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Lynn Hoefler

Divinely Healthy Christmas Baking

Natural Recipes for Advent and Christmas

ISBN: 978-3-7995-1528-3

Jan Thorbecke Verlag

Hardcover

136 pages

Format 19 x 24 cm

EUR 22.00

- All recipes are purely plant-based
- Wheat-free and gluten-free as an option
- Christmas baking with natural sweetness but no refined sugar

With her two successful titles and more than 40,000 copies sold, Lynn Hoefler convinces us that healthy nutrition doesn't have to be complicated at all. This time, the successful blogger and author shows us how easy it is to bake for Advent and Christmas – and do something good for your body when you have a sweet tooth. Her purely plant-based recipes succeed without refined sugar. Thanks to wholemeal flour and healthy ingredients, Lynn primarily reinterprets many classics such as gingerbread, Christmas stollen, cinnamon stars and Spitzbuben biscuits.

About the author

Lynn Hoefler is a food blogger, holistic nutritionist, food stylist and columnist. Through her diagnosis of hypertension, Lynn found her way to healthy nutrition and began to publish her passion for natural recipes on her »Heavenlyllynn Healthy« blog. It has become one of the most successful German blogs in the area of healthy and balanced nutrition.



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