

Rights List

Fall 2019



PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2019 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grunewald – Eschbach – Schwaben – Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors and titles, please visit our foreign rights website at **www.verlagsgruppe-patmos.de/foreign_rights.php**. A click on the logo of the respective imprint on the right-hand side will take you to the specific rights section of each imprint, for example, **http://www.patmos.de/foreign_rights.php** for titles published by our imprint Patmos.

Using the navigation bar on the left-hand side, you can select individual titles from different categories. You will then be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download. A detailed search function will help you find the information you need even faster!

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

We would also be delighted to discuss our list with you at the Frankfurt Book Fair (3.1. A105)! Please don't hesitate to contact us to arrange a meeting.

We look forward to hearing from you!

With best wishes,
Foreign Rights Department

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CONTENTS

Memoir	4
Parenting	6
Self-Help	8
Analytical Psychology	14
Loss & Grieving	16
Religion & Spirituality	18
Sustainable Spirituality	20
Advent Season & Christmas	22
Religion & Society	24
Theology	28
World Religions	32
Children's Books	34
Gift Books	36
Cooking	38
Cooking/Gardening	42
Gardening	43
Our Agents	44

NORA-MARIE ELLERMAYER

Life Fog

How I Survived Burnout and Depression as a Psychotherapist

ISBN: 978-3-8436-1063-6 | Patmos | Hardcover with dust jacket | 180 pages | 14 x 22 cm | € 20.00

Sold: Korean**When suddenly nothing works anymore**

Burnout and depression can affect anyone. For psychotherapist Nora Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

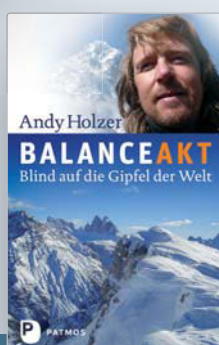
She reports from two different perspectives in her book. As a psychotherapist, she provides comprehensive and extensive information about burnout and depression. Secondly, she describes her path of suffering and healing as someone who is affected by it.



ANDY HOLZER
My Everest

ISBN: 978-3-8436-1093-3
Patmos

In May 2017, mountain climber Andy Holzer – who has been blind since birth caused a sensation: He reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.



ANDY HOLZER
Balancing Act

ISBN: 978-3-8436-0043-9
Patmos

Blind mountaineer Andy Holzer has climbed the world's highest mountain peaks. His optimism and mental strength are inspiring.

Sold: Italian, Korean, German paperback rights, English sample translation available



NICOLE KNÖRR
Lean Years

ISBN: 978-3-8436-0988-3
Patmos

When Nicole was 13 years old she started eating less and less. With the progression of her anorexia, she only consumed 300ml of non-fat broth. She is rushed to the hospital. Just one day later would probably have meant too late. But Nicole is a fighter...



SABINE MEHNE
Light Without Shadows

ISBN: 978-3-8436-0162-7
Patmos

Sabine Mehne left her body. Suddenly she saw herself from above. This book is an authentic report of a near-death experience and life thereafter.

Sold: Czech, German paperback rights, English sample translation available



SUSANNE PREUSKER
Seven Hours in April

ISBN: 978-3-8436-0038-5
Patmos

Susanne Preusker experienced a catastrophe. At her workplace, a high security prison, the psychologist was held captive for seven hours by an inmate.

Sold: Dutch, Italian, Korean, Film rights | English sample translation available



GUDRUN PFLÜGER
Wolfspirit

ISBN: 978-3-8436-0141-2
Patmos

When diagnosed with an aggressive brain tumor, Pflüger was told she had 18 months left to live. Taking the wolf as model, she trusts in her own powers of self-healing and overcomes her illness.

Sold: English (World)



ELENA PIRIN
My Lion Cub

ISBN: 978-3-8436-0767-4
Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves her son above everything else, but sometimes she is discouraged by the difficulties that everyday life with a disabled child entails.

Sold: Korean



PETER SCHMIDT
The Street Collector

ISBN: 978-3-8436-0832-9
Patmos

Autistic people hate unpredictability. That makes it all the more surprising that Peter Schmidt, diagnosed with Asperger's syndrome, wants to collect all the roads of the world. He takes us with him on his bizarre trip around the globe.

The long path to myself

- An autistic psychotherapist's life path
- Unusual inside views of psychotherapy and psychoanalysis



Birgit Saalfrank is a psychotherapist. For years, she lived in various roles: competitive athlete, loving partner in a relationship, successful director of a psychosocial centre – until everything became too much for her. She became severely depressed.

Then she coincidentally read a book about a woman with Asperger's syndrome and was shocked: "That's me!" But an autistic psychotherapist – that can't be! Birgit's world falls apart. At the same time, she began to understand herself better: her relationship problems, the constant overtaxing at work and her depressions – all of this suddenly made sense.

In her very personal book, Birgit describes how she increasingly finds herself through various psychotherapies and especially psychoanalytic treatment. She learns to accept herself as she is and can ultimately lead a happy life – even if this means giving up her profession as a psychotherapist.

BIRGIT SAALFRANK
I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

Hardcover with dust jacket

264 pages

14 x 22 cm

€ 22.00

Sold: Korean

BIRGIT SAALFRANK, qualified psychologist and psychological psychotherapist with a focus on behavioral therapy, was diagnosed with Asperger's syndrome at the age of 39. After a number of inpatient stays at psychosomatic and psychiatric clinics, she retired early in 2012. Since 2011, she has been involved in self-help for Asperger's. She has been working in a social project for people with psychological disorders since 2014.



Also available:

PETER SCHMIDT
A Valentine's Day Cactus

ISBN: 978-3-8436-0211-2

Patmos

He cannot understand others' feelings, nor can he interpret their facial expressions. All this doesn't exactly make him Prince Charming, but he is nevertheless happily married with children.

**Sold: Polish, Slovak, German paperback rights,
English sample translation available**



RITA STEININGER

When Little Dragons Spit Fire

The Little Anti-Anger Book for Parents and Children

ISBN: 978-3-8436-1188-6 | Patmos | Paperback | 128 pages | 12 x 19 cm | € 12.00

Angry children

When children turn into little dragons it costs parents a lot of energy and nerves. It's anything but easy not to react with anger to aggressive children. Rita Steininger, mother of two sons, explains what anger and aggression mean for children's development. By using games, exercises and tips that apply to everyday situations, she shows how parents can intercept their children's fits of rage and steer them into more constructive channels. This little book has a great impact!

JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a MomISBN: 978-3-8436-1092-6
Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.
Sold: Romanian

STEFAN WEIGAND
Great, Dad!ISBN: 978-3-8436-1060-5
Patmos

Children change life – and turn men into fathers. Many things are completely new, others disappear from view. With a straightforward and relaxed and approach, the author gets to the bottom of everyday life of a father and brings back many moments of calmness and serenity.

ELISABETH RAFFAUF
They Don't Just Do Nothing: They Lie There and GrowISBN: 978-3-8436-1019-3
Patmos

This book reminds readers of their own chaos years and helps understanding today's young people in their conflict between need for affection and rebellion, as well as exploring the role of the parent in a new way.
Sold: Korean

HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-EsteemISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal with it in a helpful way. It is possible to strengthen children's self-esteem so they can cope with life while growing up!
Sold: Czech

RITA STEININGER
The Basics of Fighting FairlyISBN: 978-3-8436-0468-0
Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.

FELICITAS RÖMER
Raising Children with Less StressISBN: 978-3-8436-0916-6
Patmos

Preschool-aged children insist on more and more freedom. But how should parents react when their kids won't take no for an answer? Felicitas Römer provides answers and ways to raise children with more calmness.

JOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?ISBN: 978-3-8436-0033-0
Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!
Sold: Italian

CHRISTINE RANKL
How to Soothe Your BabyISBN: 978-3-8436-0060-6
Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.
Sold: Chinese (simplified), Italian, Latvian

Separation and divorce – what makes parents and children strong

- ▶ A milestone among the divorce guides
- ▶ The latest scientific findings
- ▶ True-to-life help for children, adolescents and parents



What happens within children and adolescents whose parents separate? And how do the adults cope with their own feelings, which are often difficult? Based on the latest scientific studies, the psychologist and attachment expert Claus Koch outlines perspectives on how parents and their children can best cope with a separation or divorce.

This book shows how parents can do justice to their children's needs for a sense of emotional security and safety, recognition and self-efficacy without losing sight of themselves. After a separation, this approach allows the courage and confidence for a new and happy life to develop once again.

CLAUS KOCH

Children of Separation

How Parents and Their Children
Become Happy Again After
Separation and Divorce

ISBN: 978-3-8436-1108-4

Patmos

Hardcover with dust jacket

240 pages

14 x 22 cm

€ 20.00

DR. CLAUS KOCH studied philosophy and psychology in Heidelberg and Paris before he served as the publishing director at Beltz Verlag in Weinheim for the area of non-fiction books until 2015. At the same time, he lectured at the University of Bielefeld and published many academic articles on the topic of attachment theory. In 2015, he founded the „Pädagogisches Institut Berlin (Pedagogic Institute of Berlin, PIB) together with Dr. Udo Baer.



Also available:

ALBERT BIESINGER/JULIA BIESINGER

Giving Children Fundamental Trust and Guidance

ISBN: 978-3-8436-0775-9

Patmos

What can parents do for their children to help them master a life in which they will inevitably have to deal with stress, fears, and pressure to achieve? This is a guidebook for parents through everyday life with kids.



URSULA TIRIER
Confronting the Giant of Fear
Step by Step to New Joy in Life

ISBN: 978-3-8436-1113-8 | Patmos | Hardcover | 104 pages | 12 x 19 cm | € 12.00

Stronger than fear

Fears can be so distressing and can become an anxiety disorder. In this book, Ursula Tirier, an expert for logotherapy, sums up briefly and succinctly how people with anxiety disorders can succeed in better understanding and shaping their lives in view of threats and suffering. With the help of many examples, stories and exercises, she makes it possible for readers to free themselves step by step from the grip of fear and return to a life with confidence.



ERICH SCHECHNER
Live Your Possibilities
ISBN: 978-3-8436-1003-2
Patmos

The life journey of Viktor Frankl led to the foundation of a form of psychotherapy, guided by the meaning of existence which helps to say Yes to life even in abysmal situations. Viktor Frankl's impulses explained for all purpose-seekers of our time.



UDO RAUCHFLEISCH
Narcissists are Only Human as Well
ISBN: 978-3-8436-0994-4
Patmos

Narcissism is the disorder of our time. The author explains this phenomenon and its background and provides understanding for narcissistic personalities. On this basis we can learn how to handle them without falling for their tricks or demonizing them.



UDO RAUCHFLEISCH
Living (and Loving) with Borderline Personality Disorder
ISBN: 978-3-8436-0636-3
Patmos

Psychotherapist Udo Rauchfleisch helps friends and partners of people with borderline disorder to understand this serious psychological illness. He gives many concrete suggestions.



BURKHARD CIUPKA-SCHÖN
Overcoming Compulsions
ISBN: 978-3-8436-0914-2
Patmos

People who struggle with compulsions often have a long road of suffering behind them. Behavioral therapy in conjunction with exposure has proven effective therapy. This book provides the most important information and tires to address compulsion in a constructive way.



BURKHARD CIUPKA-SCHÖN/
HARTMUT BECKS
Heaven and Hell
ISBN: 978-3-8436-1091-9
Patmos

Religious compulsions frequently occur but are not easy to recognize. Psychotherapist Ciupka-Schön and pastor Becks describe how religious compulsions arise, how they can be distinguished and overcome.



HANS MORSCHITZKY
Taking Back Control from Fear and Worries
ISBN: 978-3-8436-0939-5
Patmos

Where does a generalized anxiety disorder come from? What can be done If unrealistic fears take on disease-like dimensions? The practical guidebook offers a therapeutic 9-step-program to help those affected.



HANS MORSCHITZKY/
THOMAS HARTL
Understanding and Overcoming Fear of Illness
ISBN: 978-3-8436-0153-5
Patmos

A guidebook for people suffering from excessive fear of illness featuring a self-help program in seven steps for those affected.
Sold: Complex Chinese, Italian, Romanian



HANS MORSCHITZKY
When Agoraphobia Constricts Your Life
ISBN: 978-3-8436-0912-8
Patmos

Experienced psychotherapist Hans Morschitzky describes what agoraphobia and claustrophobia are, and how they originate. In 7-steps based on behavioral therapy, he provides support for those afflicted.

The five faces of fear

- ▶ Practical help in recognizing and overcoming fears – step by step
- ▶ The most effective strategies against anxiety disorders
- ▶ By a distinguished expert
- ▶ With a proven self-help program



Claustrophobia, spider phobia and panic attacks – fears have different faces. But this is always about the threat to the five main basic needs: health, safety, security, self-esteem and control. What the various fears have in common is that they are a major burden because fear can determine an entire life and make the person emotionally disturbed.

In this self-help book, the experienced behavioral therapist Hans Morschitzky describes the latest developments in the diagnosis and treatment of the known five anxiety disorders: claustrophobia, social phobia, specific phobias, panic disorders and generalized anxiety disorder. In a self-help program, he enables readers to better understand their fears and learn effective strategies for overcoming them.



By the same author:

HANS MORSCHITZKY
When Fear Becomes Phobia

ISBN: 978-3-8436-1135-0

Patmos

The author explains when normal fear becomes a phobia and what can help the affected persons to better cope with their fears. In a nine-step self-help program, he enables readers to better understand their phobia and learn strategies for overcoming fear.

HANS MORSCHITZKY

When Fear Determines Life

Successful Self-Help for Anxiety Disorders

ISBN: 978-3-8436-1189-3

Patmos

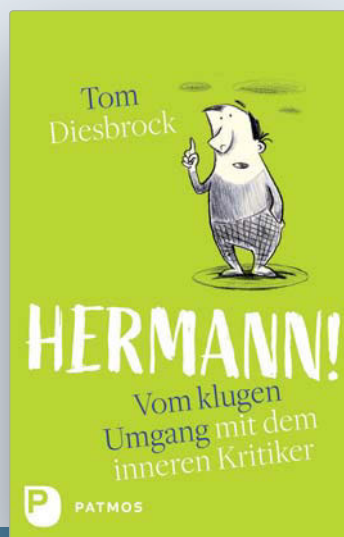
Paperback

216 pages

14 x 22 cm

€ 18.00

HANS MORSCHITZKY PhD, a psychological psychotherapist, works in a state clinic in Linz, Austria, as well as in private practice. His areas of specialization include anxiety disorders and psychosomatic disorders. He has authored a number of books which have been translated into several languages.



TOM DIESBROCK

Hermann!

The Wise Way to Deal with the Inner Critic

ISBN: 978-3-8436-1186-2 | Patmos | Paperback | 112 pages | 12 x 19 cm | € 9.90

We all know him: the inner crank

Hermann is the inner critic who we all know. He picks us to pieces and nags at us wherever he can. We want to run away, but Hermann runs with us. No matter what we do, we can't get rid of him. Because he is a part of our personality that "actually" just wants to help us. Tom Diesbrock knows how Hermann ticks. The author reveals how we can defuse the continual criticism of our inner crank.



ULRIKE BORST

Living with a Partner Suffering from Depression

ISBN: 978-3-8436-1143-5

Patmos

No other condition occurs as frequently as depression and this causes suffering not only for the depressed person. The author supplies families of people suffering from depression with suggestions that will help them support their partner.



MARASCHA DANIELA HEISIG

Love Nevertheless

ISBN: 978-3-8436-0840-4

Patmos

Marascha Daniela Heisig demonstrates that we have to continually learn to transform what has not been reconciled, in order to master the everyday challenges of love. Using a 10-step process, couples can rediscover a loving and forgiving relationship.



FELICITAS RÖMER

Love, Lust and Reading Glasses

ISBN: 978-3-8436-0335-5

Patmos

In mid-life, Felicitas Römer, an experienced couples and family therapist, demonstrates that it is worthwhile to take a critical yet loving look at your relationship. This book invites you to embark on the adventure of love in mid-life with confidence and passion.



MARTIN DUDA

Light in the Night of the Soul

ISBN: 978-3-8436-1059-9

Patmos

Many works of literature have a therapeutic effect on readers with depressive moods. With selected texts and book tips, bibliotherapist Martin Duda offers support for self-help. He shows how reading can help escaping the hopelessness of depression.



PETRA WIEGERS

Only Love is Missing

ISBN: 978-3-8436-0698-1

Patmos

Having a baby is the greatest joy of all – at least that's the expectation. This book tells the moving stories of women who after suffering through postpartum depression – some of them severe – rediscover their courage and love for their child.



CHRISTIAN FIRUS

Finding Land Again

ISBN: 978-3-8436-0742-1

Patmos

Depression is on the rise and can happen to anyone! But there is effective help. The author's approach: the first and most important step out of depression is to take good care of yourself, and to recognize where you have freedom to act.



CHRISTIAN FIRUS

The Long Shadow of Childhood

ISBN: 978-3-8436-1015-5

Patmos

Emotional injuries and traumatic experiences in childhood can have an impact on a person's entire life. The author provides tips on how adults can cope with their "difficult childhood" and gain a greater enjoyment of life.



CHRISTIAN FIRUS

An Appointment with Happiness

ISBN: 978-3-8436-0572-4

Patmos

The author demonstrates that every person can strengthen their resilience. With many case studies and the war biography of his father, he describes twelve proven ways to greater mental and emotional health.

Strengthening love

- Understanding and changing conflict patterns in the relationship
- Help for couples in once again finding deeper love
- Liberation of love from the influence of difficult childhood experiences



Every couple argues – and this is also good since every conflict offers developmental opportunities for the individual partners and the couple. This approach also applies to conflicts that constantly recur, sometimes escalate or appear to be meaningless. In this book, couple therapist Felicitas Römer illustrates how even diffuse or absurd conflict patterns have a deeper meaning.

The author vividly explains the correlations between biographical experiences – such as difficult events in childhood – and the current painful couple dynamic. Using many practical examples from her therapeutic practice, she shows how couples succeed in resolving their reciprocal entanglements and reaching a new mutual understanding of each other.

FELICITAS RÖMER

Grow in Love and Become Happy

Using Relationship Conflicts as an Opportunity

ISBN: 978-3-8436-1180-0

Patmos

Paperback

176 pages

14 x 22 cm

€ 18.00

FELICITAS RÖMER is alternative practitioner for psychotherapy and works as a qualified family and couple counselor in private practice. As author she writes books focusing on family, childrearing and relationship. She lives in Hamburg, is married and the mother of four children.



Also available:

JO ECKARDT

Talking is Gold – How Conversation Strengthens Love

ISBN: 978-3-8436-0746-9

Patmos

This book provides practical instructions for how couples can become closer again through intensive conversations. Focused questionnaires on topics such as hurt feelings or needs open up a space for partners to interact at a deep level and get to know each other anew.

Sold: Italian



DORIS BEWERNITZ

The Secret of Slowness

On Dawdling, Dreaming and Being Brave

ISBN: 978-3-8436-1046-9 | Patmos | Hardcover with book ribbon | 208 pages | 13 x 21.5 cm | € 18.00

Desire to slow down!

When stress gets out of hand, you can literally run out of air. The number of tasks seems to increase from day to day and the to-do lists grow. People train their “functioning” throughout their entire lives, but stopping, dreaming and finding an inner calm are not obviously part of the practice plan. Doris Bewernitz knows the experience of feeling lost between deadlines. And she tells us about how she has discovered the secret of slowness for her own life.



SABINE DANKBAR/
MONIKA HOMANN
The Gratitude Principle
ISBN: 978-3-8436-0910-4
Patmos

Many people suffer under the pressure to be perfect. What can help us be more satisfied and serene? The Dankbar-Prinzip® provides a way to find your own sources of strength that allow you to master daily challenges with optimism.



KATHARINA PLEHN-MARTINS
Blessings at Sea
ISBN: 978-3-8436-0853-4
Patmos

In 19 brief and often humorous essays, the chaplain lets us peek into her varied activities on board and on land, without being indiscreet. We learn about longings, grief, companionship, immense gratitude, and traveling viruses.



CORNELIA DEHNER-RAU
In Tune with Yourself
ISBN: 978-3-8436-0992-0
Patmos

Finding out what you really need is not that easy. With the help of many reflective questions and practical exercises, experienced psychotherapist Cornelia Dehner-Rau enables readers to find ways of recognizing their own needs and searching for their own sources of strength.



RITA STEININGER
The Little Be-Good-to-Yourself-Book
ISBN: 978-3-8436-0642-4
Patmos

Stop constantly criticizing yourself! Many women between 40 and 50 would like to be kinder to themselves. But for many, it isn't easy to do something for their own benefit but Rita Steininger shows that it is possible!



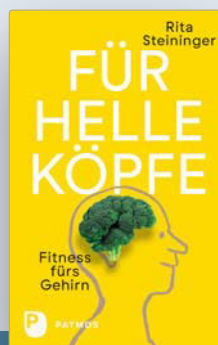
STEFAN STEINERT
How to Break Out of the Hamster Wheel
ISBN: 978-3-8436-0959-3
Patmos

Psychotherapist Stefan Steinert shows how to decrease stress with exercises oriented towards the five principles from Traditional Chinese Medicine, enabling the reader to attain a calmer and more successful life.



KATHARINA CEMING
Thinking Helps!
ISBN: 978-3-8436-0968-5
Patmos

Thinking about yourself and what you are doing offers real advantages. This book asks for all aspects of a successful life and gives easily readable answers in a philosophic way. The impulses in this book make philosophy something creative and fun!



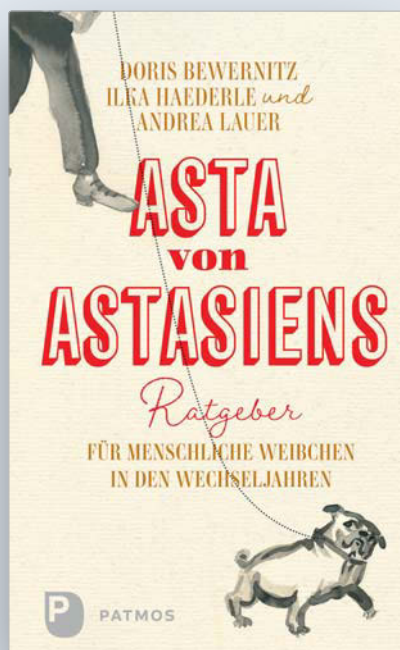
RITA STEININGER
For Bright Minds
ISBN: 978-3-8436-0937-1
Patmos

We are exercising the whole body – but pay way too little attention to our mental fitness. The author Rita Steininger shows there are many varied possibilities to get the mind running at full capacity – beyond brain-teasers and brain jogging.



HEINZ-PETER RÖHR
The Art of Appreciating Yourself
ISBN: 978-3-8436-0391-1
Patmos

Heinz-Peter Röhr shows how it is possible to develop appreciation for oneself and find a way to create a happy and successful life. Over 10,000 copies sold.
Sold: Complex Chinese, Czech, Polish



DORIS BEWERNITZ/ANDREA LAUER/ILKA HAEDERLE
Asta of Astasia's Guide for Human Females in Menopause
 With illustrations by Ulrike Müller

ISBN: 978-3-8436-1172-5 | Patmos | Hardback with book ribbon |
 192 pages | 13 x 21.5 cm | € 18.00

With sun on the belly into menopause!

Hot flashes? Sleep disorders? There's finally an expert who can answer all of the questions related to the so-called change of life with humour and wisdom: Asta of Astasia. The self-confident eight-year-old lady pug has studied the behaviour of her human peers and selflessly shares the results of her research findings in this book. The good news is that it's not that bad. Asta reveals how to do it: A woman should lie on her back so that the sun shines on her belly.

ANDREA SCHWARZ

About Chaos, Order and the True Life

ISBN: 978-3-8436-1165-7 | Patmos | Hardcover with book ribbon |
 208 pages | 13 x 21.5 cm | € 16.00

Learning to live with opposites

Strong or vulnerable? Searching for closeness or struggling for distance? Well-organized or chaotic and creative? These poles just describe the presumed alternatives: The opposites are what keep us lively if we put them into the right relationship with each other. How we deal with opposites and find a greater liveliness: Andrea Schwarz writes about this issue based on her own experience. This is one of the most requested topics for lectures and workshops by the popular speaker.



KATHARINA PLEHN-MARTINS

Longing to the Sky

Stories of Being Brave and Moving On

ISBN: 978-3-8436-1160-2 | Patmos | Hardcover with book ribbon |
 112 pages | 13 x 21.5 cm | € 16.00

Follow your longing!

Anna's life has been full of changes from the start: childhood in post-war Germany, an unfulfilled desire for children, the search for happiness on exciting trips, the search for a sense of belonging -- including in faith and the choice of a profession. In ten phases of Anna's life, the author describes how the vital life principle of longing helps her to progress through courageous steps and creative decisions. Her story will inspire those who dare to make changes and set off on their path to themselves. This book is encouragement for readers to put greater trust in their own longing and includes a questionnaire about longing.

INGRID RIEDEL

The Symbolism of Colors

A Depth Psychological Color Theory

ISBN: 978-3-8436-1193-0 | Patmos | Hardcover | 288 pages | 16.5 x 24 cm | € 36.00

How do you live without your past?

“Green is hope” or “look at the dark side” – even our everyday language makes it clear that colors express emotions and have a positive or negative effect on us. Colors bring us into contact with certain energy fields, as the renowned Jungian analyst and psychotherapist Ingrid Riedel shows in this big standard work on the symbolism of colors. In her depth psychological color theory, she describes the psychological effect of the colors red, blue, yellow, green, orange, violet, brown, black, white, silver, gold, pink and grey. In addition, she explores the respective archetypes behind these colors and the effects of their energetic radiant forces.

**Ingrid Riedel
Dreams: Guides to new
Phases of Life**

ISBN: 978-3-8436-1144-2

Patmos

Dreams are the language of the soul and can draw from a deep inner knowledge and the wisdom of the unconscious. They are an important guide on the path of life. This approach is discussed in this book by renowned Jungian analyst Ingrid Riedel.

**Ingrid Riedel
The Wise Woman**

ISBN: 978-3-8436-0752-0

Patmos

Jungian analyst and psychotherapist Ingrid Riedel explains how meaningful it is to get in touch with the archetypal image of the wise woman. She shows that experiencing various aspects of feminine wisdom can contribute to imbuing old age with new meaning dignity.

**Ruth Ammann/Verena
Kast/Ingrid Riedel (Ed.)
The Book of Pictures**

ISBN: 978-3-8436-1017-9

Patmos

Never before seen pictures by C.G. Jung's patients are now accessible in this large-format, nicely designed book. Explanatory texts provide help in understanding the picture series.

**Sold: Czech, Italian, Korean,
Romanian**

**Ingrid Riedel/
Christa Henzler
Painting Therapy**

ISBN: 978-3-8436-0849-7

Patmos

The goal of Jungian painting therapy is to enable the soul to express itself and to initiate the process of healing. Based on ten impressive series of pictures, the authors argue that the colors and shapes of a painting can clarify psychological problems.

**Verena Kast
Fairytale Love**

ISBN: 978-3-8436-1018-6

Patmos

Analytical psychologist Verena Kast has been interpreting fairy tales for over thirty years, shedding new light on these classic stories. This book contains a collection on her most interesting analyses on the topics of love and partnership.

**Verena Kast
Dreams**

ISBN: 978-3-8436-0373-7

Patmos

Renowned Jungian analyst Verena Kast explores the fascinating language of our subconscious and demonstrates that our dreams can help to better understand ourselves.

**Sold: Czech, Italian, Spanish
(EU), Russian**

**Verena Kast
Aging – Always Good for a
Surprise**

ISBN: 978-3-8436-0736-0

Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russian

**Verena Kast
Becoming One with Yourself
Time and Again**

ISBN: 978-3-8436-0973-9

Patmos

The question of our identity is existentially significant. In the mirror of other people, we can reflect on ourselves and are challenged to develop our identity, in the field of tension between autonomy and relatedness.

MATTHIAS SCHARER/MICHAELA SCHARER

Courageous in the Midst of Fear

Ruth C. Cohn – A Therapist Against Totalitarian Thinking

ISBN: 978-3-8436-1176-3 | Patmos | Hardback with jacket | 128 pages | 14 x 22 cm | € 16.00

The political side of theme-centered interaction

Fear-mongering appears to be a successful strategy, but this is not about the personal fears that move people. A politically controlled game revolves around the exclusion of others, especially foreigners. These are supposedly the people who endanger our safety, our prosperity and our cultural and religious identity. The German-Jewish therapist Ruth C. Cohn courageously opposes this game of excluding fear with an art of loving that connects everything and everyone. The focus is not on the excluding “either – or” world view but the “and” that connects human beings and the world. Ten years after the death of the multiple award-winning “societal therapist,” her thoughts and actions have become dramatically relevant.



VERENA KAST

Couples

How Relationship Fantasies Imprint Our Love

ISBN: 978-3-8436-1191-6 | Patmos | Hardcover with dust jacket | 192 pages | 14 x 22 cm | € 20.00

Love in the mirror of the myths

When we love, we develop relationship fantasies. For example, the partner is then idealized or we see him or her conversely as a threatening rival. We are not aware of these relationship fantasies and the archetypal pattern that they are based on. This pattern has already been symbolized in the couples of gods in the ancient myths such as Shiva and Shakti, who merge with each other; Zeus and Hera, who constantly argue; or Pygmalion, who wants to create a woman according to his imagination. In this classic, the renowned Jungian analyst and psychotherapist Verena Kast describes the relationship fantasies lived by modern couples and how our love relationships can be better understood with the help of a glance in the mirror of the myths.



VERENA KAST

Sisyphos

Letting Go of the Old and Taking New Paths

ISBN: 978-3-8436-1142.8 | Patmos | Hardcover | 144 pages | 12 x 19 cm | € 16.00

The courage to start over time and again

Many people recognize themselves in the Greek myth of Sisyphus, especially in their everyday working lives: Sisyphus was condemned by the gods to roll a heavy stone up the mountain forever. Just before the summit, the boulder rolls back down time and again, so everything starts all over again – a futile action (apparently) without any meaning. In this book, Verena Kast encourages readers to take a closer look at hope and hopelessness, expectations and disappointment, meaning and meaninglessness. With the help of many examples from everyday life, psychotherapy and works of literature, the renowned Jungian analyst makes it clear: If something cannot succeed, we must let go of it – and a meaning can ultimately be found even in this failure.





NATALIE KATIA GREVE/JEANINE REBLE

The Little Grief Companion

ISBN: 978-3-8436-1130-5 | Patmos | Hardcover | 128 pages | 12 x 19 cm | € 14.00

No one must grieve alone

When people suddenly find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. This is because hardly anyone has “experience in grieving.” So questions arise: What is actually happening to me right now? Am I actually grieving in the “right” way? Will it stop again at some point? In the form of the Little Grief Companion, the two authors have written a valuable book. Easy to read and compact, it answers the most important question on the topic of grief and offers support for self-help.



JULE KIENECKER/MECHTHILD SCHROETER-RUPIEPER

Help Me When I Am Sad

ISBN: 978-3-8436-1154-1

Patmos

This book helps children and adults in mourning situations to playfully express feelings in a creative way. The gentle and stimulating illustrations appeal to children and adults alike, leaving space for their own creativity.



CHRISTINE FLECK-BOHAUMILITZKY

When Children Grieve

ISBN: 978-3-8436-0792-6

Patmos

Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



CLAUDIA CARDINAL

Anything but Child's Play

ISBN: 978-3-8436-0223-5

Patmos

When children and teenagers grieve, sensitivity from adults is necessary. Claudia Cardinal reveals ways to offer support, giving parents and friends advice on how to respond. She distinguishes between different age groups and encourages adults to think about death and dying.



THOMAS ACHENBACH

Men Grieve Differently: What Helps and Benefits Them

ISBN: 978-3-8436-1131-2

Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



PETER KOTTLORZ

Surviving Death

ISBN: 978-3-8436-1128-2

Patmos

The encounter with death challenges us, bringing us to our limits. Peter Kottlorz's texts encourage us to no longer exclude death from life. They provide words when everything seems pointless and give support when things become doubtful.



SILKE SZYMURA

A Part of Me

ISBN: 978-3-8436-1083-4

Patmos

What happens to grief after one, two or three years and how can it get the space it needs? The author describes how people can succeed in giving up the battle against undesired feelings, embrace their own grief and find their way back into a new life.



NICOLE RINDER

Death Doesn't Kill Me

ISBN: 978-3-8436-0944-9

Patmos

Her son lived only four days. The experience changed Nicole Rinder's life and led her to her calling. She talks about her journey and gives authentic insights in her daily work as mortician. She shows that it can be possible to give your life a new direction.



ANGELIKA DAIKER

“Life Will be Alright Again, But Different”

ISBN: 978-3-8436-0338-6

Patmos

This book is an insightful guide for widowed women and points the way to the continuation of life including grief. It will be different, but perhaps in time be alright again.

Sold: Czech

When young people lose their grandparents

- ▶ Top topic: grieving for grandparents
- ▶ Life experience as help in life
- ▶ Successful young author



“With you, everything was possible that I wouldn’t even have dared to think at home,” is how the author, in his mid-thirties, begins his book about saying goodbye to his grandmother. It is an inner conversation with the woman who influenced his life like hardly anyone else – an experience that many young people have with regard to their grandparents. Stephan Sigg remembers their shared moments. He says goodbye and, despite his grief, thankfully captures all of the treasures in life that his grandma has given him.

STEPHAN SIGG

Saying Goodbye to My Grandma

What It’s Like When Grandparents Die

ISBN: 978-3-8436-1164-0

Patmos

Hardcover with book ribbon

128 pages

13 x 21.5 cm

€ 14.00

STEPHAN SIGG, born in 1983, works as a journalist and author. He organises readings and workshops for children, adolescents and adults on a regular basis. He grew up in the St. Gallen Rhine Valley and at his grandma’s home on Lake Constance. She was one of the most influential people in his childhood and also awakened his fascination for books, stories and writing.



Also available:

FLOR SCHMIDT

Further Than the End

ISBN: 978-3-8436-1024-7

Patmos

When her 17-year-old son dies in a car accident, Flor Schmidt realizes that the extremes of life are often unbelievably close. On her path through grief, she searches for answers that cannot exist and finds something much more valuable: an intensive inner connection to her son.



KLAUS-WERNER STANGIER

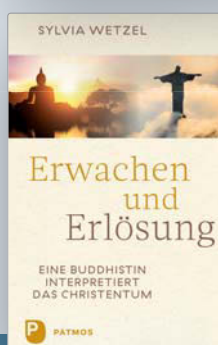
The Master Issues a Certificate on Achieved Enlightenment

Meister Eckhart and Zen Master Hakuin in a Conversation

ISBN: 978-3-8436-1158-9 | Patmos | Hardcover with book ribbon | 192 pages | 14 x 22 cm | € 24.00

Savoring the abundance of nothing

This book brings Meister Eckhart, an original representative of Christianity, into a fictitious conversation with Hakuin, a well-known Japanese Zen Master. They are both separated by their culture and origin, and both lived in different times. And yet they are equally challenged to reformulate the meaning of religious practice for modern thought and feeling. This book provides information and inspires us, especially encouraging us to take our own steps into an open future.



SYLVIA WETZEL

Awakening and Redemption

ISBN: 978-3-8436-1075-9

Patmos

Sylvia Wetzel interprets Christian symbols, images and terms – such as God, the Holy Spirit, or redemption – from a Buddhist perspective. This encourages readers to rediscover what is familiar and allow themselves to be touched by the deep dimensions of both religions.

LUISE REDDEMANN/
SYLVIA WETZEL**May All Beings be Happy**

ISBN: 978-3-8436-0996-8

Patmos

What is the significance of sympathy and justice for the development of the individual, for coexistence and for the international community? The authors show how important sympathy and justice are for being human and for humanity.



BRIGITTE DORST

Everything Begins with Longing and Searching

ISBN: 978-3-8436-0922-7

Patmos

Sufism is often referred to as Islamic mysticism but it's older than Islam and trans-confessional. Brigitte Dorst describes a contemporary Sufi path in which insights and methods of C.G. Jung's Analytical Psychology are connected with the rich legacy of Sufism.



MARTIN KÄMPCHEN

Being Authentic

ISBN: 978-3-8436-0821-3

Patmos

The author, whose own life straddles Christian beliefs and Indian philosophy, has developed seven steps to the art of living that draw equally from Christian faith and his experiences of life in India. From these experiences in two cultures arise refreshingly new perspectives.



HILDEGARD KÖNIG

A Break with an Angel

ISBN: 978-3-8436-0808-4

Patmos

When we least expect it, we come across angels. Only those who have the fitting bearing can perceive them. Experience short stories with healing energies and let yourself be sensitized for all the wonder in your life!

Sold: Polish

KLAUS MERTES

How Catchwords Become Real Words

ISBN: 978-3-8436-1065-0

Patmos

Language changes and the ideas we associate with certain terms also change. Klaus Mertes reveals the actual significance of key words in theology and spirituality with new words and stories to understand the true meaning.



FRANZ KAMPHAUS

Tangible Faith

ISBN: 978-3-8436-0782-7

Patmos

Franz Kamphaus elucidates the approximately 65 texts from the gospel of Matthew and John that are read during Sunday and holiday services throughout lectionary A, offering surprising insights and memorable turns of phrase.



FRANZ KAMPHAUS

When Faith Becomes Concrete

ISBN: 978-3-8436-1034-6

Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Mount. The author explores the unreasonable demands in his own special way.

Sold: Italian

Franz Kamphaus on the center of faith

- ▶ A new Kamphaus
- ▶ Previously unpublished texts
- ▶ On a core text of Christianity



Like no other author, Frank Kamphaus knows how to get to the point of even unwieldy contents of the faith. Within the scope of religious exercises, he has made the “Second Epistle to the Corinthians” more accessible. This letter is a core text of Christianity and the most personal text written by the Apostle Paul (“heartblood in an envelope”). It reflects the tension between him and the Early Christian congregation of Corinth, for which Paul seeks a solution – in an emotional, passionate, reflective and solicitous way. This is about misunderstandings in the faith and the credibility of witnesses of the faith. Within this conflict, Paul gets a new perspective of what is essential and the strength to also face adversity. Regina Groot Bramel has brought the lectures by Kamphaus into a book form in a reliable way.

FRANZ KAMPHAUS

The Treasure in the Clay Pot

Why We are Strong When We Are Weak

ISBN: 978-3-8436-1161-9

Patmos

Hardcover with book ribbon

232 pages

13 x 21.5 cm

€ 18.00

FRANZ KAMPHAUS, born in 1932, worked in the training of priests and preachers and is professor for Homiletics at the University of Münster. From 1982 until 2007 he was the Bishop of Limburg. He is now chaplain in a institution for people with mental handicaps. He has been awarded the Ignatz-Bubis-prize for Tolerance and is the author of many books.



By the same author:

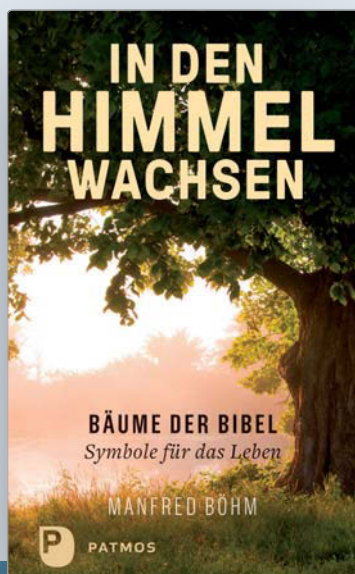
FRANZ KAMPHAUS

Golden Veins of Hope

ISBN: 978-3-8436-1122-0

Patmos

Texts by Franz Kamphaus make us listen attentively and think about them. They make sense to us or cause us to shake our heads and question them. They inspire us to have a conversation with ourselves and with God – a valuable gift for ourselves, for dear people and special moments.



MANFRED BÖHM

Growing Into the Heavens

Trees In the Bible – Symbols of Life

ISBN: 978-3-8436-1129-9 | Patmos | Hardcover with book ribbon | 128 pages | 13 x 21.5 cm | € 18.00

Vital force of trees

In all cultures, trees are life companions of human beings and symbols for life itself. The love of nature and life with trees reduces stress and lets us blossom. If we want to express it in these terms, the Bible has a rather dense stock of trees that starts with the Tree of Life. Whether oak or cedar, cypress or terebinth, pomegranate tree or vine, fig tree or olive tree date palm or balsam tree, myrrh or frankincense tree – the trees of the Bible carry a message from God for human beings.



PIERRE STUTZ

The Spiritual Wisdom of Trees

ISBN: 978-3-8436-0875-6

Patmos

The texts in this volume were created in dialogue with trees. They tell of the divine life force that animates all things. Pierre Stutz's poems and thoughts engage in a deep dialogue with the life force of the trees.



JAN FRERICHS

Barefoot and Wild

ISBN: 978-3-8436-1032-2

Patmos

It is a challenge to rediscover nature as a spiritual guide. Nature is the first Bible. People have always gone into nature to read this book and get to the bottom of everything. Jan Frerichs invites his readers on an exciting path to a spirituality of their own that will support them.



Gisbert Greshake

GEHENWege
Umwege
Kreuzwege

GISBERT GRESHAKE

Walking

ISBN: 978-3-8436-1041-4

Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.

Sold: ItalianMein Pilgerbegleiter für zu Hause und unterwegs
Peter Müller**Die Seele geht am liebsten zu Fuß**

PETER MÜLLER

The Soul Prefers to Walk

ISBN: 978-3-8436-0721-6

Patmos

In his new book, Peter Müller invites us to pursue the trail of pilgrims' wisdom. He finds these insights in his own pilgrimage experiences and those of other pilgrims, but above all in meaningful stories and sayings from a diverse range of religions and cultural circles.

HARALD LESCH/
URSULA FORSTNER**A Physicist and a Philosopher Play with Time**

ISBN: 978-3-8436-1125-1

Patmos

In this entertaining book, questions related to the mysterious phenomenon "time" are explored by astrophysicist Harald Lesch, time researcher Karlheinz Geissler and philosopher Ursula Forstner.

HARALD LESCH/
CHRISTIAN KUMMER**How Amazement Came Into Being**

ISBN: 978-3-8436-0723-0

Patmos

With humor and an eye for detail, the scientists explain the development from the Big Bang to a small flower in an impressive overview and make their readers aware of evolutionary processes.

CLAUDIA NIETSCHE-OSCHS/
ROBERT OCHS**Happiness Has Two Wheels**

ISBN: 978-3-8436-0892-3

Patmos

The authors ride their bikes daily. In short texts they describe their observations along the way, their encounters with people and animals, their experiences in every kind of weather and season, also with themselves.



EUGEN DREWERMANN

Living in Harmony

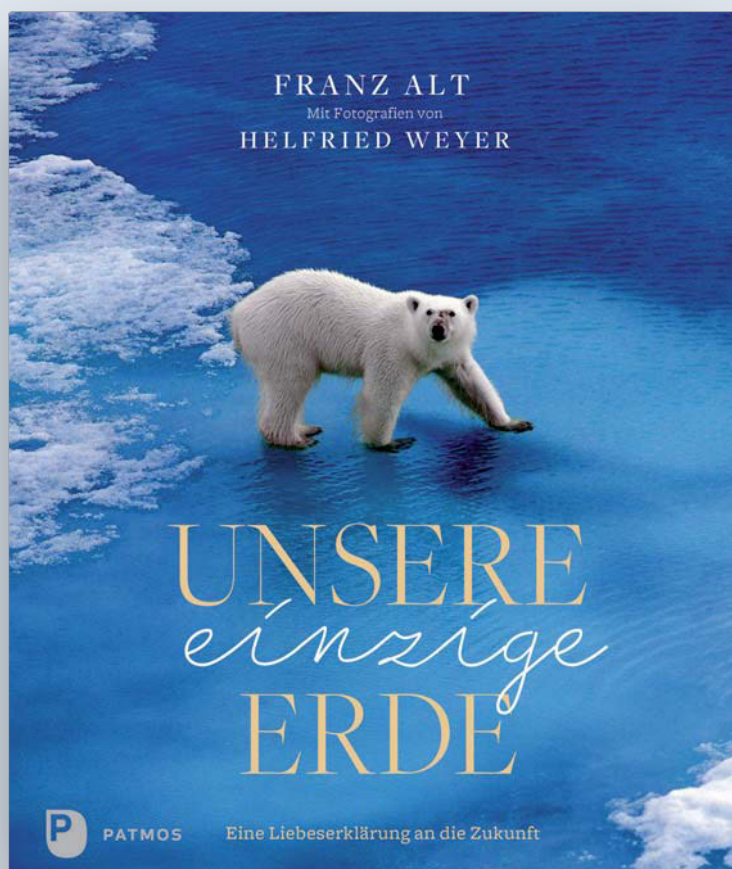
ISBN: 978-3-8436-0883-1

Patmos

This book is a collection of treasures drawn from Eugen Drewermann's comprehensive writings that all touch on the theme of Creation. The perspectives in the texts encourage readers to further their own thoughts.

Franz Alt: The Creation is precious!

- Franz Alt's call to hope
- Unique photographs by Helfried Weyer



The Earth is beautiful and worth every effort to preserve it for future generations. This is the message of the new book by Franz Alt and the breathtaking panorama photos by Helfried Weyer. Franz Alt does not stop at the alarming facts but encourages us to take action: "Our future is not a blind destiny. It can be shaped." His book is a declaration of love for the Earth and our future.

FRANZ ALT

Our Only Earth

A Declaration of Love to the Future

ISBN: 978-3-8436-1140-4

Patmos

Hardcover with dust jacket

128 pages

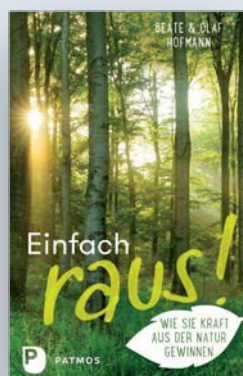
23 x 27 cm

€ 28.00

With photographs by
Helfried Weyer

DR. FRANZ ALT is a journalist and book author. He has received many awards as a television journalist, especially for SWR (Southwest Broadcasting) from 1968–2003. His books have been translated into twelve languages, with millions of editions in circulation. The politically committed thinker has been advocating a new ecological consciousness for decades.

HELFRIED WEYER is a German photographer with a focus on nature and landscapes. He has travelled the entire world, photographing places from the Way of St. James in southern Europe to the St. Olav's Way in the north. He was with Reinhold Messner in the Arctic, with Karlheinz Böhm in Ethiopia and with Markus Lanz in Greenland. He is known as the author of many publications, as well as for his lectures.



Also available:

BEATE & OLAF HOFMANN

Just Get Out!

ISBN: 978-3-8436-1054-4

Patmos

This book shows how »green resilience« makes it possible to live more fully, to act more mindfully and to revitalize your creativity. It will help you take your life into the »green zone« for good!

Sold: Korean



BRITTA GROTHUES/DETLEF KUHN/JÜRGEN KUHN

The Cat at the Manger

Different Stories for the Christmas Season

ISBN: 978-3-8436-1166-4 | Patmos | Hardcover with book ribbon | 128 pages | 13 x 21.5 cm | € 18.00

Change of perspective during the Advent season

In stories and poems, the secret of God's incarnation is held up to the light. Always different, always surprising, always astonishing – the significance of Advent and Christmas shines out for today: Cats are never mentioned in the Bible. And yet, we learn about the cat that sneaks into the events at the manger. From then on, it lives in the certainty of having a place in Heaven – if not in the Bible. This lovingly designed book with its sensitive selection of pictures gently takes readers on the path to the manger.



ANDREA SCHWARZ
Wild Christmas

ISBN: 978-3-8436-1073-5
Patmos

Being "wild" is the opposite of conforming and being tamed, and Christmas isn't tame for the author Andrea Schwarz. For her, Christmas points to something unprecedented. Her new book is a plea against the taming of Christmas.

Sold: Hungarian, Slovenian



CHRISTOPH KARDINAL
SCHÖNBORN

Time of the Attentive Heart

ISBN: 978-3-8436-0958-6
Patmos

This book puts together Cardinal Schönborn's interpretations of the gospel texts from the first Sunday in Advent until the Lord's baptism. This book is an appealing companion for Advent and Christmas!



HEINRICH BEDFORD-STROHM
Everything Changes

ISBN: 978-3-8436-0852-7
Patmos

God revealed himself in the middle of this world: that, according to the Protestant theologian's credo, is what the message of Christmas is all about. This book shows how the Christmas texts in the Bible have significance in our modern world: in our private and public lives.



THOMAS SÖDING/
ROBERT VORHOLT

The Refugee Child in God's Hand

ISBN: 978-3-8436-0810-7
Patmos

This book demonstrates the historical and theological dimensions of the Christmas story as it has been told from the very beginning. And it makes very clear what the good tidings of God's love for humans are all about.



HILDEGUND KEUL
Christmas – The Daring of Vulnerability

ISBN: 978-3-8436-0440-6
Patmos

The author provides the possibility of new entry into the Christmas story. She views what becomes visible in the story as a character trait that unites all people: we are all vulnerable and need people nearby who are close to us.



CHRISTIAN RUTISHAUSER
Walking to Jerusalem

ISBN: 978-3-8436-0341-6
Patmos

Four people set off on an unusual pilgrimage to celebrate Christmas in Jerusalem. This fascinating account will inspire you to get to know a relatively undiscovered pilgrimage route and to understand pilgrimage as a ministry of dialogue and peace.



MAGNUS STRIET
Whispering Around the Manger

ISBN: 978-3-7867-3061-3
Grünwald

Christmas is still one of humankind's biggest celebrations. But, it is becoming harder and harder to understand its religious significance. Striet approaches the celebration of Christmas from another point of view.



WALTER KARDINAL KASPER
Maria: Sign of Hope

ISBN: 978-3-8436-1070-4
Patmos

Kardinal Kasper explores the Biblical picture of Mary as a sister in faith for Christians of all denominations. He interprets the Catholic teachings about Mary in keeping with the guidelines of the Biblical Message.

Sold: Korean

How Christmas becomes real

- ▶ Well-known religious author
- ▶ Inspiring look at Christmas
- ▶ Impulses for today



Theatre involves not only the plot but also the characters who take action. They give the play its dynamic and profile, and each actor fills his or her role in a different way. This is no different with the events surrounding the birth of Jesus. As a result, Cardinal Koch focuses on the characters in the nativity scene in this extraordinary Christmas book. This not only helps in understanding the dramaturgy of God's incarnation. Above all, it invites readers to see themselves not only as spectators but also get involved in the events as if they were "part of the play." In this way, it becomes possible to experience that the Christmas events are about actual people -- not just a "what" but also a "who": The Church is a structure of actual persons and Christian faith is a lived relationship with God, who shows His human face at Christmas.

KURT KARDINAL KOCH
The People of Christmas
 How the Manger Changes Our Life

ISBN: 978-3-8436-1183-1
 Patmos
 Hardcover with book ribbon
 120 pages
 13 x 21.5 cm
 € 18.00

KURT CARDINAL KOCH has been the President of the Pontifical Council for Promoting Christian Unity since 2010. This makes him the highest "Minister" of the Catholic Church for all questions of ecumenism between the Christian denominations. In addition, he is responsible for the Catholic Church's relations with Judaism. He was previously the Bishop of Basel and President of the Swiss Bishop's Conference. Before that, he was a Professor of Theology in Lucerne, Switzerland.



By the same author:

KURT KARDINAL KOCH
Renewal and Unity
 ISBN: 978-3-8436-1066-7
 Patmos

Renewal is not just a Protestant concern and unity is not just a Catholic issue. Both Churches can and should rediscover that there is more uniting them than dividing them and take this seriously.

Sold: Italian



KARL-JOSEF KUSCHEL

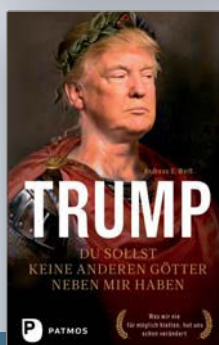
Anti-Semitism and German Democracy

Theodor Heuss and His "Campaigns Against Forgetting"

ISBN: 978-3-8436-1168-8 | Patmos | Hardcover with dust jacket | 448 pages | 14 x 22 cm | € 35.00

Plea against anti-Semitism

The defence against all anti-Semitism and the commitment to the State of Israel's right to exist: both are part of the reason of state for the Federal Republic of Germany. These are the learning experiences from Jews. Karl-Josef Kuschel points out that "making amends" with the surviving victims and the "reconciliation" with Israel were the focus of the politics of Theodor Heuss, the first President of the Federal Republic of Germany. This book is a fundamental study on the German culture of remembrance and a plea against every form of anti-Semitism.



ANDREAS G. WEISS

Trump: You Shall Have No Other Gods Before Me

ISBN: 978-3-8436-1139-8

Patmos

The author shows the background that made the phenomenon of Donald Trump as president possible. This includes the American "civil religion" with its virtually religious patriotism and the role of economic success stories for American society.



KATHARINA D. OPPEL

Bonhoeffer and Gandhi

ISBN: 978-3-8436-1005-6

Patmos

The author explores the accordance of the thinking of the two contemporaries from different cultural backgrounds and religions and their longing for lived spirituality and peace. Their thinking portrays perspectives, which point to the future.



HUBERTUS HALBFAS

The Future of Our Church Buildings

ISBN: 978-3-8436-1112-1

Patmos

The existence of churches is endangered: there is a threat of reconstruction, conversion and demolition. This book is a plea to preserve the church buildings even in a post-church era: as places that challenge us to go beyond everyday life.



JACQUELINE STRAUB

Kicks the Church Out of the Coma

ISBN: 978-3-8436-1099-5

Patmos

As a committed young Catholic woman, Jacqueline Straub would like to be Christian in a living Church and demands the Church to change radically, to appeal to young people and pass the message about Jesus to the coming generations.



RENATE SCHOOF

Secrets of Christianity

ISBN: 978-3-8436-0545-8

Patmos

A wealth of buried and long-forgotten knowledge about God, people and the world is incorporated in Christian images, packaged in parables and symbols. Renate Schoof brings to light unexpected and astonishing perspectives.



JOSEF IMBACH

Intrigues, Sex and Homicide in the Bible

ISBN: 978-3-8436-0969-2

Patmos

Who reads the bible can surprisingly encounter intriguers, murderers and imposters. Although the bible is constantly talking about God, nothing human is foreign. Insights into the most suspenseful side of the Bible.



HILDEGARD GOSEBRINK

With Meaning and Purpose

ISBN: 978-3-8436-0658-5

Patmos

This book invites us to discover everyday routines, between personal and financial decisions, discussions with colleagues and meetings as a spiritual force field, drawing on treasures from the Bible and interpreting them specifically for today.



KLAUS KOZIOL

Meaning Makes for Success

ISBN: 978-3-8436-0450-5

Patmos

This book is an engaging plea for an urgently needed change of perspective: from products to people, from quantity to quality, from numbers to relationships and from mere jobs to meaningful productivity.

The transparent human being or life in self-determination?

- ▶ Top topic: digitalization and its consequences for the individual
- ▶ Basic knowledge presented in a simple way
- ▶ Everything important in one book



We do online banking, post on Facebook and regulate the room temperature at home from a distance via an app. We set up electronic classrooms and reinvent work for Industry 4.0. And those who can play the electronic media can even win elections with it. The digital transformation is changing not only the life of every individual, but also society, the economy and the worldview. Many things are becoming more convenient, but every step that we take has observing third parties who we do not know. In the best case, they only give us a market value. In order to keep our life in our own hands, we must first understand the digital transformation. Andreas Dohmen communicates – without assuming that we have any previous knowledge – the many complex aspects, basics, backgrounds and correlations of this development. He is interested in giving us the necessary knowledge so that we can ultimately decide on how digital we want our life to be.

ANDREAS DOHMEN

How Digital Do We Want to Live?

The Most Important Decision for Our Future

ISBN: 978-3-8436-1151-0

Patmos

Hardcover with dust jacket

256 pages

16.5 x 24 cm

€ 22.00

ANDREAS DOHMEN has worked as a self-employed management consultant, coach and lecturer since 2013. After studying nuclear physics, computer science (artificial intelligence) and business administration, he spent 25 years as a manager at major IT companies (including as the managing director at Cisco Systems GmbH, Germany). In recent years, he has been giving lectures and courses on the topic of digitalization in both the business world and adult education. He completed a Master's Degree in Ethics at the Munich School of Philosophy.



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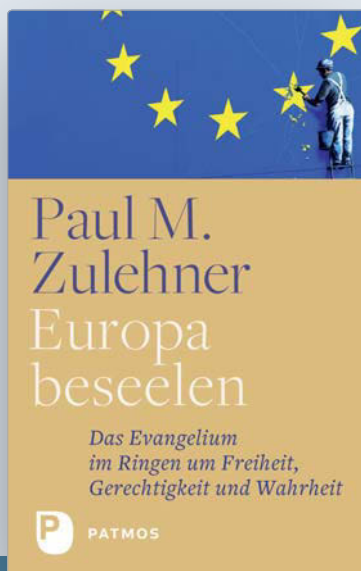
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Courageous proposals for dealing with the lack of priests

- ▶ A committed plea for a new priesthood
- ▶ A further development of the Lobinger Model
- ▶ For the Amazon Synod in autumn 2019



The lack of priests in numerous regions of the World Church is not new. Many parishioners, as well as responsible members of the Church leadership and at theological faculties, have made suggestions to heal this wound for many years now. But since the Priest Synod of 1971, they have fallen on the deaf ears of the popes. The latter asked people to pray more for the priestly professions. At the same time, the pastoral spaces were expanded so that every space has at least one priest.

But now the Roman Catholic Church has a pope who takes to heart the “Eucharistic hunger” in many parts of the World Church. Pope Francis has instructed the bishops of Amazonia to make courageous suggestions to him. In a press conference, he quoted the model for a solution by the former Bishop of Aliwal-North in South Africa, Fritz Lobinger. Everything indicates that an end of the lack of priests is approaching: not by abolishing celibacy but through creating new kinds of priests in viable congregations. This essay addresses the question in a pastoral-theological way.

PAUL M. ZULEHNER

Will the Priest Shortage End Soon?

Model for a Solution

ISBN: 978-3-8436-1181-7

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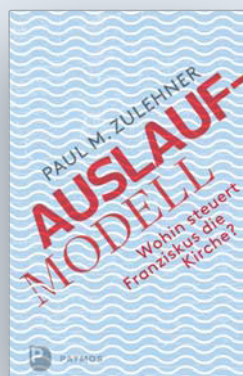
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PAUL M. ZULEHNER holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.



By the same author:

PAUL M. ZULEHNER

Discontinued Model

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Beginning with the pope's life, the author demonstrates his concerns: his commitment to a Church of the poor and a new culture of interaction within the Church. This is a plea to play a part in steering the Church in a new direction, with new understanding and practices.



KNUT WENZEL

Poetry of the Given Word

Between Power and Tenderness, Silence and Narrative, Guilt and Salvation: Theological Readings in the Realms of Literature

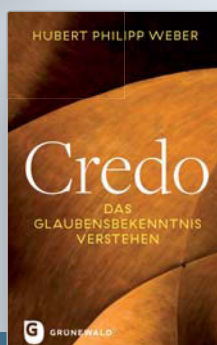
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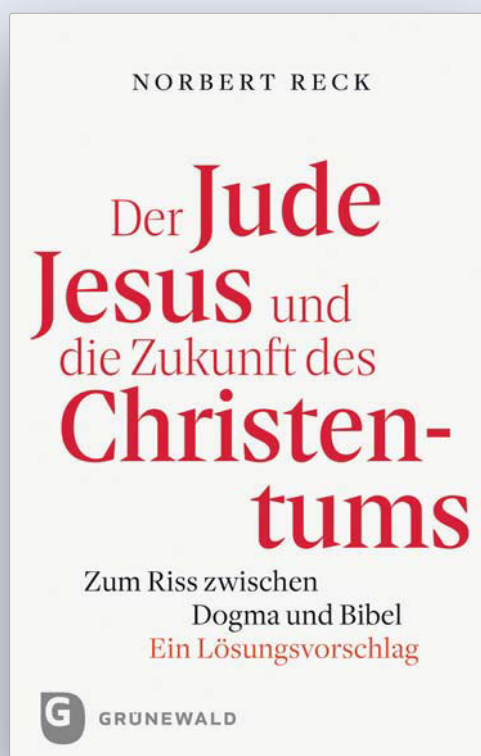
How many of us are familiar with Karl Marx critique of religion? Kern demonstrates how Marx must be understood today; re-reading his texts has direct implications for debate about religion and the debate about God.

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Norbert Reck proposes how the discovery of Jesus as a Jew can lead to a new future of Christianity.

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The Rift Between Dogma and the Bible: A Proposed Solution

ISBN: 978-3-7867-3180-1

Grünwald

Hardcover with dust jacket

192 pages

14 x 22 cm

€ 22.00

NORBERT RECK, DTh, born in 1961, is a freelance author and translator. He is a member of the Jews and Christians Discussion Group in the Central Committee of German Catholics. From 2000 to 2016, he was the responsible editor of the German edition of the Concilium international magazine. He has written many publications on the topic of Christians and Jews after the Shoah.



Also available:

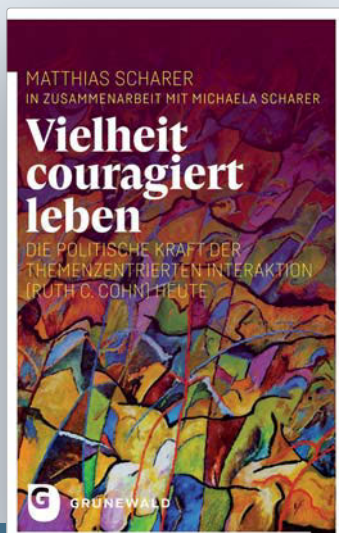
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What Will Become of Religion?

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Will religions one day only be interesting from the aesthetic or even folkloric perspective? Based on observations and case histories, this book discusses the various possibilities in this development. So what will become of religion?



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- The principle of sustainability and its education-relevant points of contention
- Planetary border transgressions as an issue of justice, theological problem and challenge for education



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Katrin Bederna turns to these pressing questions and develops a form of religious education for sustainable development. This book is for everyone who does not want to leave the coming generation alone with this future!

KATRIN BEDERNA

Every Day For Future

Theology and Religious Education
for Sustainable Development

ISBN: 978-3-7867-3191-7

Grünwald

Paperback

272 pages

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€ 28.00

KATRIN BEDERNA, DTh, is a professor and department head of Catholic Theology/Religious Education, as well as the Dean of Studies, at the Faculty of Education and Social Sciences of the Ludwigsburg University of Education.



Also available:

IVO FÜRER

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Grünwald

Ivo Fürer documents 25 years of European Church history. From the Implementation of the Second Vatican Council to the wars in the Balkans, this contemporary history is also a contribution to Pope Francis' efforts to decentralize the World Church.



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Sold: Arabic**A historical meeting continues to have an impact**

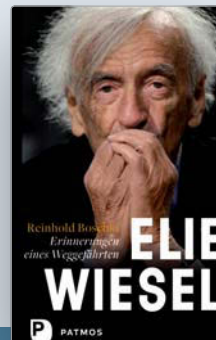
Two world-renowned statesmen, Helmut Schmidt and Anwar as-Sadat, meet in December 1977. In the conversation with the Egyptian statesman, the rational pragmatist Helmut Schmidt explores the importance of the world religions for peace. Karl-Josef Kuschel recorded their night-time conversation on the Nile and reveals that it was a magic moment of religious dialogue. Its message is still valid today.

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NORBERT RECK (ED.)
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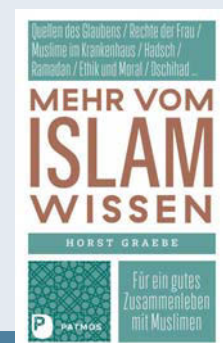
Walter Homolka comments on contemporary happenings in terms of the Jewish worldview. Concrete events become opportunities to reveal ethical questioning, religious background, and political positions.

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MOUHANAD KHORCHIDE
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HORST GRAEBE
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The topics and texts of this volume have been developed in events of encounter and discussion. They answer the “genuine” questions as they arise in the daily coexistence of Muslims and society. Includes basic knowledge about Islam.

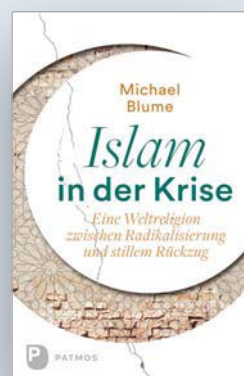
Old myths in the new media

- ▶ How feelings determine history
- ▶ Highly current in times of fake news



According to the Jewish heritage, Shem – one of Noah’s sons – founded the tradition of the “Semitic” written religion from which Judaism and Christianity, as well as Islam, arose. Counter-myths that interpreted the solidarity, success of education and abundance of children by the Jews and other Semites as a threatening conspiracy were opposed by this world-changing power of the written religions. Through the emergence of media such as book printing, radio, films, the Internet and social media, anti-Semitism has developed an enormous counter-movement that is capable of shaking the basis of civilisation.

In his new book, Michael Blume describes how the interaction of media, myths and demography has imprinted human history for the past thousands of years. Furthermore, according to Blume, the battle between book-oriented Semitism and the digitally reinvigorated anti-Semitism will determine the coming decades. Some democratic constitutional states have already reverted into populist autocracies. The media struggle for the future of humanity and the role of the religions within it has actually just begun.



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Islam seems confident of expanding. The opposite is the case. Religious scholar Michael Blume explains this scenario as a symptom of a deep worldwide crisis in Islam and offers a chance of better understanding of the conflict between cultures.

Sold: Polish

MICHAEL BLUME

Why Anti-Semitism Threatens All of Us

How New Media Fires Up Old Conspiracy Myths

ISBN: 978-3-8436-1123-7

Patmos

Hardcover with dust jacket

200 pages

14 x 22 cm

€ 19.00

MICHAEL BLUME, PhD, is a religious scholar and political scientist. The protestant Christian is married to a Muslim and Head of the »Non-Christian Religions, Values, Minorities and Northern Iraq Projects« Unit in the Baden-Württemberg State Department. In 2015/16 he assumed responsibility for the state’s special quota project for vulnerable women and children from Northern Iraq. His doctoral thesis was on religion and neuro-theology. In 2009 leading scientific bloggers awarded his blog the Scilogs Prize; he was the first German to be appointed to the international research network for Evolutionary Religious Studies.



SABINE WALDMANN-BRUN

Jojo Rosepetal and the Trip in the Balloon

A Story for First Communion Children

ISBN: 978-3-8436-1138-1 | Patmos | Hardcover | 96 pages | 14 x 22 cm | € 16.00

First communion: The story of an unforgettable journey

The parents of Felix and Mia go out in the evening, but instead of Lena -- who usually looks after the two -- quirky Jojo Rosepetal keeps them company. He wears a red sock on his left foot and a green one on his right foot. Jojo knows stories from the Bible and invites the children to a night-time trip in his balloon, which is parked above the apple tree! This is a night full of adventures, in which Felix and Mia learn something about reconciliation and friendship, peace and diversity and why God is with every person who has sorrow.



JÖRN, UTA HAUF, EMMA & FRIDO HAUF
Heavens!

ISBN: 978-3-8436-1104-6
Patmos

Meet the children from strenuous 3rd grade of the common school in Mittelstadt. This is an insightful, realistic, adventurous and fascinating story that makes clear that the experiences at First Communion are related with the everyday life of the children.



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My Children's Bible

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MARTINA STEINKÜHLER
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This baptismal Bible therefore gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



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ANNE FRÖHLKE
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Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way -- and very simply.



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Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



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Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

How can I explain the disease of cancer in a child-friendly way?

- ▶ Cancer explained in a way that children understand
- ▶ Realistic and encouraging
- ▶ Young, committed author



Almost every second family in Germany is affected by some form of cancer. About 1,800 children are diagnosed with cancer every year in this country. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated.



SONJA MARSCHALL
**Lotte and the Little Chemo
 Manikins**

ISBN: 978-3-8436-1182-4
 Patmos
 Hardcover with dust jacket
 36 pages
 19 x 23.5 cm
 € 14.00

SONJA MARSCHALL, born in 2002, qualified for university entrance in the spring of 2019. When one of her babysitter children became ill and the author sensed the inability of the people around her to talk about it, she decided to write a cancer book for families so they can explain the disease to the children. She went to doctors for information, did internships and contacted the respective organisations. She is a volunteer employee of Hilfe für krebskranke Kinder Frankfurt e. V. (Aid for Child Cancer Patients in Frankfurt), scholarship holder and guest member of the Society of German Natural Scientists and Physicians, active children's representative on the advisory board of the Deutsche Kinderhilfe e.V. (German Children's Aid) and winner of the Young Women in Public Affairs Award Zonta 2019. She lives near Frankfurt/Main.

SONJA KURZBACH is a freelance illustrator and media designer. She has already illustrated a number of children's books and written one herself. She has received several awards for her work. She lives in Berlin.



EVA MUTSCHER

The Magic Hat

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How wishes come true

What is the secret of the special hat that the basket maker's wife wears every day? The couple from the hills seems to be so different from the other people in the small town. They are always in a good mood, never really complain and seem happy. There must be magic involved here. Or a magical secret ...



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Eschbach

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MAX BOLLIGER

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PIERRE STUTZ

Hope is a Word of Light

ISBN: 978-3-86917-518-8

Eschbach

The honest and perceptive writings of Pierre Stutz are all about hope and vitality. They invite you to not close your eyes to shut out the darkness, but to open them to sources of light that encourage us to be hopeful.

**Life Blossoms for You**

ISBN: 978-3-86917-598-0

Eschbach

Stories and poems by Christa Spilling-Nöker that are all about the magic of flowers: Whether tulips, daisies or roses, the small and large beings of the flower kingdom are fascinating. They sometimes become the center of a story that shapes a life anew.



MARGOT BICKEL

Go Your Own Path - and find your destination

978-3-86917-516-4

Eschbach

The wind and the ocean, the light and the dark, the house and the path: in her spectacularly poetic texts, Margot Bickel captures moods and images that inspire us to take our lives into our own hands.



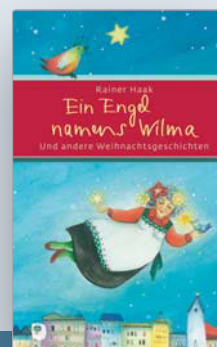
CORNELIA ELKE SCHRAY

I Will Be Back, Whispers the Light

ISBN: 978-3-86917-489-1

Eschbach

When a beloved person dies, they leave behind a deep hole. For those who grieve, the darkness seems to have no end. The words of Cornelia Elke Schray are a comforting hand to lighten the burden of sadness.



RAINER HAAK

An Angel Named Wilma

ISBN: 978-3-86917-637-6

Eschbach

Christmas is the time of angels and lights, in which a star comes into the darkness and a glow that only love can produce. Rainer Haak's Christmas stories are about the miracles that happen today, right in the middle of our everyday world.

Inspiring wishes

- Birthdays
- Humorous and truly refreshing



Listen to a bird and imagine that it sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you have open eyes for life's diversity and an open heart for all the friendship and love that is given to you.

RAINER HAAK

Bird's-Eye Views

Good Wishes for Inspiration

ISBN: 978-3-86917-683-3

Eschbach

Hardcover

48 pages

12 x 19 cm

€ 9.00

RAINER HAAK worked as a waiter, book dealer, pastor, concert organiser and tour operator before he became one of the most successful book authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

Monsieur Jacques's Gift

ISBN: 978-3-86917-600-0

Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. Jacques tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER

Hola Sol

Caribbean – Palm Trees, Beach and Good Food

ISBN: 978-3-7995-1339-5 | Thorbecke | Hardcover | 176 pages with many photos | 19 x 26 cm | € 28.00

For a holiday that never ends

We say goodbye to the snow and cold because this cookbook offers a pure summer-sun-holiday feeling! The recipes and stories are inspired by the culinary diversity of Central America, the beaches of the Caribbean and the impressive Latin American lifestyle – because not just life but also the cooking pots bubble here. The recipes in this book are as diverse and extraordinary as the countries and people of the Caribbean: Creole fish, Mexican tacos and Caribbean bowls paired with Indian spices and exotic fruit.

HILDEGARD MÖLLER
Fresh Herbal DrinksISBN: 978-3-7995-1285-5
Thorbecke

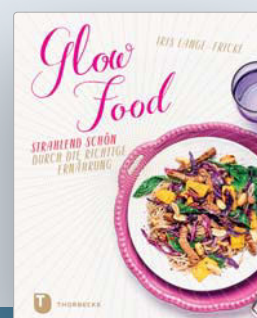
Lemon balm, coriander and thyme are no longer just found in food but have also become a popular ingredient in the bar scene when mixing cocktails and drinks. The herbs give the innovative drinks an extra portion of exciting aroma.

HILDEGARD MÖLLER
Soda, Spritzers and FizzISBN: 978-3-7995-1025-7
Thorbecke

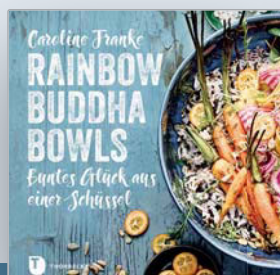
Instead of buying drinks filled with sugar, try making your own sodas and spritz drinks. They are free of artificial flavors and preservatives, using delicious flowers, herbs and fruit instead. And best of all, you can determine yourself how much sugar they contain.

LYNN HOEFER
Heavenly HealthyISBN: 978-3-7995-1291-6
Thorbecke

With her creative recipes, Lynn Hoefer shows the ease of healthy nutrition entirely without industrial products, redefined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life, full of fun with good products, delicious recipes and an healthy lifestyle.

IRIS LANGE-FRICKE
Glow FoodISBN: 978-3-7995-1246-6
Thorbecke

With a balanced, healthy diet and an active life we feel good and "glow" from within. Iris Lange-Fricke has developed incomparably delicious recipes that provide our body with vitamins, minerals, antioxidants and everything else we need for the perfect complexion.

CAROLINE FRANKE
Rainbow Buddha BowlISBN: 978-3-7995-1215-2
Thorbecke

Happy and content, with a pleasantly filled belly like a Buddha – that's the promise of the new Rainbow Buddha Bowls, which are filled with lots of colorful, healthy and delicious ingredients. The California trend has made its way around the world!

SABINE FUCHS/
SUSANNE HEINDL
Veggie SandwichesISBN: 978-3-7995-1147-6
Thorbecke

Enjoy delicious sandwiches, flavorful spreads, and vegetarian patties whether you are out and about, at the office or at home with your family. Try the red beet and feta sandwich or the carrot pesto and cheese bread.

ULRIKE SCHNEIDER/
JUTTA SCHNEIDER
Baking with Ancient GrainsISBN: 978-3-7995-1121-6
Thorbecke

Everybody's talking about ancient grains like spelt and emmer but also about pseudo-cereals such as quinoa and chia. Ancient grains have a lot to offer; they are varied, full of nutrients, and taste delicious. Give them a try!

KATHARINA SAHEICHA/
SOPHIA MAUREEN SAHEICHA
Celebrations the Vegetarian WayISBN: 978-3-7995-0620-5
Thorbecke

What to do when vegetarians and non-vegetarians are eating at the same table on special occasions, such as Christmas? No problem, here you'll find fabulous vegetarian recipes for every occasion!

How to sweeten the wait for Christmas

- This book is a declaration of love to the Advent and Christmas season
- It's more than just a baking book with its cheerful texts and poems about Christmas
- From the female author trio of the bestsellers Hello Snow and Hola Sol



When the days get shorter and the first snow falls, the anticipation increases: Soon it will be here – the Christmas season with its very special magic. But what's the best way to get through the wait for Santa? Exactly! By baking heavenly delicious cookies and Christmas cakes, as well as making wintry hot beverages. The fragrance of cinnamon, vanilla and oranges fills the house. During the Advent season, there's simply nothing more lovely than reading a good book by candlelight while smelling the fir scent and eating homemade delicacies!

JULIA CAWLEY/VERA SCHÄPER/
SASKIA VAN DEELEN

Hello Santa

Baking, Reading and Enjoying

ISBN: 978-3-7995-1414-9

Thorbecke

Hardcover with gold embossing

176 pages with many photos

23 x 27 cm

€ 28.00

JULIA CAWLEY is a freelance photographer. After spending five years in New York, her adopted home is now Hamburg. Her photos can be found in various cookbooks and food magazines. Furthermore, she has run the »Liz & Jewels« food blog for many years.

SASKIA VAN DEELEN lives in Hamburg. She holds a degree in business administration, works as a nutritionist and passionately cooks, bakes, writes, styles and photographs for her »Dee's Küche« (Dee's Kitchen) food blog.

VERA SCHÄPER is a graphic designer and lecturer from Cologne, where she develops book and magazine concepts. Together with Jens Rehling, she operates the design office of vrej. Vera loves yoga and is currently studying to become a consciousness trainer.



By the same authors:

JULIA CAWLEY/SASKIA VAN DEELEN/VERA SCHÄPER
Hello Snow

ISBN: 978-3-7995-1290-9

Thorbecke

The authors of this book make this year's winter magical! With beautiful winter photos, texts full of a wintry atmosphere and many recipes that invite us to enjoy them, they bring the winter mood into our homes and make sure that this very special time is simply perfect.



ANDREA NATSCHKE-HOFMANN

Delicious Baking with Apples

Recipes for Cakes, Pastries and More

ISBN: 978-3-7995-1413-2 | Thorbecke | Hardcover | 144 pages with many photos | 19 x 26 cm | € 25.00

Let its diversity convince you

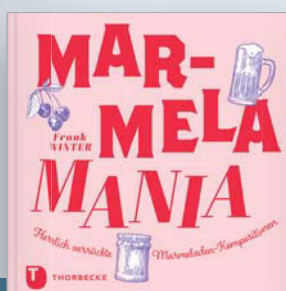
We love apples! No matter whether as a classic apple tart, in bread-and-apple pudding or tiramisu, as apple-caramel cheesecake, apple-cinnamon pulled bread, apple fritters or baked apple cake – there's something for every taste here. Depending on the variety, sometimes tart and sometimes sweet in flavour, no other fruit can be used in such a diversity of different ways as the apple. The harvest can hardly be rich enough to try out all of the delicacies in this book.



ANDREA NATSCHKE-HOFMANN
Baking from the Fruit Garden

ISBN: 978-3-7995-1248-0
Thorbecke

The author comes from a family of bakers and discovered her love for this as a child. New recipes and newly interpreted classics organized according to the season awaken a desire for baked goods with fruit and vegetables.



FRANK WINTER
MarmelaMania

ISBN: 978-3-7995-1284-8
Thorbecke

Who actually decides what is allowed in marmalade and what is not? No one, according to Frank Winter. The result of his marmalade experiments are extraordinary creations into which herbs, dark beer, gin, cocoa or red beets have wandered at times.



JULIA EWERS/LUKAS BASEIDA
Jam Cocktails

ISBN: 978-3-7995-1292-3
Thorbecke

Jam cocktails are fruity and delicious drinks that become a very special taste experience by adding jam. The latest food trend from the USA proves: The composition of cocktails and jams isn't just unusual – it's extraordinarily delicious. Discover that jam isn't just for breakfast!



STEFANIE KNORR
Naturally Sweet Treats in Glass

ISBN: 978-3-7995-1073-8
Thorbecke

Spooned from beautiful glasses, these desserts taste twice as good! Stefanie Knorr presents delicious creations that are guaranteed to entice you to indulge. The delicacies are sweetened with natural sweeteners, for the healthiest possible enjoyment.



NILEEN MARIE SCHALDACH
Empanadas

ISBN: 978-3-7995-1272-5
Thorbecke

The author surprises with delicious variations of empanadas – little pastries from Spain – for every taste. These are filled with fresh ingredients – whether meat, vegetable and cheese or even as a heavenly sweet temptation with chocolate and fruit.



CARINA SEPELT
Kale Rediscovered

ISBN: 978-3-7995-1097-4
Thorbecke

Kale is taking over modern kitchens! The healthy vegetable literally has it all. Its phytochemicals, vitamins, minerals and antioxidants make it a superfood among vegetables. It contains lots of protein and iron – a real alternative for vegetarians and vegans.



MIRJA HOECHST
Mia Loves Pasta

ISBN: 978-3-7995-1075-2
Thorbecke

Mia loves pasta, so much so that she shut herself in her little kitchen with the fabulous dough for weeks, cooking, experimenting, and taking photographs until an entire book devoted to pasta came about! Are you as passionate about Pasta as Mia?



BIRGIT FAZIS
My Little Kitchen by the Lake

ISBN: 978-3-7995-1181-0
Thorbecke

This book surprises with fantastic feel-good recipes without frills but lots of good taste and the desire for an enjoyable life. A feel-good book with many atmospheric images. Lovingly designed and with a special layout.

When friends belong to the family

- ▶ Everything that you need for a perfect evening with guests: menu finder, invitation cards, tips for the pantry, playlists and much more
- ▶ The all-round carefree package for a perfectly relaxed evening with guests
- ▶ Social media reach: 40,000+



For an all-round successful meal with friends and family, you only need three things: good preparation, a few sure-fire recipes and a bit of improvisation talent. This is no problem with Eni's all-round package: Instead of complicated star menus, she relies on well-prepared everyday dishes with that certain something.

Good ingredients, a couple of special spices and a few little tricks here and there – and you have already created something extraordinary with playful ease. The book also contains many ideas for an all-round perfect evening.

ENIKŐ GRUBER

Food, Friends & Love

Relaxed Cooking and Enjoying with Friends

ISBN: 978-3-7995-1412-5

Thorbecke

Hardcover

200 pages with many photos

19 x 26 cm

€ 28.00

ENIKŐ GRUBER, called Eni by friends and family, lives with her husband and their three children near Stuttgart. She prefers to spend her time cooking, baking and photographing in her little kitchen. In 2017, this passion led to her food blog called "No Taste Like Home," where she creates feel-good dishes from around the world for her readers. She can be found on Instagram under @enieatspretty. The Hungarian-born author prefers to share her delicacies with friends and family in a cozy get-together.

Also available:

SILKE ROTHENBURGER-ZERRER

Life is Beautiful

ISBN: 978-3-7995-1316-6

Thorbecke

The author has many wonderful ideas about how can make our life and home more beautiful for us and our loved ones. She offers uncomplicated recipes for delicious little things and do-it-yourself ideas that let the set table radiate – no matter whether in summer or winter, at Easter, birthdays or Christmas.





ANDREAS BARLAGE

How Do Roots Know Where Down Is?

Worthwhile and Curious Facts about the Garden

ISBN: 978-3-7995-1330-2 | Thorbecke | Hardcover | 184 pages | 13 x 21 cm | € 22.00

What you always wanted to know about your garden

Where do insects actually spend the winter? Do plants grow better when I talk to them? Can a plant get sunburned? Why do the weeds somehow always grow better than the flowers that I planted?

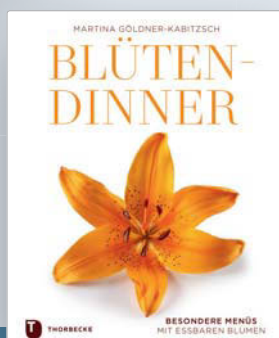
Such questions and similar ones are asked time and again by every enthusiastic (hobby) gardener. Andreas Barlage answers these and many other questions, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to extensive knowledge from his own garden practice.

ANDREAS BARLAGE
Rooted In My Heart

ISBN: 978-3-7995-0781-3

Thorbecke

Andreas Barlage divulges secrets from the treasure of his encounters with garden plants that have literally taken root in his heart. Everything hasn't always gone smoothly but mistakes made in ignorance motivated him to search for the perfect solution.

MARTINA GÖLDNER-KABITZSCH
Blossom Dinner

ISBN: 978-3-7995-1318-0

Thorbecke

This book will take you on a journey of discovery through a colorful garden full of edible blossoms. Discover the smell and taste of the individual blossoms, as well as how they are used in the kitchen for fine menus.

MARTINA GÖLDNER-KABITZSCH
Flavors We Love

ISBN: 978-3-7995-0377-8

Thorbecke

Come along on a journey of discovery, exploring the world of culinary flavors! Coffee, vanilla or mint most often bring to mind sweet treats, but this book demonstrates that they can also add sophisticated aromas to meat, fish and vegetables.

**Healthy Herbal Delight**

ISBN: 978-3-7995-1024-0

Thorbecke

It is impossible to imagine cooking without herbs. At one point, however, herbs were almost completely out of fashion. Luckily that's not the case nowadays. Basic herbs may still dominate the culinary stage, but many other herbs add to the profusion of fresh and vitamin-rich seasonings and medicines.

CHRISTINE AMALIA BISCHOFF
Herbal Knowledge From the Monastery

ISBN: 978-3-7995-0616-8

Thorbecke

Based on medieval sources, the author examines which healing properties were attributed to various plants, how they were used, and explains how herbs can be used today – in teas, infusions, compresses, smoothies and more.

SUSANNE OSWALD
Let's Go Outside!

ISBN: 978-3-7995-0619-9

Thorbecke

Discovering plants and animals with children, playing and eating outside, crafts with natural materials, nature offers nearly unlimited opportunities. Anyone who spends time with children outdoors will be amazed by their observational skills and all they perceive.

DOROTHÉE WAECHTER
A Potpourri of Flowers

ISBN: 978-3-7995-0615-1

Thorbecke

How to put together the best combinations, what to take into consideration, and how to complement the lovely field of flowers with just the right shrubs or bulb flowers is explained by popular gardening expert Dorothee Waechter in this book.

DOROTHÉE WAECHTER
Organic Gardening in the Wink of an Eye

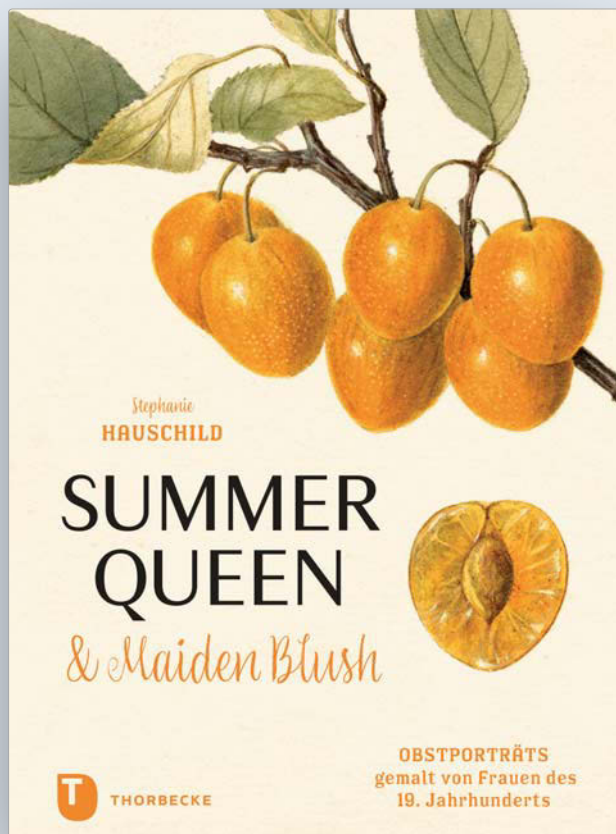
ISBN: 978-3-7995-1038-7

Thorbecke

From choosing the right soil to creating play areas for children, from establishing flower meadows for butterflies, these 50 projects will get you on your way to an organic garden.

Discover the art of watercolor painting

- ▶ Three trendy topics in one book: old fruit varieties, historical illustrations and watercolor painting
- ▶ For the first time, the pictures of the Pomological Watercolors Collection appear as a book
- ▶ Large-format gift edition
- ▶ Rediscovering the world of forgotten women artists



At the end of the 19th century, the U.S. Department of Agriculture launched a unique project to record all of the nation's fruit varieties. For this purpose, primarily women travelled throughout the country to record the different varieties with watercolors. The result of this was more than just an agricultural databank: little works of art, created by people who were neither recognised as artists nor paid as such. Ellen Isham Schutt, Amanda Newton and Mary Daisy Arnold are unjustly forgotten women artists who created a compendium of more than 7,000 watercolors together with many others.

STEPHANIE HAUSCHILD

Summer Queen & Maiden Blush

Fruit Portraits Painted by 19th Century Women – Illustrations from the Pomological Watercolors Collection

ISBN: 978-3-7995-1417-0

Thorbecke

Hardcover

160 pages

19 x 26 cm

€ 26.00

DR. STEPHANIE HAUSCHILD is a cultural historian and lives in Darmstadt, Germany, with her family. Her book »Oasis for the Senses – How the Garden Moved into the Living Room« was awarded the 2008 prize for the best book on gardening history.



By the same author:

STEPHANIE HAUSCHILD

Green under Glass

ISBN: 978-3-7995-0716-5

Thorbecke

The principle is simple: a transparent container with a good seal is upended over a container of earth and placed in the light. Inside it are various plants, which remain alive and even continue to grow profusely – without any further air circulation, additional water or nutrients.

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