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Monika Specht-Tomann
Supporting Grieving Children
What Parents Can do

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- important information on the topic of grieving children
- psychologically founded and vividly written
- with helpful advice for parents

Some children withdraw and refuse to talk when they are mourning. Others can hardly be soothed and cry continuously. It is also not unusual for grieving children to be aggressive. And many of them ask the most astonishing questions. But they are often not recognized, because their parents and caretakers are also out of their comfort zone.

Monika Specht-Tomann wants to help them be sensitive companions for mourning children. The empathic approach of her book opens new perspectives and helps children and adults alike to find their footing and a new direction.

About the author

Monika Specht-Tomann, born in 1950, is a psychologist and physiotherapist. She works in education in the field of social services and is the author of successful books on the topics of death, mourning and pain. She has four children and lives with her family in Graz, Austria.



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