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Ingrid Riedel

## **The World as Reflected in the Soul**

Lived spirituality

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- The classic book in a new, expanded edition
- Written by renowned Jungian analyst Ingrid Riedel

To see the world as reflected in the soul: that means living holistically and being open to messages coming from the subconscious. Images are often found in dreams and also in art and literature, as in Harry Potter, for example, with which the subconscious reacts to contemporary phenomena or problems, from political upheaval to the state of the environment.

The connections between responsibility for the world and personal development – how spirituality can be lived in everyday life – this is what renowned Jungian analyst Ingrid Riedel describes in this book.



### **About the author**

Ingrid Riedel, honorary professor of the psychology of religion and privately practicing psychotherapist in Constance, Germany, is a lecturer and teaching analyst at the C.G. Jung Institutes in Zurich, Switzerland, and Stuttgart, Germany. She has published numerous books with Patmos.

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#### Contact:

Verlagsgruppe Patmos der Schwabenverlag AG

Luisa Lehnerer, Foreign Rights Departement

t: +49 711 4406 148

f: +49 711 4406 177

lizenzen@verlagsgruppe-patmos.de

www.verlagsgruppe-patmos.de