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Christina Hess

Autumn Love

Wellness Recipes for Foggy Mornings and Cool Days

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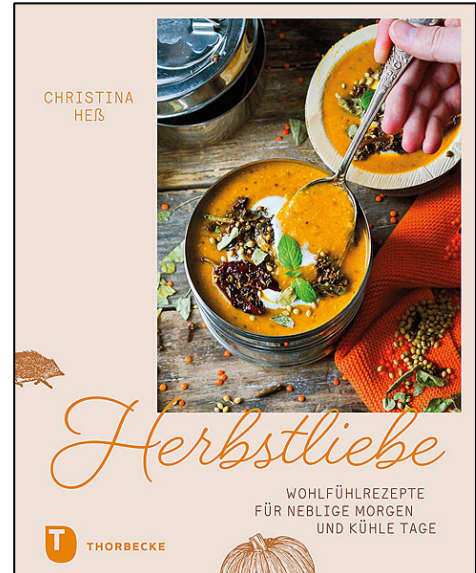
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- Vegetarian cooking and baking in the autumn
- For foggy mornings, as well as sunny and rainy days
- With spooky but beautiful party recipes for Halloween

When the days get shorter and it gets colder outside, we can make ourselves comfortable inside! We invite guests for brunch, have cosy evenings on the sofa with delicious soul food, celebrate Halloween with spooky party appetizers or enjoy the last warm rays of sunshine outside on a hike with snacks in our backpack. This book brings together the best vegetarian recipes that make us want to enjoy the autumn even more in every way.

About the author

Christina Hess, born in 1990, comes from Kassel and in her day job keeps a judicial office running smoothly. Her passion for food led her to start writing a successful food blog more than three years ago; she also loves her family and heavy metal music. In her blog, Christina macht was, she writes and reports about all the things she finds delicious, and does not shy away from controversial topics. She has been vegetarian since her childhood.



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