

Rights List

Fall 2020

A purple umbrella is held open by a hand, set against a solid orange background. The umbrella's canopy is a vibrant purple, and its black frame and handle are visible. The hand holding the handle is a light skin tone, and the arm extends from the bottom right corner of the frame.

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2020 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben – Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

Unfortunately, due to the corona pandemic, we will not be able to meet face-to-face at the Frankfurt Book Fair this year. The pandemic is also the reason why you are receiving this catalogue via e-mail instead of by traditional mail. We hope you enjoy browsing our catalogue anyway!

We look forward to hearing from you! Stay healthy!

With best wishes,
Foreign Rights Department

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ZOE KATHARINA

Zoe Means Life

I Risked 20 Years of Prison for Rescuing Hundreds of People at Sea – And Would Do It Again

ISBN: 978-3-8436-1230-2 | Patmos | Hardcover | 220 pages | 14 x 22 cm | € 18.00

Sea rescuer in the Mediterranean

After passing her university-entrance exam and during her training as a boat builder, the 20-year-old Zoe joined the German Jugend rettet (Youth Rescues) organization to save the lives of refugees by working on a ship in the Mediterranean. Her mission on the Iuventa became an existential borderline experience for which Zoe was not prepared. This is a moving and highly topical story of a young woman fighting for justice and humanity – even if she endangers herself in doing so.



PETER SCHMIDT

Out of the Ordinary

ISBN: 978-3-8436-1175-6

Patmos

Peter Schmidt, himself an Asperger autistic, explains the typical types of autistic behavior and how these may be perceived from the inside and outside viewpoint. This book provides well-founded professional and yet entertaining contribution on this topic.



CHRISTINA HECKE

Let's Be Honest

ISBN: 978-3-8436-1218-0

Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.



SIGRID TSCHÖPE-SCHEFFLER

I Used to be a Snazzy Bird, But Now I'm a Lame Duck

ISBN: 978-3-8436-1233-3

Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.



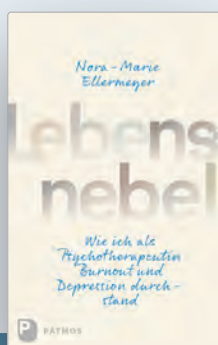
SABINE MEHNE

The Great Departure

ISBN: 978-3-8436-0834-3

Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.



NORA-MARIE ELLERYMEYER

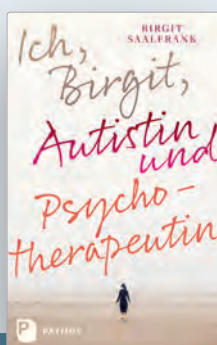
Life Fog

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: Korean



BIRGIT SAALFRANK

I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life, even if it means giving up her profession.

Sold: Korean



ELENA PIRIN

My Lion Cub

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves her son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean



ANDY HOLZER

Balancing Act

ISBN: 978-3-8436-0043-9

Patmos

Blind mountaineer Andy Holzer has climbed the world's highest mountain peaks. His optimism and mental strength are inspiring.

Sold: Italian, Korean, German paperback rights, German audio rights

All men look like George Clooney to me

- Moving life story
- Joy of life despite a stroke of fate



Dörte Maack leads the life of a dazzling circus performer – until she is blindsided with the diagnosis of an incurable eye disease. She makes two plans: A: Not to become blind. B: If she does, she will take her own life. She clings to every straw, but the blindness continues to progress. After hitting the bottom, she suddenly feels some ground beneath her feet. Plan C begins to mature: She returns to the stage as a blind presenter and speaker. And with her last bit of vision, she meets the man of her life, who will never get any older for her from this time on. In a moving and very witty way, Dörte Maack describes the process of dramatic changes that she has taken into her own hands with courage and confidence. This book inspires people in serious life crises to defy obstacles and trust in life.

DÖRTE MAACK

How to Build a Castle from Ruins

The Story of How I Went Blind and Regained My Joy in Life

ISBN: 978-3-8436-1260-9

Patmos

Hardcover

200 pages

14 x 22 cm

€ 20.00

DÖRTE MAACK was a street artist, acrobat and founder of the Kirschke theatre company until 1992. Then she learned in that she would gradually go blind. Despite a total loss of eyesight, she completed degrees in education, sports science and linguistics. She now works as a presenter, speaker and coach. She lives with her husband, their two children and a guide dog Lila near Hamburg. Her German-language website is www.doerte-maack.de.



Also available:

ANDY HOLZER

My Everest

ISBN: 978-3-8436-1093-3

Patmos

In May 2017, mountain climber Andy Holzer – who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.



HEIKE HELMCHEN-MENKE

Accompaniment Into Life

Religious Sensitivity Through Everyday Family Life

ISBN: 978-3-8436-1159-6 | Patmos | Softcover with flaps | 192 pages | 14 x 22 cm | € 19.00

Religion that enriches family life

More attention is being paid once again to the idea that children's personality development should also include contact with religion. This guide supports mothers and fathers, grandparents and educators in being age-appropriate and religion-sensitive companions for children. The author imparts basic and experiential knowledge on religious development. She encourages the mutual discussion of questions that will arise sooner or later. And she provides practical suggestions for shaping everyday life.

CLAUS KOCH
Children of SeparationISBN: 978-3-8436-1108-4
Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.

JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a MomISBN: 978-3-8436-1092-6
Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

Sold: RomanianRITA STEININGER
When Little Dragons Spit FireISBN: 978-3-8436-1188-6
Patmos

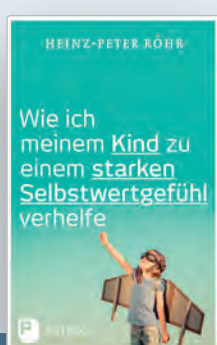
When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.

ELISABETH RAFFAUF
They Don't Just Do Nothing: They Lie There and GrowISBN: 978-3-8436-1019-3
Patmos

This book reminds readers of their own chaos years and helps understanding today's young people in their conflict between affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: KoreanRITA STEININGER
The Basics of Fighting FairlyISBN: 978-3-8436-0468-0
Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.

HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-EsteemISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and deal with it in a helpful way. It's possible to strengthen their self-esteem to cope with life while growing up!

Sold: CzechJOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?ISBN: 978-3-8436-0033-0
Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!

Sold: ItalianCHRISTINE RANKL
How to Soothe Your BabyISBN: 978-3-8436-0060-6
Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.

Sold: Chinese (simplified), Italian, Latvian

Religion in the Family

- Experiences by and for families
- Religion as a happiness factor



Perceiving and mutually experiencing God within their own family in everyday life gives children a good portion of basic trust for their lives. The coexistence of adults and children succeeds with more harmony and confidence. Albert Biesinger – father of four children and nine-time grandfather – knows what he is talking about.

He shares his experiences with many examples from the practice here. He encourages parents to experience the encounter with children as touching God. This is supported by empathetic affection, rituals, stories, conversations, good solutions for conflicts and praying together: being angels for each other. This allows religiousness in the family to become a gift for young and old.



By the same author:

ALBERT BIESINGER/JULIA BIESINGER
Giving Children Fundamental Trust and Guidance

ISBN: 978-3-8436-0775-9

Patmos

What can parents do for their children to help them master a life in which they will inevitably have to deal with stress, fears, and pressure to achieve? This is a guidebook for parents through everyday life with kids.

ALBERT BIESINGER

**Wherever Children Are,
 God Is Already There**

Surprises and Discoveries
 in the Family

ISBN: 978-3-8436-1265-4

Patmos

Softcover with flaps

128 pages

13 x 21,5 cm

€ 18.00

DR. ALBERT BIESINGER is Professor Emeritus for Religious Education and Church Adult Education at the Catholic Theological Faculty of the University of Tübingen. He is a permanent deacon, emergency pastor and author of many successful books on the main topics of effective religious education.



SABRIA DAVID

The Longing for the Next Click

Media Resilience: How We Become Happy In a Digital World

ISBN: 978-3-8436-1243-2 | Patmos | Brochure | 184 pages | 14 x 22 cm | € 18.00

What draws us into the Net?

Social media and digital technologies have radically changed our life within a short time. But how can we help to shape this fundamental transformation in a self-determined way? Sabria David has coined the term “media resilience” for this positive and confident approach to smartphone & co. This is about not misunderstanding digitalization as a purely technical phenomenon but looking at the primeval human longings and fears that draw us into the Net. This also allows us to answer the question about what we can do to be happy and fulfilled in a digital world.



CHRISTOPH AUGNER Self-Optimization Is Also Not the Solution

ISBN: 978-3-8436-1232-6

Patmos

Faster, better, more efficient: we live in the age of self-optimization. But the more we strive for optimization, the greater our discontent becomes. The author explains why this situation arose and shows that there is a way out: de-optimization.



RAINER HAAK Café Timeless

ISBN: 978-3-8436-1206-7

Patmos

This is a book about friendship, the power of dreams and the invisible forces that accompany us. Micheal is in a crisis: his girlfriend left him and he no longer enjoys his job or sports. If it weren't for his friends! This book is like wings for the soul.



BARBARA RÖSER/UDO RÖSER The Wounded Inner Child

ISBN: 978-3-8436-1237-1

Patmos

If we lacked support and love as a child, these emotional wounds will probably interfere in our couple relationship. The authors show how people can leave the negative spiral of inadequate self-love and insecurity to find true communication and closeness.



URSULA TIRIER Confronting the Giant of Fear

ISBN: 978-3-8436-1113-8

Patmos

Fears can be so distressing and can become an anxiety disorder. In this book, an expert for logotherapy sums up briefly and succinctly how people with anxiety disorders can succeed in better understanding their lives in view of threats and suffering.



HANS MORSCHITZKY/THOMAS HARTL Understanding and Overcoming Fear of Illness

ISBN: 978-3-8436-0153-5

Patmos

A guidebook for people suffering from excessive fear of illness featuring a self-help program in seven steps for those affected.

Sold: Complex Chinese, Italian, Romanian



HANS MORSCHITZKY When Fear Determines Life

ISBN: 978-3-8436-1189-3

Patmos

Experienced behavioral therapist Hans Morschitzky describes the latest developments in the diagnosis and treatment of the known five anxiety disorders: claustrophobia, social phobia, specific phobia, panic disorders and generalized anxiety disorder.



UDO RAUCHFLEISCH Living (and Loving) with Borderline Personality Disorder

ISBN: 978-3-8436-0636-3

Patmos

Udo Rauchfleisch helps friends and partners of people with borderline disorder to understand this serious psychological illness and gives concrete suggestions.

Sold: Korean



UDO RAUCHFLEISCH Narcissists are Only Human as Well

ISBN: 978-3-8436-0994-4

Patmos

Narcissism is the disorder of our time. The author explains this phenomenon and provides understanding for narcissistic personalities. We can learn how to handle them without demonizing them.

Sold: Korean

The joy of less

- ▶ Trendy topic of “less is more”
- ▶ With tips and exercises



In many areas of life, we sense that the next straw will break the camel's back – or has already done so. Yet, we cheerfully keep loading on more without ever saying “stop.” But doing without what is superfluous and letting go of what is too much is precisely what we need to be happy. This approach offers a path to better health, more freedom and greater personal development on many levels in daily life. It is not about permanently avoiding our obligations but establishing a distance to whatever drives and rushes us. Christian Firus takes the reader on a surprising journey of discovery in a new culture of the less. With tips and exercises.

CHRISTIAN FIRUS

What We Gain When We Do Without

ISBN: 978-3-8436-1253-1

Patmos

Softcover with flaps

160 pages

12 x 19 cm

€ 15.00

CHRISTIAN FIRUS is a physician specialized in psychosomatic medicine and psychotherapy, psychiatry, trauma therapy and systemic therapy. He is a senior staff member at a rehabilitation clinic in the Black Forest region and author of a book. His areas of expertise include the further development of approaches to trauma therapy in groups, the treatment of depression and burnout, as well as promoting mental health.



By the same author:

CHRISTIAN FIRUS

The Long Shadow of Childhood

ISBN: 978-3-8436-1015-5

Patmos

Emotional injuries and traumatic experiences In childhood can have an impact on a person's entire life. The author provides tips on how adults can cope with their “difficult childhood” and gain greater enjoyment of life.

JOSEF EPP

Protecting and Strengthening Myself:

Suggestions and Exercises for Resilience in Everyday Life

ISBN: 978-3-8436-1211-1 | Patmos | Hardcover with book ribbon | 160 pages | 14 x 22 cm | € 19.00

Being stronger than stress

Private and professional stress, stressful situations in the family, at work and due to volunteer activities: This pushes many people to their limits. When tension becomes the dominant attitude towards life, it endangers the individual's health. It is crucial to strengthen the personal powers of resistance and establish protective areas.

Josef Epp provides encouraging suggestions for healthy self-care of both the body and the soul. In a dialogue with experts from various fields, he shows how to consciously approach distressing factors and activate resources such as motivation, relationships, joy in life and spirituality. What makes this book special is its combination of a scientific basis, a holistic approach and practicability in everyday life through suggestions and exercises.



LUKAS NIEDERBERGER

Rituals

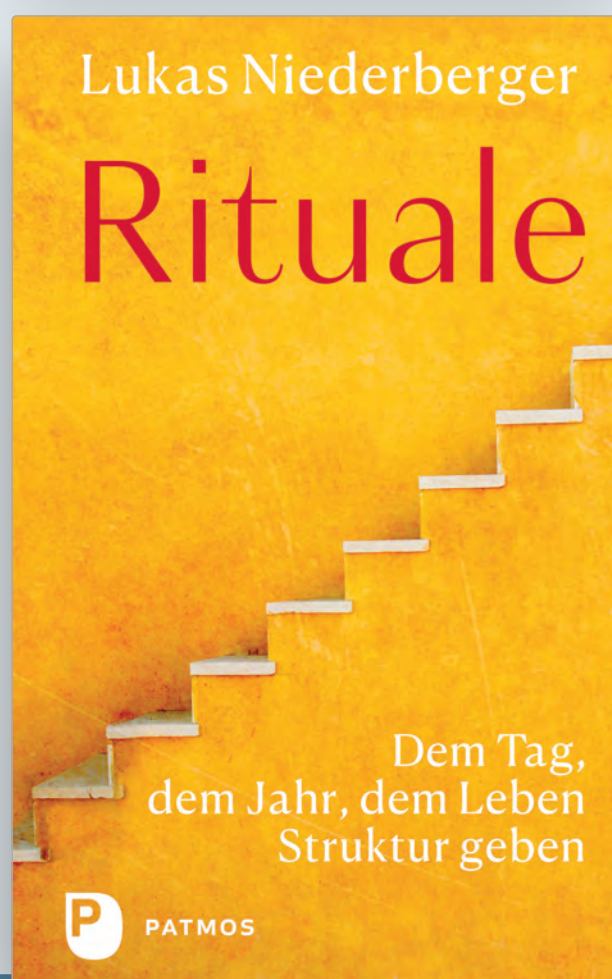
Giving Structure to the Day, the Year and Life

ISBN: 978-3-8436-1264-7 | Patmos | Hardcover with book ribbon | 192 pages | 14 x 22 cm | € 19.00

Designing your own life transitions

From morning to evening, from New Year's Day to New Year's Eve, from the cradle to the grave, we move from one transition to the next. We mark and celebrate significant turning points such as births, weddings and deaths with familiar rituals. But other important processes of change such as moving out of the parental home, quitting a job, separations or moving into the retirement home usually take place without any ceremonial acts.

Very few people have clear ideas about how they can create rituals to shape transitions in everyday life, in the annual cycle or during life changes on their own with untried elements. So the purpose of this book is to communicate both a theoretical background and practical help. Readers are encouraged to create harmonious rituals of their own in everyday life, in the course of the year or for significant life transitions according to their own wishes and ideas.



The path to more serenity

- With many exercises for more self-control and serenity



Being in control is a basic human need. This is the only way that we can feel safe. Losing control of our feelings or behavior is unpleasant. This “happens” to some people more frequently than others, such as brooding in the form of endless thought loops or when people are plagued by unrealistic fears. We can also easily lose our temper when we are angry and annoyed, which leads to a strain on relationships. Heinz-Peter Röhr demonstrates in this practice-oriented book: An intelligent approach to feelings is more important for our happiness in life than a high IQ. He explains what the loss of control is, how it happens and the strategies to counteract it. Simple exercises make it possible to recognize the typical false reactions anchored in the brain and dissolve destructive inner patterns. This book will help readers to once again achieve more balance and serenity in their lives.

HEINZ-PETER RÖHR

The Wise Way to Handle Feelings

How to Overcome Loss of Control

ISBN: 978-3-8436-1279-1

Patmos

Paperback

176 pages

14 x 22 cm

€ 18.00

HEINZ-PETER RÖHR was a psychotherapist at the Fredeburg clinic for sufferers of substance abuse in Bad Fredeburg, Germany, for more than thirty years. He is the author of numerous longselling self-help titles, and his books have been translated into numerous languages.



By the same author:

HEINZ-PETER RÖHR

The Art of Appreciating Yourself

ISBN: 978-3-8436-0391-1

Patmos

Heinz-Peter Röhr shows how it is possible to develop appreciation for oneself and find a way to create a happy and successful life. Over 10,000 copies sold.



VERENA KAST

Seeing Conflicts Differently

Discovering Your Own Life Themes

ISBN: 978-3-8436-1236-4 | Patmos | Hardcover | 208 pages | 12 x 19 cm | € 18.00

Taking power away from complexes

Complexes, which conceal our life themes, are connected with strong emotions. They determine our experiencing and behavior in the here and now although they originate in conflicts of the past. In this classic on the topic of complexes, the renowned Jungian analyst and psychotherapist Verena Kast shows the following: when we uncover our life themes, we can more easily free ourselves of the constantly recurring conflicts and discover new, enriching aspects of life.



WOLFGANG ROTH
Understanding C.G. Jung

ISBN: 978-3-8436-1231-9
Patmos

In clear, comprehensible language this book gives access to the often thought of as "difficult" works of Jung with his important basic concepts. The author vividly explains specifics of Jung's thinking and in doing so systematically dissociating it from that of Freud.



INGRID RIEDEL
The Symbolism of Colors

ISBN: 978-3-8436-1193-0
Patmos

Even our everyday language makes it clear that colors express emotions and have a positive or negative effect on us. Ingrid Riedel describes the psychological effect of the colors red, blue, yellow, green, orange, violet, brown, black, white, silver, gold, pink and grey.



INGRID RIEDEL
The Wise Woman

ISBN: 978-3-8436-0752-0
Patmos

Riedel explains how meaningful it is to get in touch with the archetypal image of the wise woman. She shows that experiencing various aspects of feminine wisdom can contribute to imbuing old age with new meaning and dignity.



INGRID RIEDEL/CHRISTA HENZLER
Painting Therapy

ISBN: 978-3-8436-0849-7
Patmos

The goal of Jungian painting therapy is to enable the soul to express itself and to initiate the process of healing. Based on ten impressive series of pictures, the authors argue that the colors and shapes of a painting can clarify psychological problems.



VERENA KAST
Sisyphos

ISBN: 978-3-8436-1142-8
Patmos

Many people recognize themselves in the Greek myth of Sisyphos, especially in their everyday working lives. Verena Kast encourages readers to take a closer look and makes clear: If something cannot succeed, we must let go of it.



VERENA KAST
Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0
Patmos

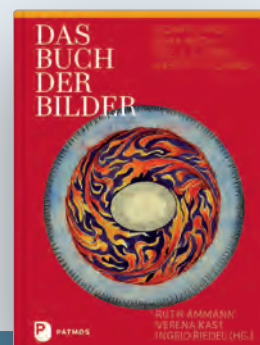
The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.
Sold: Russian



VERENA KAST
Couples

ISBN: 978-3-8436-1191-6
Patmos

When we love, we develop relationship fantasies, the partner is idealized. Verena Kast describes the relationship fantasies lived by modern couples and how our love relationships can be better understood with the help of a glance in the mirror of myths.



RUTH AMMANN/VERENA KAST/INGRID RIEDEL (Ed.)
The Book of Pictures

ISBN: 978-3-8436-1017-9
Patmos

Never before seen pictures by C.G. Jung's patients are now accessible in this book. Explanatory texts provide help in understanding the picture series.
Sold: Czech, Italian, Korean, Romanian

Finding confidence in difficult times

- ▶ What helps in difficult times
- ▶ The successful book on the topic of hope and confidence



We live in difficult times: Climate change, right-wing terror or worldwide epidemics frighten many people. In view of the numerous threats, what can help us to not give in to panic or resign? The renowned Jungian analyst and psychotherapist Verena Kast demonstrates this through many examples: In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings time and again. This book gives us the courage to live!

VERENA KAST

Starting Anew Time and Again

The Creative Power of Hope and Confidence

ISBN: 978-3-8436-1280-7

Patmos

Hardcover

160 pages

12 x 19 cm

€ 15.00

VERENA KAST is a former Professor of Psychology at the University of Zurich, Switzerland. Today she is a lecturer and teaching analyst at the C. G. Jung Institute in Zurich, as well as a psychoanalyst in private practice. She has published numerous books on subjects including emotional psychology, principles of psychotherapy, and the interpretation of fairy tales and dreams. Her works – many of them long-sellers – have been translated into numerous languages.



By the same author:

VERENA KAST

Dreams

ISBN: 978-3-8436-0373-7

Patmos

Renowned psychologist and Jungian analyst Verena Kast explores the fascinating language of our subconscious and demonstrates that our dreams can help to better understand ourselves.

Sold: Czech, Italian, Spanish (EU), Russian



PETRA SUTOR

Mourning at the Workplace

Overcoming Speechlessness – Fulfilling the Duty of Care – Developing a Grief Culture

ISBN: 978-3-8436-1212-8 | Patmos | Paperback | 176 pages | 14 x 22 cm | € 18.00

Mourning is not a private matter

Death and mourning are part of life, so they do not stop at the company doors. However, crises of this type do not need to be a catastrophe at the workplace if executives and fellow employees know how to deal with them in a good way.

This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture in the long term.



STEPHAN SIGG

Saying Goodbye to My Grandma

ISBN: 978-3-8436-1164-0

Patmos

This book about saying goodbye to his grandmother is the author's inner conversation with the woman who influenced his life like hardly anyone else – an experience that many young people have with regard to their grandparents.



NATALIE KATIA GREVE/
JEANINE REBLE

The Little Grief Companion

ISBN: 978-3-8436-1130-5

Patmos

When people find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



JULE KIENECKER/MECHTHILD
SCHROETER-RUPIEPER

Help Me When I Am Sad

ISBN: 978-3-8436-1154-1

Patmos

This book helps children and adults in mourning situations to playfully express feelings in a creative way. The gentle and stimulating illustrations appeal to children and adults alike, leaving space for their own creativity.



THOMAS ACHENBACH

Men Grieve Differently: What Helps and Benefits Them

ISBN: 978-3-8436-1131-2

Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



CHRISTINE FLECK-BOHAUMILITZKY

When Children Grieve

ISBN: 978-3-8436-0792-6

Patmos

Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



CLAUDIA CARDINAL

Anything but Child's Play

ISBN: 978-3-8436-0223-5

Patmos

When children and teenagers grieve, sensitivity from adults is necessary. The author reveals ways to offer support, giving parents advice on how to respond. She distinguishes between different age groups and encourages adults to think about death and dying.



NICOLE RINDER

Death Doesn't Kill Me

ISBN: 978-3-8436-0944-9

Patmos

Her son lived only four days. The experience changed Nicole Rinder's life and led her to her calling. She talks about her journey and gives authentic insights in her daily work as mortician. She shows that it can be possible to give your life a new direction.



FLOR SCHMIDT

Further Than the End

ISBN: 978-3-8436-1024-7

Patmos

When her son dies in a car accident, the author realizes that the extremes of life are often unbelievably close. On her path through the grief, she searches for answers that cannot exist and finds something much more valuable: an inner connection to her son.

The path through grief

- ▶ A compact and unusual description of the mourning period
- ▶ Provides support in consciously walking the personal path of mourning
- ▶ A new type of grief guide



This extraordinary travel guide describes the six typical mourning phases as landscapes full of special characteristics. In a compact form, it offers information on what is worth perceiving and what is good for the soul, as well as tips for travel companions and the necessary “luggage.” No one voluntarily books a trip through grief. But if you are abandoned by the loss of a loved one in this foreign country, it is good to have a travel guide like this with you.

KATRIN BRUNNER/PETRA PAUL

Grief

Travel Guide Through a Foreign Country

ISBN: 978-3-8436-1213-5

Patmos

Softcover with flaps

88 pages

14 x 22 cm

€ 12.00

KATRIN BRUNNER, freelance typographer and photographer; her partner died of cancer in the summer of 2013.

PETRA PAUL, funeral advisor for the City of Zurich and translator. Both completed the training as grief counsellors with Antoinette Brem and Barbara Lehner of Lebensgrund.



Also available:

SILKE SZYMURA

A Part of Me

ISBN: 978-3-8436-1083-4

Patmos

What happens to grief after one, two or three years and how can it get the space it needs? The author describes how people can succeed in giving up the battle against undesired feelings, embrace their own grief and find their way back into a new life.



ALINA PFEIFER

Heaven Meets Earth

About God and My World: Poetry Slam

ISBN: 978-3-8436-1263-0 | Patmos | Softcover with flaps | 160 pages |
13 x 21,5 cm | € 18.00**About the beautiful life**

Alina Pfeifer, born in 2000, loves to write poetry-slam texts in addition to her training in various types of nursing work. In 2018, she won the Honorary Prize for young people in Central Hessen, was nominated for the German Commitment Award and participated in the Hessian Poetry Slam Championships. Whenever Alina cannot be found in her home state of Hesse, the longing for the ocean has taken hold of her and she is at the North Sea.

MATTHIAS SCHLICHT
Burgundy and OlivesISBN: 978-3-8436-1198-5
Patmos

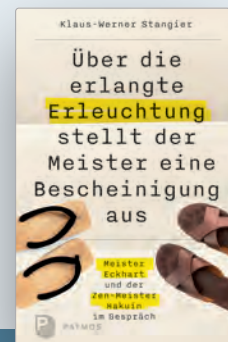
The author of this book looks at time as it passes and is simultaneously created: he thinks of his grandma's kitchen in the countryside, encounters and farewells, as well as class reunions. His incisive miniatures are a declaration of love for the time we have been given.

KATHARINA SCHRIDDE
You Have Afflicted MeISBN: 978-3-8436-1228-9
Patmos

In the course of trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, the author addresses the question if traumatic experiences are related to faith to herself, other affected people and therapists.

NIKLAUS KUSTER
The Father of Us AllISBN: 978-3-8436-1219-7
Patmos

No text has shaped Christian prayer like the Lord's Prayer. Francis of Assisi wrote a contemplation on it. Niklaus Kuster has translated the historical texts into an easily readable, modern language. His interpretation offers surprising Inspirations for our age.

KLAUS-WERNER STANGIER
The Master Issues a Certificate on Achieved EnlightenmentISBN: 978-3-8436-1158-9
Patmos

This book brings Meister Eckhart, an original representative of Christianity, into a factious conversation with Hakuin, a well-known Japanese Zen Master. This book provides information and inspires us.

FRANZ KAMPHAUS
The Treasure in the Clay PotISBN: 978-3-8436-1161-9
Patmos

Franz Kamphaus knows how to get to the point of unwieldy contents of faith. Within the scope of religious exercises, he has made the "Second Epistle of the Corinthians" more accessible. This letter is the most personal text written by the Apostle Paul.

FRANZ KAMPHAUS
When Faith Becomes ConcreteISBN: 978-3-8436-1034-6
Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Prayer on the Mount. The author explores the unreasonable demands in his own special way.
Sold: Italian

LUISE REDDEMANN/
SYLVIA WETZEL
May all Beings be HappyISBN: 978-3-8436-0996-8
Patmos

What is the significance of sympathy and justice for the development of the individual and the international community? This book shows how important sympathy and justice are for being human and for humanity.

SYLVIA WETZEL
Awakening and RedemptionISBN: 978-3-8436-1075-9
Patmos

The author interprets Christian symbols, images and terms – such as God or redemption – from a Buddhist perspective. This encourages readers to rediscover what is familiar and allow themselves to be touched by the deep dimensions of both religions.

A year full of life!

- ▶ The new annual reader by Andrea Schwarz
- ▶ True-to-life impulses
- ▶ Surprising looks at everyday life



The new annual reader by Andrea Schwarz holds a discovery that leads to more liveliness for every day of the year. "Some people live, but others are just practicing!" The texts by Andrea Schwarz are an invitation to no longer put life off until tomorrow but stand up to life – and its many faces – every day. Life is sensing and setting out, stumbling and getting up again, growing and marveling, resting and letting go, discovering, maturing and changing. Arriving. Most of the poems, thoughts and stories of this annual reader are appearing in book form for the first time.

ANDREA SCHWARZ

Life – What Else!

365 Discoveries

ISBN: 978-3-8436-1261-6

Patmos

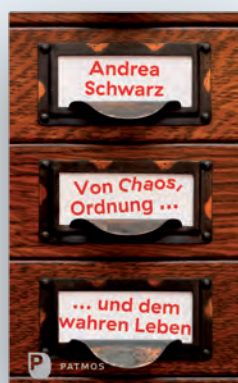
Hardcover with book ribbon

406 pages

14 x 22 cm

€ 24.00

ANDREA SCHWARZ is trained industrial management assistant and social worker and active in Catholic community work. She lives in Emsland and supports the voluntary projects of the Mariannhiller Sisters in South Africa. Andrea Schwarz is one of the most widely read Christian writers of our time.



By the same author:

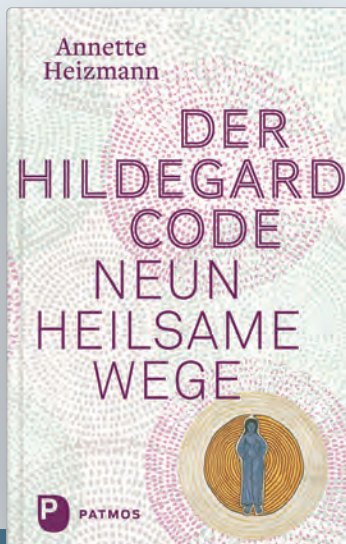
ANDREA SCHWARZ

About Chaos, Order and the True Life

ISBN: 978-3-8436-1165-7

Patmos

Opposites are what keep us lively if we put them into the right relationship with each other. How we deal with opposites and find a greater liveliness: Andrea Schwarz writes about this issue based on her own experience. This is one of the most requested topics for lectures and workshops by the popular speaker.



ANNETTE HEIZMANN
The Hildegard Code
 Nine Healthful Paths

ISBN: 978-3-8436-1209-8 | Patmos | Hardcover with book ribbon | 186 pages |
 14 x 22 cm | € 24.00

The Hildegard Code for a conscious life

Based on the deep knowledge of the original writings and in a contemporary language, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.

This is an inspirational book for individual reading and a workbook for groups, upon which the author bases her events.



MANFRED BÖHM
Growing Into Heavens

ISBN: 978-3-8436-1129-9
 Patmos

In all cultures, trees are life companions of human beings and symbols for life itself. The Bible has a rather dense stock of trees that starts with the Tree of Life. Whether oak or cedar, cypress or terebinth, fig or olive tree – the trees of the Bible carry a message from God for human beings.



PIERRE STUTZ
The Spiritual Wisdom of Trees

ISBN: 978-3-8436-0875-6
 Patmos

The texts in this volume were created in dialogue with trees. They tell of the divine life force that animates all things. Pierre Stutz's poems and thoughts engage in a deep dialogue with the life force of the trees.



JAN FRERICHS
Barefoot and Wild

ISBN: 978-3-8436-1032-2
 Patmos

It is a challenge to rediscover nature as a spiritual guide. Nature is the first Bible. People have always gone into nature to read this book and get to the bottom of everything. Jan Frerichs invites his readers on an exciting path to a spirituality of their own that will support them.

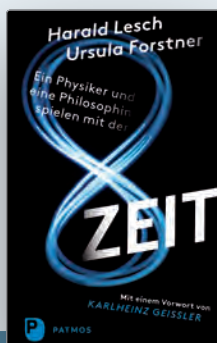


GISBERT GRESHAKE
Walking

ISBN: 978-3-8436-1041-4
 Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.

Sold: Italian



HARALD LESCH/
 URSULA FORSTNER
A Physicist and a Philosopher Play with Time

ISBN: 978-3-8436-1125-1
 Patmos

In this book, questions related to the mysterious phenomenon "time" are explored by astrophysicist Harald Lesch, time researcher Karlheinz Geissler and philosopher Ursula Forstner.



HARALD LESCH/
 CHRISTIAN KUMMER
How Amazement Came Into Being

ISBN: 978-3-8436-0723-0
 Patmos

With humor and an eye for detail, the scientists explain the development from the Big Bang to a small flower in an impressive overview and make their readers aware of evolutionary processes.



FRANZ ALT
Our Only Earth

ISBN: 978-3-8436-1140-4
 Patmos

The earth is beautiful and worth every effort to preserve it for future generations. This is the message of the book by Franz Alt and the breathtaking photos by Helfried Weyer. This book encourages us to take action.



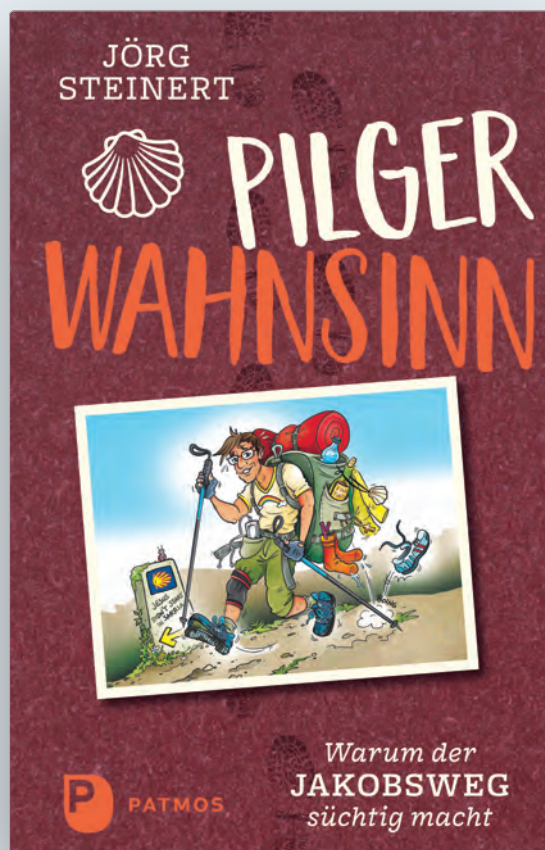
EUGEN DREWERMANN
Living in Harmony

ISBN: 978-3-8436-0883-1
 Patmos

This book is a collection of treasures from Eugen Drewermann's comprehensive writings that all touch on the theme of Creation. The perspectives in the texts encourage readers to further their own thoughts.

Going on pilgrimages in the 21st century

- ▶ Trendy topic of pilgrimage
- ▶ For the pious, sceptics and non-believers



800 kilometres – on foot. Usually alone, but not lonely. The Way of St. James is one of the great adventures of our age. Not perilous, but exciting. Strenuous and enjoyable at the same time. Jörg Steiner set out to discover the various Ways of St. James in Spain, Portugal, France and Germany. On one of his trips, he was accompanied by the women's rights activist and liberal Muslim Seyran Ateş, who has been under personal protection for the past several years and also had a team of LKA officers at her side during the pilgrimage. The author reports on his personal experiences on the various Ways of St. James in "Pilgrimage Craze." In an entertaining way, he describes why the Way of St. James has an addictive effect on people.

JÖRG STEINERT

Pilgrimage Craze

Why the Way of St. James Is Addictive: Notes from the Path

ISBN: 978-3-8436-1197-8

Patmos

Hardcover with book ribbon

232 pages

14 x 22 cm

€ 22.00

JÖRG STEINERT, born in Zwickau in 1982, has a degree in political science and is manager of the Lesbian and Gay Association Berlin-Brandenburg. He initiated signs to mark the Way of St. James through Berlin as European Cultural Itinerary.



Also available:

BEATE & OLAF HOFMANN

Just Get Out!

ISBN: 978-3-8436-1054-4

Patmos

This book shows how "green resilience" makes it possible to live more fully, to act more mindfully and to revitalize your creativity. It will help you take your life into the "green zone" for good!

Sold: Korean



MICHAEL N. EBERTZ

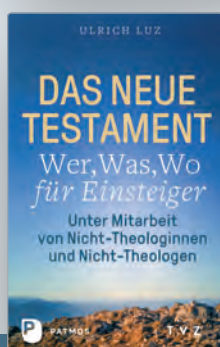
Disempowerment

4 Theses on the Church's Present and Future

ISBN: 978-3-8436-1266-1 | Patmos | Paperback | 160 pages | 14 x 22 cm | € 19.00

What will become of the Church?

The Church has lost its air sovereignty over the individual's body, mind and soul. In keeping with this, its members have a colorful composition that is itself interwoven with the plural society. The debates show that the sense of the Church is no longer clear. They raise the question about which possibilities have opened up for moving people to lead a Christian life. Michael N. Ebertz describes not only these existential caesuras, but also analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future.



ULRICH LUZ

The New Testament for Beginners

ISBN: 978-3-8436-1095-7

Patmos

"Normal" men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a "reader-proof" book with information on Jesus, early Christianity and writings of the New Testament.



KLAUS MERTES

How Catchwords Become Real Words

ISBN: 978-3-8436-1065-0

Patmos

Language changes and the ideas we associate with certain terms also change. Klaus Mertes reveals the actual significance of key words in theology and spirituality with new words and stories to understand the true meaning.



ANDREA SCHWARZ

Wild Christmas

ISBN: 978-3-8436-1073-5

Patmos

Being "wild" is the opposite of conforming and being tamed, and Christmas isn't tame for Andrea Schwarz. For her, Christmas points to something unprecedented. Her new book is a plea against the taming of Christmas.

Sold: Hungarian, Slovenian

KURT KARDINAL KOCH

Renewal and Unity

ISBN: 978-3-8436-1066-7

Patmos

Renewal is not just a Protestant concern and unity is not just a Catholic issue. Both Churches can and should rediscover that there is more uniting them than dividing them and take this seriously.

Sold: Italian

KURT KARDINAL KOCH

The People of Christmas

ISBN: 978-3-8436-1183-1

Patmos

Cardinal Koch focuses on the characters in the nativity scene in this extraordinary Christmas book. It invites readers to see themselves not only as spectators but also get involved in the events as if they were "part of the play".

Sold: Italian

WALTER KARDINAL KASPER

Maria: Sign of Hope

ISBN: 978-3-8436-1070-4

Patmos

Kardinal Kasper explores the Biblical picture of Mary as a sister in faith for Christians of all denominations. He interprets the Catholic teachings about Mary in keeping with the guidelines of the Biblical Message.

Sold: Korean

WALTER KARDINAL KASPER

The Christian's Joy

ISBN: 978-3-8436-1052-0

Patmos

Kasper's book contains a small school of prayer and a vision of a church that follows Pope Francis' call for renewal. He draws on the Bible and writings by mystics, theologians, poets and philosophers.

Sold: French

EUGEN DREWERMANN/

MARTIN FREYTAG

The Mystery of Jesus of Nazareth

ISBN: 978-3-8436-1080-3

Patmos

The questions Eugen Drewermann answers in this book have been asked by students in religion class. Their teacher collected their questions and interviewed the author on their behalf.

The wake-up call from Eugen Drewermann

- ▶ Plain language on the collapse of the Church
- ▶ A plea for a future of Christianity



We are currently experiencing the collapse of everything that has constituted the “strength” of the Catholic Church as a monarchical system up to now. Eugen Drewermann’s diagnosis in a conversation with Michael Albus is: This is the hour of the Biblical prophet Jeremiah, who proclaimed a new image of God in the demise of the old one: We all have the ability to listen to God in our heart. This hope is directed to a small group who have the experience: God is not bound to a clerical system. God is found in the hands of the congregation: “There is no longer any organizational, commanding body and no authority of any kind. So we actually only have the word of God in the circles of those who want to hold onto it and follow it with their minds and hearts.”

EUGEN DREWERMANN
The Hour of Jeremiah
For a Church That Does Not
Betray Jesus

ISBN: 978-3-8436-1250-0
Patmos
Softcover with flaps
200 pages
14 x 22 cm
€ 20.00

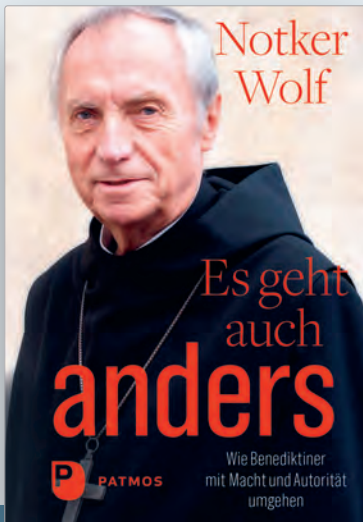
EUGEN DREWERMANN, born in 1940, has a doctorate in theology. When he was suspended from the priesthood and the teaching profession, he began a career as a psychotherapist and writer. To date he has written more than eighty books and his works have been translated into more than a dozen languages.



By the same author:

EUGEN DREWERMANN
Do Not Judge!
ISBN: 978-3-8436-1214-2
Patmos

Eugen Drewermann conducts a cultural-historical survey of the concepts of punishment and law from the early cultures in Mesopotamia to the Germanic, Carolingian and Stauffer peoples in the European Middle Ages. And he shows how the cross is the memorial of Jesus against this violence, both internally and externally.



NOTKER WOLF

There Is Also Another Way

How Benedictine Monks Deal with Power and Authority

ISBN: 978-3-8436-1262-3 | Patmos | Hardcover with book ribbon | 96 pages | 12 x 17 cm | € 12.00

The wisdom of the Rule of Benedict

The question of how to deal with power affects all areas of life in society, the economy and the Church. As an archabbot, abbot president and abbot primate, Notker Wolf has exercised leadership responsibility for decades in the monastery, in the congregation and ultimately for the Benedictine monks throughout the world. He tells of his experiences and encounters in this book. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership “after Corona.”



MARIA HAGENSCHNEIDER
Enough Is Enough!

ISBN: 978-3-8436-1224-1
Patmos

The abuse and cover-up scandal has shaken the Catholic Church to its foundations. The Synodal Path is intended to change something about this. This much is clear for the author: a renewal can only succeed when women in the Church are given their rightful place.



NICOLETTE BOHN
Florence Nightingale

ISBN: 978-3-8436-1225-8
Patmos

This biography vividly portrays the inner and outer development of Florence Nightingale. How she recognized her calling and learned to stand up for it. And despite setbacks, how she found the strength – especially as a woman – to burst the corset of social expectations.



JACQUELINE STRAUB
Kicks the Church Out of the Coma

ISBN: 978-3-8436-1099-5
Patmos

As a committed Catholic woman, the author would like to be Christian in a living Church and demands the Church to change radically, to appeal to young people and pass the message of Jesus to coming generations.

Sold: Dutch



LEA ACKERMANN
The Fight Goes On – So Women Can Live in Dignity

ISBN: 978-3-8436-0884-8
Patmos

Lea Ackermann left her career in banking and went to Africa as an ordained nun. Encounters with the misery of forced prostitution changed her life. Her relief organization for women in crisis, SOLWODI, has long drawn international acclaim.



HUBERTUS HALBFAS
The Future of Our Church Buildings

ISBN: 978-3-8436-1112-1
Patmos

The existence of churches is endangered: there's a threat of reconstruction, conversion and demolition. This book is a plea to preserve the church buildings even in post-church era: as places that challenge us to go beyond.



HUBERTUS HALBFAS
Can an Atheist Be a Christian?

ISBN: 978-3-8436-1227-2
Patmos

The traditional Church doctrinal system increasingly arouses contradictions and rejection. The criticism comes from both the outside and the inside. Is it possible that both Nietzsche and Bonhoeffer are right?



PAUL M. ZULEHNER
“I Dream of a Church That is a Mother and a Shepherdess”

ISBN: 978-3-8436-1029-2
Patmos

Zulehner follows Pope Francis in his attempt to strengthen the pastoral culture of the Church by going to the roots and orienting the actions of the Church upon God's mercy.

Sold: Czech



PAUL M. ZULEHNER
Inspiring Europe

ISBN: 978-3-8436-1171-8
Patmos

After a period of dominance, the situation of the churches in the European continent is once again approaching the Biblical norm. This book shows how the Christian Church, could be the advocate of freedom, justice and truth in the Europe of today.

Architects of the house of faith

- ▶ Strong encouragement in times of upheaval
- ▶ Outstanding basis for decisions in the midst of moving transformation



“In the past, life was a major enterprise in public hands. Now it is a microenterprise in private hands,” according to Thomas Luckmann, a sociologist of religion. Everyone builds and sets up their own “little lifeworld.” But what is the extent of “my world” – the reality that I live in? To the boundary of death, with which everything is definitively over? Or is death an unimaginable transformation of our existence? After all, we set up a house of faith for ourselves. Some make use of science; others get their furnishings from the stories of the world’s religions. In this process, should we align ourselves with a religious community or be the sole architects of our house of life? And what are the effects of our extremely different religious convictions on our lives and our coexistence in a country, on a continent such as Europe or in the world? The book is based on a long-term study that has observed how people coped with such questions over a period of 50 years. Paul M. Zulehner encourages reflection on how and where the “traces of heaven” can still be found within all of the cultural changes.



By the same author:

PAUL M. ZULEHNER
Will the Priest Shortage End Soon?
 ISBN: 978-3-8436-1181-7
 Patmos
 Lack of priests in the World Church is not new. Pope Francis quoted the model for a solution by Fritz Lobinger. Everything indicates that an end to this is near: not by abolishing celibacy but through creating new kinds of priests in viable congregations.

PAUL M. ZULEHNER

So That Heaven Comes to Earth – At Least In Traces

Human Life in the Midst of
 Ideological Diversity

ISBN: 978-3-8436-1276-0

Patmos

Softcover with flaps

160 pages

12 x 19 cm

€ 19.00

PAUL M. ZULEHNER holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.



PAUL M. ZULEHNER

The Church Listens to the People

A Pastoral Theology from Below

ISBN: 978-3-7867-3243-3 | Grunewald | Paperback | 320 pages | 14 x 22 cm | € 38.00

Synodality requires listening

Case studies are listening to people in a scientifically organized way. This book includes five such case studies, which could be helpful in the day-to-day operations of the Church: on the satisfaction with Pope Francis, the role of the Church as an oasis of diffusing trust in cultures of fear and the Church as a home. In addition, the people provide information about views on marriage and family, child abuse and structural reforms in the Church. The data on young people's use of cell phones and their images of love is endearing. The people who participated in the survey are affected by these issues and try to connect the Gospel with their everyday life.



NORBERT SCHOLL
God: The Great Unknown

ISBN: 978-3-7867-3229-7
Grunewald

Are there still good reasons to believe in the existence of "God"? In an original way, this book challenges readers to reflect on the ultimate cause, the source of everything, the nameless fellow wanderers, the craftsman from Nazareth and what people call "God".



STEFAN KNOBLOCH
Trinity
ISBN: 978-3-7867-3215-0
Patmos

Digitalization, AI and climate change describe current dangers to our society. It seems absurd to use these challenges as a starting point for a new understanding of believe in the Trinity of God. But this is precisely what the author does in this exciting book!



NORBERT RECK
Jesus the Jew and the Future of Christianity
ISBN: 978-3-7867-3180-1
Grunewald

Ever since the Enlightenment, there has been a rift between church doctrine and critical Bible studies. This led to a loss in the credibility of Christianity. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.



HANS-JOACHIM SANDER
Believing Differently, Not In Spite of It

ISBN: 978-3-7867-3230-3
Grunewald

The Catholic faith will not emerge anew, but it can change. The clarification of how the Catholic faith can actually be practiced differently than the customary way is a central theme of this courageous and striking interjection.



CHRISTIAN KUMMER
Believe in God as a Person?

ISBN: 978-3-7867-3178-8
Grunewald

God is a person. But what does this mean? In this forensic study, the author develops an approach to a personal conception of God that allows believers to confidentially use the word "you" when speaking with God.



HUBERT PHILIPP WEBER
Credo

ISBN: 978-3-7867-3100-9
Grunewald

Believers in conversation with atheists must know the ins and outs of Christianity. This book explains the Apostles' Creed, which contains the central testimonies of the faith, step by step, making it interesting not only for Christians.



HUBERT PHILIPP WEBER
And God Blesses Them

ISBN: 978-3-7867-3182-5
Grunewald

In a generally understandable language, this introduction on the Book of Genesis offers an overview of the important topics, developments and aspects of one of the most exciting areas of theology from the beginnings of faith in God today.



JULIA ENXING
Guilt and Sins of and in the Church

ISBN: 978-3-7867-3158-0
Grunewald

This study asks for a closer definition of the Church's capacity of guilt. It analyses the Church's understanding of the Second Vatican Council and if it offers approaches for an ecclesiological recognition of systemic guilt.

Opening new spaces of faith



The French Jesuit Michel de Certeau (1925–1984) crossed the borders between disciplines – historical and cultural studies, philosophy and religious studies – and was an avant-garde thinker whose impulses for theology have only been discovered recently in the German-speaking world. In an impressive manner, he established the rift between faith and culture within the European context.

He creatively approached the major spiritual traditions of modernity – above all, in the school of his religious order's father Ignatius – and explored how these texts can become “music scores” through which the speech of God can be intoned anew.

In times when there is talk about a “Church on the move,” evangelization and new “missionary awakenings,” Michel de Certeau guides theology towards a new analysis of faith: creatively, in search of new forms of language and in the service of a “Church in the making.”

In the fundamental theological analysis of faith as presented by Margit Eckholt in this book, “mysticism” and “mission” are the starting points for reflection – and are therefore the two moments that form the arc of tension in Michel de Certeau's life.

MARGIT ECKHOLT

Becoming Someone Else's Guest

Analysis of Faith with Michel de Certeau in Times of Intercultural and Interreligious Encounters

ISBN: 978-3-7867-3233-4

Grünwald

Paperback

240 pages

14 x 22 cm

€ 35.00

MARGIT ECKHOLT, DTh, is a professor of Dogmatics with Fundamental Theology at the Institute for Catholic Theology at the University of Osnabrück.



By the same author:

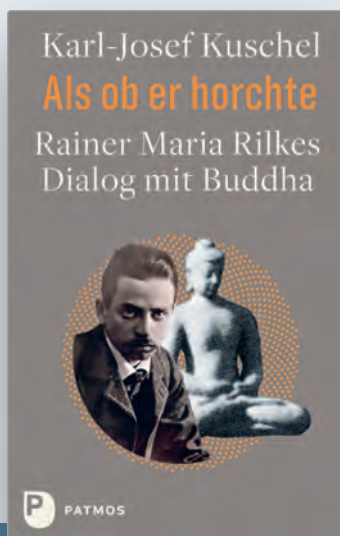
MARGIT ECKHOLT

Going to the Margins

ISBN: 978-3-7867-3046-0

Grünwald

The author recalls the secular-religious forays of the Second Vatican Council, the creation of “contextual theologies” and the often dramatic paths of the liberation theologians. She develops prospects for ways that theology can take its intercultural responsibilities seriously.



KARL-JOSEF KUSCHEL
As If He Was Listening

Rainer Maria Rilke's Dialogue with the Buddha

ISBN: 978-3-8436-1252-4 | Patmos | Hardcover with dust jacket | 208 pages | 14 x 22 cm | € 22.00

Rilke and the Buddha

Rainer Maria Rilke (1875–1926) left behind three Buddha poems. In a garden, Rilke discovered a Buddha statue (documented in the picture section) and entered into a dialogue with it. Karl-Josef Kuschel tells the story of this dialogue and answers the question: What was it that interested one of the greatest poets of 20th century European literature in the figure of the Buddha of all things? Rilke's Buddha poems are a bridge across cultural boundaries of understanding.



KARL-JOSEF KUSCHEL
The Bible in the Quran

ISBN: 978-3-8436-0726-1
Patmos

This book is a scholarly and personal summation of Karl-Josef Kuschel's two decades of study of the Bible and the Quran, newly revised and most importantly expanded to include the results of the latest scholarly research. This book gives the foundations for interreligious dialogue.



KARL-JOSEF KUSCHEL
In the Flow of Things

ISBN: 978-3-8436-1042-1
Patmos

Hermann Hesse and Bertolt Brecht are both world-famous writers of the 20th century. A dialogue with Buddha and Lao Tzu, has found expression in the works of both. This exciting study provides surprising insights into the culture and literary history of the 20th century.



KARL-JOSEF KUSCHEL
"That We Are All Children of Abraham ..."

ISBN: 978-3-8436-1096-4
Patmos

Two world-renowned statesmen met in December 1977. In conversation with Anwar as-Sadat, the rational pragmatist Helmut Schmidt explores the importance of the world religions for peace. The message is still valid today.

Sold: Arabic



REINHOLD BOSCHKI
Elie Wiesel – A Life Against Forgetting

ISBN: 978-3-8436-1079-7
Patmos

Elie Wiesel was deported to Auschwitz and survived. His life's work was to give the victims a voice and confront inhumanity. In his book, Reinhold Boschki recalls the life and work of Elie Wiesel from the perspective of a student and companion.



PAUL PETZEL (ED.)/
BOBBERT RECK (ED.)
From Abba to Zealots

ISBN: 978-3-8436-0887-9
Patmos

34 Jewish and Christian scholars joined forces to counter falsehoods, in expert and yet easily understood terms, with key words from A to Z. Many surprising aspects come to light.

Sold: Italian, Dutch



HERMANN-JOSEF FRISCH
Encountering the Infinite

ISBN: 978-3-8436-0942-5
Patmos

This book demonstrates how people from different religions specifically express their faith. Every religion has procedures, rituals and symbols. Religion is what all cultures have in common – and getting to know each other is a fascinating journey.



MICHAEL BLUME
Islam in Crisis

ISBN: 978-3-8436-0956-2
Patmos

Islam seems confident of expanding. The opposite is the case. Religious scholar Michael Blume explains this scenario as a symptom of a deep worldwide crisis in Islam and offers a chance of better understanding of the conflict between cultures.



MICHAEL BLUME
Why Anti-Semitism Threatens All of Us

ISBN: 978-3-8436-1123-7
Patmos

The interaction of media, myths and demography has imprinted history for the past thousands of years. Through media, anti-Semitism has developed an enormous counter-movement capable of shaking the basis of civilization.

Conspiracy theories – the underrated pandemic

- ▶ Topical issue during the corona pandemic
- ▶ Debunking myths
- ▶ The book against fear



Bill Gates is behind the coronavirus pandemic to get even richer with a vaccine. Or is it billionaire George Soros to decimate the world population? Are children abducted and tortured in secret factories to get the sought-after adrenochrome? And is all this part of a Jewish conspiracy to take over world domination?

In an unprecedented scale the internet and social media overflow with speculations, none of which is too bizarre to be shared with the world. Even highly educated people believe in the most delusional constructs. Many have to witness their loved ones drift into a world of fantasy and fear.

Michael Blume analyses the cultural and psychological backgrounds of such myths and explains how they “work”. Due to his experiences from various encounters, he provides advice on how to keep cool and deal with conspiracy theorists. He points out weaknesses of conspiracy movements – and predicts the downfall of the QAnon theory around the failing messiah Donald Trump.

MICHAEL BLUME

Conspiracy Theories

Where they come from, what they lead to and how we can confront them

ISBN: 978-3-8436-1286-9

Patmos

Paperback

160 pages

12 x 19 cm

€ 15.00

MICHAEL BLUME, PhD, is a religious scholar and political scientist. The protestant Christian is married to a Muslim and Head of the “Non-Christian Religions, Values, Minorities and Northern Iraq Projects” Unit in the Baden-Württemberg State Department. In 2015/16 he assumed responsibility for the state’s special quota project for vulnerable women and children from Northern Iraq. His doctoral thesis was on religion and neuro-theology. In 2009 leading scientific bloggers awarded his blog the Scilogs Prize; he was the first German to be appointed to the international research network for Evolutionary Religious Studies.



Also available:

ANDREAS DOHMEN

How Digital Do We Want to Live?

ISBN: 978-3-8436-1151-0

Patmos

The digital transformation is changing not only the life of every individual, but also society, economy and the worldview. In this book, the author communicates the many complex aspects, basics, backgrounds and correlations of this development.



SABINE WALDMANN-BRUN

Jojo Rosepetal and the Trip in the Balloon

A Story for First Communion Children

ISBN: 978-3-8436-1138-1 | Patmos | Hardcover | 96 pages | 14 x 22 cm | € 16.00

First communion: The story of an unforgettable journey

The parents of Felix and Mia go out in the evening, but instead of Lena – who usually looks after the two – quirky Jojo Rosepetal keeps them company. He wears a red sock on his left foot and a green one on his right foot. Jojo knows stories from the Bible and invites the children to a night-time trip in his balloon, which is parked above the apple tree! This is a night full of adventures, in which Felix and Mia learn something about reconciliation and friendship, peace and diversity and why God is with every person who has sorrow.

JÖRN, UTA HAUF, EMMA & FRIDO HAUF
Heavens!ISBN: 978-3-8436-1104-6
Patmos

Meet the children from strenuous 3rd grade of the common school in Mittelstadt. This is an insightful, realistic, adventurous and fascinating story that makes clear that the experiences at First Communion are related with the everyday life of the children.

ALBERT BIESINGER & SARAH
My Children's Bible

ISBN: 978-3-8436-0954-8

Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God Is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rightsMARTINA STEINKÜHLER
You Are Welcome!ISBN: 978-3-8436-0896-1
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!

MARTINA STEINKÜHLER/
ANNE FRÖHLKE**The Story of the Good King**ISBN: 978-3-8436-0671-4
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.

JOCHEN WEEBER
What on Earth Is Wrong with Gisbert?ISBN: 978-3-8436-0701-8
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong.
Sold: English (World)

JOCHEN WEEBER
Henrietta Feels the WindISBN: 978-3-8436-0881-7
Patmos

Henrietta has three favorite things in life: computer games, computer games, and computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take Henrietta along to a fascinating place ... outside!

PETRA FIETZEK
Everything Is Different for Lulu NowISBN: 978-3-8436-0521-2
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.

ANNETT STÜTZE/
BRITTA VORBACH
Grandpa, What Color is Death?ISBN: 978-3-8436-0953-1
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

How can I explain the disease of cancer in a child-friendly way?

- ▶ Cancer explained in a way that children understand
- ▶ Realistic and encouraging
- ▶ Young, committed author



Almost every second family in Germany is affected by some form of cancer. About 1,800 children are diagnosed with cancer every year in this country. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them.

The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated.



SONJA MARSCHALL
**Lotte and the Little Chemo
Manikins**

ISBN: 978-3-8436-1182-4
Patmos
Hardcover with dust jacket
36 pages
19 x 23.5 cm
€ 14.00

SONJA MARSCHALL, born in 2002, qualified for university entrance in the spring of 2019. When one of her babysitter children became ill and the author sensed the inability of the people around her to talk about it, she decided to write a cancer book for families so they can explain the disease to the children. She went to doctors for information, did internships and contacted the respective organizations. She is a volunteer employee of Hilfe für krebskranke Kinder Frankfurt e. V. (Aid for Child Cancer Patients in Frankfurt), scholarship holder and guest member of the Society of German Natural Scientists and Physicians, active children's representative on the advisory board of the Deutsche Kinderhilfe e.V. (German Children's Aid) and winner of the Young Women in Public Affairs Award Zonta 2019. She lives near Frankfurt/Main.

SONJA KURZBACH is a freelance illustrator and media designer. She has already illustrated a number of children's books and written one herself. She has received several awards for her work. She lives in Berlin.



DORIS BEWERNITZ

The Wonder of a Winter Night

ISBN: 978-3-86917-796-0 | Eschbach | Hardcover | 176 pages | 13 x 21,3 cm | € 19.00

The wonder of the Holy Night

Doris Bewernitz sets out for the manger. Slip into the well-known figures with her: Angel Gabriel, Mary and Josef, the child and the donkey. But also into further figures like the wren, the dog, innkeeper Monides or Death. Fear, doubts, faith, trust, longing, expectation, hope, vulnerability, light or a new beginning: each of them experiences the child's birth in a different way. Together, all of these perspectives merge to marvel at the wonder of the Holy Night in a true-to-life, surprising and authentic way.



RAINER HAAK

The Travels of Monsieur Jacques

ISBN: 978-3-86917-767-0

Eschbach

Monsieur Jaques goes on journeys and takes a lot of curiosity about life with him. Every encounter is related to seeking and finding happiness. His worldly wisdom: happiness is when you experience that life is waiting for you with open arms ...



RAINER HAAK

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ISBN: 978-3-86917-600-0

Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



RAINER HAAK

Bird's-Eye Views

ISBN: 978-3-86917-683-3

Eschbach

Listen to a bird and imagine that It sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you to have open eyes for life's diversity and an open heart for all the friendship and love.



MAX BOLLIGER

Miracles Happen Very Quickly

ISBN: 978-3-86917-566-9

Eschbach

In twenty-four short stories, the well-known Swiss author Max Bolliger witnesses Christmas from the perspective of the shepherds, the animals, the small and the weak, allowing us to experience the miracle at the heart of Christmas more truly.



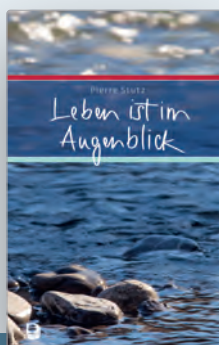
EVA MUTSCHER

The Secret of the Little Sadness

ISBN: 978-3-86917-601-7

Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



PIERRE STUTZ

Life is in the Moment

ISBN: 978-3-86917-639-0

Eschbach

Inspired by the play of water and stones, Pierre Stutz finds inviting words that don't postpone the rendezvous with a fulfilled life. Life is in the moment means: breathing a deep sigh of relief, enjoying the creation and staying true to yourself in all changes.



PIERRE STUTZ

Hope is a Word of Light

ISBN: 978-3-86917-518-8

Eschbach

The honest and perceptive writings of Pierre Stutz are all about hope and vitality. They invite you to not close your eyes to shut out the darkness, but to open them to sources of light that encourage us to be hopeful.



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ISBN: 978-3-86917-598-0

Eschbach

Stories and poems by Christa Spilling-Nöker that are all about the magic of flowers: Whether tulips or daisies, dandelion or roses, the small and large beings of the flower kingdom are fascinating. They sometimes become the center of a story that shapes life anew.

Cheerful sassy Christmas stories

- The popular Christmas tales by Andrea Schwarz in a new edition
- Christmas tales to read and give to others



What happens when Angel Max is so late that he misses the birth of Baby Jesus? When the real Santa Claus works for a Santa Claus service? When Christmas cookies are invented in heaven? The Christmas tales by Andrea Schwarz are cheerful and sassy, touching and amusing, funny and profound.

ANDREA SCHWARZ

The Angel Who Was Always Late

ISBN: 978-3-86917-810-3

Eschbach

Hardcover with book ribbon

112 pages

12 x 19 cm

€ 20.00

ANDREA SCHWARZ is trained industrial management assistant and social worker and active in Catholic community work. She lives in Emsland and supports the voluntary projects of the Mariannhiller Sisters in South Africa. Andrea Schwarz is one of the most widely read Christian writers of our time.



Also available:

DAGMARA DZIERZAN

The Town Watchman of Minimonomongau

ISBN: 978-3-86917-797-7

Eschbach

Blasilius, the town watchman of Minimonomongau, takes his task very seriously. Not everyone is allowed to enter his town. Especially not those without their papers. But on a freezing cold snowy night, in the middle of Advent, two tiny figures suddenly stand in front of the gate and ask to enter ...



CHRISTINA HESS

Autumn Love

Wellness Recipes for Foggy Mornings and Cool Days

ISBN: 978-3-7995-1473-6 | Thorbecke | Hardcover | 160 pages | 19 x 24 cm | € 24.00

For foggy mornings, as well as sunny and rainy days

When the days get shorter and it gets colder outside, we can make ourselves comfortable inside! We invite guests for brunch, have cosy evenings on the sofa with delicious soul food, celebrate Halloween with spooky party appetizers or enjoy the last warm rays of sunshine outside on a hike with snacks in our backpack. This book brings together the best vegetarian recipes that make us want to enjoy the autumn even more in every way.



CHRISTINA HESS

Vegetarian Christmas

ISBN: 978-3-7995-1216-9

Thorbecke

During Christmas there are so many delicious foods to enjoy and we indulge without a bad conscience. Traditionally, a holiday roast belongs to the feast. But that doesn't have to be the case! Instead of meat, there are lots of delicious vegetarian recipes to enjoy.



CHRISTINA HESS

Dips and Sauces – Sweet & Salty

ISBN: 978-3-7995-1254-1

Thorbecke

No matter whether at parties, picnics or barbecues: Vegetable sticks, bread and grilled food really taste delicious with the matching dips and sauces. This book also presents creative recipes for the latest trend of sweet dips.



ANDREA NATSCHKE-HOFMANN

Delicious Baking with Apples

ISBN: 978-3-7995-1413-2

Thorbecke

We love apples! No matter whether as a classic apple tart, In bread-and-apple pudding or tiramisu, as apple-caramel cheesecake, apple-cinnamon pulled bread, apple fritters or baked apple cake – there's something for every taste here.



CARINA SEPELT

Kale Rediscovered

ISBN: 978-3-7995-1097-4

Thorbecke

Kale is taking over modern kitchens! The healthy vegetable literally has it all. Its phytochemicals, vitamins, minerals and antioxidants make it a superfood among vegetables. It contains lots of protein and iron – a real alternative for vegetarians and vegans.



FRANK WINTER

MarmelaMania

ISBN: 978-3-7995-1284-8

Thorbecke

Who actually decides what is allowed in marmalade and what is not? No one, according to Frank Winter. The result of his marmalade experiments are extraordinary creations into which herbs, dark beer, gin, cocoa or red beets have wandered at times.



JULIA CAWLEY/VERA SCHÄPER/

SASKIA VAN DEELEN

Hello Love

ISBN: 978-3-7995-1444-6

Thorbecke

Love goes through the stomach. This book contains delicious recipes for two. Whether breakfast in bed or romantic menus for candlelight dinner: there's no better way to celebrate love than with this book!



JULIA CAWLEY/SASKIA VAN

DEELEN/VERA SCHÄPER

Hola Sol

ISBN: 978-3-7995-1339-5

Thorbecke

The recipes and stories in this book are inspired by the culinary diversity of Central America, the beaches of the Caribbean and the Latin American lifestyle – because not just life but also the cooking pots bubble here.



JULIA CAWLEY/VERA SCHÄPER/

SASKIA VAN DEELEN

Hello Santa

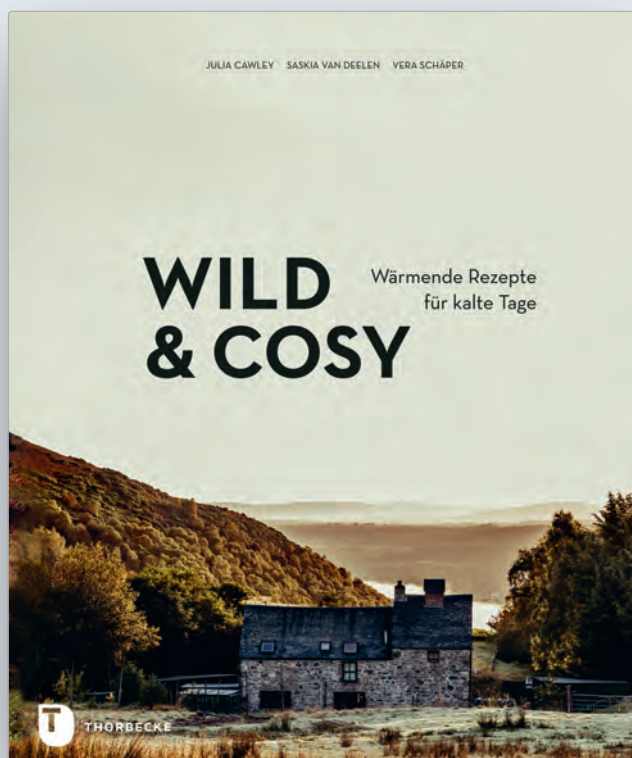
ISBN: 978-3-7995-1414-9

Thorbecke

What's the best way to get through the wait for Santa? Exactly! By baking heavenly delicious cookies and Christmas cakes, as well as making wintry hot beverages. There's nothing better.

The perfect balance between wild nature, cuddly coziness and warming dishes

- ▶ This book combines down-to-earth warming dishes with photographs of rugged landscapes and wild nature
- ▶ A wonderful cookbook and book to read for the autumn and winter season
- ▶ The first book on the trendy topic of Scottish coziness: Coorie (following Hygge and Lagom)



Actively experiencing rugged landscapes, wild mountains and nature – and then coming home to a waiting comfortable couch and a hot coffee with whisky and cream. This is coorie, the Scottish expression for equilibrium between nature and coziness in everyday life. The evocative photographs and warming dishes in this book ensure the right balance between the inside and the outside world.

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER

Wild & Cosy

Warming Recipes for Cold Days

ISBN: 978-3-7995-1476-7

Thorbecke

Hardcover

176 pages

23 x 27 cm

€ 28.00

JULIA CAWLEY is a freelance photographer. After spending five years in New York, her adopted home is now Hamburg. Her photos can be found in various cookbooks and food magazines. Furthermore, she has run the “Liz & Jewels” food blog for many years.

VERA SCHÄPER is a graphic designer and lecturer from Cologne, where she develops book and magazine concepts. Together with Jens Rehling, she operates the design office of vrej. Vera loves yoga and is currently studying to become a consciousness trainer.

SASKIA VAN DEELEN lives in Hamburg. She holds a degree in business administration, works as a nutritionist and passionately cooks, bakes, writes, styles and photographs for her “Dee’s Küche” (Dee’s Kitchen) food blog.



By the same author:

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER
Hello Snow

ISBN: 978-3-7995-1290-9

Thorbecke

The authors of this book make this year’s winter magical! With beautiful winter photos, texts full of a wintry atmosphere and many recipes; they bring the winter mood into our homes and make sure that this very special time is simply perfect.



KATHRIN SALZWEDEL/RAMIN MADANI

Klara's Life: Vegan and Vegetarian Wellness Dishes

Modern, Simple and Delicious

ISBN: 978-3-7995-1474-3 | Thorbecke | Hardcover | 232 pages | 19 x 26 cm | € 28.00

The book companion to a successful food blog

Kathrin and Ramin of Klara's Life present the best recipes for the autumn-winter trend topic of vegan and vegetarian comfort food in the first cookbook of their own recipes. The author duo shows how simple it is to shop and cook in a healthy, sustainable and seasonal way. Their modern and uncomplicated wellness recipes have both a regional and an international inspiration.



LYNN HOEFER

Simply Heavenly Healthy

ISBN: 978-3-7995-1442-2

Thorbecke

In this book, Lynn Hoefer shows how healthy food can be simply and quickly integrated into everyday life. With some preparation but a minimal amount of effort, it's easy to have a healthy diet. And quite incidentally, it's possible to save the world a little bit in the process.



LYNN HOEFER

Heavenly Healthy

ISBN: 978-3-7995-1291-6

Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life, full of fun with good products, delicious recipes and a healthy lifestyle.



ADAEEZE WOLF

Naturally Good

ISBN: 978-3-7995-1443-9

Thorbecke

You only need two things for a healthy and happy life: the right attitude and a series of incredibly tasty recipes. Adaeze Wolf, a holistic nutritionist and health & life coach, provides tips on how you can eat in a more relaxed, healthy and happy way.

**Life is Beautiful**

ISBN: 978-3-7995-1316-6

Thorbecke

The author has many wonderful ideas about how can make our life and home more beautiful for us and our loved ones. She offers uncomplicated recipes for delicious little things and do-it-yourself ideas that let the set table radiate.



BIRGIT FAZIS

Everything from One Platter

ISBN: 978-3-7995-1435-4

Thorbecke

Cheese platters, colorful antipasti, tapas and mezze boards, brunch trays, dessert platters and many other delicacies from the platter are conquering the culinary world. The snack platters are totally uncomplicated and can be made in a flash.



CAROLINE FRANKE

Rainbow Buddha Bowl

ISBN: 978-3-7995-1215-2

Thorbecke

Happy and content, with a pleasantly filled belly like a Buddha – that's the promise of the new Rainbow Buddha Bowls, which are filled with lots of colorful, healthy and delicious ingredients. The California trend has made its way around the world!



IRIS LANGE-FRICKE

Glow Food

ISBN: 978-3-7995-1246-6

Thorbecke

With a balanced, healthy diet and an active life we feel good and "glow" from within. The author has developed incomparably delicious recipes that provide our body with vitamins, minerals, antioxidants and everything else we need for the perfect complexion.

**Celebrations the Vegetarian Way**

ISBN: 978-3-7995-0620-5

Thorbecke

What to do when vegetarians and non-vegetarians are eating at the same table on special occasions? No problem, here you'll find fabulous vegetarian recipes for every occasion!

Recipes & tips – An all-round carefree package for the holidays

- ▶ Recipes, tips and tricks for decorating and do-it-yourself for Advent, Christmas and New Year's Eve
- ▶ With the author's personal tips on how to make Christmas stress-free



In her book, Eni offers us an all-round carefree package and reveals how we can successfully enjoy the holidays: sure-fire recipes for Advent coffee, holiday brunch or mulled wine evenings with friends – including the appropriate Christmas menu for every taste, gifts from the kitchen or an Asian New Year's Eve fondue – make sure that the holidays will be very special this year!



By the same author:

ENIKŐ GRUBER
Food, Friends & Love
 ISBN: 978-3-7995-1412-5
 Thorbecke

For an all-round successful meal with friends and family, you only need three things: good preparation, a few sure-fire recipes and a bit of improvisation talent. This is no problem with Eni's all-round package: instead of complicated star menus, she relies on well-prepared everyday dishes with that certain something.

ENIKŐ GRUBER

Enchanting Winter Time

Celebrating Christmas with Family and Friends

ISBN: 978-3-7995-1477-4

Thorbecke

Hardcover

200 pages

19 x 26 cm

€ 28.00

ENIKŐ GRUBER, called Eni by friends and family, lives with her husband and their three children near Stuttgart. She prefers to spend her time cooking, baking and photographing in her little kitchen. In 2017, this passion led to her food blog called "No Taste Like Home," where she creates feel-good dishes from around the world for her readers. She can be found on Instagram under @enieatspretty. The Hungarian-born author prefers to share her delicacies with friends and family in a cozy get-together.

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