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Sabine Mehne

## **The Great Departure**

How I Lost the Fear of Death Through my near-death Experience

ISBN: 978-3-8436-0834-3

Patmos Verlag

Hardcover with dust jacket

286 pages

Format 14 x 22 cm

EUR 19.99

- near-death experience as a turning point
- an unexpected and unique perspective on death and dying
- new book from the bestselling author

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience during her battle with cancer, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.

She is now cancer free and experiencing these new feelings of lightness as an enrichment of her daily life. Refreshingly frank, she describes how life and relationships with other people change when you face death with confidence and humor. This book provides surprising insights that encourage us to see death and dying in a different light.



## **About the author**

Sabine Mehne is a physical therapist and family counselor. In 1995 she was diagnosed with cancer and had a near-death experience while in a life-threatening condition. She is a co-founder of »Netzwerk Nahtoderfahrung e.V. (Network for Near-Death Experience)« and lectures throughout the German-speaking countries with cardiologist and near-death researcher Pim van Lommel. Today she lives near Darmstadt, Germany.

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