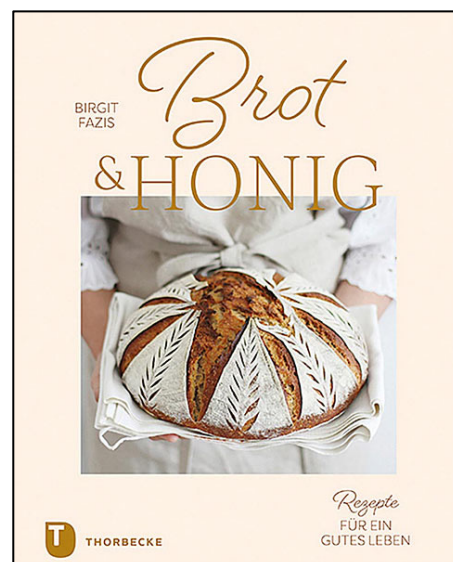


Birgit Fazis
Bread & Honey
Recipes for a Good Life

ISBN: 978-3-7995-1475-0
Jan Thorbecke Verlag
Hardcover
184 pages
Format 19 x 24 cm
EUR 28.00

- Has many step-by-step recipes for baking bread
- Arranged according to season
- With do-it-yourself tips such as making beeswax cloths

In a hectic world in which we long for more slowness, "Bread & Honey" is an invitation to celebrate the diversity of regional and seasonal foods. This book is a declaration of love for the genuine good life and at the same time a plea for more serenity in the kitchen. Whether homemade sourdough bread, aromatic thyme honey, warm pumpkin salad or apricot tart with lavender blossoms: Simple recipes that awaken childhood memories invite us to enjoy the great happiness of the original cuisine with body and soul.



About the author

Birgit Fazis discovered her love of cooking and baking during a two-year stay on the East Coast of the USA. She returned to Germany with 158 pounds of cook books and many ideas in her baggage. She now lives with her family on a little farm next to Lake Ammersee. She is a food and lifestyle blogger, editor, beekeeper and author.

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