



Rights List

Spring 2022

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Spring 2022 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben - Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

Due to the corona pandemic, you are receiving this catalogue via e-mail instead of by traditional mail. We hope you enjoy browsing our catalogue anyway!

We look forward to hearing from you! Stay healthy!

With best wishes,
Foreign Rights Department

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ILKA BRÜHL

Beautiful in a Different Way

How I Learned to Love Myself

ISBN: 978-3-8436-1255-5 | Patmos | Hardcover with dust jacket | 200 pages |
14 x 22 cm | € 20.00

A model with a facial cleft redefines beauty

Ilka Brühl looks different. She was born with a facial cleft, which is a malformation of the nose, forehead and eyes. As a child, she was berated as a witch. As a young woman, she withdrew from the world and struggled with her appearance. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark and appears as a model in the media and social networks. The author fights for beauty being perceived as diversity. This is a moving book about self-love despite being different.



DÖRTE MAACK

How to Build a Castle from Ruins

ISBN: 978-3-8436-1260-9

Patmos

Dörte Maack leads the life of a dazzling circus performer until she is diagnosed with an incurable eye disease. She makes two plans: A: Not to become blind. B: If she does, she will take her own life. After hitting the bottom, she suddenly feels ground beneath her feet. Plan C begins to mature.

**I Used to be a Snazzy Bird, But Now I'm a Lame Duck**

ISBN: 978-3-8436-1233-3

Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.

**Let's Be Honest**

ISBN: 978-3-8436-1218-0

Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.

**My Lion Cub**

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean

SABINE MEHNE

The Great Departure

ISBN: 978-3-8436-0834-3

Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.

**Life Fog**

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: Korean**I, Birgit, Autist and Psychotherapist**

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life - even if it means giving up her profession.

Sold: Korean**My Everest**

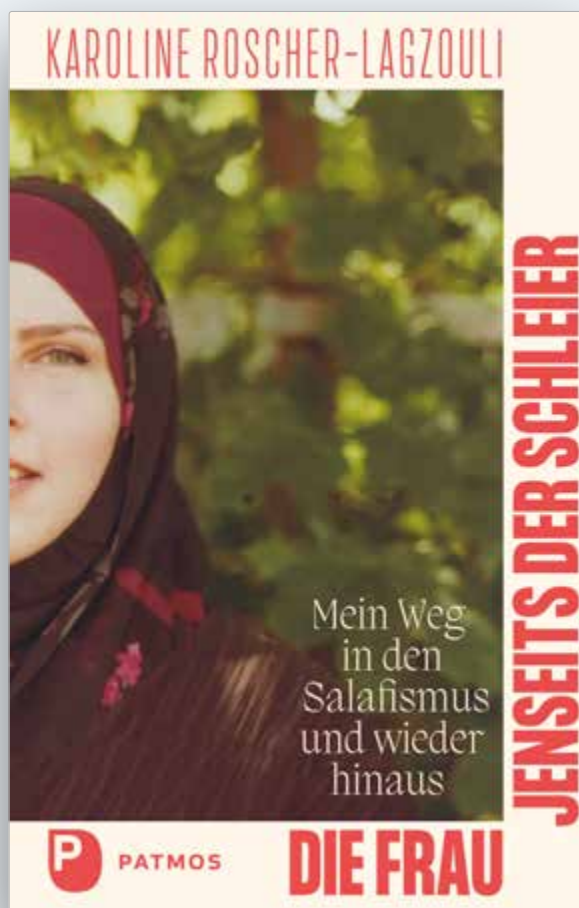
ISBN: 978-3-8436-1093-3

Patmos

In May 2017, mountain climber Andy Holzer - who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.

A look behind the scenes

- Unique insight into a German Salafi community
- A new perspective on the Islam debate
- Written by a headscarf-wearing convert



After growing up as an atheist, Karoline Roscher-Lagzouli converted to Islam in her twenties due to a lifelong fascination with Islam. For several years, she was part of a conservative Salafi community. In this autobiography, she tells about her life in the community, the conflicts with her family, her “awakening” and her continuing search for an authentic expression of her faith that is appropriate for her. As a devout Muslim and feminist, she wants to have her say in current debates instead of just listening when others talk about her.

KAROLINE ROSCHER-LAGZOULI
The Woman Beyond the Veil
 My Path into Salafism and Back
 Out Again

ISBN 978-3-8436-1356-9
 Patmos
 Hardcover
 176 pages
 Format 14 x 22 cm
 € 19.00

KAROLINE ROSCHER-LAGZOULI has degrees in Islamic Studies and Indology. She now runs several cafés in Leipzig with her husband.



Also available:

ZOE KATHARINA
Zoe Means Life
 ISBN: 978-3-8436-1230-2
 Patmos

20-year-old Zoe joined the German Jugend rettet (Youth Rescues) organization to save the lives of refugees by working on a ship in the Mediterranean. This is a moving and highly topical story of a young woman fighting for justice and humanity – even if she endangers herself in doing so.

CLAUS KOCH

Education to Open-Mindedness

Zoe's Story

ISBN 978-3-8436-1361-3 | Patmos | Hardcover | 184 pages | Format 14 x 22 cm | € 20.00

A splendid plea for autonomy, tolerance and open-mindedness

This book doesn't give any tips on how to raise children but uses the form of a novel to describe how a child grows into the world and develops curiosity and understanding what it still doesn't know – how education for open-mindedness succeeds. Zoe's story follows stages that are important in terms of developmental psychology. In the appendix, the author gives his readers the opportunity to read insights from modern infant research, developmental psychology and attachment theory in Zoe's childhood and adolescent experiences. This makes it clear what a human being needs to grow up feeling secure, free and open-minded.

**Children of Separation**ISBN: 978-3-8436-1108-4
Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.

**A Dad Is Not a Mom**ISBN: 978-3-8436-1092-6
Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

Sold: Romanian**Chill Out, Mom!**ISBN: 978-3-8436-0528-1
Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease. So when the kids command you to "Chill out!", you can calmly answer, "I'd be glad to!".

**When Little Dragons Spit Fire**ISBN: 978-3-8436-1188-6
Patmos

When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.

**The Basics of Fighting Fairly**ISBN: 978-3-8436-0468-0
Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.

**How I Can Help my Child Gain Strong Self-Esteem**ISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and how to deal with it. It's possible to strengthen children's self-esteem so they can cope with life while growing up!

Sold: Czech**Baby, Why Won't You Eat?**ISBN: 978-3-8436-0033-0
Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!

Sold: Italian**How to Soothe Your Baby**ISBN: 978-3-8436-0060-6
Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.

Sold: Chinese (simplified), Italian, Latvian

Why children want to be raised

- ▶ Encouragement for insecure parents
- ▶ With many examples from everyday family life



“Mum, if you don’t want me to do that, then forbid it!” When children say something like this, it’s clear that something is going wrong in their upbringing. And this is: Many parents no longer actively raise their children. They prefer to have their children as equal partners, from whom they can also get support for themselves. They fear losing the children’s love if they ask them to do something unpleasant and let them decide everything on their own. However, it is important that parents give their children stability and a secure basis. Children who are pushed into the adult role are overwhelmed and suffer from what is called “parentification” in psychological jargon. Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right. But only when they clearly stand by their responsibility and don’t become buddies with their children can they give them what they need to grow up: love, support and orientation.



By the same author:

ELISABETH RAFFAUF

They Don’t Just Do Nothing: They Lie There and Grow

ISBN: 978-3-8436-1019-3

Patmos

This book reminds readers of their own chaos years and helps understanding today’s young people in their conflict between need for affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: Korean

ELISABETH RAFFAUF

Just Raise Us!

What Children and Adolescents
Need from Their Parents

ISBN 978-3-8436-1322-4

Patmos

Softcover with flaps

184 pages

Format 14 x 22 cm

€ 19.00

ELISABETH RAFFAUF, a certified psychologist, leads group discussions for parents of adolescents, for young girls and for children of divorced parents. She works for the educational show »Herzfunk« on West German Television’s (»WDR«) series »Lilipuz« and belongs to the advisory team of the children’s news program »Logo« on Germany’s Channel 2 (»ZDF«). She is the author of many educational books as well as brochures for Germany’s Federal Center for Health Education. Elisabeth Raffauf is the mother of a daughter and two sons.

UDO RAUCHFLEISCH

When Relationships Make People Dependent

A Guidebook

ISBN: 978-3-8436-1341-5 | Patmos | Paperback | 176 pages | 14 x 22 cm | € 18.00

Out of the relationship trap

A person who feels dependent in his or her relationship is tormented time and again by major fears and self-doubt. His or her partner is usually overwhelmed by the high expectations and also suffers from the situation. Family and friends usually react with incomprehension and accusations, which damages the relationship-dependent person's sense of self-worth even more. Using many case examples, Udo Rauchfleisch vividly explains the phenomenon of relationship dependence and gives very concrete tips on what relationship addicts, their partners, relatives and friends can do to dissolve destructive relationship patterns. This book helps couples to grow in their love for and with each other.

**GUY BODENMANN
Love With All Your Heart**ISBN: 978-3-8436-1306-4
Patmos

With help of many exercises and concrete practical tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment in order to survive times of crisis and grow old together. This is a book that helps people sustain love and find their way to a happy relationship.

**KERSTIN FRIEDRICH
No Sport Also Isn't a Solution**ISBN: 978-3-8436-1321-7
Patmos

All of us "actually" want to do more sport, feel fit and have a healthier life. But we are often too comfortable in real life: There are just thousands of excuses. Kerstin Friedrich, a real couch potato herself, only got into sport at age 60 as a result of a bet and has stuck with it.

**TOM DIESBROCK
Let Loose**ISBN: 978-3-8436-1274-6
Patmos

Welcome to the world of the Little Perfectionist. It has settled in our minds and constantly convinces us that we need to raise the bar a little bit higher. This book invites us to take a closer look at this stubborn part of our personality. To understand it and take a more intelligent approach to it!

**TOM DIESBROCK
Hermann!**ISBN: 978-3-8436-1186-2
Patmos

Hermann is our inner critic. He picks us to pieces and nags at us. We want to run away, but Hermann runs with us. Because he is part of our personality that "actually" just wants to help us. The author knows how Hermann ticks and reveals how we can defuse his criticism.

**SABRIA DAVID
The Longing for the Next Click**ISBN: 978-3-8436-1243-2
Patmos

Social media and digital technologies have changed our life. How can we help to shape this transformation in a self-determined way? Sabria David has coined the term "media resilience" for a positive and confident approach.

**HANS MORSCHITZKY
When Fear Determines Life**ISBN: 978-3-8436-1189-3
Patmos

In this self-help book Hans Morschitzky describes the latest developments in the diagnosis and treatment of the known five anxiety disorders: claustrophobia, social phobia, specific phobias, panic disorders and generalized anxiety disorder.

**JOSEF GIGER-BÜTLER
Stronger than the Pain**ISBN: 978-3-8436-1179-4
Patmos

The well-known psychotherapist Josef Giger-Bütler describes the means and paths through which individuals can find their way out of their chronic strain by finding a different and new approach to their pain.

**HEINZ-PETER RÖHR
The Wise Way to Handle Feelings**ISBN: 978-3-8436-1279-1
Patmos

Heinz-Peter Röhr demonstrates in this book: An intelligent approach to feelings is more important for our happiness in life than a high IQ. He explains what the loss of control is, how it happens and the strategies to counteract it.

Awakening the lion powers

- ▶ Guidance for gathering strength in times of crisis
- ▶ For inner clarity and new perspectives
- ▶ With many concrete exercises



CLAUDIA DUWE

Trusting the Future Again

Mastering Losses with the Strength of a Lion

ISBN 978-3-8436-1295-1

Patmos

Softcover with flaps

144 pages

16.4 x 19.5 cm

€ 18.00

“Lion Times” is what Claudia Duwe calls the crisis phases in which we suffered from losses and the rug is pulled out from under our feet. But Lion Times are also the times in which the lion appears from the depths of our soul as a mentor and power animal – as a strong inner force and symbol of our own centre. It accompanies us on the lion’s journey in three stages: 1. Facing pain in the lion’s den, 2. Taking time out for healing in the lion’s rest and 3. Daring to reorient ourselves with the lion’s strengths. Many active exercises that are easy to do make it possible for readers to embark on their own lion’s journey to transform pain and find their way back to inner clarity. This book encourages people and awakens their lion powers.

DR. CLAUDIA Duwe holds a doctorate in media studies. She is an author and coach. After her doctorate and many years of professional practice in journalism/PR at universities and research institutes, she completed two comprehensive trainings in coaching.



Also available:

HEINZ-PETER RÖHR

The Art of Appreciating Yourself

ISBN: 978-3-8436-0391-1

Patmos

Heinz-Peter Röhr shows how it is possible to develop appreciation for oneself and find a way to create a happy and successful life. Over 10,000 copies sold.

Sold: Complex Chinese, Czech, Polish



INGRID RIEDEL

Discovering the Inner World

Current Horizons of Depth Psychology

ISBN 978-3-8436-1372-9 | Patmos | Hardcover | 176 pages | 14 x 22 cm | € 22.00

Into the depths of the soul

The world of our lives is becoming more and more complex and its challenges are increasingly difficult to cope with. This is precisely why it is important to discover our own inner world: The better we know and understand our personal inner world, the more we find the path to ourselves and self-determined actions. Then we can set our boundaries to the outside world, but also connect with others. In this book, the renowned Jungian analyst and psychotherapist shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.



INGRID RIEDEL
The Secret of the Second Half of Life

ISBN: 978-3-8436-1281-4

Patmos

Renowned Jungian analyst Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives of themselves and the world. Her book can encourage women between 40-70 years to open up to transformation.



INGRID RIEDEL
The Wise Woman

ISBN: 978-3-8436-0752-0

Patmos

Renowned Jungian analyst Ingrid Riedel explains how meaningful it is to get in touch with the archetypal image of the wise woman. She shows that experiencing various aspects of feminine wisdom can contribute to imbuing old age with new meaning dignity.



INGRID RIEDEL
Dreams: Guides to New Phases of Life

ISBN: 978-3-8436-1144-2

Patmos

Dreams are the language of the soul and can draw from a deep inner knowledge and the wisdom of the unconscious. They are an important guide on the path of life. This approach is discussed by renowned Jungian analyst Ingrid Riedel.



INGRID RIEDEL/
CHRISTA HENZLER
Painting Therapy

ISBN: 978-3-8436-0849-7

Patmos

The goal of Jungian painting therapy is to enable the soul to express itself and to initiate the process of healing. Based on ten impressive series of pictures, the authors argue that the colors and shapes of a painting can clarify psychological problems.



BRIGITTE DORST
Resilience

ISBN: 978-3-8436-0632-5

Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst enables readers to strengthen the resilience of their spirit.



VERENA KAST
Seeing Conflicts Differently

ISBN: 978-3-8436-1236-4

Patmos

In this classic on the topic of complexes, renowned Jungian analyst Verena Kast shows the following: when we uncover our life themes, we can more easily free ourselves of the constantly recurring conflicts and discover new, enriching aspects of life.



VERENA KAST
Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0

Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russia

VERENA KAST
Starting Anew Time and Again

ISBN: 978-3-8436-1280-7

Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.

The power of connectedness

- ▶ New book by bestselling author
- ▶ On an existential topic
- ▶ Highly topical



We trust some people spontaneously, but mistrust others. We also trust technology, our government and medications – or we don't. Above all, trust and mistrust rule our relationships: They are associated with bonding and autonomy, and they concern how we deal with fear and our vulnerability. In her new book, Verena Kast takes a broad perspective: from psychological concepts – such as attachment theory and the Jungian shadow concept – to sociological approaches and the latest research in the psychology of emotions. Among other things, she asks: How does trust develop? What characterizes trusting relationships? How can lost trust be restored? What do trust and mistrust mean for our social togetherness? The renowned Jungian analyst and psychotherapist shows that trust and mistrust are basic attitudes without which our lives are inconceivable.

VERENA KAST

Trust Requires Courage

What Solidarity Gives Us

ISBN 978-3-8436-1343-9

Patmos

Hardcover

152 pages

12 x 19 cm

€ 16.00

VERENA KAST is a former Professor of Psychology at the University of Zurich, Switzerland. Today she is a lecturer and teaching analyst at the C. G. Jung Institute in Zurich, as well as a psychoanalyst in private practice. She has published numerous books on subjects including emotional psychology, principles of psychotherapy, and the interpretation of fairy tales and dreams. Her works – many of them long-sellers – have been translated into numerous languages.



By the same author:

VERENA KAST

Access to Liveliness

ISBN: 978-3-8436-1308-8

Patmos

Interest is such a "normal" emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. Passionate interests result in devotion, dedication and commitment. If interest is lacking, boredom comes into play. The renowned Jungian analyst Verena Kast describes this in her book: interest and boredom are emotions that make us feel alive.

PETRA SUTOR

Grieving for a Star Child

The Companion Book for Families

ISBN 978-3-8436-1323-1 | Patmos | Paperback | 176 pages | 14 x 22 cm | € 20.00

Sensitive accompaniment in cases of infant death

When a child dies, more than this enchanting tiny person has passed away. It's a decisive turning point accompanies most parents throughout their lives and has effects on the entire family system. Petra Sutor writes as someone who has been personally affected and as an experienced grief counsellor. She provides factual information and specific exercises to help parents to once again become capable of taking action. This book accompanies the parents of star children in an informative and warm-hearted way. It helps them to bear the unspeakable pain and integrate this loss into their lives.



PETRA SUTOR
Mourning at the Workplace

ISBN: 978-3-8436-1212-8

Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture in the long term.



NATALIE KATIA GREVE
Why?

ISBN: 978-3-8436-1318-7

Patmos

Natalie Katia Greve accompanies mourners after suicide with a book that is empathetic and easy-to-read. She encourages them to endure the unanswered questions, to dare to find their way back to life and to find new courage in life – even if this seems unimaginable at first.



NATALIE KATIA GREVE
The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people suddenly find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



IRMTRAUD TARR
What Rescues Us

ISBN: 978-3-8436-1317-0

Patmos

When we cope with loss, we need the sources of strength that are always available to us. Renowned psychotherapist Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain and mourning.



STEPHAN SIGG
Saying Goodbye to My Grandma

ISBN: 978-3-8436-1164-0

Patmos

This book about saying goodbye to his grandmother is the author's inner conversation with the woman who influenced his life like hardly anyone else – an experience many young people have with regard to their grandparents.



CHRISTINE FLECK-BOHAUMILITZKY
When Children Grieve

ISBN: 978-3-8436-0792-6

Patmos

Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



THOMAS ACHENBACH
Men Grieve Differently

ISBN: 978-3-8436-1131-2

Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs which are different from women's.



KATRIN BRUNNER/PETRA PAUL
Grief

ISBN: 978-3-8436-1213-5

Patmos

This extraordinary travel guide describes six typical mourning phases as landscapes full of characteristics. In compact form, it offers information on what is worth perceiving and what is good for the soul, as well as tips for travel companions and "luggage."

Strength from nature in the grieving process

- ▶ With simple recipes and practical instructions
- ▶ Supportive for mourners and grief counselling



Flor Schmidt introduces regional medicinal plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the message and significance of these plants, as well as experience their beneficial effects in the grieving process. 20 medicinal herbs are presented with a short profile and their therapeutic and traditional healing effects. Their side effects and contraindications are also listed. Simple recipes and applications with each plant make it possible to encounter the physical and emotional symptoms of crisis. Medicinal baths and sleep wine, massages and flower biscuits, scented sachets and foot powder develop their calming or strengthening, clarifying or mood-boosting effects. This is a unique book for those who grieve and everyone who supports them.

FLOR SCHMIDT

Getting Through Grief with Medicinal Plants

Their Effect on Body and Soul.
Simple Recipes and Healing Applications.

ISBN 978-3-8436-1377-4

Patmos

Softcover with flaps

176 pages

14 x 22 cm

€ 19.00

FLOR SCHMIDT is an expert on medicinal plants and grief counsellor. She offers herbal seminars, holds lectures and directs JugendLichter (Youth Lights), a discussion group for parents who have lost an adolescent child. She lives with her family in the middle of a lush garden in Freiburg. www.flora-schmidt.de



By the same author:

FLOR SCHMIDT

Further Than the End

ISBN: 978-3-8436-1024-7

Patmos

When her 17-year-old son dies in a car accident, Flor Schmidt realizes that the extremes of life are often unbelievably close. On her path through the grief, she searches for answers that cannot exist and finds something much more valuable: an intensive inner connection to her son.



ANDREA SCHWARZ / SISTER ULRIKE DIEKMANN

Discovering Life

Easter Cleaning for the Soul: Spiritual Exercises in Everyday Life

ISBN 978-3-8436-1346-0 | Patmos | Hardcover | 144 pages | 14 x 22 cm | € 16.00

A spiritual discovery tour for Easter

Spring is not just the time for Easter cleaning in the house and garden. The days before Easter are also a time to do something good for yourself: “detox” your soul and “discover” something new. This book by Andrea Schwarz and Ulrike Diekmann invites you to do this with impulse texts and practical tips, photos and free pages for your own thoughts. The texts and suggestions have been tested in the practice and offer much space for readers to find and take their own path to Easter – each in their own personal way.



HELMUT SCHLEGEL
In the Silence I Hear Your Steps

ISBN: 978-3-8436-1334-7
Patmos

This book describes encounters with God in a person's everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.



FRANK BUSKOTTE /
MARTIN SPLETT
**Heaven, Hell or Purgatory:
What Comes After Death?**

ISBN: 978-3-8436-1336-1
Patmos

The question about afterlife arises today as it did in the past. The authors address concrete questions in a humorous way. They examine the conventional ideas to see what we can think and responsibly believe today.



GOTTHARD FUCHS /
IRENE LEICHT
Tests of Courage

ISBN: 978-3-8436-1324-8
Patmos

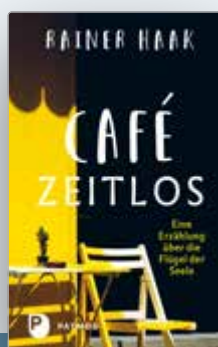
Courage is a precious commodity, especially in a time that many people experience as threatening. And courage has many faces. Gotthard Fuchs and Irene Leicht spell out various facets of this very important feeling.



ANSGAR WUCHERPFENNIG
**How Did Jesus Want
Eucharist?**

ISBN: 978-3-8436-1302-6
Patmos

People gathered for meal celebrations in Christianity to experience the presence of the Resurrected. These celebrations had different forms but were connected in unity. The Bible shows: The role of women, ministry and ecumenism must be rethought.



RAINER HAAK
Café Timeless

ISBN: 978-3-8436-1206-7
Patmos

This is a book about friendship, the power of dreams and the invisible forces that accompany us. Michael is in a crisis: his girlfriend left him and he no longer enjoys his job or sports. If it weren't for his friends! This book is like wings for the soul.



MATTHIAS SCHLICHT
Burgundy and Olives

ISBN: 978-3-8436-1198-5
Patmos

The author looks at time as it passes and is simultaneously created: he thinks of his grandma's kitchen in the countryside, encounters and farewells, as well as class reunions. His incisive miniatures are a declaration of love for the time we have been given.



KATHARINA SCHRIDDE
You Have Afflicted Me

ISBN: 978-3-8436-1228-9
Patmos

In trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, she addresses the question if traumatic experiences are related to faith to herself, other affected people and therapists.



ANNETTE HEIZMANN
The Hildegard Code

ISBN: 978-3-8436-1209-8
Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.

Finding the way to adult prayer

- Experiences, methods and exercises
- Practice-oriented, tested and tried



STEFAN JÜRGENS
On Familiar Terms
 How to Pray

ISBN 978-3-8436-1367-5
 Patmos
 Hardcover with ribbon
 160 pages
 14 x 22 cm
 € 18.00

“This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom I was allowed to search for ways to pray – whether in seminars or as spiritual guidance. And it came about through my own searching and questioning. The school of prayer doesn’t claim to be complete. It isn’t a systematic treatise or a basic course. Instead, I have worked out and prayed for everything that I can present here on my own, discussed it in seminars, encouraged people to think about it in spiritual retreats and tried it out in the practice. I only present the ways of praying that I have personally practiced since it is better to be silent about what you don’t know.” Stefan Jürgens

STEFAN JÜRGENS, born in 1968 and ordained as a priest in 1994, has been the senior pastor of the two parishes Ahaus and Alstätte-Ottenstein St. Mariä Himmelfahrt (St. Mary’s Assumption) with its five congregations since 2019. He was previously the youth pastor of a region and clerical rector of an academy, as well as a pastor in the cities of Stadtlohn and Münster, Germany. Through the “Wort zum Sonntag” (Word for Sunday) programme, as well as a radio speaker and book author, he has become well-known beyond the pastoral care of his parishes. His special concerns include the spiritual deepening of the faith, as well as concrete steps to reform the church for the sake of the Gospel. He uses his free time to write and make music.



By the same author:

STEFAN JÜRGENS
From Magic to Mysticism
 ISBN: 978-3-8436-1036-0
 Patmos
 Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.
 Sold: Italian



PIERRE STUTZ

I Will Be a Seeker All My Life

150 Meditations

ISBN 978-3-8436-1357-6 | Patmos | Hardcover with ribbon | 192 pages |
13 x 21.5 cm | € 20.00

Moments of contemplation

Pierre Stutz presents 150 meditations that have evolved over a longer time period from daily moments of reflection in a life book of very personal nature. It encourages readers to consider the expansiveness and depths of life: to be astonished and also ask critical questions, to breathe a sigh of relief and also resist and be committed. In all of the tensions and diverse faces of life, this is about realizing the divine blessing in which we live. This inspirational book includes illustrations by young artist Katharina Lückmann.



PIERRE STUTZ

The Spiritual Wisdom of Trees

ISBN: 978-3-8436-0875-6
Patmos

The texts in this volume were created in dialogue with trees. They tell of the divine life force that animates all things. Pierre Stutz's poems and thoughts engage in a deep dialogue with the life force of the trees.



FRANZ KAMPHAUS

Bringing Good News to the Poor

ISBN: 978-3-8436-1330-9
Patmos

In 80 chapters, published here for the first time, Franz Kamphaus provides insights into the scripture reading – especially from the Gospel of Luke – that are recited on the Sundays and holidays of the reading year (Advent 2021 to autumn 2022).



FRANZ KAMPHAUS

When Faith Becomes Concrete

ISBN: 978-3-8436-1034-6
Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Prayer on the Mount. The author explores the unreasonable demands in his own special way.

Sold: ItalianEUGEN DREWERMANN /
MARTIN FREYTAG**God, Where Are You?**

ISBN: 978-3-8436-1210-4
Patmos

In this book, Eugen Drewermann responds to questions that were asked by students in religion class. Their teacher collected the young people's questions, which were answered in an understandable and comprehensible way by the well-known author.

EUGEN DREWERMANN /
MARTIN FREYTAG**The Mystery of Jesus of Nazareth**

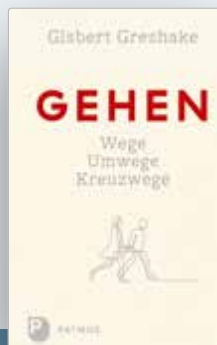
ISBN: 978-3-8436-1080-3
Patmos
Eugen Drewermann answers questions that have been asked by students in religion class. Their teacher collected their questions and interviewed the well-known author on their behalf.



JAN FRERICHS

Barefoot and Wild

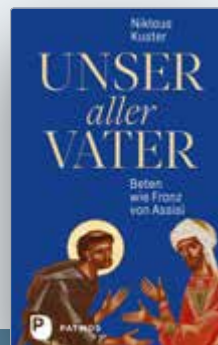
ISBN: 978-3-8436-1032-2
Patmos
It's a challenge to rediscover nature as a spiritual guide. Nature is the first Bible. People have always gone into nature to read this book and get to the bottom of everything. Jan Frerichs invites his readers on an exciting path to a spirituality of their own.



GISBERT GRESHAKE

Walking

ISBN: 978-3-8436-1041-4
Patmos
Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step.

Sold: Italian

NIKLAUS KUSTER

The Father of Us All

ISBN: 978-3-8436-1219-7
Patmos
No text has shaped Christian prayer like the Lord's Prayer. Francis of Assisi wrote a contemplation on it. Niklaus Kuster has translated the historical texts into an easily readable, modern language. His interpretation offers surprising inspirations.

Franciscan art of living

- ▶ What “Franciscan” means today
- ▶ Highlights from history and the present
- ▶ Political, social, religious and ecological



Like hardly any other variety of Christian spirituality, the Franciscan spirit stands for joy in life and love of Creation, as well as the combination of self-care, human kindness, shaping the world and friendship with God. And after eight centuries, “Franciscan” means much more than “just” the movement that goes back to Francis and his companion Clare of Assisi. Inspired by the two of them, countless women and men in very different life situations have connected inwardness with commitment, mysticism with politics, tradition with innovation and individuality with community. For their own respective time and culture, they have all concretized what “Franciscan” is – a concept in motion: not a still image but a film. This is why this book presents an unprecedented unique gallery of personalities that represent an aspect of Franciscan charisma. And it leads to the events of Church and world history that are marked in a special way by the Franciscan spirit. Although they are from various epochs, they all speak to today. And conversely, as people of today, the authors enter into a dialogue with a history to which they also belong. This book is suitable as an introduction to Franciscan spirituality, as well as for committed people who desire impulses for depth and expansiveness in everyday life.



By the same author:

MARTINA KREIDLER-KOS / NIKLAUS KUSTER

Brother Fire and Sister Light

ISBN: 978-3-8436-1301-9

Patmos

This book incorporates all sources and international specialized literature about the saints Francis and Clare of Assisi to bring their stories into a historically reliable, spiritually encouraging and entertainingly readable synopsis.

NIKLAUS KUSTER / NADIA RUDOLF
VON ROHR

**Inner Depths – Boundless
Expanse**

Inspirations from Franciscan
Spirituality

ISBN 978-3-8436-1363-7

Patmos

Hardcover with ribbon

208 pages

16.5 x 24 cm

€ 24.00

NIKLAUS KUSTER, doctorate and Swiss Capuchin teaches church history and spirituality at the University of Lucerne and lectures at the Franciscan universities in Münster and Madrid. The popular author is also a guide for spiritual travel.

MARTIN KÄMPCHEN

My Life in India

At Home between Cultures



ISBN 978-3-8436-1368-2 | Patmos | Hardcover with dust jacket | 480 pages | 14 x 22 cm | € 32.00

My India

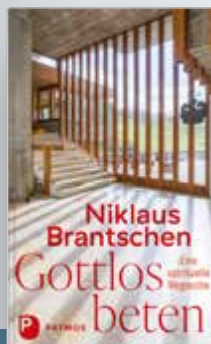
Martin Kämpchen, the German, who has lived in India for the past five decades, has immersed himself in the religious, cultural and social life of the country like no other contemporary. With a doctorate in German philology and religious studies, he is well-known as an intelligent reporter from India for major German daily newspapers, as well as an esteemed translator of the Bengali Nobel Prize winner for literature, Rabindranath Tagore. He is the initiator and promoter of social projects in India. This is the story of an extraordinary life and insights into Indian life from a close-up perspective.



MARTIN KÄMPCHEN
Being Authentic

ISBN: 978-3-8436-0821-3
Patmos

Martin Kämpchen, whose own life straddles Christian beliefs and Indian philosophy, has developed seven steps to the art of living that draw equally from Christian faith and his experiences of life in India. From these experiences in two cultures arise refreshingly new perspectives.



NIKLAUS BRANTSCHEN
Praying without God

ISBN: 978-3-8436-1335-4
Patmos

Can an atheist meditate? Can a non-believer be a spiritual person? In this book, the Jesuit and Zen master Niklaus Brantschen attempts to question the conventional ways of thinking and behavior patterns, rites and rituals, forms and formulas.



NIKLAUS BRANTSCHEN
"I Didn't Swear Enough"

ISBN: 978-3-8436-1078-0
Patmos

Conversations between Niklaus Brantschen and Ursula Eichenberger are collected in this book: These are talks about this and that, God, the world, and above all, Niklaus Brantschen's life and thoughts that have accompanied him on the path up to now.



KLAUS-WERNER STANGIER
The Master Issues a Certificate on Achieved Enlightenment

ISBN: 978-3-8436-1158-9
Patmos

This book brings Meister Eckhart, an original representative of Christianity, into a factious conversation with Hakuin, a well-known Japanese Zen Master. This book provides information and inspires us.



BRIGITTE DORST
Everything Begins with Longing and Searching

ISBN: 978-3-8436-0922-7
Patmos

Sufism is often referred to as Islamic mysticism. Brigitte Dorst describes a contemporary path in which insights and methods of C.G. Jung's Analytical Psychology are connected with the rich legacy of Sufism.



MICHAEL BLUME
Retreat or Crusade?

ISBN: 978-3-8436-1332-3
Patmos

There are growing minorities that believe themselves in the sole possession of the truth. The religious scholar and media ethicist Michael Blume shares surprising and illuminating observations on the struggle for the path of believers in the 21st century.



KARL-JOSEF KUSCHEL
"That We Are All Children of Abraham..."

ISBN: 978-3-8436-1096-4
Patmos

Two world-renowned statesmen, Helmut Schmidt and Anwar as-Sadat, meet in 1977. Karl-Josef Kuschel recorded their conversation on the Nile and reveals that it was a magic moment of religious dialogue.



KARL-JOSEF KUSCHEL
In the Flow of Things

ISBN: 978-3-8436-1042-1
Patmos

Hesse and Brecht are both world-famous writers of the 20th century. A dialogue with Buddha and Lao Tzu, has found expression in works of both. This exciting study provides surprising insights into the culture and literary history of the 20th century.

The Path of Inner Clarity

- ▶ The classic in a revised and expanded new edition
- ▶ With many concrete exercises and profound questions for reflection



Our standards and expectations, wishes and longings often are as high as the heavens but we must live on the Earth, according to Sylvia Wetzel. The important thing is to open up anew to life's main areas – love, relationships and work – and try to shape them in a healing way. The well-known Buddhist meditation teacher shows us that when we turn inwards and discover our own inner wealth, holistic growth can happen. Many exercises make it possible to gain clarity about ourselves and develop abilities that can help us to cope with difficult parts of our path in life. This book makes it possible to experience that happiness is within our own hearts.

SYLVIA WETZEL

High as the Sky, Deep as the Earth

Insights and Exercises on Life and Love, Relationships and Work

ISBN 978-3-8436-1369-9

Patmos

Paperback

264 pages

14 x 22 cm

€ 24.00

SYLVIA WETZEL is publicist and Buddhist meditation teacher. She trained in the Tibetan tradition and was a Buddhist nun. Since 2000 she works in continuing education for psychotherapists together with Luise Reddemann. She has published several books.



By the same author:

SYLVIA WETZEL

Awakening and Redemption

ISBN: 978-3-8436-1075-9

Patmos

In this unique book, Sylvia Wetzel interprets Christian symbols, images and terms from a Buddhist perspective. Her benevolent, respectful and unconventional view of Christianity encourages readers to rediscover what is familiar and allow themselves to be touched by the deep dimensions of both religions.



HUBERTUS HALBFAS

Table Fellowship

Jesus' Meals and What Became of Them

ISBN 978-3-8436-1360-6 | Patmos | Hardcover with dust jacket | 12 x 19 cm | 208 pages | € 20.00

Celebrate a meal like Jesus

Hubertus Halbfas follows the references to how Jesus sat at the table with women and men, with Pharisees, "tax collectors and sinners" and talked about his hope for the "Kingdom of God" using the parable of the Great Banquet. On the one hand, Hubertus Halbfas' book gathers stories about table fellowship and hospitality from antiquity to the present day. On the other hand, his plea for the meal practice of Jesus becomes a critique of the practice and theology involved in the current denominational Eucharist and Lord's Supper celebrations.



HUBERTUS HALBFAS

Secular Piety

ISBN: 978-3-8436-1299-9

Patmos

Hubertus Halbfas wants to reclaim the word "piety" for people who live secular lives. His thesis: People who live secular lives are not impious. Even a secular existence can be lived in a spiritual way. In the form of an inner dialogue, he develops what spirituality can mean for the people today.



FRANZ ALT

After Corona: Reshaping Our Future

ISBN: 978-3-8436-1319-4

Patmos

We have learned much during the Corona pandemic. Franz Alt encourages us: We can reshape our future if we combine our intellectual insights and emotional forces, rethink our lives, allow new feelings and take innovative actions.



NOTKER WOLF

There Is Also Another Way

ISBN: 978-3-8436-1262-3

Patmos

In this book, Notker Wolf tells of his experiences and encounters. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership "after Corona."



MICHAEL BLUME

Conspiracy Theories

ISBN: 978-3-8436-1286-9

Patmos

Michael Blume analyses the cultural and psychological backgrounds of conspiracy theories and explains how they "work". Due to his experiences from various encounters, he provides advice on how to keep cool and deal with conspiracy theorists.



MAGNUS STRIET

Theology in the Times of the Corona Pandemic

ISBN: 978-3-7867-3245-7

Grünewald

Magnus Striet observes reactions from the realm of church and presents his attempt at an interpretation that is sharp in its analyses - and trenchant in the question of how the current pandemic can be interpreted theologically.



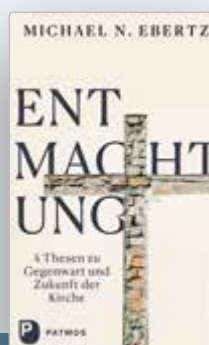
EUGEN DREWERMANN

The Hour of Jeremiah

ISBN: 978-3-8436-1250-0

Patmos

We experience the collapse of everything that was the "strength" of the Catholic Church as a monarchical system. Eugen Drewermann's diagnosis: This is the hour of prophet Jeremiah, who proclaimed a new image of God in the demise of the old one.



MICHAEL N. EBERTZ

Disempowerment

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future in four theses.



PAUL M. ZULEHNER

So That Heaven Comes to Earth

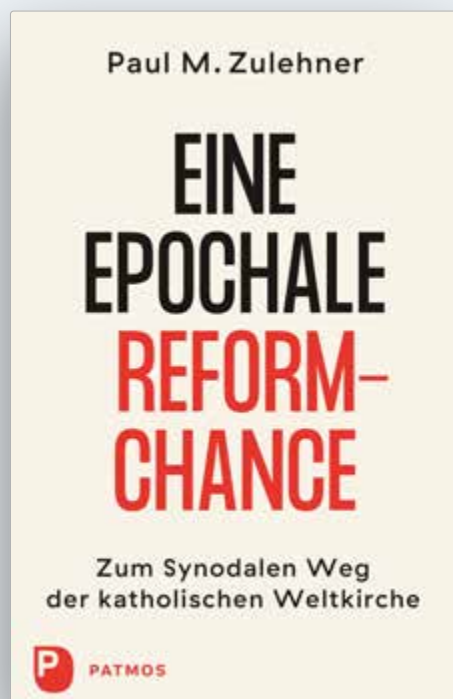
ISBN: 978-3-8436-1276-0

Patmos

Should we align ourselves with a religious community or keep to ourselves? What are the effects of our different religious convictions? This book is based on a study that observed how people coped with such questions.

For a Synodal Church: community, participation and mission

- Highly topical: published right at the start of the Synodal Way
- Participation by 20,000 respondents



For a synodal Church: community, participation and mission. Under this motto, Pope Francis proclaimed a Synodal Way for the Catholic World Church that began in October 2021 and leads up to the World Synod of Bishops in 2023. The results of the local Church consultations were examined in bishops' conferences, collected by continent and discussed further, leading up to the World Synod of Bishops. This opens up an epochal opportunity for reform, which brings movement into the stagnating World Church. The Church can become what it is: synodal, which means a community that is on the path together.

Even before the Pope's announcement, Paul M. Zulehner launched an intercontinental survey that follows the Pope's lead. Ideas to synodalisation were collected, elements of a theology and spirituality in a synodal Church were explored and proposals for how this can be implemented in the Church structures and its laws were explored. Their findings have been incorporated into this volume, which makes an exciting contribution to the project of synodalising the Catholic Church.



By the same author:

PAUL M. ZULEHNER
Anxious Confidence
 ISBN: 978-3-8436-1303-3

Patmos

An international online survey in ten languages has gathered opinions on what moves people in the corona crisis. The religion researcher Paul M. Zulehner presents the results of the study and interprets them in the sense of pastoral theology.

PAUL M. ZULEHNER

An Epochal Opportunity for Reform

The Synodal Way of the Catholic World Church

ISBN 978-3-8436-1359-0

Patmos

Paperback

227 pages

14 x 22 cm

€ 19.00

PAUL M. Zulehner holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.

MARTIN WALSER / MICHAEL ALBUS (Eds.)

We Would Rather Dream It All Than Say It

A Conversation with Michael Albus



ISBN 978-3-8436-1258-6 | Patmos | Hardcover with dust jacket | 224 pages |
14 x 22 cm | € 25.00

Martin Walser: The conversation

This book of conversations between Martin Walser and Michael Albus – including participation by Arnold Stadler – was created at the author's request. An exciting undertaking: What does an equally recognised and controversial German writer dream about when the great battles of his life have been fought? Martin Walser talks about what still matters and what no longer matters after a long and fulfilled life. A selection of quotes from Walser's texts link the interview and his life's work. In an extensive postscript, Arnold Stadler pays tribute to the older man from his own poetic perspective.

**ARNOLD STADLER
What is Happiness?**

ISBN: 978-3-8436-1035-3
Patmos

In this book Arnold Stadler lays a trail to questions that concern all of us: What is the human being? What is home? Can we experience God? How is a person's life successful? What is happiness? – We'll know afterwards. But we can only live right now. That's what this book is about.

**KLAUS MERTES
Breaking Through the Cycle of Failure**

ISBN: 978-3-8436-1349-1
Patmos

This much is clear for Klaus Mertes: As long as the primary goal is to regain credibility, all efforts to come to terms with the sexual abuse at the Canisius College in Berlin came to light in 2010 will be counterproductive.

**MICHAEL KORTH
Values**

ISBN: 978-3-8436-1254-8
Patmos

Michael Korth portrays almost 200 values ranging from mindfulness to reliability. In a pointed and entertaining way, he tells about the origins and reasons for values, how we can recognize them and their effects, why they are important and why there are sometimes even fun.

**MICHAEL KORTH
We Are the Change**

ISBN: 978-3-8436-1127-5
Patmos

Women can change the world – and they also do it! This book offers the life stories of women who deviated from traditional paths during their era and did pioneering work. They can also inspire us today.

**ANNETTE SCHAVAN
Having Presence of Mind**

ISBN: 978-3-8436-1304-0
Patmos

The era of the pandemic represents a turning point, which also applies to the World Church. 1. We need to look at the life of Jesus. 2. We must overcome the fear of dangerous discoveries. 3. The World Church can be a role model for cultural diversity.

**NICOLETTE BOHN
Florence Nightingale**

ISBN: 978-3-8436-1225-8
Patmos

This biography vividly portrays the inner and outer development of Florence Nightingale. How she recognized her calling and learned to stand up for it. And despite setbacks, how she found the strength to burst the corset of social expectations.

**ULRICH LUZ
The New Testament for Beginners**

ISBN: 978-3-8436-1095-7
Patmos

Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a "reader-proof" book with information on Jesus, early Christianity and writings of the New Testament.

**JACQUELINE STRAUB
Kicks the Church Out of the Coma**

ISBN: 978-3-8436-1099-5
Patmos

As a committed Catholic woman, the author wants to be Christian in a living Church and demands radical changes, to appeal to the young and pass the message of Jesus to coming generations.

Sold: Dutch

How the Church can overcome racism

- ▶ The first book on the topic of Church and racism
- ▶ Written by an educational consultant who is well-known in this area
- ▶ With a variety of perspectives by people of color



From the beginning, the Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how every person can do something against them. In the spirit of the Christian faith, she wants to encourage readers to shape a Church in which everyone feels welcome and accepted.

SARAH VECERA

How Did Jesus Become White?

My Dream of a Church without Racism

ISBN 978-3-8436-1352-1

Patmos

Paperback

176 pages

14 x 22 cm

€ 19.00

SARAH VECERA is the Deputy Director of the German Department of the Vereinte Evangelische Mission (VEM, United Evangelical Mission) and educational consultant with a focus on the topic of "Racism and the Church". She held the opening service at the Ecumenical Church Congress in Frankfurt. Insights into her work can also be found on Instagram at @moyo.me.



Also available:

LEA ACKERMANN

The Fight Goes On – So Women Can Live in Dignity

ISBN: 978-3-8436-0884-8

Patmos

Lea Ackermann left her career in banking and went to Africa as an ordained nun. Encounters with the misery of forced prostitution changed her life. Her relief organization for women in crisis, SOLWODI, has long drawn international acclaim.

REGINE KATHER

The Promise of Increased Quality of Life

Philosophical Background of Artificial Intelligence and Transhumanism

ISBN 978-3-7867-3295-2 | Grünewald | Hardcover | 256 pages | 12 x 19 cm | € 28.00



While the limited AI only replaces individual human services and has no consciousness, transhumanism aims for the optimization and evolutionary further development of the human species. One of the crucial problems within this context is the relationship of the body and spirit. It is definitely important not to see only AI's undeniable risks, but also its possibilities and opportunities. However, technical progress reaches its limits in terms of existential experiences and the question of a meaningful life. Consequently, the author concludes that it is necessary to cultivate not only cognitive and physical optimization but also forms of self-transcendence as the precondition for participating in the world of nature, fellow human beings and a transcendent existence.



WALTER CARDINAL KASPER
Renewal from the Source

ISBN: 978-3-7867-3273-0
Grünewald

According to Walter Kasper, a response to the crisis of tradition in church Christianity requires different approaches than just superficial modernizations. This volume contains unpublished essays on renewal from the origin, as well as the themes that moved him throughout his life.



MARGIT ECKHOLT
Moved by the Spirit

ISBN: 978-3-7867-3277-8
Grünewald

In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage – to be “moved by the spirit.”



MARGIT ECKHOLT
Becoming Someone Else's Guest

ISBN: 978-3-7867-3233-4
Grünewald

In the fundamental theological analysis of faith as presented by Margit Eckholt in this book, “mysticism” and “mission” are the starting points for reflection – and are therefore the two moments that form the arc of tension in Michel de Certeau's life.



HILDEGUND KEUL
Being Vulnerable

ISBN: 978-3-7867-3278-5
Grünewald

In miniatures on vulnerability, the author explores the surprising depths and abysses of human life. She connects current political issues and social challenges with the core of the Christian faith. Wherever we sense our vulnerability, we can also experience the preciousness of life.



HANS KESSLER
Resurrection?

ISBN: 978-3-7867-3252-5
Grünewald

Hans Kessler examines the sources and foundations of the belief in resurrection and traces it back to a fundamental question for the Christian understanding of God: Who is this God who wants boundless life for every human being?



NORBERT RECK
Jesus the Jew and the Future of Christianity

ISBN: 978-3-7867-3180-1
Grünewald

Ever since the Enlightenment, there has been a deep rift between church doctrine and critical studies of the Bible. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.



JÜRGEN WERBICK
Against False Alternatives

ISBN: 978-3-7867-3258-7
Grünewald

Polarizations increasingly dominate social, church-related and theological discourses and work with exclusionary alternatives. Author Jürgen Werbick traces and confronts this strategy in examinations of the church and theology.

Sold: Italian



HUBERT PHILIPP WEBER
Life After Death

ISBN: 978-3-7867-3231-0
Grünewald

Part of the Christian hope is that life is not lost with death but remains - renewed and reconciled with all brokenness. This book presents a coherent and understandable overall picture of the “ultimate concerns” on the topic of eschatology

How faith and diversity belong together

- Existential topic
- Encouragement for a personal faith
- Author of many non-fiction books



There is much anger at the Church. For some people, it is no longer enough to be angry. Does this mean that they are distancing themselves from the message of Jesus? Does faith also no longer play a role? Or have those who called themselves “believers” interpreted the faith in such a way, taken it apart and even practically “deconstructed” it to the point that it has become irrelevant?

Stefan Knobloch starts with those who have distanced themselves: He is convinced that they have not discarded the thinking potentials of faith, the feeling of believing and wanting to believe. This is because faith is related to life, the entirely concrete life of individuals with their everyday worries, doubts and uncertainties. This results in ambiguous diversity, which isn’t a sign of deficiency but of a search. This book encourages readers to engage with the inevitable ambiguity of faith and regain their trust in its power.



By the same author:

STEFAN KNOBLOCH
Trinity

ISBN: 978-3-7867-3215-0

Patmos

Digitalization, AI and climate change describe current dangers to our society. It seems absurd to use these challenges as a starting point for a new understanding of believe in the Trinity of God. But this is precisely what the author does in this exciting book!

STEFAN KNOBLOCH

Ambiguous Faith

Diversity of the Christian Message

ISBN 978-3-7867-3296-9

Grünwald

Hardcover

144 pages

12 x 19 cm

€ 17.00

STEFAN KNOBLOCH, a doctorate of theology and Capuchin, is a professor emeritus of pastoral theology in the Catholic Theology department of the University of Mainz, Germany.

SONJA MARSHALL

Lotte and the Little Chemo Manikins

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages |
19 x 23.5 cm | € 14.00

How can I explain the disease of cancer in a child-friendly way?

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated.



SABINE WALDMANN-BRUN
Jojo Rosepetal and the Trip in the Balloon

ISBN: 978-3-8436-1138-1
Patmos

Jojo Rosepetal knows stories from the Bible and invites Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH
My Children's Bible

ISBN: 978-3-8436-0954-8
Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God Is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rights



MARTINA STEINKÜHLER
You Are Welcome!

ISBN: 978-3-8436-0896-1
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE
The Story of the Good King

ISBN: 978-3-8436-0671-4
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER
What on Earth Is Wrong with Gisbert?

ISBN: 978-3-8436-0701-8
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong.
Sold: English (World)



JOCHEN WEEBER
Henrietta Feels the Wind

ISBN: 978-3-8436-0881-7
Patmos

Henrietta has three favorite things in life: computer games, computer games, computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take Henrietta along to a fascinating place...outside!



PETRA FIETZEK
Everything Is Different for Lulu Now

ISBN: 978-3-8436-0521-2
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



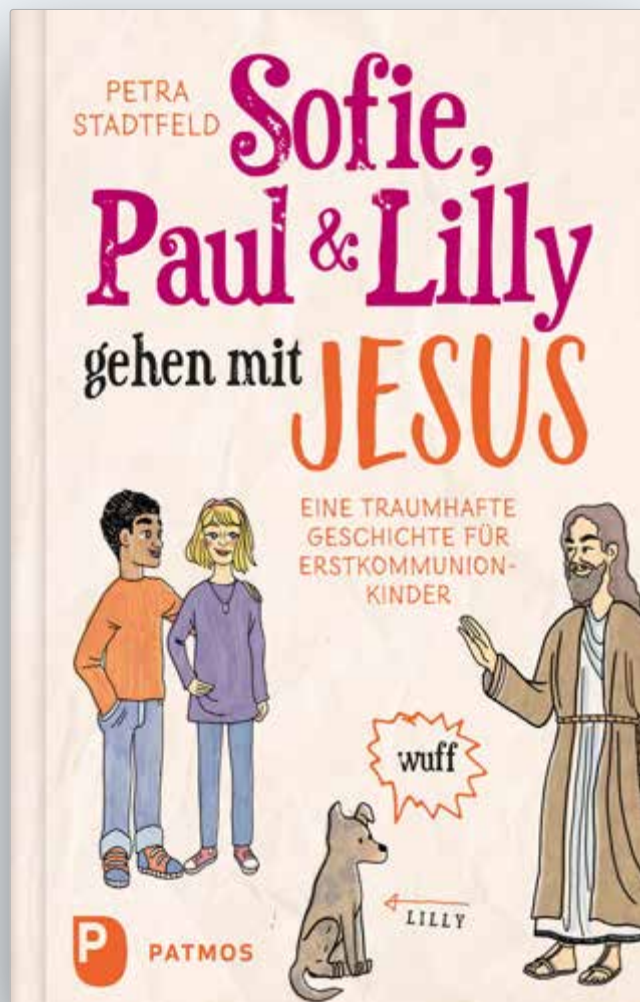
ANNETT STÜTZE / BRITTA VORBACH
Grandpa, What Color is Death?

ISBN: 978-3-8436-0953-1
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD

Sofie, Paul and Lilly Walk with Jesus

A Divine Story for First Communion Children

ISBN: 978-3-8436-1340-8

Patmos

Hardcover

72 pages

12 x 19 cm

€ 12.00

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.



DORIS BEWERNITZ
Little Mr Lu Chi in Paradise
 And Other Stories of Wisdom

ISBN 978-3-86917-913-1 | Eschbach | Hardcover with ribbon | 12 x 19 cm |
 112 pages | € 12.00

You simply have to like little Mr Lu Chi. He's 70 years old, modest and well-versed in life. As curious as a child, he has his very own view of the world and human existence: How much wisdom fits into a sack? What does a heart have in common with a piece of cheese? How do people get rich? Where is paradise? These are topics of the new stories in which the wise little man takes readers along on his journey through life. The result is surprising insights that lets them grasp the bigger picture.



DORIS BEWERNITZ
Little Mr Lu Chi
 ISBN: 978-3-86917-841-7
 Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



PIERRE STUTZ
I Wish You Angels of Comfort
 ISBN 978-3-86917-916-2
 Eschbach

Pierre Stutz accompanies the grieving on their path of saying goodbye. His texts and poetry help them to take time for their own mourning process and encourages readers to follow their own approach to grief and experience the healing power of tears.



PIERRE STUTZ
Life is in the Moment
 ISBN: 978-3-86917-639-0
 Eschbach

Inspired by the play of water and stones, Pierre Stutz finds inviting words that don't postpone the rendezvous with a fulfilled life. Life is in the moment means: breathing a deep sigh of relief, enjoying the creation and staying true to yourself in all of the changes.



DAGMARA DZIERZAN
The Town Watchman of Minimonomongau
 ISBN: 978-3-86917-797-7
 Eschbach

The town watchman of Minimonomongau takes his task very seriously. Not everyone is allowed to enter. Especially not without papers. But on a freezing night in Advent, two figures suddenly stand in front of the gate and ask to enter...



MAX BOLLIGER
Miracles Happen Very Quickly
 ISBN: 978-3-86917-566-9
 Eschbach

In 24 short stories, well-known author Max Bolliger witnesses Christmas from the perspective of the shepherds and animals, the small and the weak, allowing us to experience the miracle at the heart of Christmas more truly.



RAINER HAAK
Monsieur Jaque's Gift
 ISBN: 978-3-86917-600-0
 Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



RAINER HAAK
Bird's-Eye Views
 ISBN: 978-3-86917-683-3
 Eschbach

Listen to a bird and imagine that It sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you to have open eyes for life's diversity and an open heart for all the friendship and love.



EVA MUTSCHER
The Secret of the Little Sadness
 ISBN: 978-3-86917-601-7
 Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.

How to bring ease into your life

- ▶ A new worldly-wise narration
- ▶ Lovingly illustrated by Carola Koberstein



EVA MUTSCHER
Visit from the Little Queen
 Put Your Crown on Every Day

ISBN: 978-3-86917-912-4
 Eschbach
 Hardcover with ribbon
 12 x 19 cm
 112 pages
 € 12.00

The Little Queen knows how to turn the days into friends: She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks up her sleeve on how to more easily succeed in life – because there's a solution for everything. This feather-light story is full of worldly wisdom and happiness.

EVA MUTSCHER has a craft business together with her husband. She loves to give the readers of her fairytales and stories a new point of view.



By the same author:

EVA MUTSCHER
Konrad in the Land of Seven States of Mind
 ISBN: 978-3-86917-837-0
 Eschbach
 Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. In the Land of Seven States of Mind, he discovers the Fortress of Arrogance. is a poetic tale about setting off and arriving – about contentment and happiness.



MARIE AND JULIUS FELDT

Sustainable and Simple Camping Cuisine

Our Best Recipes and Ideas for Sustainable and Enjoyable Holidays

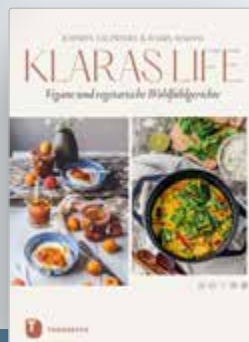
ISBN 978-3-7995-1551-1 | Thorbecke | Flexcover | 152 pages | 17 x 24 cm | € 24.00

“Time for the outdoors!”

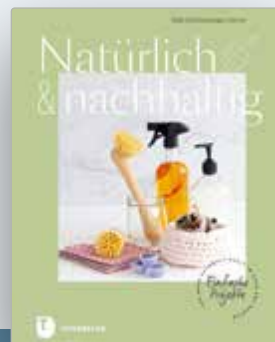
We love the short and long escapes with our camper into nature, the first coffee in the morning with a view of quiet meadows, the picnic by the stream and the campfire in the evening. Instead of “housework,” we feel that cooking while camping is a relaxed communal experience that ranges from picking berries in the forest to shopping at the market and the evening get-together with stick bread by the fire. And so that all of this also happens without any stress for us and nature, we put together simple recipes that do without exotic ingredients and still spread holiday flair.” (Marie and Julius Feldt)

KATHRIN SALZWEDEL /
RAMIN MADANI**Root Vegetables**ISBN: 978-3-7995-1523-8
Thorbecke

New savory and even sweet vegan and vegetarian recipes with familiar and almost-forgotten types of root vegetables – as well as recipe classics with a new twist – make sure that we will never get bored with vegetable cuisine this year.

KATHRIN SALZWEDEL /
RAMIN MADANI**Klara's Life: Vegan and Vegetarian Wellness Dishes**ISBN: 978-3-7995-1474-3
Thorbecke

Kathrin and Ramin of Klara's Life present the best recipes for the autumn-wintery trend of vegan and vegetarian comfort food. They show how simple it is to shop and cook in a healthy, sustainable and seasonal way.

SILKE ROTHENBURGER-ZERRER
Natural & SustainableISBN: 978-3-7995-1531-3
Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.

ANDREA NATSCKE-HOFMANN
Delicious Baking for Cold DaysISBN: 978-3-7995-1525-2
Thorbecke

As soon as it gets colder outside, we feel a stronger desire for delicious baked goods, the scent of cinnamon and warm cakes. And baking is simply the most fun during this season. This book is a collection of recipes for cold days.

JUTTA SCHNEIDER / ULRIKE
SCHNEIDER
Baking Your Own Breads Made SimpleISBN: 978-3-7995-1522-1
Thorbecke

Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organized according to rising time, there's something here for everyone.

BIRGIT FAZIS
Everything from One PlatterISBN: 978-3-7995-1435-4
Thorbecke

Cheese platters, colorful antipasti, tapas and mezze boards, brunch trays, dessert platters and many other delicacies from the platter are conquering the culinary world. The snack platters are totally uncomplicated and can be made in a flash.

BIRGIT FAZIS
Bread & HoneyISBN: 978-3-7995-1475-0
Thorbecke

In a hectic world, “Bread & Honey” is an invitation to celebrate the diversity of regional and seasonal foods. This book is a declaration of love for the genuine good life and at the same time a plea for more serenity in the kitchen.

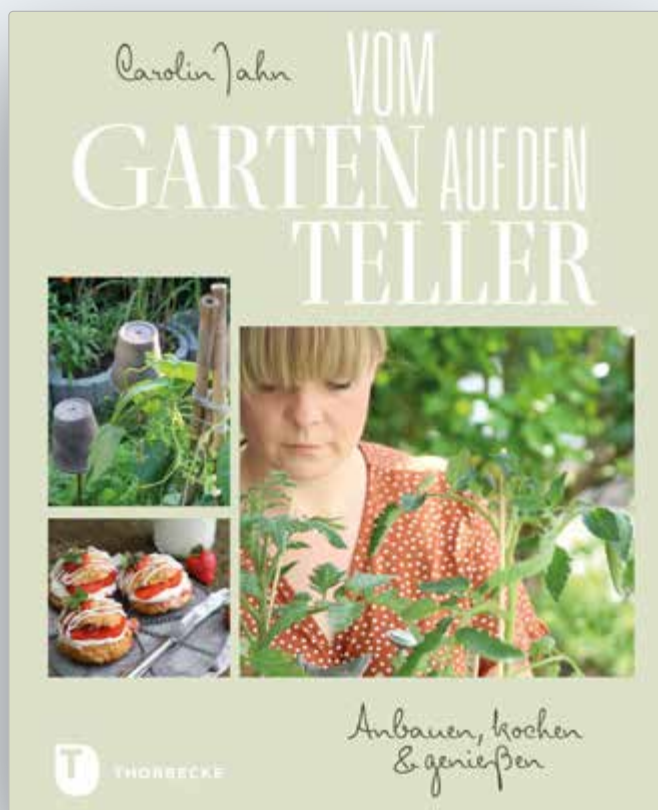
ANDREAS BARLAGE
How Does the Louse Get on the Leaf?ISBN: 978-3-7995-1479-8
Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to extensive knowledge.

Sold: Korean

From the Garden to the Plate

- ▶ With many garden tips and interesting facts for gardening in small gardens
- ▶ Recipes for kitchen basics, as well as seasonal menus and preserving (jam, liqueur and much more)
- ▶ Many do-it-yourself ideas for gardening
- ▶ With a seasonal calendar



Who wouldn't like to know the origin of what winds up on the plate? Carolin Jahn believes: Growing and preparing our own vegetables just requires a bit of courage, patience and a way to plant them – nature takes care of the rest. In her book, the blogger shares tips on how readers can easily grow their own vegetables and which plants make good neighbours in the bed. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves for the cold days at the end of the gardening season.

CAROLIN JAHN

From the Garden to the Plate

Growing, Cooking & Enjoying

ISBN 978-3-7995-1545-0

Thorbecke

Hardcover with ribbon

200 pages

19 x 24 cm

€ 29.00

CAROLIN JAHN is a passionate hobby gardener and cook. She lives with her family in the picturesque town of Schwäbisch Gmünd at the edge of the Swabian Alb Mountains. She has been sharing her love of gardening, harvesting and preparing the results in the kitchen in her "Parzelle14" garden and food blog since 2018. In addition to her Instagram account by the same name, this is where Carolin Jahn blogs on her little moments of success in the garden, the soil beneath her fingernails and wonderful recipe ideas with a guarantee of enjoyment.



Also available:

ANDREAS BARLAGE

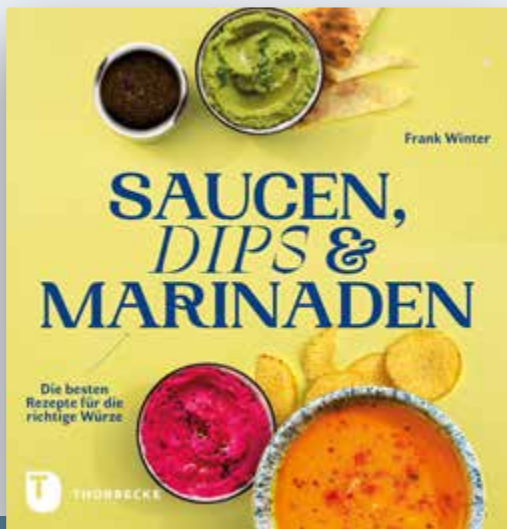
How Do Roots Know Where Down Is?

ISBN: 978-3-7995-1330-2

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to extensive knowledge from his own garden practice.

Sold: Korean



FRANK WINTER

Sauces, Dips and Marinades

Best Recipes for the Right Seasoning

ISBN 978-3-7995-1533-7 | Thorbecke | Hardcover | 88 pages | 19 x 19 cm | € 16.00

New recipes for marinades, dips and BBQ sauces

We love barbecuing! But it's only really tasty with the right seasoning. Frank Winter presents his best recipes for barbecuing: Marinades and rubs come into play before cooking the meat and fish. Once the food is on the table, the stars are aroma butter, aroma oil, BBQ sauces and ketchups. People who like to dip will be delighted with these recipes, and fans of savoury cuisine will enjoy the chutneys and pickles. This is what makes barbecuing really fun!

FRANK WINTER
MarmelaManiaISBN: 978-3-7995-1284-8
Thorbecke

Who actually decides what is allowed in marmalade and what is not? No one, according to Frank Winter. The result of his marmalade experiments are extraordinary creations, into which herbs, dark beer, gin, cocoa or red beets have wandered at times.

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER
A Day in the AlpsISBN: 978-3-7995-1524-5
Thorbecke

Immerse yourself in the magic of the Alps, the magnificent nature and sight of crystal clear lakes. Let yourself be inspired by the contrast between the blue sky and the snow-covered cliffs, as well as by memories of long winter walks and sunny ski tours.

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER
Wild & CosyISBN: 978-3-7995-1476-7
Thorbecke

Actively experiencing rugged landscapes, wild mountains and nature – and then coming home to a waiting couch and a hot coffee with whisky and cream. This is coorie, the Scottish expression for equilibrium between nature and coziness in everyday life.

JULIA CAWLEY / SASKIA VAN DEELEN / VERA SCHÄPER
Hola SolISBN: 978-3-7995-1339-5
Thorbecke

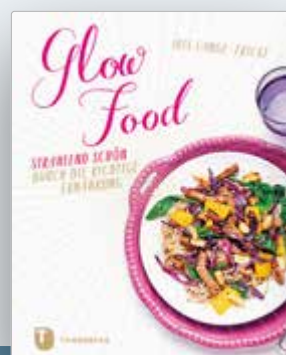
We say goodbye to the snow and cold because this cookbook offers a pure summer-sun-holiday feeling! The recipes and stories are inspired by the culinary diversity of Central America, the beaches of the Caribbean and the impressive Latin American lifestyle.

ADAENZE WOLF
Naturally GoodISBN: 978-3-7995-1443-9
Thorbecke

You only need two things for a healthy and happy life: the right attitude and a series of incredibly tasty recipes. Adaeze Wolf, a holistic nutritionist and health & life coach, provides tips on how you can eat in a more relaxed, healthy and happy way.

ENIKÖ GRUBER
Food, Friends & LoveISBN: 978-3-7995-1412-5
Thorbecke

For an all-round successful meal with friends and family, you only need three things: good preparation, a few sure-fire recipes and a bit of improvisation talent. This is no problem with Eni's all-round package.

IRIS LANGE-FRICKE
Glow FoodISBN: 978-3-7995-1246-6
Thorbecke

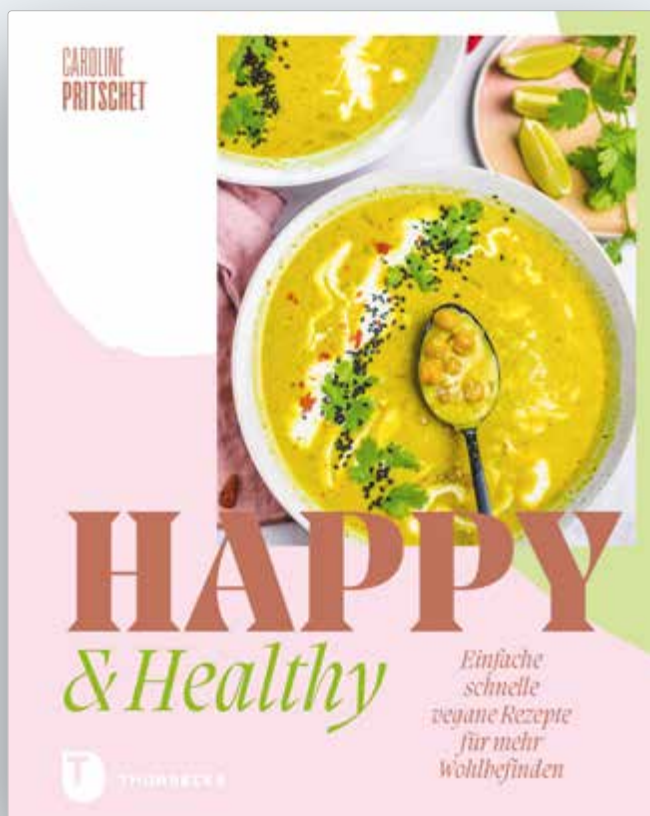
With a balanced, healthy diet and an active life we "glow" from within. Iris Lange-Fricke has developed incomparably delicious recipes that provide our body with vitamins, minerals, antioxidants and everything else we need for the perfect complexion.

LYNN HOEFER
Heavenly HealthyISBN: 978-3-7995-1291-6
Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.

Vegan for newcomers

- ▶ The all-round package: recipes, life coaching and health tips
- ▶ Practical and simple dishes
- ▶ Tips and information on a healthy lifestyle: yoga, meditation, intestinal health, growing sprouts and much more



Blogger Caroline Pritschet has experienced first-hand how good a vegan diet is for us (and the environment). After a personal crisis, she completely turned her life upside down: Instead of stress and career, she focused on mindfulness, yoga and meditation, combined with a purely plant-based diet. In this book, she shares her best everyday recipes – some of them gluten- and oil-free – and provides background knowledge on how we can have healthier lives in the long run with the right diet and a mindful attitude.

CAROLINE PRITSCHET

Happy & Healthy

Simple Quick Vegan Recipes for Greater Well-Being

ISBN 978-3-7995-1546-7

Thorbecke

Hardcover with ribbon

216 pages

19 x 24 cm

€ 28.00

CAROLINE PRITSCHET, born in 1980, lives with her husband and two huskies in Bavaria. She founded her “Veganevibes” food blog in 2017, after spending some years working in the field of cosmetics. With a degree in business, she abruptly changed her life after a crisis and found more happiness and contentment with yoga and a vegan diet.



Also available:

LYNN HOEFER

Simply Heavenly Healthy

ISBN: 978-3-7995-1442-2

Thorbecke

Lynn Hoefer shows how healthy food can be simply and quickly integrated into everyday life. With some preparation but a minimal amount of effort, it's easy to have a healthy diet. And quite incidentally, it's possible to save the world a little bit in the process.

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