

Rights List

Fall 2022

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2021 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben – Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

Due to the corona pandemic, you are receiving this catalogue via e-mail instead of by traditional mail. We hope you enjoy browsing our catalogue anyway!

We would also be delighted to discuss our list with you at the Frankfurt Book Fair! Please don't hesitate to contact us to arrange a meeting – virtual or physical!

We look forward to hearing from you! Stay healthy!

With best wishes,
Foreign Rights Department

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ILKA BRÜHL

Beautiful in a Different Way

How I Learned to Love Myself

ISBN: 978-3-8436-1255-5 | Patmos | Hardcover with dust jacket | 200 pages |
14 x 22 cm | € 20.00

A model with a facial cleft redefines beauty

Ilka Brühl looks different. She was born with a facial cleft, which is a malformation of the nose, forehead and eyes. As a child, she was berated as a witch. As a young woman, she withdrew from the world and struggled with her appearance. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark and appears as a model in the media and social networks. The author fights for beauty being perceived as diversity. This is a moving book about self-love despite being different.

**DÖRTE MAACK**
How to Build a Castle from Ruins

ISBN: 978-3-8436-1260-9
Patmos

Dörte Maack leads the life of a dazzling circus performer – until she is diagnosed with an incurable eye disease. She makes two plans: A: Not to become blind. B: If she does, she will take her own life. After hitting the bottom, she suddenly feels ground beneath her feet. Plan C begins to mature.

**SIGRID TSCHÖPE-SCHEFFLER**
I Used to be a Snazzy Bird, But Now I'm a Lamé Duck

ISBN: 978-3-8436-1233-3
Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.

**CHRISTINA HECKE**
Let's Be Honest

ISBN: 978-3-8436-1218-0
Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.

**ELENA PIRIN**
My Lion Cub

ISBN: 978-3-8436-0767-4
Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean**SABINE MEHNE**
The Great Departure

ISBN: 978-3-8436-0834-3
Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.

**NORA-MARIE ELLERMAYER**
Life Fog

ISBN: 978-3-8436-1063-6
Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: Korean**BIRGIT SAALFRANK**
I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6
Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life – even if it means giving up her profession.

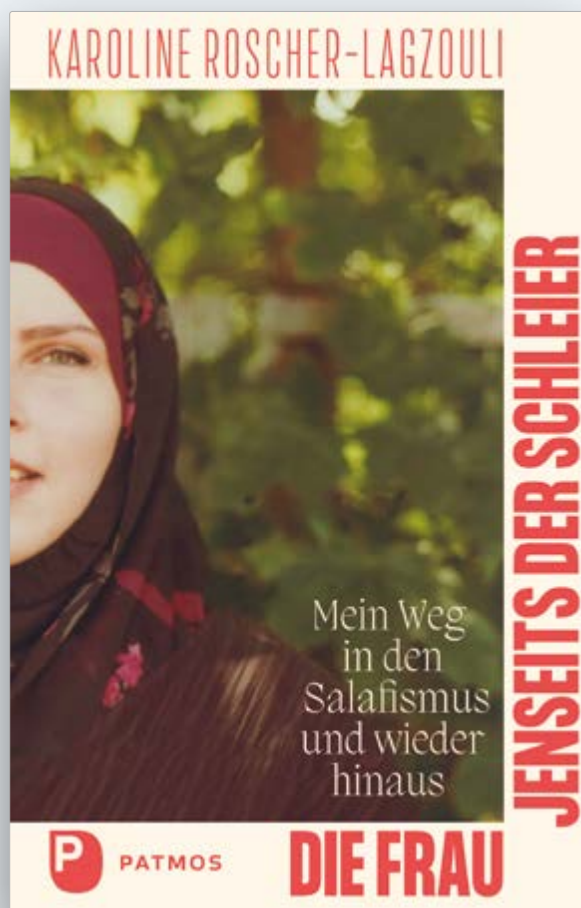
Sold: Korean**ANDY HOLZER**
My Everest

ISBN: 978-3-8436-1093-3
Patmos

In May 2017, mountain climber Andy Holzer, who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.

A look behind the scenes

- Unique insight into a German Salafi community
- A new perspective on the Islam debate
- Written by a headscarf-wearing convert



After growing up as an atheist, Karoline Roscher-Lagzouli converted to Islam in her twenties due to a lifelong fascination with Islam. For several years, she was part of a conservative Salafi community. In this autobiography, she tells about her life in the community, the conflicts with her family, her “awakening” and her continuing search for an authentic expression of her faith that is appropriate for her. As a devout Muslim and feminist, she wants to have her say in current debates instead of just listening when others talk about her.

KAROLINE ROSCHER-LAGZOULI
The Woman Beyond the Veil
 My Path into Salafism and
 Back Out Again

ISBN 978-3-8436-1356-9
 Patmos
 Hardcover
 176 pages
 Format 14 x 22 cm
 € 19.00

KAROLINE ROSCHER-LAGZOULI has degrees in Islamic Studies and Indology. She now runs several cafés in Leipzig with her husband.



Also available:

ZOE KATHARINA
Zoe Means Life
 ISBN: 978-3-8436-1230-2

Patmos

20-year-old Zoe joined the German Jugend rettet (Youth Rescues) organization to save the lives of refugees by working on a ship in the Mediterranean. This is a moving and highly topical story of a young woman fighting for justice and humanity – even if she endangers herself in doing so.



CLAUS KOCH
Education to Open-Mindedness
 Zoe's Story

ISBN 978-3-8436-1361-3 | Patmos | Hardcover | 184 pages | 14 x 22 cm | € 20.00

A splendid plea for autonomy, tolerance and open-mindedness

This book doesn't give any tips on how to raise children but uses the form of a novel to describe how a child grows into the world and develops curiosity and understanding. Zoe's story follows stages that are important in terms of developmental psychology. In the appendix, the author gives his readers the opportunity to read insights from modern infant research, developmental psychology and attachment theory in Zoe's childhood and adolescent experiences.



CLAUS KOCH
Children of Separation

ISBN: 978-3-8436-1108-4
 Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.



JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a Mom

ISBN: 978-3-8436-1092-6
 Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

Sold: Romanian



FELICITAS RÖMER
Chill Out, Mom!

ISBN: 978-3-8436-0528-1
 Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease. So when the kids command you to "Chill out!", you can calmly answer, "I'd be glad to!".



RITA STEININGER
When Little Dragons Spit Fire

ISBN: 978-3-8436-1188-6
 Patmos

When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.



RITA STEININGER
The Basics of Fighting Fairly

ISBN: 978-3-8436-0468-0
 Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.



HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-Esteem

ISBN: 978-3-8436-0995-1
 Patmos

Röhr shows how parents can recognize negative inner workings of their children and how to deal with it. It is possible to strengthen children's self-esteem so they can cope with life while growing up!

Sold: Czech



JOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?

ISBN: 978-3-8436-0033-0
 Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!

Sold: Italian



CHRISTINE RANKL
How to Soothe Your Baby

ISBN: 978-3-8436-0060-6
 Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.

Sold: Chinese (simplified), Italian, Latvian

Why children want to be raised

- Encouragement for insecure parents
- With many examples from everyday family life



“Mum, if you don’t want me to do that, then forbid it!” When children say something like this, it’s clear that something is going wrong in their upbringing. And this is: Many parents no longer actively raise their children. They prefer to have their children as equal partners, from whom they can also get support for themselves. They fear losing the children’s love if they ask them to do something unpleasant and let them decide everything on their own. However, it is important that parents give their children stability and a secure basis. Children who are pushed into the adult role are overwhelmed and suffer from what is called “parentification” in psychological jargon. Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right. But only when they clearly stand by their responsibility and don’t become buddies with their children can they give them what they need to grow up: love, support and orientation.



By the same author:

ELISABETH RAFFAUF
They Don’t Just Do Nothing:
They Lie There and Grow

ISBN: 978-3-8436-1019-3

Patmos

This book reminds readers of their own chaos years and helps understanding today’s young people in their conflict between need for affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: Korean

ELISABETH RAFFAUF

Just Raise Us!

What Children and Adolescents
Need from Their Parents

ISBN 978-3-8436-1322-4

Patmos

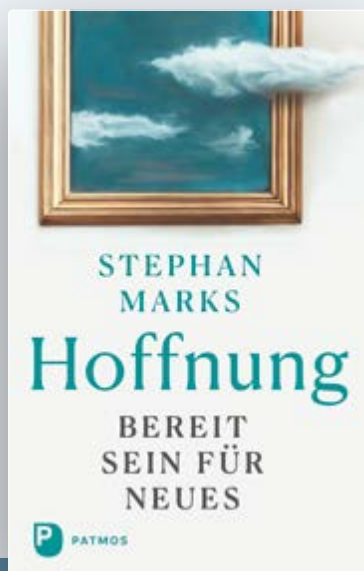
Softcover with flaps

184 pages

Format 14 x 22 cm

€ 19.00

ELISABETH RAFFAUF, a certified psychologist, leads group discussions for parents of adolescents, for young girls and for children of divorced parents. She works for the educational show »Herzfunk« on West German Television’s (»WDR«) series »Lilipuz« and belongs to the advisory team of the children’s news program »Logo« on Germany’s Channel 2 (»ZDF«). She is the author of many educational books as well as brochures for Germany’s Federal Center for Health Education. Elisabeth Raffauf is the mother of a daughter and two sons.



STEPHAN MARKS

Hope – Be Ready for Something New

ISBN: 978-3-8436-1417-7 | Patmos | Hardcover | 208 pages | 14 x 22 cm | € 22.00

Regaining hope in times of crisis

We learn how vulnerable our world is every day in the news. “But something must be done about this!” we think in shock. But who exactly are we talking about? Why don’t we say “I”? And what should we even do? According to the dedicated social scientist Stephan Marks, every human being can contribute to society with his or her abilities and potentials. Especially in times of crises and catastrophes, it is important to take responsibility. Hope is a necessary attitude!



UDO RAUCHFLEISCH
**When Relationships
Make People Dependent**

ISBN: 978-3-8436-1341-5
Patmos

Using many case examples, Udo Rauchfleisch vividly explains the phenomenon of relationship dependence and gives very concrete tips on what relationship addicts, their partners, relatives and friends can do to dissolve destructive relationship patterns.



CLAUDIA DUWE
Trusting the Future Again

ISBN: 978-3-8436-1295-1
Patmos

“Lion Times” is what Claudia Duwe calls crisis phases. But Lion Times are also times in which the lion appears as a mentor and power animal. Many active exercises make it possible for readers to embark on their own lion’s journey to transform pain and find back to inner clarity.



GUY BODENMANN
Love With All Your Heart

ISBN: 978-3-8436-1306-4
Patmos

With help of many exercises and concrete practical tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment in order to survive times of crises in a good way and grow old together. This is a book that helps people sustain love and find their way to a happy relationship.



KERSTIN FRIEDRICH
**No Sport Also
Isn't a Solution**

ISBN: 978-3-8436-1321-7
Patmos

All of us “actually” want to do more sport, feel fit and have a healthier life. But we are often too comfortable in real life: There are just thousands of excuses. Kerstin Friedrich, a real couch potato herself, only got into sport at age 60 as a result of a bet and has stuck with it.



TOM DIESBROCK
Let Loose

ISBN: 978-3-8436-1274-6
Patmos

Welcome to the world of the Little Perfectionist. It has settled in our minds and constantly convinces us that we need to raise the bar a little bit higher. Tom Diesbrock invites us to take a closer look at this stubborn part of our personality.



TOM DIESBROCK
Hermann!

ISBN: 978-3-8436-1186-2
Patmos

Hermann is our inner critic. He picks us to pieces and nags at us. We want to run away, but Hermann runs with us. Because he is part of our personality that “actually” just wants to help us. The author knows how we can defuse his criticism.



SABRIA DAVID
**The Longing
for the Next Click**

ISBN: 978-3-8436-1243-2
Patmos

Social media and digital technologies have radically changed our life. How can we help to shape this transformation in a self-determined way? Sabria David has coined the term “media resilience” for a positive approach.



JOSEF GIGER-BÜTLER
Stronger than the Pain

ISBN: 978-3-8436-1179-4
Patmos

The well-known psychotherapist Josef Giger-Bütler describes the means and paths through which individuals can find their way out of their chronic strain by finding a different and new approach to their pain.

The art of letting go

- ▶ Making a clean sweep and letting go – a topic of longing for many people
- ▶ An abundance of practical ideas and impulses



The clients who seek counselling from Gabi Rimmele usually do so because they have the wish to free themselves from outer burdens. However, many of them notice very quickly that this is not just about clearing out objects but also that emotional burdens weigh them down and stand in the way of their happiness. For example, they suffer from unsuccessful relationships, unachieved life goals or the obligations with which they have burdened themselves. Consequently, the first section of this book discusses how we can let go of unnecessary burdens and achieve more ease in our life as a result. When we succeed at this, new types of freedom arise. The second part of the book offers a bouquet of ideas on how we can actively shape our lives so that we experience them as happy and fulfilling.

GABI RIMMELE

Achieving Joy in Life with Lightness

ISBN: 978-3-8436-1404-7

Patmos

Paperback

168 pages

14 x 22 cm

€ 18.00

GABI RIMMELE, a qualified social worker, was active in supervisory counselling for a long time. In 2012, given her professional experience, she developed her concept of consultation in decluttering. She helps others in letting go of material as well as emotional attachments and their search for ease. www.entruempelungsberatung.de



By the same author:

GABI RIMMELE

Trade Chaos for Ease

ISBN: 978-3-8436-0638-7

Patmos

Social worker Gabi Rimmele experiences firsthand what keeps people bound to things: fond memories, scarcity or deprivation, or a bad conscience – all of these can be reasons for the accumulated clutter. With relevant stories from the Tauschmobil, or Exchangemobile, a gift shop on wheels, the decluttering advisor helps us understand the reasons for all this accumulation.



VERENA KAST

More Time for the Soul

The Path to Vitality

ISBN: 978-3-8436-1416-0 | Patmos | Hardcover | 160 pages | 14 x 22 cm | € 18.00

Vitalization from within

“When we speak of the soul, we speak about being alive,” according to Verena Kast. Yet, we often have the feeling of being frozen in a soulless everyday life and that the demands of the outside world pressure us to just function. Then we need to focus more on our soul’s inner world so we can regain our peace of mind and emotional balance. The renowned Jungian analyst and psychotherapist advocates that we take more time for the soul so that vitalization can happen from within.

INGRID RIEDEL
Finding a Taste for Life

ISBN: 978-3-8436-1422-1

Patmos

Finding a taste for life – is there anything that we desire more in a person? This book is a journey of discovery through our five senses – and it simultaneously takes us on a path to (once again) finding what gives our life a meaning or a “taste” for life.

INGRID RIEDEL
Discovering the Inner World

ISBN: 978-3-8436-1372-9

Patmos

The world of our lives is becoming more and more complex and challenging. In this book, the renowned Jungian analyst and psychotherapist Ingrid Riedel shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.

INGRID RIEDEL
The Secret of the Second Half of Life

ISBN: 978-3-8436-1281-4

Patmos

Renowned Jungian analyst Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives of themselves and the world. Her book can encourage women between 40 and 70 years to open up to transformation and renewal time and again.

INGRID RIEDEL/
CHRISTA HENZLER
Painting Therapy

ISBN: 978-3-8436-0849-7

Patmos

The goal of Jungian painting therapy is to enable the soul to express itself and to initiate the process of healing. Based on ten impressive series of pictures, the authors argue that the colors and shapes of a painting can clarify psychological problems.

VERENA KAST
Access to Liveliness

ISBN: 978-3-8436-1308-8

Patmos

Interest is such a “normal” emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. If interest is lacking, boredom comes into play. Interest and boredom are emotions that make us feel alive.

VERENA KAST
Trust Requires Courage

ISBN: 978-3-8436-1343-9

Patmos

We trust some people spontaneously, but mistrust others. Trust and mistrust rule our relationships. Renowned Jungian analyst Verena Kast shows that trust and mistrust are basic attitudes without which our lives are inconceivable.

VERENA KAST
Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0

Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: RussianVERENA KAST
Starting Anew Time and Again

ISBN: 978-3-8436-1280-7

Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.

Exploring the depths of the soul

- The spirituality of Jungian psychology
- Explained in an understandable way by an expert on the topic



BRIGITTE DORST

The Knowing of the Heart

Analytical Psychology and Spirituality

ISBN: 978-3-8436-1419-1

Patmos

Hardcover

176 pages

14 x 22 cm

€ 22.00

Describing and exploring the soul's deep layers is the goal of analytical psychology, which was developed by Jung. The Jungian concepts and methods – such as the archetypes, active imagination or dream interpretation – make it possible to go beyond the cognitive level and experience the depths of the soul's inner world, as demonstrated by the renowned Jungian analyst and psychotherapist Brigitte Dorst. In this clear and comprehensible introduction, she primarily focuses on the spiritual depth dimensions that characterize analytical psychology and differentiate it from other psychologies and therapy methods. The book emphasizes the key significance of spirituality in analytical psychology, which we also understand as a “spiritual psychology.”

BRIGITTE DORST is Professor of Psychology at the Cologne University of Applied Sciences and has her own psychotherapy practice in Münster, Germany. She is also the Scientific Director of the International Society for Depth Psychology and the Chairperson of the C. G. Jung Society in Cologne.



By the same author:

BRIGITTE DORST

Resilience

ISBN: 978-3-8436-0632-5

Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst enables readers to strengthen the resilience of their spirit.



ANGELA KRUMPEN / REGINA GROOT BRAMEL

Giving You Heaven

A Book for Girlfriends

ISBN: 978-3-8436-1409-2 | Patmos | Softcover with flaps | 112 pages | 13 x 21.5 cm | € 16.00

A friendship stronger than death

Angela Krumpen planned to do a radio program with Regina Groot Bramel – who is converting her house so she can take in other people's children as her own, is out in nature whenever possible and bubbles over with her joy in life. By the time the program takes place, the two have long formed an intensive friendship. When Regina suddenly dies, Angela travels to the North Sea island of Amrum and puts together the book about girlfriends that they had planned to write together.



FLOR SCHMIDT
Getting Through Grief with Medicinal Plants

ISBN: 978-3-8436-1377-4

Patmos

Medical plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the message and significance of these plants, as well as experience their beneficial effects in the grieving process.



PETRA SUTOR
Grieving for a Star Child

ISBN: 978-3-8436-1323-1

Patmos

When a child dies, it's a decisive turning point that accompanies most parents throughout their lives and has effects on the entire family system. This book accompanies parents of star children in an informative and warm-hearted way. It helps them to bear the unspeakable pain.



PETRA SUTOR
Mourning at the Workplace

ISBN: 978-3-8436-1212-8

Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture in the long term.



NATALIE KATIA GREVE
Why?

ISBN: 978-3-8436-1318-7

Patmos

Natalie Katia Greve accompanies mourners after suicide with a book that is empathetic and easy-to-read. She encourages them to endure the unanswered questions, to dare to find their way back to life and to find new courage in life – even if this seems unimaginable at first.



NATALIE KATIA GREVE
The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people suddenly find themselves confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.

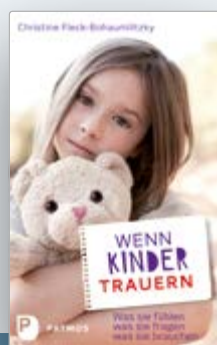


IRMTRAUD TARR
What Rescues Us

ISBN: 978-3-8436-1317-0

Patmos

When we cope with loss, we need sources of strength that are always available to us. Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain and mourning.



CHRISTINE FLECK-BOHAUILITZKY
When Children Grieve

ISBN: 978-3-8436-0792-6

Patmos

Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



KATRIN BRUNNER / PETRA PAUL
Grief

ISBN: 978-3-8436-1213-5

Patmos

This extraordinary travel guide describes the six typical mourning phases as landscapes full of special characteristics. In a compact form, it offers information on what is worth perceiving and what is good for the soul.

Life stories that help during mourning



“An Indian knows no pain” or “time heals all wounds”? We should let such sayings die out because Mechthild Schroeter-Rupieper has experienced the following as a family bereavement counsellor: Those who allow themselves grief also become more open to loving gratitude. In “New stories ...,” she tells of this in touching and encouraging, every day and special, sad and funny encounters with boys, girls and their families.

A colorful and profound book about life and death – and that we cannot have the one without the other.

MECHTHILD SCHROETER-RUPIEPER
**New Stories Told by Life
Because Death Wrote Them**

ISBN: 978-3-8436-1378-1

Patmos

Hardcover

160 pages

14 x 22 cm

€ 20.00

MECHTHILD SCHROETER-RUPIEPER, born in 1964, is a grief counselor. In her grief institute she offers families, in particular, the opportunity to learn to live with their sadness, together and individually, and also to find their way back into the mainstream of life. In addition she teaches courses for grief counselors, and is in especially great demand among pastoral care workers and teachers. She is married, has three sons and lives in North Rhine-Westphalia, Germany.



By the same author:

JULY KIENECKER /
MECHTHILD SCHROETER-RUPIEPER
Help Me When I Am Sad

ISBN: 978-3-8436-1154-1

Patmos

This book helps children and adults in mourning situations to playfully enter into a conversation, to understand and to express feelings in a creative way. The gentle and stimulating illustrations appeal to children and adults alike, leaving space for their own creativity.



LUKAS KIEMELE

I, the World and the Meaning of Everything

A Compass in Confused Times

ISBN: 978-3-8436-1394-1 | Patmos | Paperback | 176 pages | 14 x 22 cm | € 18.00

Fact-check: Offers of meaning for curious young people

Why should I study for an exam even if I am not interested in the subject? Why should I do anything at all if I will have to die? What makes life worth living? Why do society, the world and the cosmos exist – and what does that have to do with me? Lukas Kiemele succeeds in showing us the significance of philosophical considerations for our everyday actions. This is a well-founded, easy-to-read examination of (not only) the youthful search for individuality, identity and self-realization.



NIKLUAS KUSTER /
NADIA RUDOLF
**Inner Depths –
Boundless Expanse**

ISBN: 978-3-8436-1363-7

Patmos

Like hardly any other variety of Christian spirituality, the Franciscan spirit stands for joy in life and love of Creation. This book is suitable as an introduction to Franciscan spirituality, as well as for committed people who desire impulses in everyday life.



ALINA PFEIFER
Heaven Meets Earth

ISBN: 978-3-8436-1263-0

Patmos

Who am I, who do I want to be and where do I want to go? Poetry-slammer Alina Pfeifer takes us along on her search for answers to the big and little questions of life. She writes sensitively about losses, the struggle with the state of the world and her relationship to God.



SYLVIA WETZEL
High as the Sky, Deep as the Earth

ISBN: 978-3-8436-1369-9

Patmos

This book shows us that when we turn inwards and discover our own inner wealth, holistic growth can happen. Many exercises make it possible to gain clarity about ourselves and develop abilities that can help us to cope with difficult parts of our path in life.



MARTIN KÄMPCHEN
My Life in India

ISBN: 978-3-8436-1368-2

Patmos

Martin Kämpchen has immersed himself in the religious, cultural and social life of India like no other contemporary. He is well-known as reporter as well as translator. This is the story of an extraordinary life and insights into Indian life from a close-up perspective.



KATHARINA SCHRIDDE
You Have Afflicted Me

ISBN: 978-3-8436-1228-9

Patmos

In trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, she answers the question if traumatic experiences are related to faith to other affected people and therapists.



BRIGITTE DORST
Everything Begins with Longing and Searching

ISBN: 978-3-8436-0922-7

Patmos

Sufism is often referred to as Islamic mysticism. Brigitte Dorst describes a contemporary Sufi path in which insights and methods of C.G. Jung's Analytical Psychology are connected with the rich legacy of Sufism.



SYLVIA WETZEL
Awakening and Redemption

ISBN: 978-3-8436-1075-9

Patmos

Sylvia Wetzel interprets Christian symbols, images and terms from a Buddhist perspective. This encourages readers to rediscover what is familiar and to be touched by the deep dimensions of both religions.



KLAUS-WERNER STANGIER
The Master Issues a Certificate on Achieved Enlightenment

ISBN: 978-3-8436-1158-9

Patmos

This book brings Meister Eckhart, an original representative of Christianity, into a factious conversation with Hakuin, a well-known Japanese Zen Master. This book inspires us.

Living alone without suffering from loneliness

- ▶ A constructive fresh look at being alone
- ▶ Solitude as a challenge and opportunity
- ▶ The surprising power of aloneness



We can have 1,000 “friends” on Facebook and still be very alone. Loneliness is becoming a reality of life for increasingly more people. The contact restrictions during the Corona pandemic have massively intensified the trend – especially for those who live alone, small families, single parents and seniors in retirement and nursing homes. More than 27 years ago,

Maria Anna Leenen made the conscious decision to be alone. Since then, she has lived as a recluse and become familiar with many facets of seclusion. She discusses her experiences in this book. In the form of a diary, she shares reflections, meditations and anecdotes from the course of an entire year. She tells how she constructively and creatively deals with being alone, what value silence has for her, how she organises her time, how she approaches closeness and distance, how she experiences joy, how she finds meaning in life and what carries her through crises. Maria Anna Leenen is convinced that there is no such thing as a human being without loneliness. Yet, this loneliness ultimately leads people to the deepest, existential reason for all life.

MARIA ANNA LEENEN

Being Alone: Lifestyle – Challenge – Opportunity

From the Diary of a Hermit

ISBN: 978-3-8436-1396-5

Patmos

Hardcover with book ribbon

192 pages

13 x 21.5 cm

€ 19.00

MARIA ANNA Leenen has lived as a hermit since 1994 and has become a sought-after counsellor. Her only company is her goats, which live with her at a secluded hermitage in the district of Osnabrück. She was a sports teacher and movement therapist, has travelled extensively throughout the world, has been writing since her student days and earns her living as a freelance author. Her focus is on the areas of faith and spirituality, nature and the environment, solitude and hermitism.



Also available:

JAN FRERICHS

Barefoot and Wild

ISBN: 978-3-8436-1032-2

Patmos

It's a challenge to rediscover nature as a spiritual guide. Nature is the First Bible. People have always gone into nature to read this book and get to the bottom of everything. Jan Frerichs invites his readers on an exciting path to a spirituality of their own.



PETER MÜLLER
Pilgrimage in Everyday Life
 An At-Home Guide

ISBN: 978-3-8436-1389-7 | Patmos | Paperback | 144 pages | 14 x 22 cm | € 17.00

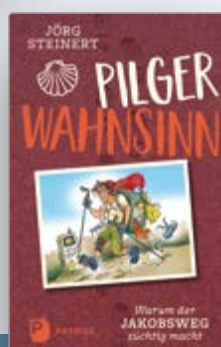
Pilgrimage as a lifestyle

For all of us who cannot or do not want to go on a pilgrimage, this at-home guide offers enriching alternatives since the actual pilgrimage path is everyday life. How can we integrate previous pilgrimage experiences after returning home? And how can “inner pilgrims” find peace and a new orientation without having to go on a long walking tour? The experience pilgrimage guide Peter Müller offers ten weekly themes with rituals, spiritual impulses and encouraging stories. This book makes it possible to have pilgrimage days at home, as well as just beyond the front door.



PETER MÜLLER
The Soul Prefers to Walk
 ISBN: 978-3-8436-0721-6
 Patmos

In his new book, Peter Müller invites us to pursue the trail of pilgrims' wisdom. He finds these insights in his own pilgrimage experiences and those of other pilgrims, but above all in meaningful stories and sayings from a diverse range of religions and cultural circles.



JÖRG STEINERT
Pilgrimage Craze
 ISBN: 978-3-8436-1197-8
 Patmos

The Way of St. James is one of the great adventures of our age. Jörg Steinert reports on his personal experiences on the various Ways of St. James in “Pilgrimage Craze.” In an entertaining way, he describes why the Way of St. James has an addictive effect on people.



STEFAN JÜRGENS
On Familiar Terms
 ISBN: 978-3-8436-1367-5
 Patmos

This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom Stefan Jürgens was allowed to search for ways to pray – whether in seminars or as spiritual guidance.
Sold: Italian



STEFAN JÜRGENS
From Magic to Mysticism
 ISBN: 978-3-8436-1036-0
 Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.
Sold: Italian



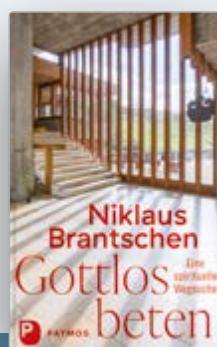
HELMUT SCHLEGEL
In the Silence I Hear Your Steps
 ISBN: 978-3-8436-1334-7
 Patmos

This book describes encounters with God in a person's everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.



GISBERT GRESHAKE
Walking
 ISBN: 978-3-8436-1041-4
 Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step.
Sold: Italian, Spanish



NIKLAUS BRANTSCHEN
Praying without God
 ISBN: 978-3-8436-1335-4
 Patmos

Can an atheist meditate? Can a non-believer be a spiritual person? In this book, the Jesuit and Zen master Niklaus Brantschen attempts to question the conventional ways of thinking and behavior patterns, rites and rituals, forms and formulas.



BIRGIT BEK / PAULIN LINK
Health from God's Garden
 ISBN: 978-3-8436-1383-5
 Patmos

Knowledge about the healing powers of nature was researched in many convents and used in caring for the sick. Sister Birgit Bek, a trained expert for medicinal plants, has revived this convent tradition and presents the wealth of her knowledge.

Discovering Hildegard of Bingen

- For individuals and groups
- With a historical basis, colorful design and accessible for today's readers



Hildegard of Bingen (1098–1179) wrote a major portion of her works in the form of visions – like other nuns of the Middle Ages. In this process, she claimed authority for herself: not official authority, which she was not allowed to exercise as a woman in the Catholic Church but a direct divine commissioning. Hildegard Gosebrink presents Hildegard of Bingen's life to us and explores the fields in which she worked as a universal genius: her access to the Bible, her thinking in images, her idea of God and God's love and human beings with their virtues. As a naturalist, Hildegard of Bingen spoke about the "green power" of the Creation. As a musician, she composed songs. Hildegard Gosebrink presents Hildegard of Bingen in an accessible way through original quotes and gives suggestions for implementing the latter's impulses in modern life.

HILDEGARD GOSEBRINK

Hildegard of Bingen: The World Is Full of Light

Information – Interpretation –
Suggestions

ISBN: 978-3-8436-1401-6

Patmos

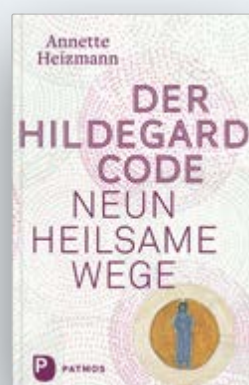
Hardcover with book ribbon

144 pages

14 x 22 cm

€ 20.00

DR. HILDEGARD Gosebrink is a theologian, spiritual guide and systemic supervisor. From 2011 to 2016, she directed the Martinushaus in Aschaffenburg, which is a centre for education, counselling and pastoral care. Since 2016, she has headed the Women's Pastoral Care Office of the Bavarian Bishops. She is a member of the St. Hildegard Academy, Eibingen e.V. (Centre for Science, Research and European Spirituality).



Also available:

ANNETTE HEIZMANN

The Hildegard Code

ISBN: 978-3-8436-1209-8

Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.



HANNELORE DIERKS

We Young Seniors

About the Dynamics of Our Lives

ISBN: 978-3-8436-1399-6 | Patmos | Hardcover with book ribbon | 160 pages |
13 x 21.5 cm | € 18.00

Friendly perspectives of exciting decades

Hannelore Dierks takes loving looks at herself and her fellow human beings as if through a kaleidoscope: Even a tiny turn reveals unexpected colorful facets. In short texts, she tells of the transition to retirement, reflects on social prejudices against seniors and ventures a sensitive confrontation with her own past. This is an encouraging gift for retirement, birthdays, name days, holidays or for no particular reason at all.



PIERRE STUTZ

I Will Be a Seeker All My Life

ISBN: 978-3-8436-1357-6

Patmos

Pierre Stutz presents 150 meditations that have evolved over a longer time period from the daily moments of reflection in a life book of a very personal nature. It encourages readers to consider the expansiveness and depths of life.



DORIS BEWERNITZ

The Secret of Slowness

ISBN: 978-3-8436-1046-9

Patmos

People train their "functioning" throughout their entire life, but stopping, dreaming and inner calm are not obviously part of the practice plan. The author tells us about how she has discovered the secret of slowness for her own life.

GOTTHARD FUCHS /
IRENE LEICHT**Tests of Courage**

ISBN: 978-3-8436-1324-8

Patmos

Courage is a precious commodity, especially in a time that many people experience as threatening. And courage has many faces. Gotthard Fuchs and Irene Leicht spell out various facets of this very important feeling.



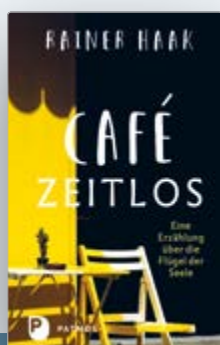
ERNI KUTTER

The Years That Are Granted to Us

ISBN: 978-3-8436-0717-9

Patmos

Erni Kutter develops a spirituality of growing older with special consideration for the experiences and needs of courageous women who want to consciously enjoy and make the most of the years they have been given.



RAINER HAAK

Café Timeless

ISBN: 978-3-8436-1206-7

Patmos

This is a book about friendship, the power of dreams and the invisible forces that accompany us. Michael is in a crisis: his girlfriend left him and he no longer enjoys his job or sports. If it weren't for his friends! This book is like wings for the soul.

RAINER HAAK /
ANGELIKA HAAK**Give Yourself Wings!**

ISBN: 978-3-8436-1290-6

Patmos

Rainer Haak and his wife Angelika Haak, invite readers on a path for newly discovering their own life. The goal of this spiritual reader and workbook is for the soul to regain its wings and fly off into its own life.



MATTHIAS SCHLICHT

Burgundy and Olives

ISBN: 978-3-8436-1198-5

Patmos

The author looks at time as it passes and is simultaneously created: he thinks of his grandma's kitchen in the countryside, encounters and farewells, as well as class reunions. His incisive miniatures are a declaration of love for the time we have been given.



BEATE HOFMANN

Simply Good!

ISBN: 978-3-8436-0589-2

Patmos

Beate Hofmann demonstrates that there are ways to fulfill the yearning for a good life with ease. She describes seven important areas — from attentiveness and movement to values and confidence — that will enrich your life.

From everyday frustration to a zest for life

- Exercises and affirmations
- Encouraging stories
- Accompanying seminar offer



What about the vibrancy, colors, joy and profoundness in the middle of life? Is that all there is? Or do things continue beyond the daily routine, disappointment or crisis? Is it worth reviving dreams and seeking a new orientation? Where can we get the energy and courage to do this? Beate Hofmann – who has personally dared to set out on new paths – offers exercises, impulses and touching stories for an inner journey: In the process, new possibilities manifest and create an inspiring fresh start. A fulfilled life with renewed vitality is possible!



By the same author:

BEATE & OLAF HOFMANN
Just Get Out!

ISBN: 978-3-8436-1054-4

Patmos

This book shows how »green resilience« makes it possible to live more fully, to act more mindfully, and to revitalize your creativity. It will help you take your life into the »green zone« for good!

Sold: Korean

BEATE HOFMANN

And Now Me!

Strength and Meaning in Midlife

ISBN: 978-3-8436-1386-6

Patmos

Softcover with flaps

176 pages

14 x 22 cm

€ 18.00

BEATE HOFMANN strengthens people. As a pastoral counsellor at the University Hospital of Tübingen, author and coach, the mother of three adult children stands for soul power, resilience and profoundness. She has experienced countless new beginnings and a hiatus year in the Canadian wilderness. As a time-out expert, coach and course leader, she supports people in finding meaning, self-care and strengthening their emotional resilience.

WWW.HOPEANDSOUL.COM

WWW.BEATEHOFMANN.DE



HERIBERT HABERHAUSEN

Preserving Wonder

Christmas Stories for Today

ISBN: 978-3-8436-1398-9 | Patmos | Hardcover with book ribbon | 160 pages | 13 x 21.5 cm | € 19.00

Christmas stories for today

This book contains about 60 short stories that reveal the greatness of Christmas in small incidents: About the letter that got Thomas Alva Edison kicked out of school and without which he never would have become a world-famous inventor. About Sister Barbara, who showed what mercy means during the Corona pandemic. About the English village of Congresbury, which had planned something special for the holiday season.



ANDREA SCHWARZ/
SISTER ULRIKE DIEKMANN
Discovering Life
ISBN: 978-3-8436-1346-0
Patmos

The days before Easter are a time to do something good for yourself: “detox” your soul and “discover” something new. This book by Andrea Schwarz and Ulrike Diekmann invites you to do this with impulse texts and practical tips, photos and free pages for your own thoughts.



ANDREA SCHWARZ
Wild Christmas
ISBN: 978-3-8436-1073-5
Patmos

Being “wild” is the opposite if conforming and being tamed, and Christmas isn’t tame for Andrea Schwarz. For her, Christmas points to something unprecedented. Her new book is a plea against the taming of Christmas.
Sold: Hungarian, Slovenian



KURT KARDINAL KOCH
The People of Christmas
ISBN: 978-3-8436-1183-1
Patmos

Cardinal Koch focuses on the characters in the nativity scene in this extraordinary Christmas book. It invites readers to see themselves not only as spectators but also get involved in the events as if they were “part of the play”.
Sold: Italian



KURT KARDINAL KOCH
Renewal and Unity
ISBN: 978-3-8436-1066-7
Patmos

Renewal is not just a Protestant concern and unity is not just a Catholic issue. Both Churches can and should rediscover that there is more uniting them than dividing them and take this seriously.
Sold: Italian



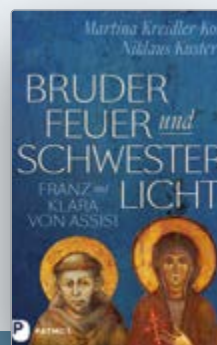
EUGEN DREWERMANN /
MARTIN FREYTAG
God, Where Are You?
ISBN: 978-3-8436-1210-4
Patmos

Eugen Drewermann responds to questions asked by students in religion class. Their teacher collected the young people’s questions, which were answered in an understandable way by the well-known author.



EUGEN DREWERMANN /
MARTIN FREYTAG
The Mystery of Jesus of Nazareth
ISBN: 978-3-8436-1080-3
Patmos

Eugen Drewermann answers questions that have been asked by students in religion class. Their teacher interviewed him on their behalf.
Sold: French



MARTINA KREIDLER-KOS /
NIKLAUS KUSTER
Brother Fire and Sister Light
ISBN: 978-3-8436-1301-9
Patmos

This book incorporates all sources and international specialized literature about the saints Francis and Clare of Assisi to bring their stories into a historically reliable.



FRANZ KAMPHAUS
Bringing Good News to the Poor
ISBN: 978-3-8436-1330-9
Patmos

In 80 chapters Franz Kamphaus provides insights into the scripture reading – especially from the Gospel of Luke – that are recited on the Sundays and holidays of the reading year.

“Do like God: Become a human being!”

- ▶ Advent and Christmas with Franz Kamphaus
- ▶ Daily spiritual impulses
- ▶ Lovingly designed illustrations



Christians celebrate the incarnation of God at Christmas. This celebration says wonderful things about God and human beings, which is why it is not limited to one day. After Advent as a period of expectation, the festive Christmas season extends to the celebration of the Lord's baptism in mid-January. This entire period has its own mood, so many people approach it as a time influenced by spirituality. Throughout his life, Franz Kamphaus has explored what the incarnation of God means for human beings since "Jesus is as alive today as he was back then." This lovingly designed book offers daily spiritual impulses from its rich collection for the Advent and Christmas season. It pays special attention to the women and men involved in the Bible's Christmas stories. They each had their own experiences of God being present with human beings and not leaving them alone, that He is coming and remains a promise, inspiration and invitation – even for today!

FRANZ KAMPHAUS

God Is Coming

A Companion through the Advent and Christmas Season

ISBN: 978-3-8436-1395-8

Patmos

Hardcover with book ribbon

128 pages

13 x 21.5 cm

€ 18.00

FRANZ KAMPHAUS, born in 1932, worked in the training of priests and preachers and is professor for Homiletics at the University of Münster. From 1982 until 2007 he was the Bishop of Limburg. He is now chaplain in a institution for people with mental handicaps. He has been awarded the Ignatz-Bubis-prize for Tolerance and is the author of many books.



By the same author:

FRANZ KAMPHAUS

When Faith Becomes Concrete

ISBN: 978-3-8436-1034-6

Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Mount. The author explores the unreasonable demands in his own special way.

Sold: Italian



KARL-JOSEF KUSCHEL
Magical Places
 A Life with Literature

ISBN: 978-3-8436-1391-0 | Patmos | Hardcover | 545 pages | 14 x 22 cm | € 42.00

A life with literature

Karl-Josef Kuschel nearly spent his whole life focusing his attention on literature and its poets: personally as well as during his scientific research and teaching. His new book is neither an autobiography nor a non-fiction book on literature but better – it's both. It talks about encounters with people and books and with magical places where literature originated from, in praise of reading and of life with books resulting in intellectual freedom and bringing people together.



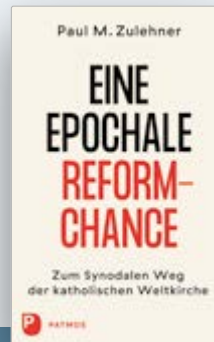
KARL-JOSEF KUSCHEL
In the Flow of Things
 ISBN: 978-3-8436-1042-1
 Patmos

Hermann Hesse and Bertolt Brecht are both world-famous writers of the 20th century. A dialogue with Buddha and Lao Tzu, has found expression in the works of both. This exciting study provides surprising insights into the culture and literary history of the 20th century.



KARL-JOSEF KUSCHEL
"That We Are All Children of Abraham..."
 ISBN: 978-3-8436-1096-4
 Patmos

Two world-renowned statesmen, Helmut Schmidt and Anwar as-Sadat, meet in December 1977. Karl-Josef Kuschel recorded their night-time conversation on the Nile and reveals that it was a magic moment of religious dialogue. Its message is still valid to-day.



PAUL M. ZULEHNER
An Epochal Opportunity for Reform
 ISBN: 978-3-8436-1359-0
 Patmos

Paul M. Zulehner launched an intercontinental survey that follows the Pope's lead. Ideas for synodalisation were collected, elements of a theology and spirituality in a synodal Church were explored. The findings have been incorporated into this volume.



PAUL M. ZULEHNER
Anxious Confidence
 ISBN: 978-3-8436-1303-3
 Patmos

An international online survey in ten languages has gathered opinions on what moves people in the corona crisis. The religion and values researcher Paul M. Zulehner presents the results of the study and interprets them in the sense of pastoral theology.



HUBERTUS HALBFAS
Table Fellowship
 ISBN: 978-3-8436-1360-6
 Patmos

Hubertus Halbfas follows the references to how Jesus sat at the table with women and men, with Pharisees, "tax collectors and sinners" and talked about his hope for the "Kingdom of God" using the parable of the Great Banquet.



HUBERTUS HALBFAS
Secular Piety
 ISBN: 978-3-8436-1299-9
 Patmos

Hubertus Halbfas wants to reclaim the word "piety" for people who live secular lives. His thesis: People who live secular lives are not impious. Even a secular existence can be lived in a spiritual way.



NOTKER WOLF
There Is Also Another Way
 ISBN: 978-3-8436-1262-3
 Patmos

In this book, Notker Wolf tells of his experiences and encounters. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership "after Corona."



EUGEN DREWERMANN
The Hour of Jeremiah
 ISBN: 978-3-8436-1250-0
 Patmos

We experience the collapse of everything that has constituted the "strength" of the Catholic Church as a monarchical system. Eugen Drewermann's diagnosis is: This is the hour of the Biblical prophet Jeremiah, who proclaimed a new image of God.

Against the exploitation of animals

- The connection between religion, politics and capitalism
- Support for all impassioned vegetarians and vegans



According to traditional Christian teachings, the human being takes precedence over the animal. Does this mean that animals are just transitory useful beings that are intended to serve humans? In his famous essay, Eugen Drewermann revises this viewpoint. This new edition supplements this perspective with a second essay on the kinship of all life. Eugen Drewermann advocates for religious rethinking and against the capitalist abuse of animals, as well as the cruelty of animal breeding and experiments on animals.

EUGEN DREWERMANN
**The Immortality of Animals:
 Kinship of All Life**
 Two Essays

ISBN: 978-3-8436-1379-8
 Patmos
 Paperback
 112 pages
 12 x 19 cm
 € 12.00

EUGEN DREWERMANN, born in 1940, has a doctorate in theology. When he was suspended from the priesthood and the teaching profession, he began a career as a psychotherapist and writer. To date he has written more than eighty books and his works have been translated into more than a dozen languages.



By the same author:

EUGEN DREWERMANN
Do Not Judge! Vol. 3
 ISBN: 978-3-8436-1216-6
 Patmos

In this concluding volume of the "Do Not Judge!" trilogy, Eugen Drewermann accomplishes a consistent change of perspective: All contemplation regarding punishment leads to abolishing punishment. This is not justice since it only inflects new injustices time and again.



MARTIN WEBER / MICHAEL ALBUS

Companion in the Darkness

Portrait of a Doctor on a Palliative Care Unit

ISBN: 978-3-8436-1392-7 | Patmos | Hardcover | 176 pages | 14 x 22 cm | € 20.00

Help for the dying

Martin Weber is one of the pioneers of hospice work and palliative medicine in Germany. He spent many years working and fighting for palliative medicine to become a natural part of the medical field. In this book of conversations with Michael Albus, the Paris-born doctor tells of his experiences in dealing with death and his encounters with the dying. This is the story of a doctor who no longer heals but accompanies his patients on their final journey.



MARTIN WALSER/
MICHAEL ALBUS (EDS.)
**We Would Rather Dream
It All Than Say It**

ISBN: 978-3-8436-1258-6

Patmos

This book of conversations between Martin Walser and Michael Albus was created at the author's request. Martin Walser talks about what still matters and what no longer matters after a long and fulfilled life.



SARAH VECERA
**How Did Jesus
Become White?**

ISBN: 978-3-8436-1352-1

Patmos

From the beginning, the Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how every person can do something against them.



KLAUS MERTES
**Breaking Through
the Cycle of Failure**

ISBN: 978-3-8436-1349-1

Patmos

This much is clear for Klaus Mertes: As long as the primary goal is to regain credibility, all efforts to come to terms with the sexual abuse at the Canisius College in Berlin came to light in 2010 will be counterproductive.

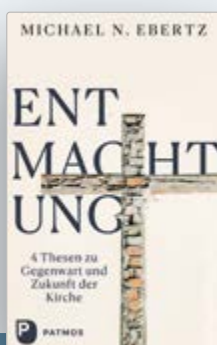


MICHAEL KORTH
Values

ISBN: 978-3-8436-1254-8

Patmos

Michael Korth portrays almost 200 values ranging from mindfulness to reliability. In a pointed and entertaining way, he tells about the origins and reasons for values, how we can recognize them and their effects, why they are important and why there are sometimes even fun.



MICHAEL N. EBERTZ
Disempowerment

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future in four theses.



FRANZ ALT
**After Corona:
Reshaping Our Future**

ISBN: 978-3-8436-1319-4

Patmos

We have learned much during the Corona pandemic. Franz Alt encourages us: We can reshape our future if we combine our intellectual insights and emotional forces, rethink our lives and take innovative of actions.



ULRICH LUZ
**The New Testament
for Beginners**

ISBN: 978-3-8436-1095-7

Patmos

Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a "reader-proof" book with information on Jesus, early Christianity and writings of the New Testament.



MICHAEL BLUME
Conspiracy Theories

ISBN: 978-3-8436-1286-9

Patmos

Michael Blume analyses the cultural and psychological backgrounds of conspiracy theories and explains how they "work". Due to his experiences from various encounters, he provides advice on how to keep cool and deal with conspiracy theorists.

The new book by Michael Blume

- ▶ Three current topics: vaccination skepticism, pandemic and inflation
- ▶ Outlook for the “Alpine Ark” in the climate crisis
- ▶ 100 years of Martin Buber’s “I and Thou”



The Querdenker (German unconventional thinkers) originated in Stuttgart and the Freiheitstrychler (people who use traditional Swiss cowbells to protest Covid public safety measures) come from the original part of Switzerland. When the Kingdom of Bavaria introduced the compulsory vaccination against smallpox in 1807, there was violent resistance in Tyrol and the southern Black Forest. One hundred years ago, Martin Buber wrote his trailblazing fundamental book “I and Thou” shortly after the Spanish Flu during a time when inflation was on the rise. In this book, he shows that every human being can only become himself or herself in the counter-

part, in the exchange with other people and things. Does the landscape in which we grow up also shape our thinking?

What is striking is that traditionalism and lifestyle, anti-Semitism and Zionism, esotericism and science have collided in the Alpine region like nowhere else. This is not a coincidence for Michael Blume. Coexistence in mountain regions has developed with male circles and a scepticism of authority but also repeatedly resulted in conspiracy myths. This is where the federal republic as a system of government developed, but the fires of witch-hunting, anti-Semitism and opposition to vaccinations blaze higher here than anywhere else. Blume’s “Alpine Region Thesis” has already found a strong resonance in the media. He writes: “If we learn the right lessons from the Spanish Flu Grippe and the Covid-19 Pandemic, as well as rethink our relationship with landscapes, fellow human beings and animals, we will get through the climate crisis in a better way. Because although history does not repeat itself, it does rhyme.

MICHAEL BLUME

How Mountains and Animals Shape Our Thinking

Observations in a Time of Crises

ISBN: 978-3-8436-1405-4

Patmos

Paperback

160 pages

12 x 19 cm

€ 16.00

DR. MICHAEL Blume is a religious scholar and political scientist. The protestant Christian is married to a Muslim and Head of the »Non-Christian Religions, Values, Minorities and Northern Iraq Projects« Unit in the Baden-Württemberg State Department. In 2015/16 he assumed responsibility for the state’s special quota project for vulnerable women and children from Northern Iraq. His doctoral thesis was on religion and neuro-theology. In 2009 leading scientific bloggers awarded his blog the Scilogs Prize; he was the first German to be appointed to the international research network for Evolutionary Religious Studies.



By the same author:

MICHAEL BLUME

Retreat or Crusade?

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Patmos

There are growing minorities that believe themselves in the sole possession of the truth. The religious scholar and media ethicist Michael Blume shares surprising and illuminating observations on the struggle for the path of believers in the 21st century.



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Christianity, Anti-Semitism and Shoah

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Sold: Italian

Biblical foundation for the reform of the Church

- ▶ Renewal of the Church from Biblical origins
- ▶ Tasks, processes and objectives of the renewal
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Thomas Söding, a German New Testament scholar with an international reputation and vice-president of the Central Committee of German Catholics (ZdK), has accompanied the Synodal Way of the German Church with much dedication from the start. His articles on the tasks, processes and objectives of a necessary renewal of the Church have been collected in this book. The Bible scholar has a special perspective on this situation: namely, to contribute to clarifying how the Church's identity-forming origin in the Biblical message can lead to new forms of its mission today. His basic message is "that the New Testament does not set up stop signs but signposts showing where the journey can go."

THOMAS SÖDING

Travelling Together: Synodality in the Catholic Church

ISBN: 978-3-7867-3317-1

Grünwald

Paperback

272 pages

14 x 22 cm

€ 24.00

THOMAS SÖDING, Doctor of Theology, is professor of the New Testament at the Faculty of Catholic Theology at the Ruhr University in Bochum. From 2004–2014, he was a member of the International Theological Commission at the Vatican. He is an advisor to the Faith Commission of the German Bishops' Conference and consultant to the Pontifical Council for the New Evangelization. He has been the vice-president of the Central Committee of German Catholics and the Synodal Assembly of the Catholic Church in Germany since 2021..



Also available:

MARGIT ECKHOLT

Moved by the Spirit

ISBN: 978-3-7867-3277-8

Grünwald

In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage – to be "moved by the spirit". Blind mountaineer Andy Holzer has climbed the world's highest mountain peaks. His optimism and mental strength are inspiring.

Sold: Italian



SONJA MARSCHALL

Lotte and the Little Chemo Manikins

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages | 19 x 23.5 cm | € 14.00

How can I explain the disease of cancer in a child-friendly way?

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated



SABINE WALDMANN-BRUN Jojo Rosepetal and the Trip in the Balloon

ISBN: 978-3-8436-1138-1
Patmos

Jojo Rosepetal knows stories from the Bible and invites the children Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, peace, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH My Children's Bible

ISBN: 978-3-8436-0954-8
Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God Is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rights



MARTINA STEINKÜHLER You Are Welcome!

ISBN: 978-3-8436-0896-1
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE The Story of the Good King

ISBN: 978-3-8436-0671-4
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER What on Earth Is Wrong with Gisbert?

ISBN: 978-3-8436-0701-8
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong. **Sold: English (World)**



JOCHEN WEEBER Henrietta Feels the Wind

ISBN: 978-3-8436-0881-7
Patmos

Henrietta has three favorite things in life: computer games, computer games, and computer games. Until one day a ball flies through her window, and as a result she meets Ollie, Paul, and Louise. They take Henrietta to a fascinating place ... outside!



PETRA FIETZEK Everything Is Different for Lulu Now

ISBN: 978-3-8436-0521-2
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



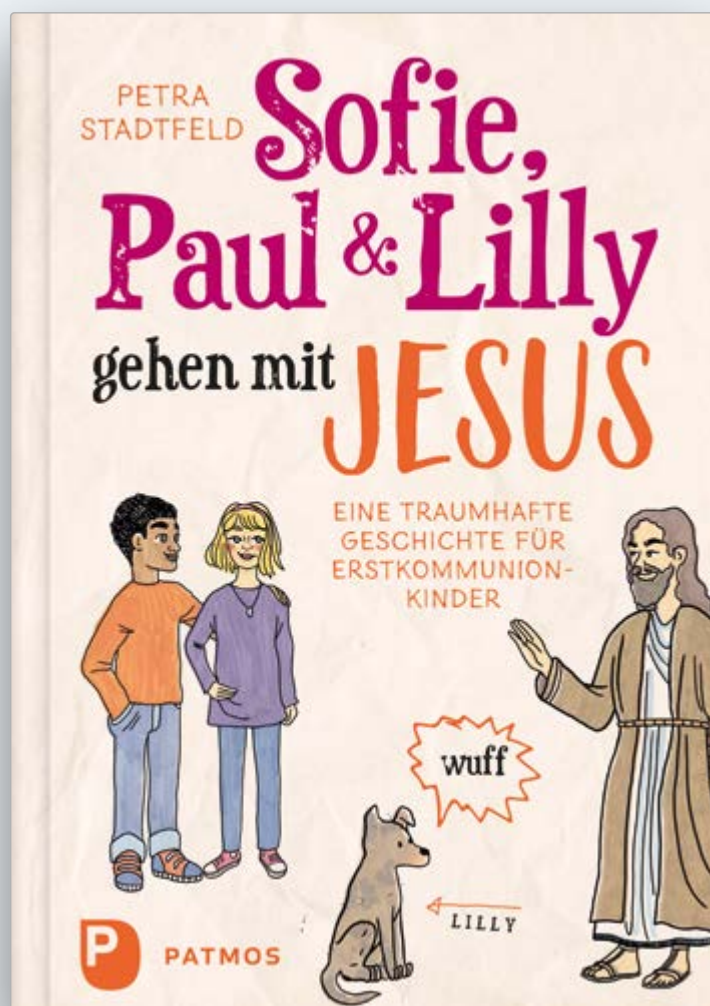
ANNETT STÜTZE / BRITTA VORBACH Grandpa, What Color is Death?

ISBN: 978-3-8436-0953-1
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



PETRA STADTFELD

**Sofie, Paul and Lilly
Walk with Jesus**

A Divine Story for First Communion
Children

ISBN: 978-3-8436-1340-8

Patmos

Hardcover

72 pages

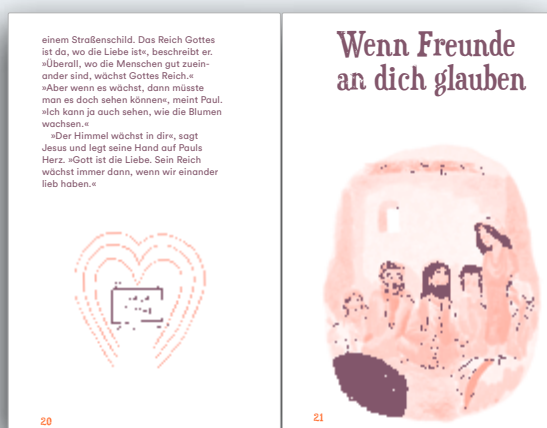
12 x 19 cm

€ 12.00

The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.





DORIS BEWERNITZ
Little Mr Lu Chi in Paradise
And Other Stories of Wisdom

ISBN 978-3-86917-913-1 | Eschbach | Hardcover with ribbon | 12 x 19 cm |
112 pages | € 12.00

You simply have to like little Mr Lu Chi. He's 70 years old, modest and well-versed in life. As curious as a child, he has his very own view of the world and human existence: How much wisdom fits into a sack? What does a heart have in common with a piece of cheese? How do people get rich? Where is paradise? These are topics of the new stories in which the wise little man takes readers along on his journey through life. The result is surprising insights that lets them grasp the bigger picture.



DORIS BEWERNITZ
Little Mr Lu Chi
ISBN: 978-3-86917-841-7
Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



EVA MUTSCHER
Visit from the Little Queen
ISBN: 978-3-86917-912-4
Eschbach

The Little Queen knows how to turn the days into friends. She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks on how to more easily succeed in life. This feather-light story is full of worldly wisdom and happiness.



EVA MUTSCHER
Konrad in the Land of Seven States of Mind
ISBN: 978-3-86917-837-0
Eschbach

Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. In the Land of Seven States of Mind, he discovers the Fortress of Arrogance. is a poetic tale about setting off and arriving – about contentment and happiness.



PIERRE STUTZ
I Wish You Angels of Comfort
ISBN 978-3-86917-916-2
Eschbach

In twenty letters, Pierre Stutz accompanies the grieving on their path of saying goodbye. His texts and poetry help them to take time for their own mourning process and encourages readers to follow their own approach to grief and experience the healing power of tears.



DAGMARA DZIERZAN
The Town Watchman of Minimonomongau
ISBN: 978-3-86917-797-7
Eschbach

Not everyone is allowed to enter the town Minimonomongau. Especially not those without papers. But on a freezing cold night, in the middle of Advent, two figures suddenly stand in front of the gate and ask to enter ...



MAX BOLLIGER
Miracles Happen Very Quickly
ISBN: 978-3-86917-566-9
Eschbach

In 24 short stories, well-known author Max Bolliger witnesses Christmas from the perspective of the shepherds and animals, the small and the weak, allowing us to experience the miracle at the heart of Christmas more truly.



PIERRE STUTZ
Life is in the Moment
ISBN: 978-3-86917-639-0
Eschbach

Inspired by the play of water and stones, Pierre Stutz finds inviting words that don't postpone the rendezvous with a fulfilled life. Life is in the moment means: breathing a deep sigh of relief, enjoying the creation and staying true to yourself.



RAINER HAAK
Bird's-Eye Views
ISBN: 978-3-86917-683-3
Eschbach

Listen to a bird and imagine that It sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you to have open eyes for life's diversity and an open heart for all the friendship and love.

Christmas is just around the corner



Rainer Haak's Christmas stories are set in our time, among people as we know them. The stories tell about how even today at Christmas people see the light, a star can become a gift and a friendly encounter can turn into an angel... Rainer Haak gets us in the mood for Christmas!

RAINER HAAK

A Thousand Stars in the Night Sky

Christmas Stories of Our Time

ISBN: 978-3-86917-958-2

Eschbach

Hardcover

144 pages

13 x 21.3 cm

€ 20.00

RAINER HAAK worked as a waiter, book dealer, pastor, concert organiser and tour operator before he became one of the most successful book authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

Monsieur Jaque's Gift

ISBN: 978-3-86917-600-0

Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



JULIA RADTKE
My Vegetarian Family Meals
 Cooking with 7 Ingredients

ISBN: 978-3-7995-1575-7 | Thorbecke | Hardcover | 200 pages |
 19 x 23.5 cm | € 28.00

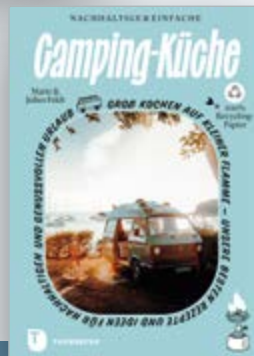
Vegetarian family meals with just 7 ingredients

Everyday family life is colorful, full of hustle and bustle – and sometimes even stressful. Keeping track of a healthy and balanced diet is not always easy. Blogger and mother Julia Radtke shows how easy it is to serve uncomplicated, quick and varied meals with less than 7 ingredients – without much effort and long shopping lists.



CAROLIN JAHN
From the Garden to the Plate
 ISBN: 978-3-7995-1545-0
 Thorbecke

The author shares tips on how readers can easily grow their own vegetables and which plants make good neighbors in the bed. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves.



MARIE AND JULIUS FELDT
Sustainable and Simple Camping Cuisine
 ISBN: 978-3-7995-1551-1
 Thorbecke

We love the short and long escapes with our camper. We feel that cooking while camping is a relaxed communal experience that ranges from picking berries to stick bread by the fire. We put together simple recipes that do without exotic ingredients and still spread holiday flair.



CAROLINE PRITSCHET
Happy & Healthy
 ISBN: 978-3-7995-1546-7
 Thorbecke

Instead of stress and career, the author focused on mindfulness, yoga and meditation, combined with a purely plant-based diet. In this book, she shares her best everyday recipes and provides background knowledge on how we can have healthier lives in the long run with the right diet and a mindful attitude.



LYNN HOEFER
Heavenly Healthy
 ISBN: 978-3-7995-1291-6
 Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.



LYNN HOEFER
Simply Heavenly Healthy
 ISBN: 978-3-7995-1442-2
 Thorbecke

Lynn Hoefer shows how healthy food can be simply and quickly integrated into everyday life. With some preparation but a minimal amount of effort, it's easy to have a healthy diet. And quite incidentally, it's possible to save the world a little bit.



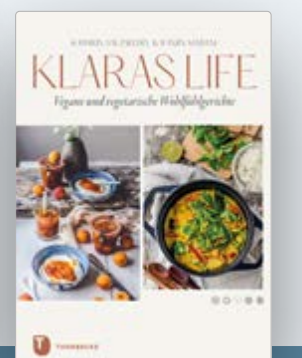
BIRGIT FAZIS
Everything from One Platter
 ISBN: 978-3-7995-1435-4
 Thorbecke

Cheese platters, colorful antipasti, tapas and mezze boards, brunch trays, dessert platters and many other delicacies from the platter are conquering the culinary world. The snack platters are totally uncomplicated and can be made in a flash.



BIRGIT FAZIS
Bread & Honey
 ISBN: 978-3-7995-1475-0
 Thorbecke

In a hectic world, "Bread & Honey" is an invitation to celebrate the diversity of regional and seasonal foods. This book is a declaration of love for the genuine good life and at the same time a plea for more serenity in the kitchen.

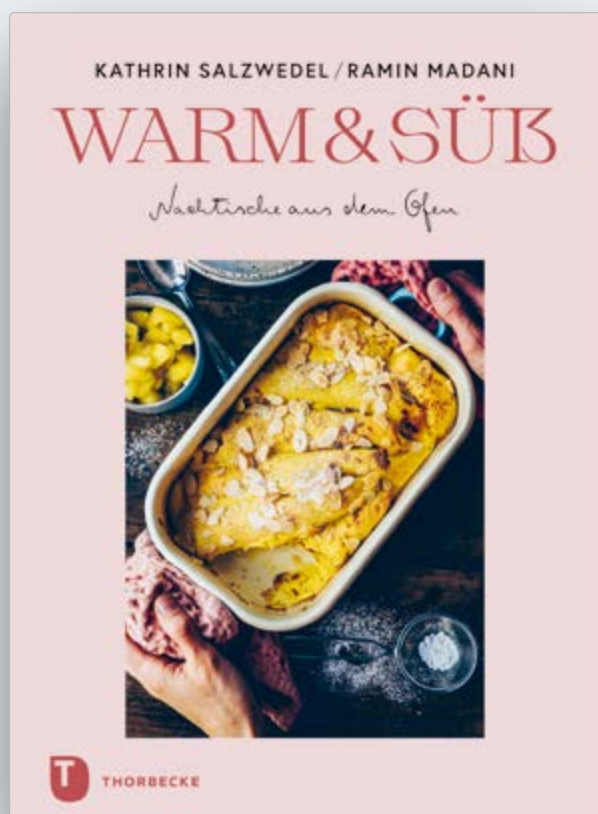


**KATHRIN SALZWEDEL /
 RAMIN MADANI**
Klara's Life: Vegan and Vegetarian Wellness Dishes
 ISBN: 978-3-7995-1474-3
 Thorbecke

Klara's Life presents the best recipes for the autumn-wintery trend topic of vegan and vegetarian comfort food. The author duo shows how simple it is to shop and cook in a healthy way.

Warm desserts and oven desserts

- ▶ Recipes for warm desserts and sweet main dishes
- ▶ The perfect feel-good book for autumn and winter
- ▶ Recipes from forgotten classics to modern trends
- ▶ Successful author duo: 120,000 followers in the social networks



KATHRIN SALZWEDEL /

RAMIN MADANI

Warm & Sweet – Desserts from the Oven

Tempting Recipes for Every Day

ISBN: 978-3-7995-1564-1

Thorbecke

Hardcover with book ribbon

184 pages

19 x 26 cm

€ 28.00

The aroma of freshly baked apples with nut filling or pear-curd-seminola casserole – nothing makes us feel so at home like sweet soul-satisfiers from the oven. Almost forgotten classics like Pfitztauf (Swabian Popovers), Arme Ritter (German-Style French Toast) or Ofenschlupfer (Apple Bread Pudding) and modern recipes like Banana Scones, Apricot Cobbler or Blueberry-Plum Crumble Bars put a smile on our faces.

KATHRIN SALZWEDEL lives at the edge of the Northern Black Forest together with her bantams. Her food-blog »klaraslife« was born from the passion for photography and baking. Her favorite place is her kitchen where she creates new recipes daily. Kathrin is professionally active as food stylist as well.

RAMIN MANDANI lives at the edge of the Northern Black Forest together with his bantams. The food-blog »klaraslife« was born from his passion for photography and baking. He creates new recipes daily.



By the same authors:

KATHRIN SALZWEDEL / RAMIN MADANI

Root Vegetables

ISBN: 978-3-7995-1523-8

Thorbecke

New savory and even sweet vegan and vegetarian recipes with familiar and almost-forgotten types of root vegetables – as well as recipe classics with a new twist – make sure that we will never get bored with vegetable cuisine this year.



BELINDA HAUSNER

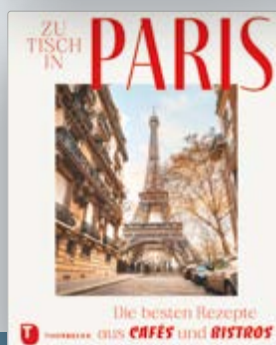
Wonderful Winter Cakes

Fabulous Baking with Little Effort

ISBN: 978-3-7995-1560-3 | Thorbecke | Hardcover | 136 pages | 19 x 26 cm | € 26.00

Sumptuous cakes made in a flash!

Belinda loves to bake, even when her daily schedule is full to the brim: her children, her hair salon and her own café... Yet, these wonderful cakes and torts are meant to be little islands in everyday life that pamper us even when just look at them: creamy torts, little nibbles and dreams made of chocolate. In equally fantastic photographs, Belinda shows us her favorite recipes that are easy to bake with little effort.



At the Table in Paris

ISBN: 978-3-7995-1574-0

Thorbecke

Imagine strolling in Paris along the Seine, over the Pont Neuf, to the Eiffel Tower while taking little breaks at street cafés and going to bistros in the evening. With typical recipes, our cook-book invites readers to take a culinary stroll through Paris and indulge in vacation memories.

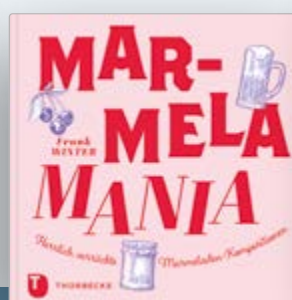


FRANK WINTER Sauces, Dips and Marinades

ISBN: 978-3-7995-1533-7

Thorbecke

Frank Winter presents his best recipes for barbecuing: Marinades and rubs come into play before cooking the meat and fish. Afterwards, the stars are aroma butter and oil, BBQ sauces and ketchups.



FRANK WINTER MarmelaMania

ISBN: 978-3-7995-1284-8

Thorbecke

Who actually decides what is allowed in marmalade and what is not? No one, according to Frank Winter. The result of his marmalade experiments are extraordinary creations, into which herbs, dark beer, gin, cocoa or red beets have wandered at times.



ANDREA NATSCHKE-HOFMANN Delicious Baking for Cold Days

ISBN: 978-3-7995-1525-2

Thorbecke

As soon as it gets colder outside, we feel a stronger desire for delicious baked goods, the scent of cinnamon and warm cakes. And baking is simply the most fun during this season. This book is a collection of recipes for cold days.



JUTTA SCHNEIDER / ULRIKE SCHNEIDER Baking Your Own Breads Made Simple

ISBN: 978-3-7995-1522-1

Thorbecke

Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organized according to rising time, there's something here for everyone.



SILKE ROTHENBURGER-ZERRER Natural & Sustainable

ISBN: 978-3-7995-1531-3

Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.



ENIKŐ GRUBER Food, Friends & Love

ISBN: 978-3-7995-1412-5

Thorbecke

For an all-round successful meal with friends and family, you only need three things: good preparation, a few sure-fire recipes and a bit of improvisation talent. This is no problem with Eni's all-round package.



JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER A Day in the Alps

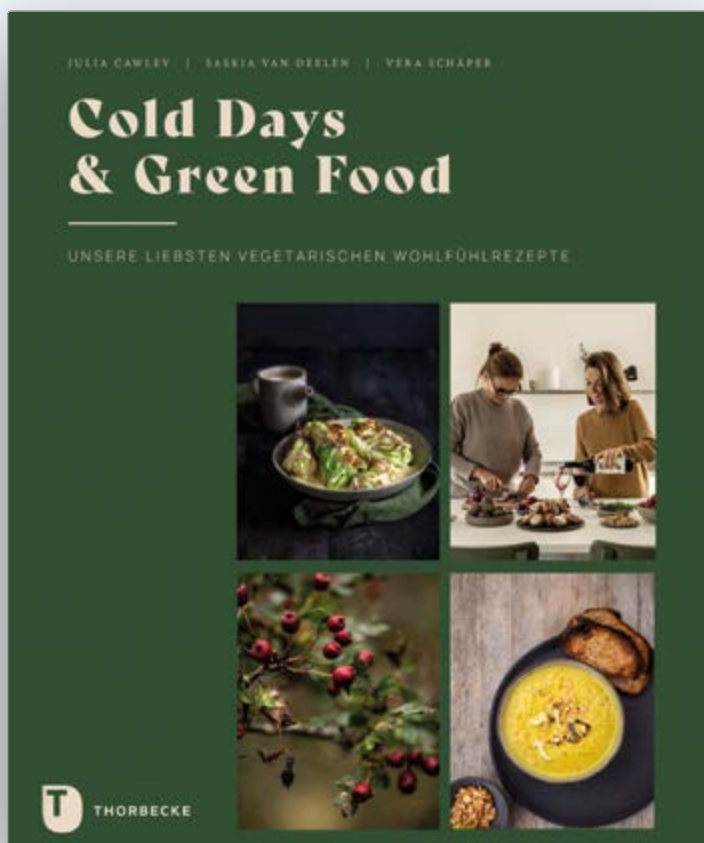
ISBN: 978-3-7995-1524-5

Thorbecke

Immerse yourself in the magic of the Alps, the magnificent natural world and sight of crystal clear lakes. Let yourself be inspired by the contrast between the blue of the sky, the snow-covered cliffs and memories of winter walks.

Enjoy vegetarian winter feel-good cuisine

- ▶ Vegetarian recipes for the cold season
- ▶ Rugged landscapes and fireplaces: the unique magic of Swedish scenery in beautiful photos



Being outside on chilly winter days, enjoying the natural world – and then coming home to a warm soup already waiting on the cooker. Pure happiness! This book tells of these special moments in the cold season and the joys of good, vegetarian food that lets us feel warm and cosy: from Black Salsify Cream Soup with Braised Pear and Buckwheat Crisp to Parsley Omelette with Lentils and Sheep's Cheese-Lemon Creme to sweet delicacies like Apple-Cinnamon Cookies.



By the same authors:

JULIA CAWLEY / VERA SCHÄPER /
SASKIA VAN DEELEN

Wild & Cosy

ISBN: 978-3-7995-1476-7

Thorbecke

Actively experiencing rugged landscapes, wild mountains and nature – and then coming home to a waiting comfortable couch and a hot coffee with whisky and cream. This is coorie, the Scottish expression for equilibrium between nature and coziness in everyday life.

JULIA CAWLEY / VERA SCHÄPER /
SASKIA VAN DEELEN

Cold Days & Green Food

Our Favorite Vegetarian Feel-Good Recipes

ISBN: 978-3-7995-1532-0

Thorbecke

Hardcover

168 pages

23 x 27 cm

€ 32.00

JULIA CAWLEY is a freelance photographer. After spending five years in New York, her adopted home is now Hamburg. Her photos can be found in various cookbooks and food magazines. Furthermore, she has run the »Liz & Jewels« food blog for many years.

SASKIA VAN Deelen lives in Hamburg. She holds a degree in business administration, works as a nutritionist and passionately cooks, bakes, writes, styles and photographs for her »Dee's Küche« (Dee's Kitchen) food blog.

VERA SCHÄPER is a graphic designer and lecturer from Cologne, where she develops book and magazine concepts. Together with Jens Rehling, she operates the design office of vrej. Vera loves yoga and is currently studying to become a consciousness trainer.

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