



VERLAGSGRUPPE PATMOS

The publishing group that captures the spirit of life

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

Christa Spilling-Nöker

Heavenly Times

How the Year Becomes Even More Wonderful: Stories, Customs and Recipes

ISBN: 978-3-8436-1249-4

Patmos Verlag

Hardcover

224 pages

Format 23 x 27 cm

EUR 28.00

- Ideal gift for every family
- Entertaining stories and information
- Historical recipes and tips for today

From the 1st Sunday of Advent to St. Martin's Day, Christa Spilling-Nöker presents the annual round of traditional festivals: Advent and Christmas, New Year's Eve, Epiphany, Valentine's Day, Carnival/Mardi Gras, Lent and Easter, Pentecost, St. John's Day, St. Martin's Day, All Saints' Day, All Souls' Day/Halloween and St. Martin's Day. In the circle of these yearly traditional festivals, the rhythms of nature (such as the Winter and Summer Solstice or the Spring Full Moon) are connected with stories, customs and the bodily pleasures that characterise Western culture and spirituality. Wellness for the soul! In a lively way, this book presents not only familiar things like Christmas Stollen pastry and the St. Martin's goose but also many surprising recipes related to customs surrounding the festival traditions. These suggestions show how the year can become even more wonderful - even in modern times.

About the author

Christa Spilling-Nöker, born in 1950, is a theologian, religion teacher and author of many successful books.



Contact:

Verlagsgruppe Patmos der Schwabenverlag AG

Luisa Lehnerer, Foreign Rights Departement

t: +49 711 4406 148

f: +49 711 4406 177

lizenzen@verlagsgruppe-patmos.de

www.verlagsgruppe-patmos.de