



VERLAGSGRUPPE PATMOS

The publishing group that captures the spirit of life

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

Julia Cawley / Saskia van Deelen / Vera Schäper

Wild & Cosy

Warming Recipes for Cold Days

ISBN: 978-3-7995-1476-7

Jan Thorbecke Verlag

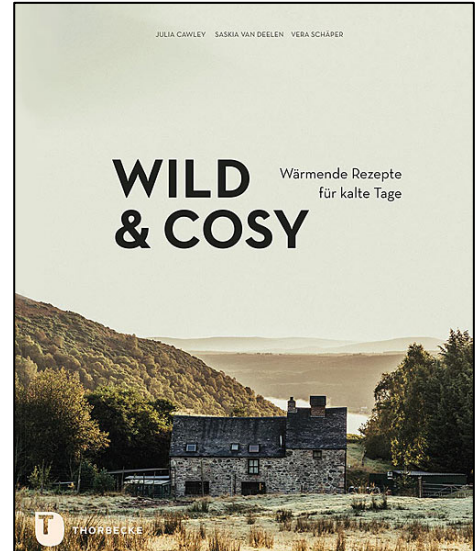
Hardcover

176 pages

Format 23 x 27 cm

EUR 28.00

- This book combines down-to-earth warming dishes with photographs of rugged landscapes and wild nature
- A wonderful cookbook and book to read for the autumn and winter season
- The first book on the trendy topic of Scottish cosiness: *Coorie* (following Hygge and Lagom)



Actively experiencing rugged landscapes, wild mountains and nature – and then coming home to a waiting comfortable couch and a hot coffee with whisky and cream. This is *coorie*, the Scottish expression for equilibrium between nature and cosiness in everyday life. The evocative photographs and warming dishes in this book ensure the right balance between the inside and the outside world.

About the authors

Julia Cawley is a freelance photographer. After spending five years in New York, her adopted home is now Hamburg. Her photos can be found in various cookbooks and food magazines. Furthermore, she has run the »Liz & Jewels« food blog for many years.

Saskia van Deelen lives in Hamburg. She holds a degree in business administration, works as a nutritionist and passionately cooks, bakes, writes, styles and photographs for her »Dee's Küche« (Dee's Kitchen) food blog.

Vera Schäper is a graphic designer and lecturer from Cologne, where she develops book and magazine concepts. Together with Jens Rehling, she operates the design office of vrej. Vera loves yoga and is currently studying to become a consciousness trainer.

Contact:

Verlagsgruppe Patmos der Schwabenverlag AG

Luisa Lehnerer, Foreign Rights Departement

t: +49 711 4406 148

f: +49 711 4406 177

lizenzen@verlagsgruppe-patmos.de

www.verlagsgruppe-patmos.de