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Thomas Knöllner
Because You are Great
Soul food

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- The ideal gift for young people

Every child knows how important a good diet is for the body. But how do you nourish your soul? The texts of Thomas Knöllner are just that: soul food. Unlike chocolate, you will not become fat; at most you will become addicted... Our recommendation: once per day whenever you feel like it!

About the author

Thomas Knöllner lives and works in Tübingen. The main focus of his work are Catholic media consulting, personal development and spirituality.



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