

Rights List

Fall 2021

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2021 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben - Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

Due to the corona pandemic, you are receiving this catalogue via e-mail instead of by traditional mail. We hope you enjoy browsing our catalogue anyway!

We would also be delighted to discuss our list with you at the Frankfurt Book Fair! Please don't hesitate to contact us to arrange a meeting – virtual or physical!

We look forward to hearing from you! Stay healthy!

With best wishes,
Foreign Rights Department

Luisa Lehnerer
lizenzen@verlagsgruppe-patmos.de
t: +49 711 4406 148
f: +49 711 4406 177

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DÖRTE MAACK

How to Build a Castle from Ruins

The Story of How I Went Blind and Regained My Joy in Life

ISBN: 978-3-8436-1260-9 | Patmos | Hardcover | 200 pages | 14 x 22 cm | € 20.00

All men look like George Clooney to me

Dörte Maack leads the life of a dazzling circus performer – until she is blindsided with the diagnosis of an incurable eye disease. She makes two plans: A: Not to become blind. B: If she does, she will take her own life. After hitting the bottom, she suddenly feels some ground beneath her feet. Plan C begins to mature: She returns to the stage as a blind presenter and speaker. And with her last bit of vision, she meets the man of her life. This book inspires people in serious life crises to defy obstacles and trust in life.

ZOE KATHARINA
Zoe Means Life

ISBN: 978-3-8436-1230-2

Patmos

20-year-old Zoe joined the German Jugend rettet (Youth Rescues) organization to save the lives of refugees by working on a ship in the Mediterranean. This is a moving and highly topical story of a young woman fighting for justice and humanity – even if she endangers herself in doing so.

PETER SCHMIDT
Out of the Ordinary

ISBN: 978-3-8436-1175-6

Patmos

Peter Schmidt, himself an Asperger autistic, explains the typical types of autistic behavior and how these may be perceived from the inside and outside viewpoint. This book provides well-founded professional and yet entertaining contribution on this topic.

CHRISTINA HECKE
Let's Be Honest

ISBN: 978-3-8436-1218-0

Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.

SIGRID TSCHÖPE-SCHEFFLER
I Used to be a Snazzy Bird, But Now I'm a Lane Duck

ISBN: 978-3-8436-1233-3

Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.

SABINE MEHNE
The Great Departure

ISBN: 978-3-8436-0834-3

Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.

NORA-MARIE ELLERMAYER
Life Fog

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: KoreanBIRGIT SAALFRANK
I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life - even if it means giving up her profession.

Sold: KoreanANDY HOLZER
My Everest

ISBN: 978-3-8436-1093-3

Patmos

In May 2017, mountain climber Andy Holzer - who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.

A model with a facial cleft redefines beauty

- ▶ Beauty is diversity
- ▶ A moving life story



Ilka Brühl looks different. She was born with a facial cleft, which is a malformation of the nose, forehead and eyes. As a child, she was berated as a witch. As a young woman, she withdrew from the world and struggled with her appearance. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark and appears as a model in the media and social networks. The author fights for beauty being perceived as diversity. This is a moving book about self-love despite being different.

ILKA BRÜHL

Beautiful in a Different Way

How I Learned to Love Myself

ISBN: 978-3-8436-1255-5

Patmos

Hardcover with dust jacket

200 pages

14 x 22 cm

€ 20.00

ILKA BRÜHL, 29, initially studied mechanical engineering before becoming a freelance author, model and illustrator. She lives in Braunschweig, Germany. www.ilka-bruehl.de



Also available:

ELENA PIRIN

My Lion Cub

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean



HEIKE HELMCHEN-MENKE

Accompaniment Into Life

Religious Sensitivity Through Everyday Family Life

ISBN: 978-3-8436-1159-6 | Patmos | Softcover with flaps | 192 pages | 14 x 22 cm | € 19.00

Religion that enriches family life

More attention is being paid once again to the idea that children's personality development should also include contact with religion. This guide supports mothers and fathers, grandparents and educators in being age-appropriate and religion-sensitive companions for children. The author imparts basic and experiential knowledge on religious development. She encourages the mutual discussion of questions that will arise sooner or later. And she provides practical suggestions for shaping everyday life.

CLAUS KOCH
Children of SeparationISBN: 978-3-8436-1108-4
Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.

JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a MomISBN: 978-3-8436-1092-6
Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

Sold: RomanianRITA STEININGER
When Little Dragons Spit FireISBN: 978-3-8436-1188-6
Patmos

When children turn into little dragons it costs parents a lot of energy. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.

ELISABETH RAFFAUF
They Don't Just Do Nothing: They Lie There and GrowISBN: 978-3-8436-1019-3
Patmos

This book reminds readers of their own chaos years and helps understanding today's young people in their conflict between need for affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: KoreanRITA STEININGER
The Basics of Fighting FairlyISBN: 978-3-8436-0468-0
Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.

HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-EsteemISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal with it in a helpful way. It is possible to strengthen children's self-esteem!

Sold: CzechJOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?ISBN: 978-3-8436-0033-0
Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!

Sold: ItalianCHRISTINE RANKL
How to Soothe Your BabyISBN: 978-3-8436-0060-6
Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.

Sold: Chinese (simplified), Italian, Latvian

Religion in the Family

- Experiences by and for families
- Religion as a happiness factor



Perceiving and mutually experiencing God within their own family in everyday life gives children a good portion of basic trust for their lives. The coexistence of adults and children succeeds with more harmony and confidence. Albert Biesinger – father of four children and nine-time grandfather – knows what he is talking about.

He shares his experiences with many examples from the practice here. He encourages parents to experience the encounter with children as touching God. This is supported by empathetic affection, rituals, stories, conversations, good solutions for conflicts and praying together: being angels for each other. This allows religiousness in the family to become a gift for young and old.



By the same author:

ALBERT BIESINGER / JULIA BIESINGER
Giving Children Fundamental Trust and Guidance

ISBN: 978-3-8436-0775-9

Patmos

What can parents do for their children to help them master a life in which they will inevitably have to deal with stress, fears, and pressure to achieve? This is a guidebook for parents through everyday life with kids.

ALBERT BIESINGER

Wherever Children Are, God Is Already There

Surprises and Discoveries in the Family

ISBN: 978-3-8436-1265-4

Patmos

Softcover with flaps

128 pages

13 x 21,5 cm

€ 18.00

DR. ALBERT BIESINGER is Professor Emeritus for Religious Education and Church Adult Education at the Catholic Theological Faculty of the University of Tübingen. He is a permanent deacon, emergency pastor and author of many successful books on the main topics of effective religious education.

KERSTIN FRIEDRICH

No Sport Also Isn't a Solution

The Ultimate Motivation Program for Couch Potatoes

ISBN: 978-3-8436-1321-7 | Patmos | Softcover | 200 pages | 16.4 x 19.5 cm | € 20.00

It's never too late

All of us "actually" want to do more sport, feel fit and have a healthier life. But we are often too comfortable in real life: The sofa and our favorite TV shows tempt us and there are just thousands of excuses. Unfortunately, this situation doesn't improve as we get older! Psychologist and coaching expert Kerstin Friedrich has written an entertaining and scientifically sound book on healthy ageing through exercise and sport. Kerstin Friedrich, a real couch potato herself, only got into sport at age 60 as a result of a bet and has stuck with it.

**GUY BODENMANN
Love With All Your Heart**ISBN: 978-3-8436-1306-4
Patmos

With the help of many exercises and practical tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment to survive times of crises in a good way and grow old together. This is a book that helps people sustain love and find their way to a happy relationship.

**TOM DIESBROCK
Let Loose**ISBN: 978-3-8436-1274-6
Patmos

Welcome to the world of the Little Perfectionist. It has settled in our minds and constantly convinces us that we need to raise the bar a little bit higher. Tom Diesbrock invites us to take a closer look at this stubborn part of our personality. To understand it and take a more intelligent approach to it!

**CHRISTIAN FIRUS
What We Gain When We Do Without**ISBN: 978-3-8436-1253-1
Patmos

Doing without what is superfluous is precisely what we need to be happy. This approach offers a path to better health and greater personal development on many levels in life. Christian Firus takes the reader on a surprising journey of discovery.

**SABRIA DAVID
The Longing for the Next Click**ISBN: 978-3-8436-1243-2
Patmos

Social media and digital technologies have radically changed our life. How can we help to shape this fundamental transformation in a self-determined way? Sabria David has coined the term "media resilience" for this positive and confident approach.

**CHRISTOPH AUGNER
Self-Optimization Is Also Not the Solution**ISBN: 978-3-8436-1232-6
Patmos

Faster, better, more efficient: we live in the age of self-optimization. But the more we strive for optimization, the greater our discontent becomes. The author explains why this situation arose and shows another way.

**HANS MORSCHITZKY
Fear of Death**ISBN: 978-3-8436-1278-4
Patmos

In this guide, the experienced psychotherapist Hans Morschitzky provides support in dealing with the difficult topics of dying and death – in order to fully enjoy life in the here and now.

**JOSEF GIGER-BÜTLER
Stronger than the Pain**ISBN: 978-3-8436-1179-4
Patmos

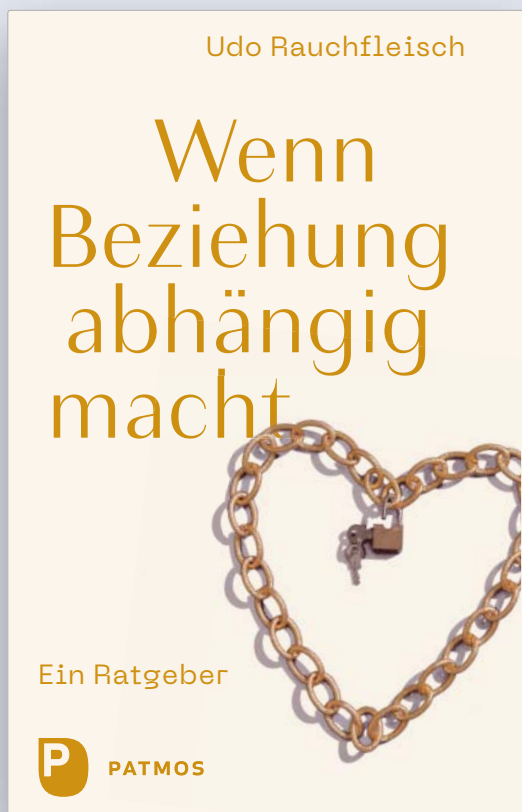
The well-known psychotherapist Josef Giger-Bütler describes the means and paths through which individuals can find their way out of their chronic strain by finding a different and new approach to their pain.

**HEINZ-PETER RÖHR
The Wise Way to Handle Feelings**ISBN: 978-3-8436-1279-1
Patmos

Röhr demonstrates in this practice-oriented book: an intelligent approach to feelings is more important for our happiness than a high IQ. He explains what loss of control is, how it happens and the strategies to counteract it.

Out of the relationship trap

- ▶ Clear help for dependency in the relationship
- ▶ With many case examples, tips and info blocks for reference
- ▶ Successful author and sought-after expert



“I can’t live without you!” – A person who feels dependent in his or her relationship is tormented time and again by major fears and self-doubt. His or her partner is usually overwhelmed by the high expectations and also suffers from the situation. Family and friends usually react with incomprehension and accusations, which damages the relationship-dependent person’s sense of self-worth even more. Using many case examples, Udo Rauchfleisch vividly explains the phenomenon of relationship dependence and gives very concrete tips on what relationship addicts, their partners, relatives and friends can do to dissolve destructive relationship patterns. This book helps couples to grow in their love for and with each other.

UDO RAUCHFLEISCH
When Relationships Make People Dependent
 A Guidebook

ISBN: 978-3-8436-1341-5
 Patmos
 Paperback
 176 pages
 14 x 22 cm
 € 18.00

UDO RAUCHFLEISCH, professor of clinical psychology, is a psychoanalyst and psychotherapist in private practice in Basel, Switzerland. Among his major areas of expertise are sexual identity and orientation, as well as psychosocial work in counseling, therapy, and pastoral care.



By the same author:

UDO RAUCHFLEISCH
Narcissists are Only Human as Well
 ISBN: 978-3-8436-0994-4
 Patmos

Narcissism is the disorder of our time. The author explains this phenomenon and its background and provides understanding for narcissistic personalities. On this basis we can learn how to handle them without falling for their tricks or demonizing them.

Sold: Korean



INGRID RIEDEL

The Secret of the Second Half of Life

Women Find Themselves

ISBN: 978-3-8436-1281-4 | Patmos | Hardcover | 208 pages | 14 x 22 cm | € 19.00

Bringing something new to life

When women cross the threshold of 40, many things change.. During their 50s – the phase of menopause – not only the female body changes. In their 60s, when they already have more practice in letting go, new freedoms can be lived out. This frequently involves a search for and experience of meaning. The renowned Jungian analyst Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives of themselves and the world. Her book can encourage women between 40 and 70 years to open up to transformation and renewal time and again.



INGRID RIEDEL

The Wise Woman

ISBN: 978-3-8436-0752-0

Patmos

Riedel explains how meaningful it is to get in touch with the archetypal image of the wise woman. She shows that experiencing various aspects of feminine wisdom can contribute to imbuing old age with new meaning dignity.



INGRID RIEDEL

Dreams: Guides to New Phases of Life

ISBN: 978-3-8436-1144-2

Patmos

Dreams are the language of the soul and can draw from a deep inner knowledge and the wisdom of the unconscious. They are an important guide on the path of life. This approach is discussed by the renowned Jungian analyst Ingrid Riedel.

INGRID RIEDEL/
CHRISTA HENZLER**Painting Therapy**

ISBN: 978-3-8436-0849-7

Patmos

The goal of Jungian painting therapy is to enable the soul to express itself and to initiate the process of healing. Based on ten impressive series of pictures, the authors argue that the colors and shapes of a painting can clarify psychological problems.



BRIGITTE DORST

Resilience

ISBN: 978-3-8436-0632-5

Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst and psychotherapist enables readers to strengthen the resilience of their spirit.



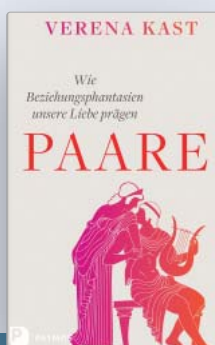
VERENA KAST

Seeing Conflicts Differently

ISBN: 978-3-8436-1236-4

Patmos

In this classic on the topic of complexes, the renowned Jungian analyst Verena Kast shows the following: when we uncover our life themes, we can more easily free ourselves of the constantly recurring conflicts and discover new, enriching aspects of life.



VERENA KAST

Couples

ISBN: 978-3-8436-1191-6

Patmos

When we love, we develop relationship fantasies, the partner is idealized. Verena Kast describes the relationship fantasies lived by modern couples and how our love relationships can be better understood with the help of a glance in the mirror of myths.



VERENA KAST

Sisyphos

ISBN: 978-3-8436-1142-8

Patmos

Many people recognize themselves in the Greek myth of Sisyphos, especially in their everyday working lives. Verena Kast encourages readers to take a closer look and makes it clear: If something cannot succeed, we must let go of it.



VERENA KAST

Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0

Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russian

Learning to live passionately

- The only book devoted to the emotions of interest and boredom
- Case studies from real life



Interest is such a “normal” emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. Passionate interests result in devotion, dedication and commitment. If interest is lacking, boredom comes into play. Boredom is unpleasant, but the right approach to it can turn it into a source of creative energy – because boredom challenges a passion for life. The renowned Jungian analyst Verena Kast describes this in her book: interest and boredom are emotions that make us feel alive.

VERENA KAST

Access to Liveliness

Interest and Boredom as
Creative Forces

ISBN: 978-3-8436-1308-8

Patmos

Hardcover with dust jacket

200 pages

14 x 22 cm

€ 20.00

VERENA KAST is a former Professor of Psychology at the University of Zurich, Switzerland. Today she is a lecturer and teaching analyst at the C. G. Jung Institute in Zurich, as well as a psychoanalyst in private practice. She has published numerous books on subjects including emotional psychology, principles of psychotherapy, and the interpretation of fairy tales and dreams. Her works – many of them long-sellers – have been translated into numerous languages.



By the same author:

VERENA KAST

Starting Anew Time and Again

ISBN: 978-3-8436-1280-7

Patmos

Renowned Jungian analyst and psychotherapist Verena Kast demonstrates: In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings time and again. This book gives us the courage to live!



IRMTRAUD TARR
What Rescues Us
 Living with Losses

ISBN: 978-3-8436-1317-0 | Patmos | Paperback | 160 pages | 14 x 22 cm | € 18.00

What consoles us in strokes of fate

When we must cope with loss, we need the sources of strength that are always available to us. In her new book, the renowned psychotherapist Irmtraud Tarr concentrates on the value of rituals and habits that remain intact in difficult times. These are pragmatic, primal human survival strategies that strengthen us in times of pain and mourning, creating a space for hope. Irmtraud Tarr has interwoven reports about her own experiences of loss in this book and answers the question of how to open up to life again as a result.



PETRA SUTOR
Mourning at the Workplace
 ISBN: 978-3-8436-1212-8
 Patmos
 Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture in the long term.



KATRIN BRUNNER / PETRA PAUL
Grief
 ISBN: 978-3-8436-1213-5
 Patmos
 This extraordinary travel guide describes six typical mourning phases as landscapes full of special characteristics. It offers information on what is worth perceiving as well as tips for travel companions and the necessary "luggage."



STEPHAN SIGG
Saying Goodbye to My Grandma
 ISBN: 978-3-8436-1164-0
 Patmos
 This book about saying goodbye to his grandmother is the author's inner conversation with the woman who influenced his life like hardly anyone else - an experience that many young people have with regard to their grandparents.



JULE KIENECKER / MECHTHILD SCHROETER-RUPIEPER
Help Me When I Am Sad
 ISBN: 978-3-8436-1154-1
 Patmos
 This book helps children and adults in mourning situations to playfully express feelings in a creative way. The gentle and stimulating illustrations appeal to children and adults alike, leaving space for their own creativity.



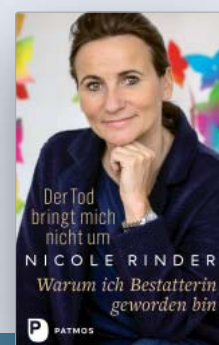
THOMAS ACHENBACH
Men Grieve Differently
 ISBN: 978-3-8436-1131-2
 Patmos
 With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



CHRISTINE FLECK-BOHAUMILITZKY
When Children Grieve
 ISBN: 978-3-8436-0792-6
 Patmos
 Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



CLAUDIA CARDINAL
Anything but Child's Play
 ISBN: 978-3-8436-0223-5
 Patmos
 When children and teenagers grieve, sensitivity from adults is necessary. The author reveals ways to offer support, giving parents and friends advice on how to respond. She distinguishes between different age groups and encourages adults.



NICOLE RINDER
Death Doesn't Kill Me
 ISBN: 978-3-8436-0944-9
 Patmos
 Her son lived only four days. The experience changed Nicole Rinder's life and led her to her calling. She talks about her journey and gives authentic insights in her daily work as mortician. She shows that it can be possible to give your life a new direction.

Learning to live with the “why?”

- ▶ Easy-to-read, compact orientation for people in especially stressful grief situations
- ▶ Leads out of helplessness and back to self-efficacy
- ▶ Appealing illustrations



Mourners after a suicide are often especially burdened by feelings of helplessness, shame and guilt, as well as the constantly recurring question of why it happened. Familiar with these feelings from her own experience, Natalie Katia Greve accompanies mourners after suicide with a book that is empathetic and easy-to-read. She encourages them to endure the unanswered questions, to dare to find their way back to life and to find new courage in life – even if this seems unimaginable at first.

NATALIE KATIA GREVE

Why?

The Companion for Mourners After a Loved One's Suicide

ISBN: 978-3-8436-1318-7

Patmos

Hardcover

128 pages

12 x 19 cm

€ 14.00

NATALIE KATIA GREVE works as a coach, therapist and grief counsellor. After the suicide of her partner she decided to change her professional life completely and now offers grief counselling and advanced trainings. www.natalie-katia-greve.de



By the same author:

NATALIE KATIA GREVE

The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people suddenly find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



FRANK BUSKOTTE / MARTIN SPLETT

Heaven, Hell or Purgatory: What Comes After Death?

ISBN: 978-3-8436-1336-1 | Patmos | Hardcover | 112 pages | 13 x 21.5 cm | € 17.00

The question of the afterlife

The age-old question about the afterlife arises as much today as it did in the past. Do purgatory and hell await us? Or can we still hope for a place in heaven? Will we meet our loved ones again – or even the unloved neighbor? And how should we even imagine all of this? The authors address the concrete questions that have been asked time and again in their adult education seminars. In a vivid but also humorous way, they examine the conventional ideas to see what we can think and responsibly believe today. This is an engaging and entertaining book for people who are curious.

CHRISTA SPILLING-NÖCKER
Heavenly Times

ISBN: 978-3-8436-1249-4

Patmos

From 1st Sunday of Advent to St. Martin's Day, the author presents the annual round of traditional festivals. In a lively way, this book presents not only familiar things like the St. Martin's goose but also many surprising recipes related to customs surrounding the festival traditions.

BRITTA GROTHUES / DETLEF KUHN / JÜRGEN KUHN
The Angel Said: He Is Here

ISBN: 978-3-8436-1331-6

Patmos

Stories and poems for reflection and contemplation in the time before and around Christmas give readers subtle impulses for a more human togetherness. The lovingly designed book gently takes readers on the path to the manger.

STEFAN JÜRGENS
From Magic to Mysticism

ISBN: 978-3-8436-1036-0

Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.

Sold: ItalianANSGAR WUCHERPFENNIG
How Did Jesus Want Eucharist?

ISBN: 978-3-8436-1302-6

Patmos

People gathered for meal celebrations in the early days of Christianity. These celebrations had different forms and yet were connected in unity. A look at the Bible shows: The role of women, ministry and ecumenism in the Eucharist must be rethought.

RAINER HAAK
Café Timeless

ISBN: 978-3-8436-1206-7

Patmos

This is a book about friendship, the power of dreams and the invisible forces that accompany us. Micheal is in a crisis: his girlfriend left him and he no longer enjoys his job or sports. If it weren't for his friends! This book is like wings for the soul.

KATHARINA SCHRIDDE
You Have Afflicted Me

ISBN: 978-3-8436-1228-9

Patmos

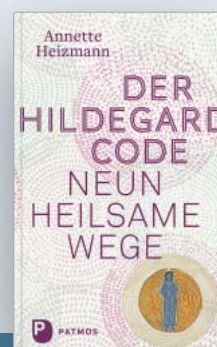
In the course of trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, the author addresses the question if traumatic experiences are related to faith.

KLAUS-WERNER STANGIER
The Master Issues a Certificate on Achieved Enlightenment

ISBN: 978-3-8436-1158-9

Patmos

This book brings Meister Eckhart, an original representative of Christianity, into a factious conversation with Hakuin, a well-known Japanese Zen Master. This book inspires us.

ANNETTE HEIZMANN
The Hildegard Code

ISBN: 978-3-8436-1209-8

Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.

Courage has many faces

- Encouragement from two experienced pastoral counsellors
- An inspiring read in insecure times



Courage is a precious commodity, especially in a time that many people experience as threatening. And courage has many faces. Gotthard Fuchs and Irene Leicht spell out various facets of this very important feeling. They show its diverse and above all, existential, spiritual, theological and therapeutic dimensions – from noble sense to unreasonable demands. This inspiring read invites people to take charge of their own lives in a courageous and confident way.

GOTTHARD FUCHS /

IRENE LEICHT

Tests of Courage

Inspirations for a Self-Determined Life

ISBN: 978-3-8436-1324-8

Patmos

Hardcover with book ribbon

96 pages

12 x 19 cm

€ 15.00

DR. GOTTHARD FUCHS, Catholic priest and long-time academy director, is a pastoral counsellor and speaker. His primary focus is on issues related to Christian mysticism in the nonreligious and interreligious contemporary conversation, as well as the relationship between theology and psychology.

DR. IRENE LEICHT, a Lutheran pastor and Gestalt therapist (HPsych), has a doctorate in the field of medieval mysticism research and is interested in therapeutic-spiritual approaches.



Also available:

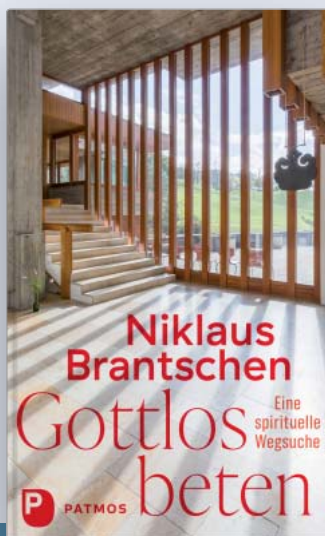
MATTHIAS SCHLICHT

Burgundy and Olives

ISBN: 978-3-8436-1198-5

Patmos

The author of this book looks at time as it passes and is simultaneously created: he thinks of his grandma's kitchen in the countryside, encounters and farewells, as well as class reunions. His incisive miniatures are a declaration of love for the time we have been given.



NIKLAUS BRANTSCHEN
Praying without God
 The Search for a Spiritual Path

ISBN: 978-3-8436-1335-4 | Patmos | Hardcover with book ribbon | 144 pages |
 13 x 21.5 cm | € 19.00

Can an atheist meditate?

Can a non-believer be a spiritual person? Is it still possible to pray in the so-called post-Christian era? Is the conventional formula of "praying means speaking to God" still valid in an age when God seems to be silent? Doesn't that also mean that human beings must be silent? And what about Buddhists, who are often told that they cannot pray because they do not believe in God? And what if they pray anyway? In this book, the Jesuit and Zen master Niklaus Brantschen attempts to question the conventional ways of thinking and behavior patterns, rites and rituals, forms and formulas.



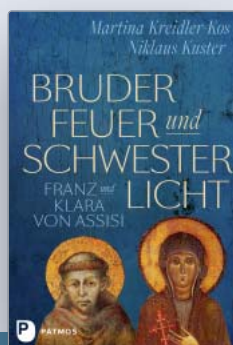
EUGEN DREWERMANN /
 MARTIN FREYTAG
God, Where Are You?
 ISBN: 978-3-8436-1210-4
 Patmos

The questions to which Eugen Drewermann responds in this book were asked by students in religion class. Their teacher collected their questions, which were answered in an understandable and comprehensible way by the well-known author.



EUGEN DREWERMANN /
 MARTIN FREYTAG
The Mystery of Jesus of Nazareth
 ISBN: 978-3-8436-1080-3
 Patmos

The questions Eugen Drewermann answers in this book have been asked by teenaged students in religion class. Their teacher has collected their questions and interviewed the well-known author on their behalf.



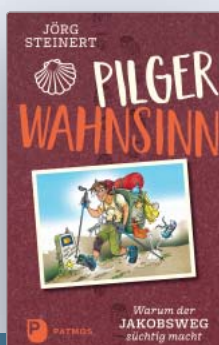
MARTINA KREIDLER-KOS /
 NIKLAUS KUSTER
Brother Fire and Sister Light
 ISBN: 978-3-8436-1301-9
 Patmos

This book incorporates all sources and specialized literature about the saints Francis and Clare of Assisi to bring their stories into a historically reliable, spiritually encouraging and entertainingly readable synopsis.



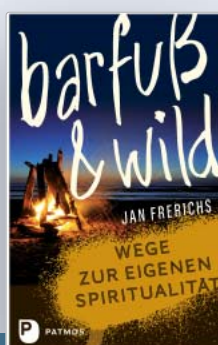
NIKLAUS KUSTER
The Father of Us All
 ISBN: 978-3-8436-1219-7
 Patmos

No text has shaped Christian prayer like the Lord's Prayer. Francis of Assisi wrote a contemplation on it. Niklaus Kuster has translated the historical texts into an easily readable, modern language. His interpretation offers surprising Inspirations for our age.



JÖRG STEINERT
Pilgrimage Craze
 ISBN: 978-3-8436-1197-8
 Patmos

The Way of St. James is one of the great adventures of our age. Jörg Steinert reports on his personal experiences on the various Ways of St. James in this book. In an entertaining way, he describes why the Way of St. James has an addictive effect on people.



JAN FRERICHS
Barefoot and Wild
 ISBN: 978-3-8436-1032-2
 Patmos

It's a challenge to rediscover nature as a spiritual guide. Nature is the first Bible. People have always gone into nature to read this book and get to the bottom of everything. Jan Frerichs invites his readers on an exciting path to a spirituality of their own.



GISBERT GRESHAKE
Walking
 ISBN: 978-3-8436-1041-4
 Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.
Sold: Italian



MANFRED BÖHM
Growing Into Heavens
 ISBN: 978-3-8436-1129-9
 Patmos

Trees are life companions of human beings and symbols for life itself. The Bible has a dense stock of trees that starts with the Tree of Life. Whether oak or cedar, cypress or terebinth, fig or olive tree - the trees of the Bible carry a message from God.

The new book by Franz Kamphaus

- ▶ Previously unpublished texts
- ▶ Biblical-spiritual companion for the year
- ▶ Suitable for the new reading year



Franz Kamphaus, the long-time Bishop of Limburg, is a masterful preacher. He succeeds in unearthing something new from seemingly well-known biblical texts and making even thorny passages fruitful for surprising insights. In 80 chapters, published here for the first time, he provides insights into the scripture reading – especially from the Gospel of Luke – that are recited on the Sundays and holidays of the reading year (currently from Advent 2021 to autumn 2022). Not only those who preach, teach religion or accompany courses in the faith will find a wealth of inspiration here on the Gospel of Luke as it focuses with special sensitivity on women and compassion. In addition, this book offers extraordinary spiritual impulses for the personal spiritual reading – as well as for faith expressed in everyday life.

FRANZ KAMPHAUS

Bringing Good News to the Poor

Inspirations for the Year of St. Luke

ISBN: 978-3-8436-1330-9

Patmos

Hardcover with book ribbon

256 pages

13 x 21.5 cm

€ 20.00

FRANZ KAMPHAUS, born in 1932, worked in the training of priests and preachers and is professor for Homiletics at the University of Münster. From 1982 until 2007 he was the Bishop of Limburg. He is now chaplain in an institution for people with mental handicaps. He has been awarded the Ignatz-Bubis-prize for Tolerance and is the author of many books.



By the same author:

FRANZ KAMPHAUS

When Faith Becomes Concrete

ISBN: 978-3-8436-1034-6

Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Prayer on the Mount. The author explores the unreasonable demands in his own special way.

Sold: Italian



KLAUS MERTES

Breaking Through the Cycle of Failure

So That Coming to Terms with Abuse Doesn't End Up at the Start Again

ISBN: 978-3-8436-1349-1 | Patmos | Hardcover with book ribbon | 80 pages | 12 x 17 cm | € 12.00

Bitter medicine for the Church

Since the sexual abuse at the Canisius College in Berlin came to light in 2010, the persons involved and the public experienced an avalanche of failed attempts by the Church to come to terms with it. That all of their efforts have not brought the complex situation closer to a solution so far is also frustrating for those responsible in the Church, especially the bishops. This much is clear for Klaus Mertes: As long as the primary goal is to regain credibility, all efforts to come to terms with what happened will be counterproductive.

**KLAUS MERTES
How Catchwords Become Real Words**

ISBN: 978-3-8436-1065-0

Patmos

Language changes and the ideas we associate with certain terms also change. Klaus Mertes reveals the actual significance of key words in theology and spirituality with new words and stories to understand the true meaning.

**ANNETTE SCHAVAN
Having Presence of Mind**

ISBN: 978-3-8436-1304-0

Patmos

The era of the pandemic represents a turning point, which also applies to the World Church. This requires a new presence of mind: 1. We need to look at the life of Jesus. 2. We must overcome the fear of dangerous discoveries. 3. The World Church can be a role model.

**MICHAEL N. EBERTZ
Disempowerment**

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future in four theses.

**ULRICH LUZ
The New Testament for Beginners**

ISBN: 978-3-8436-1095-7

Patmos

"Normal" men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a "reader-proof" book with information on Jesus, early Christianity and writings of the New Testament.

**EUGEN DREWERMANN
Do Not Judge!**

ISBN: 978-3-8436-1214-2

Patmos

Eugen Drewermann conducts a cultural-historical survey of the concepts of punishment and law from the early cultures in Mesopotamia to the Germanic, Carolingian and Staufer peoples. He shows how the cross is the memorial of Jesus against this violence.

**EUGEN DREWERMANN
Do Not Judge! Vol. 2**

ISBN: 978-3-8436-1215-9

Patmos

"And forgive us our debts, as we forgive our debtors." How do we regain this insight within the scope of our penal systems? For this purpose, Eugen Drewermann examines the concepts of criminal law in the Middle Ages and early modern times.

**EUGEN DREWERMANN
The Hour of Jeremiah**

ISBN: 978-3-8436-1250-0

Patmos

We are experiencing the collapse of everything that has constituted the "strength" of the Catholic Church as a monarchical system. Eugen Drewermann's diagnosis is: This is the hour of Biblical prophet Jeremiah, who proclaimed a new image of God.

**NICOLETTE BOHN
Florence Nightingale**

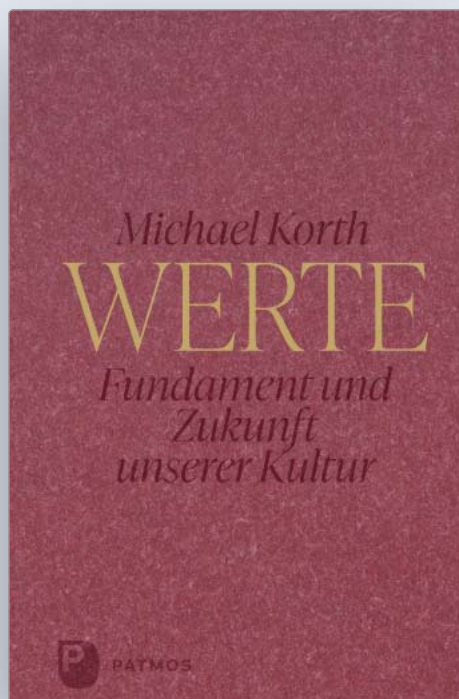
ISBN: 978-3-8436-1225-8

Patmos

This biography vividly portrays the inner and outer development of Florence Nightingale. How she recognized her calling and learned to stand up for it. And despite setbacks, how she found the strength to burst the corset of social expectations.

What makes our lives valuable

- About the basics of human coexistence
- A valuable book to read and live by
- Entertaining with an aha effect



Our values determine what we consider meaningful, what we strive for and who we trust. Living together in a community and even the coexistence of cultures is only possible on the basis of shared values. Passing on values is one – and possibly even the main – concern of education and upbringing. Where moral values differ, respect and tolerance are needed – and these values make peace and solidarity possible even when dealing with opposites. We are hardly aware of some of the values that shape both our ideals and our everyday life. Yet, they still have an impact. For example, the Corona pandemic has become more bearable through consideration, appreciation, patience and solidarity. It has led to people reflecting on whether we want to live differently in the future and give more space to other values. Michael Korth portrays almost 200 values ranging from mindfulness to reliability. In a pointed and entertaining way, he tells about the origins and reasons for values, how we can recognize them and their effects, why they are important and why there are sometimes even fun.

MICHAEL KORTH

Values

Foundation and Future of
Our Culture

ISBN: 978-3-8436-1254-8

Patmos

Hardcover with book ribbon

416 pages

14 x 22 cm

€ 19.00

MICHAEL KORTH studied ethnomusicology at the Mozarteum in Salzburg. He is an expert on the music of the Middle Ages and editor of works by its great poet-singers. His 48 books to date, stage works and sound recordings cover a wide range of cultural-historical topics and have been translated into 16 languages. With his Bären Gässlin ensemble, he has performed early music throughout Europe. In 2016, he was awarded the Golden Decoration of Honour for services to the Province of Lower Austria. He lives in the Austrian Waldviertel (Woods Quarter).



By the same author:

MICHAEL KORTH

We Are the Change

ISBN: 978-3-8436-1127-5

Patmos

Women can change the world – and they also do it! This book offers the life stories of women who deviated from traditional paths during their era and did pioneering work. They can also inspire us today.



MICHAEL BLUME

Retreat or Crusade?

The Crisis of Christianity and the Danger of Fundamentalism

ISBN: 978-3-8436-1332-3 | Patmos | Hardcover with book ribbon | 176 pages | 14 x 22 cm | € 19.00

Christianity in the crisis

What is the future of Christianity as the largest world religion? Are the many internal and external crises that Christianity must overcome signs of its imminent demise? Parallel to the churches' loss of importance, there is also an increasing tendency towards fundamentalism. There are growing minorities that believe themselves in the sole possession of the truth, all the way to conspiracy movements like QAnon. The religious scholar and media ethicist Michael Blume shares surprising and illuminating observations on the struggle for the path of believers in the 21st century.

MICHAEL BLUME
Conspiracy TheoriesISBN: 978-3-8436-1286-9
Patmos

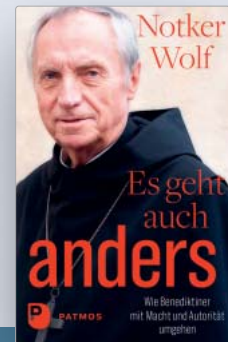
Michael Blume analyses the cultural and psychological backgrounds of conspiracy theories and explains how they "work". Due to his experiences from various encounters, he provides advice on how to keep cool and deal with conspiracy theorists.

PAUL M. ZULEHNER
Anxious ConfidenceISBN: 978-3-8436-1303-3
Patmos

An international online survey in ten languages has gathered opinions on what moves people in the corona crisis. The religion and values researcher Paul M. Zulehner presents the results of the study and interprets them in the sense of pastoral theology.

PAUL M. ZULEHNER
Will the Priest Shortage End Soon?ISBN: 978-3-8436-1181-7
Patmos

Lack of priests in the World Church is not new. Pope Francis quoted the model for a solution by Fritz Lobinger. Everything indicates that an end to this is near: not by abolishing celibacy but through creating new kinds of priests in viable congregations.

NOTKER WOLF
There Is Also Another WayISBN: 978-3-8436-1262-3
Patmos

In this book, Notker Wolf tells of his experiences and encounters. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership "after Corona."

JACQUELINE STRAUB
Kicks the Church Out of the ComaISBN: 978-3-8436-1099-5
Patmos

As a committed young Catholic woman, the author wants to be Christian in a living Church and demands the Church to change radically, to appeal to young people.

Sold: DutchSTEFAN KNOBLOCH
TrinityISBN: 978-3-7867-3215-0
Grünewald

Digitalization, AI and climate change describe current dangers to our society. It seems absurd to use these challenges as a starting point for a new understanding of believe in the Trinity of God. But this is precisely what the author does in this exciting book!

MAGNUS STRIET
Theology in the Times of the Corona PandemicISBN: 978-3-7867-3245-7
Grünewald

Magnus Striet observes reactions from the realm of the church and presents his own attempt at an interpretation that is sharp in its analyses and trenchant in view of how the current pandemic can be interpreted theologically.

KATRIN BEDERNA
Every Day for FutureISBN: 978-3-7867-3191-7
Grünewald

Sustainability is urgent. But what can religious education accomplish here? The author Katrin Bederna turns to this pressing question and develops a form of religious education for sustainable development.

Every decision counts!

- ▶ Ecological transition is feasible
- ▶ Encouraging ways out of the man-made crises
- ▶ Eminent author and popular speaker



Franz Alt's current book is thoroughly optimistic. We have learned much during the Corona pandemic and have concentrated all of our forces to withstand a life-threatening and global catastrophe. This includes recognising scientific findings, planning across countries and acting consistently – individually and in society as a whole. These experiences can motivate us to also master the other challenges that threaten our planet and humanity. Franz Alt describes signs of hope for a better future: We are already in the process of creating the energy transition and new forms of mobility; we can stop global warming, ecologically transform the economy and disarm nuclear weapons. In Germany and throughout the world, activists, charismatic politicians and social movements are committed to a liveable future for everyone. Franz Alt encourages us with many concrete examples: We can reshape our future if we combine our intellectual insights and emotional forces, rethink our lives, allow new feelings and take innovative of actions.

FRANZ ALT
**After Corona:
 Reshaping Our Future**

ISBN: 978-3-8436-1319-4

Patmos

Hardcover

256 pages

14 x 22 cm

€ 25.00

DR. FRANZ ALT is a journalist and book author. He has received many awards as a television journalist, especially for SWR (Southwest Broadcasting) from 1968–2003. His books have been translated into twelve languages, with millions of editions in circulation. The politically committed thinker has been advocating a new ecological consciousness for decades.



By the same author:

FRANZ ALT
Our Only Earth

ISBN: 978-3-8436-1140-4

Patmos

The earth is beautiful and worth every effort to preserve it for future generations. This is the message of the book by Franz Alt and the breathtaking photos by Helfried Weyer. This book encourages us to take action.



WALTER CARDINAL KASPER

Renewal from the Source

Theology - Christology - Eucharist

ISBN: 978-3-7867-3273-0 | Grünewald | Hardcover with dust jacket | 176 pages | 14 x 22 cm | € 24.00

Renewal of theology and the Church

According to Walter Cardinal Kasper, a response to the crisis of tradition in church Christianity requires more and different approaches than just superficial modernizations. It presents the basic question of how the Gospel of Jesus conveys the norm-setting origin of Christianity in Church history and opens up the future. This volume contains three new, previously unpublished essays on renewal from the origin, as well as the themes that moved the great German theologian throughout his life.

HILDEGUND KEUL
Being VulnerableISBN: 978-3-7867-3278-5
Grünewald

In miniatures on vulnerability, this book explores the surprising depths and abysses of human life. It connects current political issues and social challenges with the core of the Christian faith. Wherever we sense our vulnerability, we can also experience the preciousness of life.

HANS KESSLER
Resurrection?ISBN: 978-3-7867-3252-5
Grünewald

Hans Kessler examines the sources and foundations of the belief in resurrection and traces it back to a fundamental question for the Christian understanding of God: Who is this God, confessed by Christians as the God who wants all-encompassing and boundless life for everyone?

KURT REMELE
“We All Do Better When We All Do Better”ISBN: 978-3-7867-3251-8
Grünewald

The discussion about fundamentals of the common good ranges from social ethics and public theology to the current social crises to the question of what it's like to be a bat. The author guarantees: Even the latter question has a well-founded answer!

MAGNUS STRIET
Whispering Around the MangerISBN: 978-3-7867-2678-4
Grünewald

Christmas is still one of humankind's biggest celebrations. But, it is becoming harder and harder to understand its religious significance. Striet approaches the celebration of Christmas from another point of view.

NORBERT RECK
Jesus the Jew and the Future of ChristianityISBN: 978-3-7867-3180-1
Grünewald

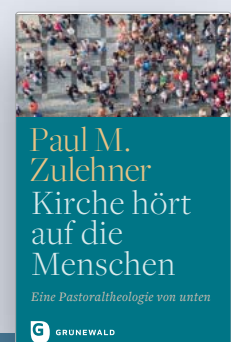
Ever since the Enlightenment, there has been a deep rift between church doctrine and critical Bible studies which led to a loss in credibility of Christianity. The discovery of Jesus the Jew can lead to a new future of Christianity.

JÜRGEN WERBECK
Against False AlternativesISBN: 978-3-7867-3258-7
Grünewald

Polarizations increasingly dominate social, church-related and theological discourses and work with exclusionary alternatives. In his new book, author Jürgen Werbeck traces and confronts this strategy of in examinations of the church and theology.

HUBERT PHILIPP WEBER
Life After DeathISBN: 978-3-7867-3231-0
Grünewald

Part of the Christian hope is that life is not lost with death but remains - renewed and reconciled with all brokenness. This book presents a coherent and understandable overall picture of the “ultimate concerns” on the topic of eschatology.

PAUL M. ZULEHNER
The Church Listens to the PeopleISBN: 978-3-7867-3243-3
Grünewald

This book includes five case studies, which could be helpful in the day-to-day operations of the Church: the role of the Church as an oasis of diffusing trust in cultures of fear and the Church as a home.

Discovering the spiritual depth of the synodal path

- ▶ Written in a true-to-life and appealing way
- ▶ Spiritual accompaniment to Church reforms
- ▶ Well-known and dedicated author



The synodal path of the German local Church is a spiritual process that seeks to open up new perspectives with regard to power and participation in the Church, the cooperation of laity and clergy, a fraternal and appreciative togetherness in the congregation and new approaches to ecclesiastical offices. These processes of renewal are anchored in the depth of the Holy Scripture; evangelization and structural reform belong together. In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage – to be “moved by the spirit.”

MARGIT ECKHOLT

Moved by the Spirit

Walking Synodal Paths in the Footsteps of Jesus: Scripture Meditations

ISBN: 978-3-7867-3277-8

Grünwald

Hardcover

208 pages

14 x 22 cm

€ 22.00

MARGIT ECKHOLT, DTh, is a professor of Dogmatics with Fundamental Theology at the Institute for Catholic Theology at the University of Osnabrück.



By the same author:

MARGIT ECKHOLT

Becoming Someone Else's Guest

ISBN: 978-3-7867-3233-4

Grünwald

In the fundamental theological analysis of faith as presented by Margit Eckholt in this book, “mysticism” and “mission” are the starting points for reflection – and are therefore the two moments that form the arc of tension in Michel de Certeau's life.

SONJA MARSHALL

Lotte and the Little Chemo Manikins

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages | 19 x 23.5 cm | € 14.00

How can I explain the disease of cancer in a child-friendly way?

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated



SABINE WALDMANN-BRUN
Jojo Rosepetal and the Trip in the Balloon

ISBN: 978-3-8436-1138-1
Patmos

Jojo Rosepetal knows stories from the Bible and invites the children Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, peace, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH
My Children's Bible

ISBN: 978-3-8436-0954-8
Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rights



MARTINA STEINKÜHLER
You Are Welcome!

ISBN: 978-3-8436-0896-1
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE
The Story of the Good King

ISBN: 978-3-8436-0671-4
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER
What on Earth Is Wrong with Gisbert?

ISBN: 978-3-8436-0701-8
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong. **Sold: English (World)**



JOCHEN WEEBER
Henrietta Feels the Wind

ISBN: 978-3-8436-0881-7
Patmos

Henrietta has three favorite things in life: computer games, computer games, computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take Henrietta along to a fascinating place...outside!



PETRA FIETZEK
Everything Is Different for Lulu Now

ISBN: 978-3-8436-0521-2
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



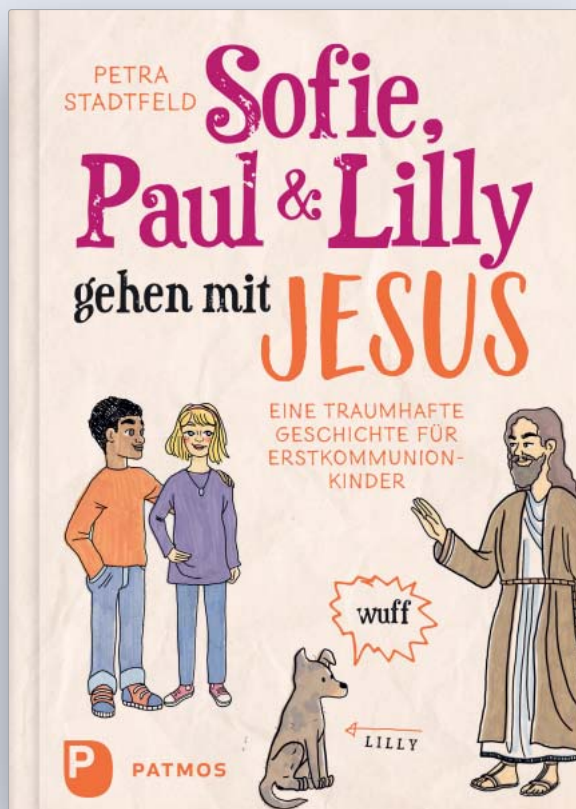
ANNETT STÜTZE / BRITTA VORBACH
Grandpa, What Color is Death?

ISBN: 978-3-8436-0953-1
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD

Sofie, Paul and Lilly Walk with Jesus

A Divine Story for First Communion Children

ISBN: 978-3-8436-1340-8

Patmos

Hardcover

72 pages

12 x 19 cm

€ 12.00

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.



DORIS BEWERNITZ
Little Mr Lu Chi
 Stories about Life's Wisdom

ISBN: 978-3-86917-841-7 | Eschbach | Hardcover | 112 pages | 12 x 19 cm | € 12.00

The great wisdom of little Mr Lu Chi

What would you do with a sack full of money? How do you dig up a field without lifting a finger? What is the highest ideal? And what is the greatest vice? How do you protect yourself against hate? Why is spitting healthy for the soul? Is it possible to use time? What does a cow need to be happy? Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



DORIS BEWERNITZ
The Wonder of a Winter Night

ISBN: 978-3-86917-796-0
 Eschbach

Doris Bewernitz sets out for the manger. Slip into the well-known figures with her: Angel Gabriel, Mary and Josef, the child and the donkey. But also into further figures like the wren, the dog, innkeeper Monides or Death.



ANDREA SCHWARZ
The Angel Who Was Always Late

ISBN: 978-3-86917-810-3
 Eschbach

What happens when Angel Max is so late that he misses the birth of Baby Jesus? The Christmas tales by Andrea Schwarz are cheerful and sassy, touching and amusing, funny and pro-found.



DAGMARA DZIERZAN
The Town Watchman of Minimonomongau

ISBN: 978-3-86917-797-7
 Eschbach

The town watchman of Minimonomongau, takes his task very seriously. Not everyone is allowed to enter. Especially not those without papers. But on a freezing night, in the middle of Advent, two figures suddenly stand in front of the gate and ask to enter...



MAX BOLLIGER
Miracles Happen Very Quickly

ISBN: 978-3-86917-566-9
 Eschbach

In twenty-four short stories, the well-known Swiss author Max Bolliger witnesses Christmas from the perspective of the shepherds, the animals, the small and the weak, allowing us to experience the miracle at the heart of Christmas more truly.



RAINER HAAK
Monsieur Jaque's Gift

ISBN: 978-3-86917-600-0
 Eschbach

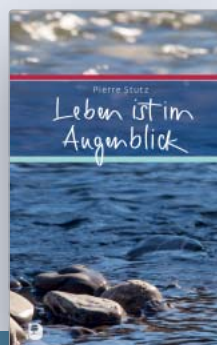
Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



RAINER HAAK
Bird's-Eye Views

ISBN: 978-3-86917-683-3
 Eschbach

Listen to a bird and imagine that It sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you to have open eyes for life's diversity and an open heart for all the friendship and love.



PIERRE STUTZ
Life is in the Moment

ISBN: 978-3-86917-639-0
 Eschbach

Inspired by the play of water and stones, Pierre Stutz finds inviting words that don't postpone the rendezvous with a fulfilled life. Life is in the moment means: breathing a deep sigh of relief, enjoying the creation and staying true to yourself in all of the changes.



CHRISTA SPILLING-NÖKER
Life Blossoms for You

ISBN: 978-3-86917-598-0
 Eschbach

Stories and poems by Christa Spilling-Nöker that are all about the magic of flowers: Whether tulips or daisies, dandelion or roses – the small and large beings of the flower kingdom are fascinating. They sometimes become the center of a story that shapes life anew.

Boldly tackling the future

- Imaginative and worldly-wise narration
- Wonderfully illustrated by Katrina Long



Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. In the Land of Seven States of Mind, he discovers the Fortress of Arrogance. He encounters haughtiness and fickleness. But state of mind also has something to do with a person's disposition. And his long-forgotten courage suddenly reappears. This is a poetic tale about setting off and arriving – about contentment and happiness.

EVA MUTSCHER

Konrad in the Land of Seven States of Mind

A Story of Setting Off and Arriving

ISBN: 978-3-86917-837-0

Eschbach

Hardcover

48 pages

12 x 19 cm

€ 9.00

EVA MUTSCHER has a craft business together with her husband. She loves to give the readers of her fairytales and stories a new point of view.



By the same author:

EVA MUTSCHER

The Secret of the Little Sadness

ISBN: 978-3-86917-601-7

Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



ANDREA NATSCHKE-HOFMANN

Delicious Baking for Cold Days

Recipes for Cakes, Baked Goods and More

ISBN: 978-3-7995-1525-2 | Thorbecke | Hardcover | 136 pages | 19 x 26 cm | € 25.00

Delicious baking ideas for autumn and winter

As soon as it gets colder outside, we feel a stronger desire for delicious baked goods, the scent of cinnamon and warm cakes. And baking is simply the most fun during this season. This book is a collection of recipes for cold days: Examples are the Cinnamon Waffles with Punch Cherries for breakfast, Walnut-Caramel Buns or Pear Cheesecake with Crispy Crumble for the coffee table, gift ideas such as Punch Cake in a Glass or Banana-Chocolate Corners, accompanied by hot Grape-Cinnamon Punch.

ANDREA NATSCHKE-HOFMANN
Delicious Baking with Apples

ISBN: 978-3-7995-1413-2

Thorbecke

We love apples! No matter whether as a classic apple tart, In bread-and-apple pudding or tiramisu, as apple-caramel cheesecake, apple-cinnamon pulled bread, apple fritters or baked apple cake - there's something for every taste here.

HILDEGARD MÖLLER
Alcoholic and Non-Alcoholic Winter Drinks

ISBN: 978-3-7995-1521-4

Thorbecke

When the days get shorter and it's cold outside, there's nothing better than getting cozy on the couch with a delicious hot beverage. Trendy drinks like Hot Aperol and Mulled Gin promise exciting drinking pleasure and are perfect for outdoor winter events.

BIRGIT FAZIS
Bread & Honey

ISBN: 978-3-7995-1475-0

Thorbecke

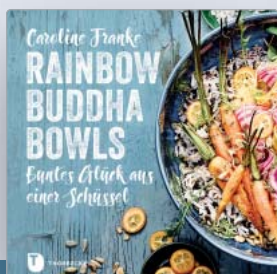
In a hectic world, "Bread & Honey" is an invitation to celebrate the diversity of regional and seasonal foods. This book is a declaration of love for the genuine good life and at the same time a plea for more serenity in the kitchen.

BIRGIT FAZIS
Everything from One Platter

ISBN: 978-3-7995-1435-4

Thorbecke

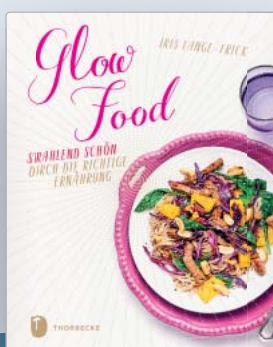
Cheese platters, colorful antipasti, tapas and mezze boards, brunch trays, dessert platters and many other delicacies from the platter are conquering the culinary world. The snack platters are totally uncomplicated and can be made in a flash.

CAROLINE FRANKE
Rainbow Buddha Bowl

ISBN: 978-3-7995-1215-2

Thorbecke

Happy and content, with a pleasantly filled belly like a Buddha - that's the promise of the new Rainbow Buddha Bowls, which are filled with lots of colorful, healthy and delicious ingredients. The California trend has made its way around the world!

IRIS LANGE-FRICKE
Glow Food

ISBN: 978-3-7995-1246-6

Thorbecke

With a balanced, healthy diet and an active life we feel good and "glow" from within. The author has developed incomparably delicious recipes that provide our body with vitamins, minerals, antioxidants and everything else we need for the perfect complexion.

ANDREAS BARLAGE
How Does the Louse Get on the Leaf?

ISBN: 978-3-7995-1479-8

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging way thanks to his extensive knowledge.

Sold: KoreanANDREAS BARLAGE
How Do Roots Know Where Down Is?

ISBN: 978-3-7995-1330-2

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging way thanks to his extensive knowledge.

Sold: Korean

With tubers & turnips through autumn and winter

- ▶ The perfect book for vegetable box subscribers
- ▶ In addition to the “classics,” it provides recipes for old types of vegetables such as black salsify, Jerusalem artichoke, turnips and much more.
- ▶ With interesting facts about cultivation, harvest, season and contents



Root vegetables such as celery root, red beets, carrots or parsnips are among the typical winter vegetables. They have a long shelf life and enrich our winter cuisine with their wonderfully earthy or crispy-fresh aromas. New savoury and even sweet vegan and vegetarian recipes with familiar and almost-forgotten types of root vegetables – as well as recipe classics with a new twist – make sure that we will never get bored with vegetable cuisine this year.

KATHRIN SALZWEDEL /
RAMIN MADANI

Root Vegetables

Vegan and Vegetarian Recipes for Cold Days

ISBN: 978-3-7995-1523-8

Thorbecke

Hardcover

232 pages

19 x 26 cm

€ 28.00

KATHRIN SALZWEDEL AND RAMIN MADANI are a couple in their professional and private lives. They run the Klara's Life blog (124k followers on Instagram) with each other. While Ramin mainly cooks, Kathrin is responsible for baking and photos.



By the same author:

KATHRIN SALZWEDEL / RAMIN MADANI Klara's Life: Vegan and Vegetarian Wellness Dishes

ISBN: 978-3-7995-1474-3

Thorbecke

Kathrin and Ramin of Klara's Life present the best recipes for the autumn-wintery trend topic of vegan and vegetarian comfort food. The author duo shows how simple it is to shop and cook in a healthy, sustainable and seasonal way.

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER

A Day in the Alps

Wellness Recipes for Cold Days

ISBN: 978-3-7995-1524-5 | Thorbecke | Hardcover | 168 pages | 23 x 27 cm | € 28.00



The Alps as a destination of longing, where nature is still untouched and life is authentic

Immerse yourself in the magic of the Alps, the magnificent natural world and sight of crystal clear lakes. Let yourself be inspired by the contrast between the blue of the sky and the snow-covered cliffs, as well as by memories of long winter walks and sunny ski tours. But we know: The happiness of reaching the summit also includes the enjoyment of hearty cuisine! Saskia van Deelen has put together unique combinations for us: A snack with Bavarian Cheese Spread and spicy Cranberry-Barberry Jam, hearty main dishes such as Spinach Dumplings with Gorgonzola Sauce, as well as sweet treats like Caramelized Shredded Buckwheat Pancakes with Quince-Grape Compote.

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER

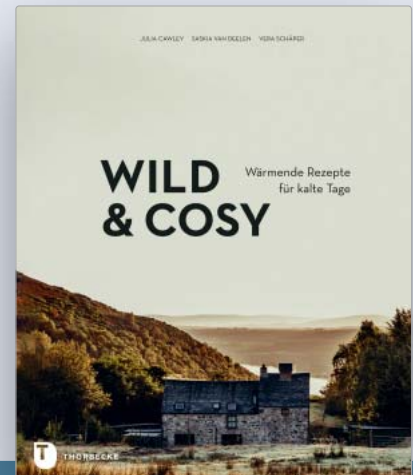
Wild & Cosy

Warming Recipes for Cold Days

ISBN: 978-3-7995-1476-7 | Thorbecke | Hardcover | 176 pages | 23 x 27 cm | € 28.00

The perfect balance between wild nature, cuddly coziness and warming dishes

Actively experiencing rugged landscapes, wild mountains and nature – and then coming home to a waiting comfortable couch and a hot coffee with whisky and cream. This is coorie, the Scottish expression for equilibrium between nature and coziness in everyday life. The evocative photographs and warming dishes in this book ensure the right balance between the inside and the outside world.



JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER

Hello Snow

Cooking – Reading – Enjoying

ISBN: 978-3-7995-1290-9 | Thorbecke | Hardcover | 176 pages | 23 x 27 cm | € 28.00



Enjoying the magic of winter

Julia Cawley, Vera Schäper and Saskia van Deelen make this year's winter magical! With beautiful winter photos, texts full of a wintry atmosphere and many recipes that invite us to enjoy them; they bring the winter mood into our homes and make sure that this very special time is simply perfect.

- Organized according to rising time: quick recipes and recipes with a longer dough process.
- With classic German and internationally inspired recipes



“Baking is the time of waiting until the dough is ready. That’s the secret formula. I always thought that I needed a professional machine, instruction videos and the finest flours from Switzerland or France in order to bake my own fluffy, good bread at home. But the opposite is the case. Especially the resting periods – the fermentation time of a dough – is what determines a loaf of bread’s processing and character,” according to Ulrike Schneider. In their latest book on baking bread, Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organised according to rising time, there’s something here for everyone: quick pan breads, breads that are allowed to rest overnight or delicious bread compositions with seeds and original grains that sometimes require up to a day before they are served crispy and fresh on our table.

JUTTA SCHNEIDER /

ULRIKE SCHNEIDER

Baking Your Own Breads Made Simple

Our Favourite Recipes with and without Sourdough

ISBN: 978-3-7995-1522-1

Thorbecke

Hardcover

136 pages

19 x 24 cm

€ 22.00

JUTTA SCHNEIDER lives in the southern Black Forest and is a freelance photojournalist. Renowned magazine and book publishers have featured her pictures in numerous publications on the subjects of gardening, nature and traditions.

ULRIKE SCHNEIDER, born in 1965, is a geologist and home baker. She is a family-oriented person married to a passionate bread gourmand, and has baked her own breads for a long time. Her motto is to stay playful and try with confidence, not only when it comes to bread. She lives in Karlsruhe, Germany.



By the same author:

JUTTA SCHNEIDER/ULRIKE SCHNEIDER

Baking with Ancient Grains

ISBN: 978-3-7995-1121-6

Thorbecke

Everybody’s talking about ancient grains like spelt and emmer but also about pseudo-cereals such as quinoa and chia. Ancient grains have a lot to offer; they are varied, full of nutrients, and taste delicious. Give them a try!



SILKE ROTHENBURGER-ZERRER

Natural & Sustainable

Simple Projects for More Sustainability in House and Garden

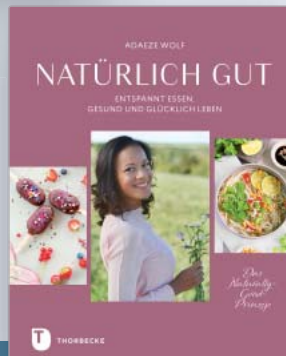
ISBN: 978-3-7995-1531-3 | Thorbecke | Hardcover | 128 pages | 19 x 24 cm | € 24.00

Simple projects ingredients that we all have at home

We all know how important it is to live sustainably, avoid plastic and produce less waste. The author shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden. From dishwashing sponges to hand cream, the DIY ideas bring more sustainability and mindfulness into your home. This book makes environmental protection fun and gives you a more beautiful home.

SILKE ROTHENBURGER-ZERRER
Life is BeautifulISBN: 978-3-7995-1316-6
Thorbecke

The author has many wonderful ideas about how can make our life and home more beautiful for us and our loved ones. She offers uncomplicated recipes for delicious little things and do-it-yourself ideas that let the set table radiate.

ADAEZE WOLF
Naturally GoodISBN: 978-3-7995-1443-9
Thorbecke

You only need two things for a healthy and happy life: the right attitude and a series of incredibly tasty recipes. Adaeze Wolf, a holistic nutritionist and health & life coach, provides tips on how you can eat in a more relaxed, healthy and happy way.

ENIKÖ GRUBER
Enchanting Winter TimeISBN: 978-3-7995-1477-4
Thorbecke

Eni offers us an all-round care-free package and reveals how we can successfully enjoy the holidays: sure-fire recipes for Advent coffee, holiday brunch or mulled wine evenings with friends – make sure that the holidays will be very special this year!

ENIKÖ GRUBER
Food, Friends & LoveISBN: 978-3-7995-1412-5
Thorbecke

For an all-round successful meal with friends and family, you only need three things: good preparation, a few sure-fire recipes and a bit of improvisation talent. This is no problem with Eni's all-round package.

KATHARINA SAHEICHA/
SOPHIA MAUREEN SAHEICHA
Celebrations the Vegetarian WayISBN: 978-3-7995-0620-5
Thorbecke

What to do when vegetarians and non-vegetarians are eating at the same table on special occasions? No problem, here you'll find fabulous vegetarian recipes for every occasion!

CHRISTINA HESS
Vegetarian ChristmasISBN: 978-3-7995-1216-9
Thorbecke

During Christmas there are so many delicious foods to enjoy and we indulge without a bad conscience. Traditionally, a holiday roast belongs to the feast. Instead of meat, there are lots of delicious vegetarian recipes to enjoy.

CHRISTINA HESS
Autumn LoveISBN: 978-3-7995-1473-6
Thorbecke

When the days get shorter and it gets colder outside, we can make ourselves comfortable inside! This book brings together the best vegetarian recipes that make us want to enjoy the autumn even more in every way.

LYNN HOEFER
Heavenly HealthyISBN: 978-3-7995-1291-6
Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.

The new book by our bestselling author!

- ▶ All recipes are purely plant-based
- ▶ Wheat-free and gluten-free as an option
- ▶ Christmas baking with natural sweetness but no refined sugar



With her two successful titles and more than 40,000 copies sold, Lynn Hoefer convinces us that healthy nutrition doesn't have to be complicated at all. This time, the successful blogger and author shows us how easy it is to bake for Advent and Christmas – and do something good for your body when you have a sweet tooth. Her purely plant-based recipes succeed without refined sugar. Thanks to wholemeal flour and healthy ingredients, Lynn primarily reinterprets many classics such as gingerbread, Christmas stollen, cinnamon stars and Spitzbuben biscuits.

LYNN HOEFER

Divinely Healthy Christmas Baking

Natural Recipes for Advent and Christmas

ISBN: 978-3-7995-1528-3

Thorbecke

Hardcover

136 pages

19 x 24 cm

€ 20.00

LYNN HOEFER is a food blogger, holistic nutritionist, food stylist and columnist. Through her diagnosis of hypertension, Lynn found her way to healthy nutrition and began to publish her passion for natural recipes on her »Heavenlynn Healthy« blog. It has become one of the most successful German blogs in the area of healthy and balanced nutrition.



By the same author:

LYNN HOEFER

Simply Heavenly Healthy

ISBN: 978-3-7995-1442-2

Thorbecke

Lynn Hoefer shows how healthy food can be simply and quickly integrated into everyday life. With some preparation but a minimal amount of effort, it's easy to have a healthy diet. And quite incidentally, it's possible to save the world a little bit in the process.

Our Agents:

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Hongjun Cai
t: +49 6101 407 921
f: +49 6101 407 922
cai@hercules-book.de

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simona@kessler-agency.ro

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Contact:

Luisa Lehnerer
Foreign Rights Department
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