Their teacher interviewed the well-known author.

**Sold: French****EUGEN DREWERMANN / MARTIN FREYTAG  
God, Where Are You?**

ISBN: 978-3-8436-1210-4

Patmos

Eugen Drewermann responds to questions asked by students in religion class. Their teacher collected the young people’s questions, which were answered in an understandable way by the well-known author.

## For a new “world heart”

- ▶ Plea for more courage
- ▶ Inspirations for more kindness towards each other
- ▶ Well-known and established author



Many have a heart for animals or even for children. People are kind to each other, but there is also a heartless side to our world. Karl Marx complained about this in view of the misery suffered by the industrial proletariat: For him, religion was “the sigh of the oppressed creature, the mind of a heartless world”. Is it possible -- biblically speaking – to give the world a new heart? How can this “new” world heart permeate personal and political action? How can people be touched in such a way that they live and work “courageously”, meaning that their hearts take action? The author’s look at what makes the world heartless today is followed by “courageous meditations” – inspirations for a way of thinking and acting that can bring warmth to the heartless world.

PAUL M. ZULEHNER

### Kindness in a Heartless World

Courageous Meditations

ISBN 978-3-8436-1517-4

Patmos

Paperback

88 pages

12 x 19 cm

€ 12.00

PAUL M. Zulehner holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.



By the same author:

PAUL M. ZULEHNER

### Passion for the World

ISBN: 978-3-8436-1492-4

Patmos

How much space do people allow God? What images do they have of God? The answers are contemplated in small texts that are profound spiritual miniatures. God’s passion for His world is awakening in an age that smells of the Apocalypse (Roland Schwab). The author invites readers to perceive this melody and tune into it with their own involvement.





HOLGER ZABOROWSKI

**Questions of Meaning**

Attempts at Thinking in Uncertain Times

ISBN: 978-3-7867-3360-7 | Grunewald | Hardcover | 144 pages | 12 x 19 cm | € 19.00

**An invitation to question, think and hope**

Holger Zaborowski has compiled small attempts at reflecting on a successful life in this volume. They are approaches to what we do or what moves us: gardening, playing, leisure, the physical realm, the relationship with God or even hope. It turns out that being human is not an abstract state. Everyday life reveals itself as a key to the deeper levels, meaning can be experienced in the mundane and traces of hope can be found in perilous situations. This book helps us ask questions about meaning in a new way. It shows us viable paths in concrete life despite the uncertain times. Reflection reveals perspectives that give us hope.



HANS-JOACHIM SANDER

**After Patience and Beyond Whatever**ISBN: 978-3-7867-3347-8  
Grunewald

Hans-Joachim Sander is committed to revealing this situation and expressing his solidarity with those who are harassed within and outside of the Church: What can people use as a guide? How do they get out of the deplorable melange of horror, anger and rage?



PAUL M. ZULEHNER

**Hope for a Floundering World**ISBN: 978-3-7867-3345-4  
Grunewald

Europe is considered the "Christian West". But how Christian is the continent today? Is Christianity dying, as some people suspect? Or is it undergoing a profound transition? And finally: How can the Gospel be a source of hope in today's floundering world?



BERND JOCHEN HILBERATH

**Spiritless? Spirit, Let's Go!**ISBN: 978-3-7867-3330-0  
Grunewald

People associate many different things with "spirit." Bernd Jochen Hilberath explores these connections and focuses on them in view of spirit as the "Holy Spirit" in Christian churches: How do spirit and institution, charisma and ministry, spirituality and hierarchy relate to each other?



OTTMAR FUCHS

**Moments of Mysticism in Limbo**ISBN: 978-3-7867-3336-2  
Grunewald

Many people increasingly experienced what limbo means during Covid: appointments in limbo, familiar certainties became unreliable and they were challenged to live on sight. Ottmar Fuchs takes such experiences and shows how they reinforce similar states in faith and spirituality.



STEFAN KNOBLOCH

**Ambiguous Faith**

Faith is related to life, the life of individuals with their everyday worries, doubts and uncertainties. This results in ambiguous diversity, which isn't a sign of deficiency but of a search. This book encourages to engage with this ambiguity of faith.



MARGIT ECKHOLT

**Moved by the Spirit**ISBN: 978-3-7867-3277-8  
Grunewald

In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage - to be "moved by the spirit".

**Sold: Italian**

HANS KESSLER

**Resurrection?**ISBN: 978-3-7867-3252-5  
Grunewald

Hans Kessler examines the sources and foundations of the belief in resurrection and traces it back to a fundamental question for the Christian understanding of God: Who is this God, who wants all-encompassing life for every human being?



Magnus Striet

**Priests (M/F/X) Wanted**ISBN: 978-3-7867-3275-4  
Grunewald

Magnus Striet examines the question of how it was possible for the image of the priest to become exaggerated and whether the conditions for the papal ban on discussion are even given. This proposal for discussion could lead the Church out of its dilemma.

## We are all equal in desire

- The anarchy of desire and compulsion to “sexual identity”
- Against the strategy of “being different”
- Desire in the Bible and history, psychoanalysis and sexology



According to popular opinion, the matter of “homosexuality” is now cut and dried. Enlightened societies have learned to live with homosexuals and reject discrimination against them. Does this mean that the centuries-old history of conflict is coming to an end? Many experts of sexology are shaking their heads. Based on actual individual behavior, it is not possible to make a clear distinction between homosexuals and heterosexuals. After studying the Bible, history, psychoanalysis and sexology, Norbert Reck has come to this conclusion: The invention of “homosexuality” was an arbitrary categorization of people in the 19th Century – which was addicted to order – and has negative consequences for those affected by it. Humanity cannot be divided into different types of desire: There is no such thing as one shore and the other shore. This book offers debates and enlightenment.



By the same author:

NORBERT RECK  
**Jesus the Jew and the Future of Christianity**

ISBN: 978-3-7867-3180-1

Grünwald

Ever since the Enlightenment, there has been a deep rift between church doctrine and critical studies of the Bible. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.

NORBERT RECK

**No Other Shore**

The Invention of Homosexuality and Its Consequences: Impetus for a Necessary Debate

ISBN: 978-3-7867-3357-7

Grünwald

Paperback

208 pages

14 x 22 cm

€ 20.00

NORBERT RECK, DTh, born in 1961, is a freelance author and translator. He is a member of the Jews and Christians Discussion Group in the Central Committee of German Catholics. From 2000 to 2016, he was the responsible editor of the German edition of the Concilium international magazine. He has written many publications on the topic of Christians and Jews after the Shoah.



SONJA MARSCHALL

**Lotte and the Little Chemo Manikins**

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages |  
19 x 23.5 cm | € 14.00

**How can I explain the disease of cancer in a child-friendly way?**

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated



SABINE WALDMANN-BRUN  
**Jojo Rosepetal and the Trip in the Balloon**

ISBN: 978-3-8436-1138-1  
Patmos

Jojo Rosepetal knows stories from the Bible and invites the children Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, peace, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH  
**My Children's Bible**

ISBN: 978-3-8436-0954-8  
???????????

Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God is always with us, every day. This is a wonderful gift for big and little people from six years and up.

**Sold: German audio rights**



MARTINA STEINKÜHLER  
**You Are Welcome!**

ISBN: 978-3-8436-0896-1  
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE  
**The Story of the Good King**

ISBN: 978-3-8436-0671-4  
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER  
**What on Earth Is Wrong with Gisbert?**

ISBN: 978-3-8436-0701-8  
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong.  
**Sold: English (World), French**



JOCHEN WEEBER  
**Henrietta Feels the Wind**

ISBN: 978-3-8436-0881-7  
Patmos

Henrietta has three favorite things: computer games, computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take her to a fascinating place...outside!  
**Sold: Lithuanian**



PETRA FIETZEK  
**Everything Is Different for Lulu Now**

ISBN: 978-3-8436-0521-2  
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



ANNETT STÜTZE / BRITTA VORBACH  
**Grandpa, What Color is Death?**

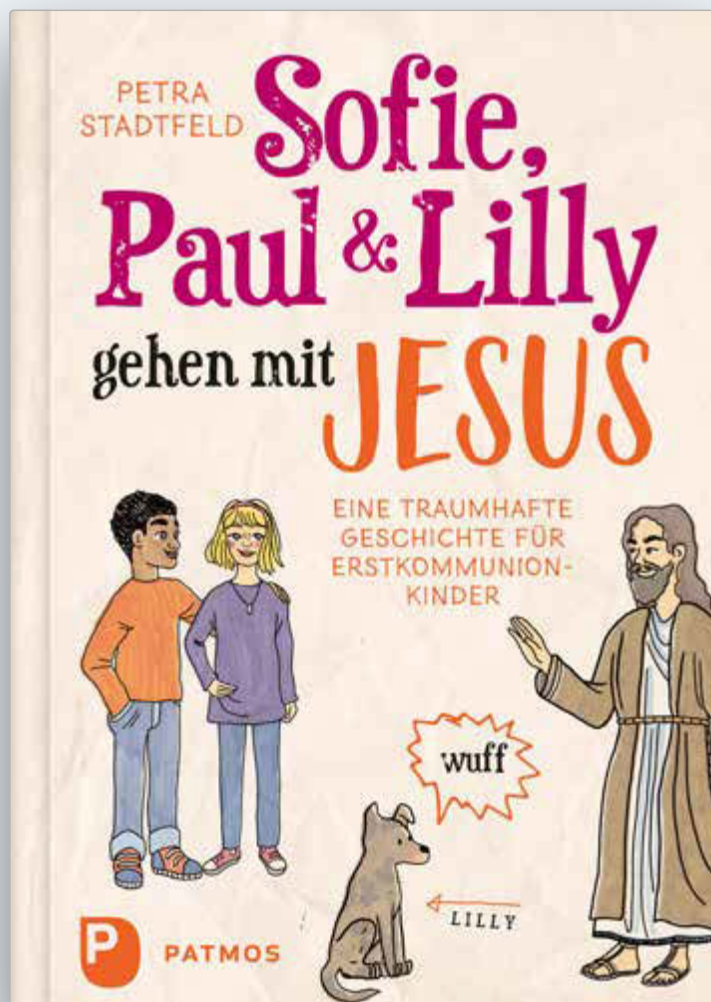
ISBN: 978-3-8436-0953-1  
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.



## Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD

### Sofie, Paul and Lilly Walk with Jesus

A Divine Story for First Communion Children

ISBN: 978-3-8436-1340-8

Patmos

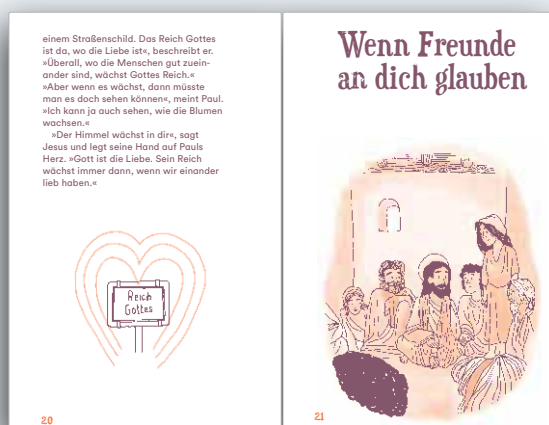
Hardcover

72 pages

12 x 19 cm

€ 12.00

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.





RAINER HAAK

**The Bookstore by the Sea**

A Story

ISBN: 978-3-98700-043-0 | Eschbach | Hardcover with ribbon | 112 pages |  
12 x 19 cm | € 12.50

**A summer by the sea**

Lissy is looking forward to an exciting future: The children are out of the house, and she is open to new challenges. Then she gets a phone call that completely upsets her plans: A small bookstore by the sea needs her help. This is the start of Lissy's adventurous journey to herself...



ANDREA SCHWARZ

**The Easter Bunny that helped St. Nicholas**

ISBN: 978-3-98700-038-6  
Eschbach

What happens when the Easter Bunny wakes up too early from its winter break and St. Nicholas urgently needs help and new ideas? Andrea Schwarz tells this magical tale of Christmas with a twinkle in her eye.



RAINER HAAK

**A Thousand Stars in the Night Sky**

ISBN: 978-3-86917-958-2  
Eschbach

Rainer Haak's Christmas stories are set in our time, among people as we know them. The stories tell about how even today at Christmas people see the light, a star can become a gift and a friendly encounter can turn into an angel...



RAINER HAAK

**Monsieur Jaque's Gift**

ISBN: 978-3-86917-600-0  
Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



DORIS BEWERNITZ

**Little Mr Lu Chi in Paradise**

ISBN: 978-3-86917-913-1  
Eschbach

You simply have to like little Mr Lu Chi. He's 70 years old, modest and well-versed in life. As curious as a child, he has his very own view of the world and human existence: How much wisdom fits into a sack? What does a heart have in common with a piece of cheese? How do people get rich? Where is paradise?



DORIS BEWERNITZ

**Little Mr Lu Chi**

ISBN: 978-3-86917-841-7  
Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



EVA MUTSCHER

**The Secret of the Little Sadness**

ISBN: 978-3-86917-601-7  
Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



EVA MUTSCHER

**Visit from the Little Queen**

ISBN: 978-3-86917-912-4  
Eschbach

The Little Queen knows how to turn the days into friends. She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks on how to succeed in life. This story is full of worldly wisdom and happiness.



EVA MUTSCHER

**Konrad in the Land of Seven States of Mind**

ISBN: 978-3-86917-837-0  
Eschbach

Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. This is a poetic tale about setting off and arriving – about contentment and happiness.

## Life has many colors

- ▶ Rainer Haak's new story of meaning
- ▶ Encouragement for a full life



Rainer Haak's story describes a big celebration. Its special highlight is that the various aspects of our lives encounter each other here as guests: joy, courage, and creativity – but also fear and pain. Can they all have a good relationship with each other and celebrate together? The author reveals that this is possible: We can live with all that we are... This is a story of meaning and soul.

RAINER HAAK

### **Living with All That I Am**

A Story of Meaning and Soul

ISBN: 978-3-987100-069-0

Eschbach

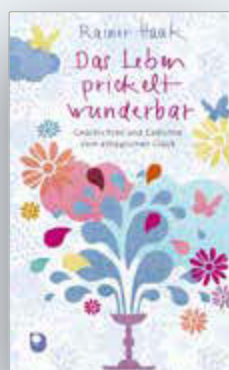
Hardcover

48 pages

12 x 19 cm

€ 10.00

RAINER HAAK worked as a waiter, book dealer, pastor, concert organizer and tour operator before he became one of the most **SUCCESSFUL BOOK** authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

### **My Life Sparkles Wonderfully**

ISBN: 978-3-98700-004-1

Eschbach

Rainer Haak's stories and poems open eyes and hearts to the wonders of completely ordinary life. Caught in their everyday struggles and worries, many people have no time to search for happiness. The good news is that happiness hasn't gone into hiding: It's already here and just waiting to be discovered.





ELENA KLINK

**Spring Enjoyment and Summer Love**

Easy Vegetarian Recipes for Indoors and Outdoors

ISBN: 978-3-7995-1596-2 | Thorbecke | Hardcover with ribbon | 200 pages | 19 x 24 cm | € 29.00

**Sunshine on our plate**

Spring, summer and sun: Just thinking about it makes us long for warmth and light, swimming in the river, blossoming flowers and summer picnics. How the world around us is humming and the wind blows through the linen tablecloth. Or how we walk barefoot along the gravel path, eat ripe cherries straight from the tree or prepare a delicious vegetable pizza with freshly picked zucchini. In her book, Elena Klink describes bright spring and warm summer days, Easter brunch and summer picnics.



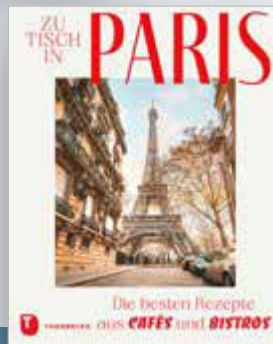
LENA FUCHS

**My Delicious Life**

ISBN: 978-3-7995-1584-9

Thorbecke

This book tells us how to live in a healthy and conscious way with simple, seasonal and natural recipes. Favorite dishes suitable for the everyday routine provide the perfect balance between good and delicious – almost all recipes are vegan or vegetarian.

**At the Table in Paris**

ISBN: 978-3-7995-1574-0

Thorbecke

Imagine strolling in Paris along the Seine while taking little breaks at street cafés. Boeuf Bourguignon and Crème Brûlée awaken memories of these beautiful days. With typical recipes, our cookbook invites readers to take a culinary stroll through Paris.

**Sold: English (World)**

JANA EISERT

**Ayurveda**

ISBN: 978-3-7995-1590-0

Thorbecke

Jana Eisert has first-hand experience of how stress can affect a person's health. But thanks to Ayurveda, her health problems are now a thing of the past. The trained Ayurveda nutritionist now shares her knowledge about healthy eating and dealing with stress in her book.



JULIA RADTKE

**My Vegetarian Family Meals**

ISBN: 978-3-7995-1575-7

Thorbecke

Everyday family life is colorful, full of hustle and bustle – and sometimes even stressful. Keeping track of a healthy and balanced diet is not always easy. Julia Radtke shows how easy it is to serve uncomplicated, quick and varied meals with less than 7 ingredients.



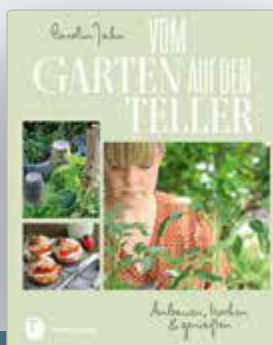
CAROLINE PRITSCHET

**Happy & Healthy**

ISBN: 978-3-7995-1546-7

Thorbecke

Instead of stress and career, the author focused on mindfulness, yoga and meditation, combined with a purely plant-based diet. In this book, she shares her best everyday recipes and provides background knowledge on how we can have healthier lives.



CAROLIN JAHN

**From the Garden to the Plate**

ISBN: 978-3-7995-1545-0

Thorbecke

In her book, the author shares tips on how readers can easily grow their own vegetables. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves.



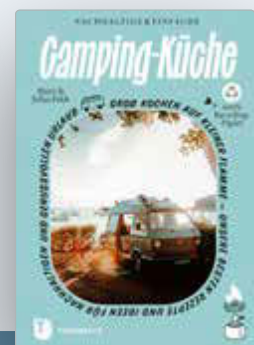
MARIE FELDT

**Enjoyment in Your Backpack**

ISBN: 978-3-7995-1981-6

Thorbecke

Simple, quick recipes for trips and hikes with packing lists, hiking tips and hints for environmentally friendly trekking tours – plus interesting facts about wild herbs, berries and zero waste in the mountains.

**Marie and Julius Feldt Sustainable and Simple Camping Cuisine**

ISBN: 978-3-7995-1551-1

Thorbecke

We love the short and long escapes with our camper into nature. Cooking while camping is a relaxed communal experience. We put together simple recipes that do without exotic ingredients and still spread holiday flair.

## Gluten-free and sugar-free without sacrifice!

- ▶ Versatile and practical
- ▶ All recipes are vegan, gluten-free and without refined sugar
- ▶ Many ideas for meal prep



Eileen Pesarini shows us in her new cookbook that preparing delicious dishes without gluten and industrial sugar is child's play. Her creative and quick recipes are also varied and absolutely suitable for everyday use. With much love and enthusiasm, the founder of Lini's Bites – the online shop for healthy snacks – has developed sweet and savoury dishes that are 100% vegan. She has now compiled her best and least complicated recipes for breakfast, lunch, dinner and desserts in this book.



Also available:

LYNN HOEFER  
**Heavenly Healthy**

ISBN: 978-3-7995-1291-6

Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.

EILEEN PESARINI

**Simple and Vegan – Naturally Healthy Enjoyment with Eileen**

Quick Gluten-Free Recipes for Every Day

ISBN: 978-3-7995-2035-5

Thorbecke

Hardcover

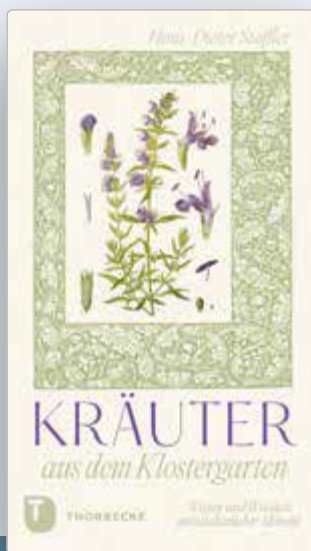
184 pages

19 x 23,5 cm

€ 26.00

EILEEN PESARINI is the founder of Lini's Bites, as well as a food and lifestyle blogger and holistic nutritionist. Her company Lini's Bites has also become a project close to her heart. When Eileen is not in the studio kitchen creating recipes for Instagram, YouTube or this cookbook, she loves to spend time with her partner and co-managing director and their child in Munich's English Garden. This book is her third cookbook within three years.





HANS-DIETER STOFFLER  
**Herbs from the Monastery Garden**  
 Knowledge and Wisdom of Medieval Monks

ISBN: 978-3-7995-2060-7 | Thorbecke | Hardcover with ribbon | 200 pages |  
 13 x 21 cm | € 24.00

**Knowledge and wisdom of medieval monks**

Medieval monks had a vast knowledge of medicinal and aromatic herbs. As early as the 9th century, Walahfried Strabo – the famous abbot from the island of Reichenau – wrote a garden poem about the power of herbs. Hans-Dieter Stoffler invites us to take a walk through the medieval monastery garden. Colorful woodcuts and nostalgic illustrations from various eras show the herbs in all their splendor.

As a professor of Silviculture, Hans-Dieter Stoffler has specialized in the areas of nature conservation and landscape management.



EVITA HAMON  
**Vegan Love of Cake**  
 ISBN: 978-3-7995-1993-9  
 Thorbecke

In this book, the bakers of Café Kauz let us look over their shoulders and tell us how you can whip up wonderful cakes with lentil cream or coconut milk and applesauce instead of egg. And they will make everyone feel happy and full. Let yourself be convinced.



CHRISTINA HESS  
**Superfast Cake Happiness**  
 ISBN: 978-3-7995-1558-0  
 Thorbecke

When things must really go fast once again: friends have announced a spontaneous visit or more guests than expected are coming then this book is the perfect inspiration because Christina Hess knows the best recipes for superfast cakes, cookies and muffins.



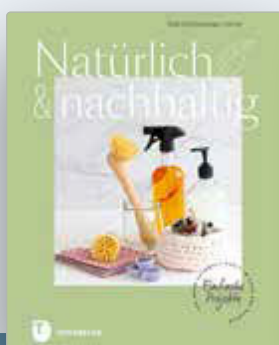
BELINDA HAUSNER  
**Wonderful Christmas Cakes and More**  
 ISBN: 978-3-7995-1991-5  
 Thorbecke

Belinda Hausner has put together a deliciously sweet survival package with this enchanting book. She presents us with her best recipe ideas for wonderful cakes, tarts and cookies, warm winter drinks and sweet ideas for Christmas desserts.



**Kitchen Herbs with Enjoyment**  
 ISBN: 978-3-7995-1563-4  
 Thorbecke

Kitchen herbs add their unique aromas to many dishes, look decorative and usually also have curative effects. In herb portraits, gardening expert Andreas Barlage shows what you need to know about the green spice wonders. The modern recipes will whet your appetite for trying out new things with herbs.



SILKE ROTHENBURGER-ZERRER  
**Natural & Sustainable**  
 ISBN: 978-3-7995-1531-3  
 Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.



JUTTA SCHNEIDER /  
 ULRIKE SCHNEIDER  
**Baking Your Own Breads Made Simple**  
 ISBN: 978-3-7995-1522-1  
 Thorbecke

Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organized according to rising time, there's something here for everyone.



ANDREAS BARLAGE  
**How Do Roots Know Where Down Is?**  
 ISBN: 978-3-7995-1330-2  
 Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an entertaining way thanks to knowledge from his own garden.  
**Sold: Korean**



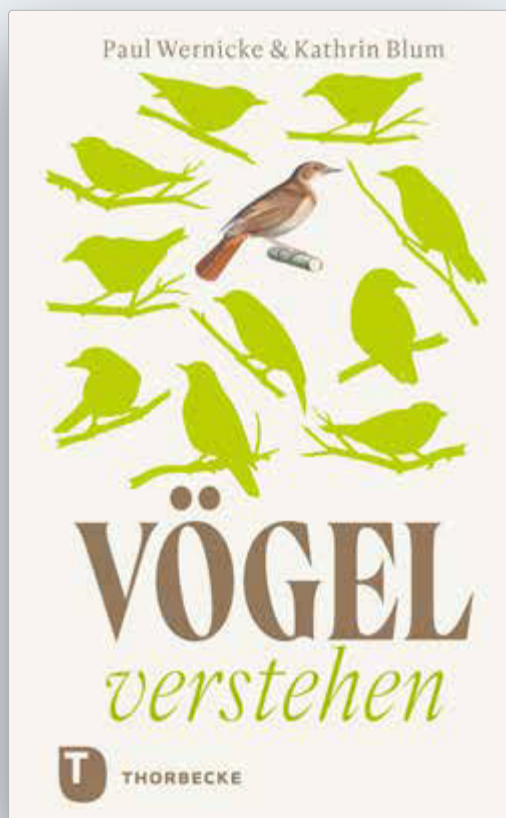
ANDREAS BARLAGE  
**How Does the Louse Get on the Leaf?**  
 ISBN: 978-3-7995-1479-8  
 Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an entertaining way thanks to knowledge from his own garden.  
**Sold: Korean**



## News from the feathered folk

- ▶ Current topic
- ▶ Interesting facts about Germany's native bird life
- ▶ Wilderness educators explain the language of birds
- ▶ Entertaining guide



Why do we encounter robins everywhere but rarely get to see nightingales? What does it mean when the birds in the forest suddenly fall silent? How can we recognize bird calls more easily? Wilderness educator Paul Wernicke takes us on his forays through the local world of nature. He reports on how observing and experiencing birds has taught him to understand them better and gives tips on how we can do the same. In a very personal way, the self-proclaimed “birdologist” talks about his life in nature and his efforts to provide a habitat for many bird species. The observations on bird language and signature of the landscape are based on Paul Wernicke’s research and experiences, including at his own wilderness station in Brandenburg. This is what makes this book absolutely unique.



Also available:

BENJAMIN HALLER

**Gassy Herrings and Chilli-Fearing Elephants**

ISBN: 978-3-7995-1597-9

Thorbecke

Animal lover Benjamin Haller answers many fascinating questions about birds, fish, reptiles and mammals from all parts of the world, as well as our favorite pets. He has collected the most interesting and strangest questions – and obviously also their answers – for this book.

PAUL WERNICKE / KATHRIN BLUM

**Understanding Birds**

What Birds Reveal About Humans  
and Our Environment

ISBN: 978-3-7995-1978-6

Thorbecke

Hardcover

184 pages

13 x 21 cm

€ 24.00

PAUL WERNICKE is a wilderness educator in Brandenburg and runs the Hohe Fläming Wilderness School. He offers the “bird podcast” about his experiences and observations of the bird world. As a tracker and wolf representative, he is involved in wolf monitoring for the Hohe Fläming. In particular, he is a lover of and expert on German bird life. He is the father of three daughters and three sons. Through travels in the wilderness of Europe, Canada, USA and Namibia, he has been able to have many wilderness experiences in various natural areas. His search for contact with Indigenous peoples has led him to many Native American tribes of North America and the San Bushmen in the Kalahari, which has been a source of inspiration for him. His knowledge is based on the teachings of Tom Brown and Jon Young, among others.

KATHRIN BLUM is a wilderness educator and author. Her podcast is called “Waldweg” (Forest Path). Among other things, she offers herbal walks and nature weekends for women. Rowolt published her “Der Baumsammler” (The Tree Collector) book.

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